



MCM

Event Series

RECORD BOOK

EST. 2008

Marine Corps 17.75K • March 23, Prince William Forest Park

Total Finishers: 2,943

Men: 1,546 Women: 1,397

Top Finishers:

Male: Matt O'Neil, Woodbridge, VA, 1:01:21

Female: Sarah Bridges, San Diego, CA, 1:14:14

Masters:

Male: Patrick Baier, Twickenham, England, 1:11:50

Female: Christina Gallagher, Manassas, VA, 1:20:16

Run Amuck • June 15, Quantico, VA

Total Registered Runners: 1,255

Belleau Wood 8K • June 15, Quantico, VA

Total Finishers: 644

Men: 313 Women: 331

Top Finishers:

Male: Matt O'Neil, Woodbridge, VA, 25:45

Female: Alissa Savage-Paul, Stafford, VA, 33:16

Masters:

Male: Sean Robinson, Louisa, VA 29:33

Female: Kristie Robson, Triangle, VA, 35:35

Recon Ruck • June 15, Quantico, VA

Total Finishers: 195

Men: 132 Women: 63

Top Finishers:

Male: Shinichi Hirao, Charlottesville, VA, 1:28:13

Female: Mitsu Hirao, Charlottesville, VA, 1:56:23

Masters:

Male: Alexander Hetherington, Vienna, VA, 1:28:21

Female: Beato Jajko, Arlington, VA, 1:58:53

Quantico Tri • August 24, Quantico, VA

Total Finishers: 565

Men: 368 Women: 197

Top Finishers:

Male: Erick Armes, Triangle, VA, 1:01:37

Female: Peyton Young, Vienna, VA, 1:16:58

Masters:

Male: Stephen Armes, Triangle, VA, 1:05:01

Female: Ellen Sfecla, Lorton, VA, 1:19:11

Quantico 12K • August 24, Quantico, VA

Total Finishers: 648

Men: 310 Women: 338

Top Finishers:

Male: Matt O'Neil, Woodbridge, VA, 41:10

Female: Emily Sharp, Alexandria, VA, 51:14

Masters:

Male: Michael Hulett, Woodbridge, VA, 49:59

Female: Sara Gilliam, Stafford, VA, 56:11

Turkey Trot • November 23, Quantico, VA

Total Finishers: 906

Men: 409 Women: 497

Top Finishers:

Male: Matt O'Neil, Woodbridge, VA, 32:51

Female: Emily Sharp, Alexandria, VA, 40:33

Masters:

Male: Sean Robinson, Louisa, VA 37:21

Female: Yuko Whitestone, Springfield, VA, 45:04

Medal of Honor 8K • December 7, Quantico, VA

Total Finishers: 262

Men: 134 Women: 128

Top Finishers:

Male: Alexis Espinoza, Alexandria, VA, 29:43

Female: Catherine Miller, Spotsylvania, VA, 36:42

Masters:

Male: Deries Kaywood, Stafford, VA, 34:54

Female: Michelle Curry, Stafford, VA, 37:15

— 2018 —

Marine Corps 17.75K • March 24, Prince William Forest Park

Total Finishers: 2,788

Men: 1,471 Women: 1,316

Top Finishers:

Male: Alex Drozd, San Clemente, CA, 1:02:58

Female: Christine Guerrero, New Bern, NC, 1:16:03

Masters:

Male: Chuck Engle, Lancaster, OH, 1:11:48

Female: Dawn Bryant-Kuhar, Vineland, NJ, 1:25:21

Run Amuck • June 23, Quantico, VA

Total Registered Runners: 1,296

Men: 667 Women: 629

Belleau Wood 8K • June 23, Quantico, VA

Total Finishers: 684

Men: 362 Women: 322

Top Finishers:

Male: Matt O'Neil, Woodbridge, VA, 27:18

Female: Denise Gallant, Woodbridge, VA, 35:59

Masters:

Male: Chris Zayatz, Fredericksburg, VA, 34:47

Female: Eun Lee, Burke, VA, 40:24

Quantico Tri • August 25, Quantico, VA

Total Finishers: 574

Men: 336 Women: 238

Top Finishers:

Male: Kevin Soeder, Stafford, VA, 1:06:28

Female: Jamie Ash, Woodbridge, VA, 1:15:32

Masters:

Male: Douglas Marocco, Montclair, VA, 1:09:12

Female: Merle Nilk, Washington, DC, 1:20:25

— 2018 —

Quantico 12K • August 25, Quantico, VA

Total Finishers: 617

Men: 280 Women: 337

Top Finishers:

