



Coach Stacey's Basketball Skills Camp



- 🍌 **Who:** 6th, 7th, 8th, 9th, 10th, 11th, 12th Grade Boys
- 🍌 **When:** October 7, 14, 22
- 🍌 **Where:** Myrtle Beach Sports Center 2115 Farlow St. Myrtle Beach, SC 29577
- 🍌 **Cost:** \$90.00
- 🍌 **Time:** 6/7th Grade (10-11:30am); 8/9th Grade (12:00-1:30pm) 10th-12th Grade (2-3:30pm)
- 🍌 **Camp open to only 20 players per Grade level**
- 🍌 **Players will receive:** T-shirt, lunch on the last day of camp and a detailed evaluation
- 🍌 **Purpose:** The goal of this camp is to help players become better all around basketball players and people. The following basic principles and fundamentals will be covered.

- | | |
|---------------------------|---|
| ○ Balance | ○ Setting Ball Screens |
| ○ Footwork | ○ Using Ball Screens |
| ○ Passing | ○ Post / Perimeter Breakdown |
| ○ Ball handling | ○ High Intensity / Competitive Drills |
| ○ Shooting | ○ Understanding and Embracing your role |
| ○ Pivoting | ○ 2 on 2 play |
| ○ Cutting with purpose | ○ 3 on 3 play |
| ○ Moving without the ball | ○ 4 on 4 play |
| ○ Screening | ○ 5 on 5 play |

🍌 **About Coach Stacey**

- 20 years as a Division I Assistant Coach (Western Carolina, University of Evansville, College of Charleston, Virginia Tech, University of Georgia, Coastal Carolina)
- Experienced / Knowledgeable / Trust worthy / Accountable/Has a passion for young people/ Detail oriented/reliable
- 10 year experience at two Power 5 schools 5 VT and 5 UGA; 2 time ACC Coach of the Year Assistant on staff
- Has recruited and coached NBA players including 4 that are currently in the NBA
- Uses basketball as a vehicle to teach and reach young people life skills such as work ethic, dedication, teamwork, life skills, and overcoming adversity

Coach Stacey (843)–504–9075 Spalmore04@gmail.com Twitter: @CoachPalmore

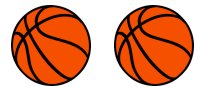
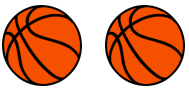
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Player Name: _____ School: _____ Grade Level: _____

E-mail: _____ T-shirt size: _____

Parent Name: _____ Phone Number: _____

Sign up today to reserve your spot.... Limited spaces available



- 🏀 The recruiting process: Prepare early for the future
 - When does it start?
 - What to know?
 - Gathering info on schools, coaches, and leagues
 - Style of Play
 - Graduation Rates
 - Player Development Program
 - Summer School
 - Cost of Attendance (COA)
 - Living Accommodations
- 🏀 Academic Program: Tutors, Advisors, Mentors, Networking
- 🏀 How to help your son improve if he is serious about hoops
- 🏀 Balancing it all, school, travel, hoops, work
- 🏀 What do rankings really mean?
- 🏀 What are college coaches looking for?
- 🏀 Are elite camps/showcase camps good?
- 🏀 Important factors in choosing an AAU Team: shoe circuit, local, state, border state
- 🏀 Who's involved in your sons recruiting process?
 - Parents, Friends, High School Coaches, AAU Coaches
- 🏀 Pitfalls from social media – coaches monitor this daily
- 🏀 NCAA Academic Requirements DI, DII, DIII
- 🏀 Official Visits/ Unofficial Visits/ Home Visits/ School Visits
- 🏀 Number of basketball players that signed DI scholarships from South Carolina in
 - 2017 – 20
 - 2016 – 18
 - 2015 – 9
- 🏀 Prep schools pros/cons
- 🏀 Transferring pro/cons
- 🏀 Understanding the NCAA transfer numbers – 826 for 2017
- 🏀 Benefits from Strength and Conditioning / Nutrition Programs
- 🏀 The Stephen Curry effect – 1st hand knowledge