

Marine Corps Marathon Health & Fitness Expo Presented by Cigna

Award Winning "Best in Show" Expo in National Harbor from Oct 26-27

QUANTICO, VA (Oct 24, 2018) – The Marine Corps Marathon (MCM) will open its award-winning [Health & Fitness Expo presented by Cigna](#) on Friday, Oct 26 at the Gaylord National Resort & Convention Center in National Harbor, Oxon Hill, MD.

A kickoff and ribbon-cutting ceremony occurs at 9:45 a.m. with the Expo open from 10 a.m. to 8 p.m. The Expo reopens Saturday, Oct 27 from 8 a.m. to 6 p.m. in Exhibit Halls A, B and C. The Expo is free and open to the public.

Attendees arrive at the Expo from every state and more than 60 countries to explore the latest running gear, recovery products, technology, exercise equipment and food; purchase MCM licensed merchandise; grab great giveaways; check out MCM's participating charities and proud sponsors; and snap motivating selfies. Nearly 200 vendors will showcase products and equipment, provide samples and giveaways, offer health screenings, and display booths highlighting everything from fitness to food and technology to tourism.

The [MCM Runners Conference](#) is held in conjunction with the Expo and presents motivating and insightful speakers in multiple sessions on Friday and Saturday.

Featured Booths and Exhibits

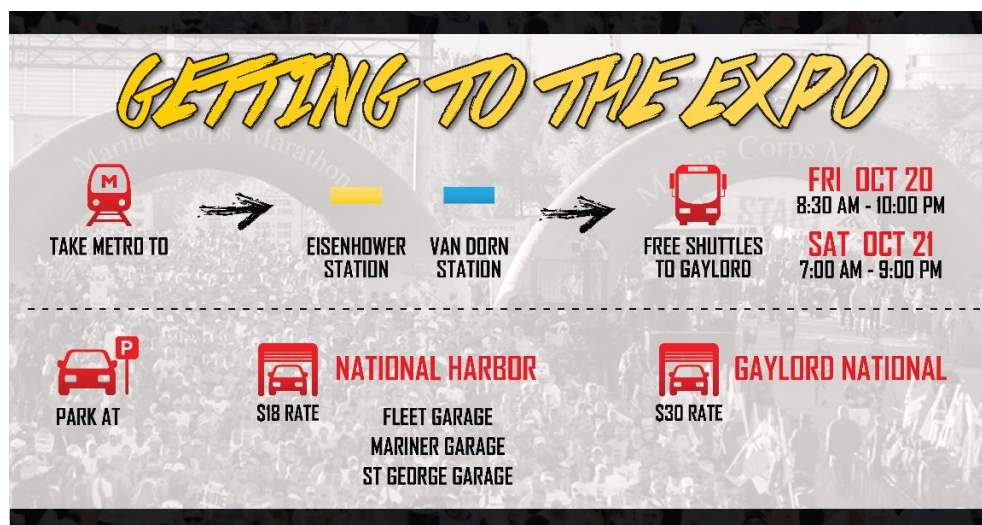
Featured vendors include Cigna's Health Improvement Tour, Leidos, GEICO, USAA, Navy Federal Credit Union, Hyundai, Brooks/MCM Store and MarathonFoto.

Packet Pick-Up

Remember to bring the eCard to Packet Pick-up at the Health & Fitness Expo presented by Cigna, at the Gaylord National Resort & Convention Center. In order to have a designated individual pick up the packet for a registered participant, the runner must sign his or her E-Card and provide the individual attending the Expo a photocopy of a Photo ID (driver's license, government ID, passport). The proxy will be required to sign the form and also show and provide a photocopy of their own Photo ID.

Transportation

The Gaylord National Resort & Convention Center is located at 201 Waterfront St, National Harbor, MD 20745. To reduce traffic congestion, participants are encouraged to utilize Metro and the MCM Shuttle service to arrive at the Health & Fitness Expo at the Gaylord National Resort & Convention Center on Friday and Saturday, October 26-27.





MEDIA RELEASE

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For media information please contact Ashley Topolosky, Marine Corps Marathon Public Relations Coordinator at 703-987-3191 or ashley.topolosky@usmc-mccs.org.

The Marine Corps Marathon (MCM), known as “The People’s Marathon,” promotes physical fitness and generates community goodwill while showcasing the high standards and discipline of the United States Marine Corps. Annually ranked as one of the largest marathons in the US and the world, the MCM welcomes runners from all 50 states and more than 60 countries. The 43rd MCM, coordinated by the Marine Corps Marathon Organization (MCMO), will be held Oct. 28, 2018 in Arlington, VA. The MCM is presented by Arlington County, Brooks, Cigna and Leidos. No federal or Marine Corps endorsement is implied. Connect with the Marine Corps Marathon on [Facebook](#), [Twitter](#), [Instagram](#), [YouTube](#) and [Flickr](#). #RunWithTheMarines