Male: Matt O'Neil, Woodbridge, VA, 40:17

Female: Sandra Pahl, Alexandria, VA, 55:11

Masters:

Male: Chris Zayatz, Fredericksburg, VA, 51:23

Female: Donna Scatchard, Mount Laurel, NJ, 1:01:22

Turkey Trot • November 17, Quantico, VA

Total Finishers: 985

Men: 424 Women: 561

Top Finishers:

Male: Stephen Armes, Triangle, VA, 39:29

Female: Sandra Pahl, Alexandria, VA, 44:38

Masters:

Male: Sean Robinson, Louisa, VA, 40:22

Female: Michelle Curry, Stafford, VA, 46:21

Medal of Honor 8K • December 8, Quantico, VA

Total Finishers: 400

Men: 169 Women: 231

Top Finishers:

Male: Matt O'Neil, Woodbridge, VA, 27:26

Female: Sandra Pahl, Alexandria, VA, 36:32

Masters:

Male: Michael Hulett, Woodbridge, VA, 35:09

Female: Michelle Curry, Fort Meade, MD, 40:01

— 2017 —

Marine Corps 17.75K • March 25, Prince William Forest Park

Total Finishers: 2,838

Men: 1,425 Women: 1,413

Top Finishers:

Male: Ryan Heneghan, Groton, CT, 1:02:51

Female: Ashley Spencer, Lynchburg, VA, 1:20:16

Masters:

Male: Jim Gregory, Wheaton, MD, 1:11:12

Female: Hassetou Wandaogo, Washington, D.C., 1:25:05

Run Amuck • June 10, Quantico, VA

Total Finishers: 2,043

Men: 1,015 Women: 1,028

Quantico Tri • August 26, Quantico, VA

Total Finishers: 534

Men: 311 Women: 223

Top Finishers:

Male: David Henkel, Fairfax, VA, 1:06:44

Female: Kate Murray, McLean, VA, 1:14:35

Masters:

Male: Rick Heyward, Williamsburg, VA, 1:11:52

Female: Kari Stoeber, Baltimore, MD, 1:17:25

Quantico 12K • August 26, Quantico, VA

Total Finishers: 600

Men: 275 Women: 325

Top Finishers:

Male: Travis Boltjes, Washington, D.C., 42:54

Female: Sandra Pahl, Quantico, VA, 54:53

Masters:

Male: Chuck Engle, Lancaster, Ohio, 47:18

Female: Tove Fuglem, Quantico, VA, 56:51

— 2017 —

Turkey Trot • November 18, Quantico, VA

Total Finishers: 929

Men: 401 Women: 528

Top Finishers:

Male: Caleb Hymans, Annandale, VA, 35:35

Female: Jenny Fitzgerald, Woodbridge, VA, 38:43

Masters:

Male: Christopher Fox, Henrico, VA, 37:31

Female: Sarah Tallent, Pittsburgh, PA, 44:32

— 2016 —

Marine Corps 17.75K • April 2, Prince William Forest Park

Total Finishers: 1,954

Men: 931 Women: 1,023

Top Finishers:

Male: Andrew Harper, Quantico, VA 1:05:33

Female: Sharon Schmidt-Mongrain, Lafayette, PA 1:16:11

Masters:

Male: Jason Van Horn, Bristow, VA 1:09:16

Female: Judy Doldorf, Manassas, VA 1:21:30

Run Amuck • June 4, Quantico, VA

Total Finishers: 1,943

Men: 987 Women: 956

Quantico Tri • August 20, Quantico, VA

Total Finishers: 517

Men: 293 Women: 224

Top Finishers:

Male: Damian Walsh, Alexandria, VA, 1:05:18

Female: Melissa Tallent, Sterling, VA, 1:13:09

Masters:

Male: Lance Gargo, Ocean View, DE, 1:11:36

Female: Jane Kelly-Langford, Montclair, VA, 1:20:50

Quantico 12K • August 20, Quantico, VA

Total Finishers: 469

Men: 184 Women: 285

Top Finishers:

Male: Richard Jennings, Quantico, VA, 00:44:27

Female: Heather Hanscom, Arlington, VA, 00:50:10

Masters:

Male: John Olav Fuglem, Quantico, VA, 00:51:50

Female: Hassetou Wandaogo, Washington, D.C., 00:57:13

— 2015 —

Marine Corps 17.75K • March 28, Prince William Forest Park

Total Finishers: 2,166

Men: 1,113 Women: 1,053

Top Finishers:

Male: Jimmy Sosinski, Haymarket, VA 1:06:05

Female: Anna Bernal, Alexandria, VA 1:15:20

Masters:

