

# Save Up to \$200 on the Weight Loss Program of Your Choice

We know everyone's path to weight loss is different. That's why we help you save on the weight loss program that works best for you. If your preferred weight loss program is eligible for the Weight Loss Rebate, you can get an annual rebate of up to \$200 for program fees and associated medicines, procedures, devices, food, program materials and nutritional supplements.

## Rebate Eligibility

You can get a rebate if you participate in Vitality and:



Have a starting Body Mass Index (BMI) of 25 or above (verified by your 2019 biometric screening results).



Take part in a weight loss program where you regularly meet in person with other program members, physicians and/or counselors. Online and single-session programs and seminars aren't eligible for rebates.

## How to Get Your Rebate

Download a rebate request form at **Vitality > Your Account > Forms & Waivers > Wellness Rebates**. Complete the form and submit it to Vitality along with:

- A copy of supporting BMI results from your biometric screening if they're not already on Vitality
- Proof of payment

Submit your documents to Vitality:



**Online** at **Vitality > Your Account > Forms & Waivers > Wellness Rebates**



**By email** at [wellness@powerofvitality.com](mailto:wellness@powerofvitality.com)



**By fax** at 877.224.7110

## Find Tips and Inspiration on Yammer

Need extra motivation to reach your health goals? Join the **MCK Health FYI** Yammer group to share tips, memes and words of encouragement with your coworkers. You can access Yammer through Office 365.

### Vitality

[www.powerofvitality.com](http://www.powerofvitality.com)  
877.224.7117  
8 a.m. - 5 p.m. Central time, M-F  
[wellness@powerofvitality.com](mailto:wellness@powerofvitality.com)  
*Usa Vitality en español — entra a Vitality, ve hasta abajo y haz clic en Languages > Español.*

### Vitality Website

**Employees**  
Inside McKesson's network:  
<https://m.mckesson.com>  
Outside McKesson's network:  
[www.powerofvitality.com](http://www.powerofvitality.com)

### Spouses/Domestic Partners

Go to [www.powerofvitality.com](http://www.powerofvitality.com). Use your name, birth date and email address, and the last four digits of the employee's Social Security Number to sign up.

### HR Support Center

**855.GO.MCKHR (855.466.2547)**  
**Press 1** for the McKesson Benefits Center for Health, Vitality and Pension questions. Benefit experts are available 7 a.m. - 6 p.m. Central time, M-F.  
**Oprime 1** para asistencia en español a través del McKesson Benefits Center.

### Total Rewards Library

[www.mckesson.com/totalrewardslibrary](http://www.mckesson.com/totalrewardslibrary)  
Find information 24/7 about McKesson's health and wellness programs from any device connected to the internet.