Male: Jason Van Horn, Bristow, VA 1:08:00

Female: Jeriann Severson, Oak Ridge, NC 1:22:14

Run Amuck • June 13, Quantico, VA

Total Finishers: 2,421

Men: 1,238 Women: 1,262

Quantico Tri • August 22, Quantico, VA

Total Finishers: 425

Men: 259 Women: 166

Top Finishers:

Male: Damian Walsh, Alexandria, VA, 1:04:42

Female: Lauren Bussian, Richmond, VA, 1:13:49

Masters:

Male: Greg Hince, Clayton, NC, 1:11:42

Female: Nicole Yedlinsky, Fairfax Station, VA, 1:21:22

Turkey Trot • November 21, Quantico, VA

Total Finishers: 1,117

Men: 447 Women: 670

Top Finishers:

Male: Adam Lowe, Mechanicsville, MD, 00:35:32

Female: Lindsey Carroll, Alexandria, VA, 00:41:16

Masters:

Male: John Olav Fuglem, Quantico, VA, 00:39:00

Female: Tove Fuglem, Quantico, VA, 00:44:38

— 2014 —

Marine Corps 17.75K • April 12, Prince William Forest Park

Total Finishers: 1,747

Men: 820 Women: 927

Top Finishers:

Jeremy Lynch, Springfield, VA 1:04:25

Kelly Swain, Arlington, VA 1:13:48

Masters:

Alexander Hetherington, Vienna, VA 1:05:08

Kristin McCann, Alexandria, VA 1:21:14

Run Amuck • June 14, Quantico, VA

Total Finishers: 2,219

Men: 1,101 Women: 1,118

Quantico Tri • August 24, Quantico, VA

Total Finishers: 388

Men: 199 Women: 189

Top Finishers:

Kevin Soeder, Jacksonville, NC 00:47:21

Jane Langford, Montclair, VA 00:58:06

Masters:

Thom Marki, Woodbridge, VA 53:21

Heather Grossman, Gainesville, VA 1:04:24

Turkey Trot • November 22, Quantico, VA

Total Finishers: 973

Men: 384 Women: 589

Top Finishers:

Stephen Harrison, Fredericksburg, VA 00:33:56

Amy Peterson, Dumfries, VA 00:41:16

Masters:

Daniel Huerta, Fredericksburg, VA 00:38:43

Tami Schweighardt, APO, NY 00:46:54

Marine Corps 17.75K • March 23, Prince William Forest Park

Total Finishers: 2,086

Men: 1,002 Women: 1,084

Top Finishers:

Ryan Carroll, Portsmouth, VA 00:59:56

Rachel Booth, Mandeville, VA 01:08:24

Masters:

Joseph Blackstone, Bristow, VA 01:07:58

Jeanne MacDonald, Melrose, MA 01:18:51

Run Amuck • June 8, Quantico, VA

Total Finishers: 2,499

Men: 1,419 Women: 1,080

Quantico Tri • August 17, Quantico, VA

Total Finishers: 247

Men: 141 Women: 106

Top Finishers:

Lt. Col. Kolter Miller, USMC, Dumfries, VA 00:52:20

Bethann Sliwa, Washington, DC 00:58:23

Masters:

Michael Sliwa, Washington, DC 00:53:15

Brenda Barrera, Williamsburg, VA 01:04:35

Crossroads 4-Miler • September 7, Prince William County, VA

Total Finishers: 445

Men: 241 Women: 204

Top Finishers:

MSgt. Jeffrey Klemmer, USMC (Ret), Virginia Beach, VA 00:22:59

Mindy Sullivan, Woodbridge, VA 00:23:58

Masters:

Jason Van Horn, Bristow, VA 00:23:48

Yuko Whitestone, Springfield, VA 00:27:48

— 2013 —

Turkey Trot • November 23, Quantico, VA

Total Finishers: 907

Men: 360 Women: 547

Top Finishers:

Stephen Harrison, Fredericksburg, VA 00:32:26

Mindy Sullivan, Woodbridge, VA 00:36:30

Masters:

Jason Van Horn, Bristow, VA 00:37:35

Vicky Jaspardo, Fredericksburg, VA 00:40:38

Irish Sprint 10K • March 17, Quantico, VA

Total Finishers: 1,695

Men: 915 Women: 780

Top Finishers

Maj. Jason Kut, USMC, Quantico, VA 00:37:16

Capt. Erin Demchko, USMC, Dumfries, VA 00:41:43

Masters

Lt. Col. Alex Hetherington, USMC (Ret.), Vienna, VA 00:38:56

Lynda Hymans, Annandale, VA 00:47:10

Run Amuck • June 16, Quantico, VA

Total Finishers: 2,490

Men: 1,177 Women: 1,313

Top Finishers

Jeff Bedell, Arlington, VA 00:26:31

Brittany Copeland, Stafford, VA 00:27:19

Masters

Col. Kei Sekiguchi, USMC, Quantico, VA 00:29:51

Denise Martin, Woodbridge, VA 00:36:18

Gender Defender 5K • August 25, Quantico, VA

Total Finishers: 589

Men: 218 Women: 371

Top Finishers

2nd Lt. Nicholas Oltman, USMC, Fredericksburg, VA 00:17:00

Susanna Sullivan, Falls Church, VA 00:17:45

Masters

Martin Irwin, Donegal, Ireland 00:17:57

Yuko Whitestone, Springfield, VA 00:21:13

— 2012 —

Turkey Trot 10K • August 17, Quantico, VA

Total Finishers: 790

Men: 332 Women: 458

Top Finisher

Michael Krisman, Montclair, VA 00:35:41

Vicky Jasparro, Fredericksburg, VA 00:39:22

Masters

Mark Schroeder, Stafford, VA 00:42:11

Yuko Whitestone, Springfield, VA 00:43:16

Irish Sprint 10K • March 26, Quantico, VA

Total Finishers: 680

Men: 346 Women: 334

Top Finishers

Craig Clark, Hamden, CT 00:35:20

Genevieve Studer, Dumfries, VA 00:42:48

Masters

Gregory Kammerer, Washington, DC 00:40:27

Heidi Berg, Alexandria, VA 00:49:22

Run Amuck • June 11, Quantico, VA

Total Finishers: 2,353

Men: 1,102 Women: 1,251

Top Finishers

Maj. Jason Kut, USMC, Quantico, VA 00:23:09

Alissa Savage, Occoquan, VA 00:28:48

Masters

Jeff Bedell, Arlington, VA 00:24:56

Susan Jensen, Fredericksburg, VA 00:29:52

RunStock 5K • August 20, Quantico, VA

Total Finishers: 500

Men: 243 Women: 257

Top Finishers

Maj. Jason Kut, USMC, Quantico, VA 00:17:53

Sarah Beyer, Chino Hills, CA 00:22:47

Masters

Marvin Reyes, Arlington, VA 00:20:39

Elizabeth Arnold, Clifton, VA 00:28:38

— 2011 —

Crossroads 17.75K • September 17, Prince William County, VA

Total Finishers: 655

Men: 413 Women: 242

Top Finishers

Keith Levasseur, Columbia, MD 01:05:28

Amanda Roache, Manassas, VA 01:11:30

Masters

Maj. Billy Ramsey, Stafford, VA 01:09:15

Heidi Durgan, Quantico, VA 01:24:49

Run to Register 10K • March 27, Butler Stadium, Quantico

Total Finishers: 1,806

Men: 971 Women: 835

Top Finishers

Staff Sgt. Tyler Hubbard, USMC, Quantico, VA 00:31:28

Heidi Baise, King George, VA 00:40:31

Masters

Richard Shaw, Fredericksburg, VA 00:38:09

Lisa Totten, Warrenton, VA 00:42:30

Irish Sprint (1 Mile) • March 27, Butler Stadium, Quantico

Total Finishers: 140

Men: 82 Women: 58

Top Finishers

Jason Myers, Alexandria, VA 00:04:50

Aagje Engel, Alexandria, VA 00:06:12

Masters

Andrew Bianca, Quantico, VA 00:05:52

Melissa Unrath, Stafford, VA 00:06:15

Crossroads 17.75K • June 12, Prince William County, VA

Total Finishers: 1,265

Men: 783 Women: 482

Top Finishers

David Burnham, Arlington, VA 01:03:37

Erin Moore, Springfield, VA 01:15:56

Masters

James Migletz, Stafford, VA 01:04:37

Heidi Baise, King George, VA 01:23:47

Run Amuck • August 14, Quantico, VA

Total Finishers: 2,230

Men: 1,105 Women: 1,125

Top Finishers

William Mikolajczak, Triangle, VA 00:21:08

Robin Witlin Oak Hill, VA 00:25:07

Masters

Jeff Bedell, Arlington, VA 00:23:40

Win Persina, Washington, DC 00:27:01

Run to Register 10K • March 28, Quantico, VA

Total Finishers: 1,108

Men: 645 Women: 463

Top Finishers

Brian Geraghty, Quantico, VA 00:35:45

Alison Hoing, Arlington, VA 00:43:24

Run Amuck • June 30, Quantico, VA

Total Finishers: 1,139

Men: 551 Women: 588

Top Finishers

William Mikolajczak, Triangle, VA 00:29:02

Robin Witlin, Oak Hill, VA 00:35:08

RunStock 5K • August 15, Quantico, VA

Total Finishers: 592

Men: 256 Women: 336

Top Finishers

Joey Zins, Indiana, PA 00:15:43

Tina Zins, Indiana, PA 00:19:51

Crossroads 12K • November 21, Quantico, VA

Total Finishers: 457

Men: 233 Women: 224

Top Finishers

Joseph Bayliss, Stafford, VA 00:25:09

Sara Perez, Stafford, VA 00:51:34

Turkey Trot 5K • November 21, Quantico, VA

Total Finishers: 602

Men: 266 Women: 336

Top Finishers

Jeff Klemmer, Fort Washington, MD 00:17:43

Catherine Williams, (Residence not provided) 00:18:52

— 2008 —

Butler Relay • March 29, Quantico, VA

Total Finishers: 195

Men: 119 Women: 76

Top Finishers

Jeff Klemmer, Joshua Tree, CA 00:34:47

Cheryl McMurray, Fairfax, VA 00:41:03

Run Amuck • June 21, Quantico, VA

Total Finishers: 614

Men: 325 Women: 289

Top Finishers

William Mikolajczak, Triangle, VA 00:22:03

Lauren Digennare, Wilmington, NC 00:28:26

RunStock 5K • August 22, Quantico, VA

Total Finishers: 283

Men: 149 Women: 134

Top Finishers

Brian Geraghty, Quantico, VA 00:16:10

Ashley Landers (Residence not provided) 00:22:18

Turkey Trot 10K • November 15, Quantico, VA

Total Finishers: 517

Men: 263 Women: 254

Top Finishers

Staff Sgt. Tyler Hubbard, USMC, Quantico, VA 00:35:53

Allison Bartels, Bristow, VA 00:39:38

— Course Records —

Marine Corps 17.75K

Top Finishers:

Male: Ryan Carroll, Portsmouth, VA 00:59:56 (2013)

Female: Kelly Swain, Arlington, VA, 01:13:48 (2014)

Masters:

Male: Alexander Hetherington, Vienna, VA, 01:05:08 (2014)

Female: Jeanne MacDonald, Melrose, MA, 01:18:51 (2013)

Belleau Wood 8K

Top Finishers:

Male: Matt O'Neil, Woodbridge, VA, 25:45 (2019)

Female: Alissa Savage-Paul, Stafford, VA, 33:16 (2019)

Masters:

Male: Chris Zayatz, Fredericksburg, VA, 34:47 (2018)

Female: Eun Lee, Burke, VA, 40:24 (2018)

Recon Ruck

Top Finishers:

Male: Shinichi Hirao, Charlottesville, VA, 1:28:13 (2019)

Female: Mitsu Hirao, Charlottesville, VA, 1:56:23 (2019)

Masters:

Male: Alexander Hetherington, Vienna, VA, 1:28:21 (2019)

Female: Beato Jajko, Arlington, VA, 1:58:53 (2019)

Quantico Tri

Top Finishers:

Male: Erick Armes, Triangle, VA, 1:01:37 (2019)

Female: Melissa Tallent, Sterling, VA, 01:13:09 (2016)

Masters:

Male: Stephen Armes, Triangle, VA, 1:05:01 (2019)

Female: Kari Stoeber, Baltimore, MD, 1:17:25 (2017)

— Course Records —

Quantico 12K

Top Finishers:

Male: Matt O'Neil, Woodbridge, VA, 40:17 (2018)

Female: Heather Hanscom, Arlington, VA, 50:10 (2016)

Masters:

Male: Chuck Engle, Lancaster, OH, 00:47:18 (2017)

Female: Sara Gilliam, Stafford, VA, 56:11 (2019)

Turkey Trot 10K

Top Finishers:

Male: Stephen Harrison, Fredericksburg, VA 00:32:26 (2013)

Female: Mindy Sullivan, Woodbridge, VA 00:36:30 (2013)

Masters:

Male: Christopher Fox, Henrico, VA, 00:37:31 (2017)

Female: Vicky Jasparro, Fredericksburg, VA, 00:40:38 (2013)

Medal of Honor 8K

Top Finishers:

Male: Matt O'Neil, Woodbridge, VA, 27:26 (2018)

Female: Sandra Pahl, Alexandria, VA, 36:32 (2018)

Masters:

Male: Deries Kaywood, Stafford, VA, 34:54 (2019)

Female: Michelle Curry, Stafford, VA, 37:15 (2019)