

News from the MBCEA  
Free and worth every penny!



## MBCEA News & Updates - November 2016

### Message from the President

Last month, we asked membership to help elect three new National Board members. Thank you to all who voted. The Board recently met and confirmed the vote. We have three new Directors who will join the Board in January. I look forward to working with them. Please join me in welcoming:

- Tim Kessel - Bay Insulation
- David Leinbach - Martin Construction
- Arnold Corbin - Metl-Span



The Metal Construction Hall of Fame was initiated five years ago to honor and recognize individuals that have truly impacted our industry. Criteria for acceptance into the Hall of Fame are:

**Longevity:** Honorees must have been actively involved in the industry for at least 15 years.

**Unique Contribution:** The creation or development of a specific aspect or segment of business that has advanced the industry.

**Body of Work:** The depth and breadth of contribution to the industry throughout a career.

**Legacy:** The honoree's contribution must have had a long-lasting impact on the industry.

**Integrity:** Honorees must exhibit the highest ethical and professional standards in all aspects of business.

Please join me in congratulating all of this year's honorees. Although, all are worthy of recognition, three represent the category for contractors and erectors, and thus represent the best of us: T.K. Frahm, Gary Smith, and Thad Strickland. We are proud of their accomplishments and happy to call them friends and colleagues. Read more about their accomplishments below and in [Metal Construction News](#).

Regards,

Mike Reynolds  
President, MBCEA  
[mike@scisteel.com](mailto:mike@scisteel.com)

## WELCOME NEW MEMBERS!

### Ace Clamp - PMC Industries

Bob Mercier  
87 Spring Lane  
Plainville, CT 06062  
860-479-0876

[bmercier@pmcind.com](mailto:bmercier@pmcind.com)  
[www.aceclamp.com](http://www.aceclamp.com)

### Cairone Construction Company LLC

Jeff Cairone  
1236 Imperial Road  
Jenkintown, PA 19046  
215-725-2111  
215-725-2116 fax

[jeff@caironebuilds.com](mailto:jeff@caironebuilds.com)

### Donald J. Parks, Inc.

Ken Parks  
1152 Route 10, Suites 7 & 8  
Randolph, NJ 07869  
973-584-7277  
973-584-0957

[K2@donaldjpark.com](mailto:K2@donaldjpark.com)  
[www.donaldjpark.com](http://www.donaldjpark.com)

### Therm-All

Marty Burns  
895 Knebworth Court  
Columbus, OH 43081  
614-940-7388

[mburns@therm-all.com](mailto:mburns@therm-all.com)  
[www.therm-all.com](http://www.therm-all.com)

## Chapter News

In an effort to provide a new opportunity for its members to socialize and have fun while challenging their skills, the **Mid-Atlantic Division** held its first annual Sporting Clays event at Lehigh Valley Sporting Clays in Coplay (Allentown), PA on 11/4. Special thanks are due to our sponsors, [Butler Manufacturing](#), [Kaplin Stewart](#), and [SFS intec](#).



The day started at 8:30 AM with twenty-two shooters gathering for breakfast in the clubhouse of Lehigh Valley Sporting Clays. Breakfast was followed by a brief talk on gun safety and an explanation of the shooting course and proper procedures. After the talk, the shooters moved outside where a beautiful clear blue sky and a "balmy" temperature awaited them as they saddled up in six golf courts, each equipped with gun racks and 100 shotgun shells for each shooter. Participants were able to bring their own firearms or could rent one from the facility.

A Sporting Clays course is similar to a golf course having, instead of tees, a shooting station at each of sixteen positions. Each participant had the opportunity to shoot at six clay pigeons at each station (except for two that had eight targets) that were thrown by mechanical devices from various positions, in order to simulate actual field conditions when one hunts for upland game birds. The object is to hit as many flying targets as possible. The hits are obvious as a clay pigeon shatters when hit with the pellets of a shotgun shell. A perfect score, which is rare, would result in one hundred shattered "birds" by a particular shooter.



After all participants finished the course, they gathered again in the clubhouse for a very delicious luncheon, provided by Lehigh Valley Sporting Clays. Awards were given for first, second, and third place. The Sporting Clays committee had to scramble to figure out the prizes because there was a tie for first place and a tie for third place. As a result, the two shooters with the highest score (tied) were awarded the first place prize, which was \$200, one shooter was awarded the second place prize, which was for \$100, and two shooters (tied) were awarded the third place prize, which was for \$50. Ken Parks, Sr. and Ken Parks, Jr. were tied for first with seventy-three birds shattered. Greg Menet got the second place prize, breaking seventy birds, and Tom Olver and Chris Showers both went home with a third place prize, breaking sixty-eight clay pigeons each. In addition, Kevin Reinheimer took home about \$145.00 in cash as the winner's take of our 50/50 raffle.

All participants seemed to have a great time and some even asked that we do this again next year, which we plan to do. Come out and join us! You won't be sorry! Again, thanks to SFS intec, Kaplin Stewart, and Butler Manufacturing for sponsoring this event!

**Next up for the Mid-Atlantic Division** is our Holiday Social, being held at the Golden Nugget in Atlantic City on Saturday, January 7, 2017. Sponsorship opportunities at the \$500 level are available and registration forms will be emailed shortly and posted on our Chapter website. Contact [Sasha](#) with any questions on participating.

### **New England Chapter**

- Charity Fun Night - Bowling at PiNZ in Milford, MA - October 20, 2016

Although the turnout was less than we hoped for, we had a great night of fun and some friendly competition on the lanes. Tim Allison from Barnes Buildings & Management Group, Inc. was the winner of the night with a high score of 168. Proceeds from the event went to the Semper Fi Fund. Thank you to all those who joined us!

- We are currently working on the schedule of events for 2017 so keep an eye on the website and newsletter.
- We are still actively looking for members to join the board. Most of the meetings are held via conference call, with face to face meetings 3-4 times a year. If you're interested please contact me.
- We wish you a wonderful and safe holiday season.

Keith Wentworth  
 MBCEA-NEC President  
 603-401-7603  
[kwentworth@duttongarfield.com](mailto:kwentworth@duttongarfield.com)

**Since the Southeast Chapter** covers such a large area there has been discussion of splitting it into smaller sections, possibly combining Tennessee and Kentucky, Georgia and Alabama, Mississippi and Louisiana. So we are putting feelers out to see how much interest there is in each area. National helps out tremendously financially and otherwise for at least the first year to help a new chapter get off the ground. We do however need your assistance in planning events that would be beneficial to your area and then your participation by attending and spreading the word. We would hold a kickoff meeting and send out postcard invitations and a representative from the National Board would attend.

One of the main goals of our organization is to provide the training and education needed to safely erect metal buildings and so offering low cost training in concentrated areas is a huge benefit and that's where chapters come in to play. Networking is also a huge benefit. Please contact Sasha at [sgraver@mbcea.org](mailto:sgraver@mbcea.org) if you or someone else in your company would be willing to help organize the chapter, serve on the chapter board, assist with meeting planning, or if you feel you'd support a chapter in your area. All questions and comments are welcome.

## Tom K. Frahm

T.K. Frahm has walked both sides of the street. In considering him for the Hall of Fame, the judges needed to decide between entering him in the contractor/installer category or the manufacturer/supplier category. Frahm has done it all. In the end, though, it is his grounding in the contractor side that informed the decision.

No matter whether Frahm was working in his own metal building erection company or through the manufacturer side, his focus throughout his life-long devotion to the metal building industry has been on the safety of the participants and the integrity of the product.



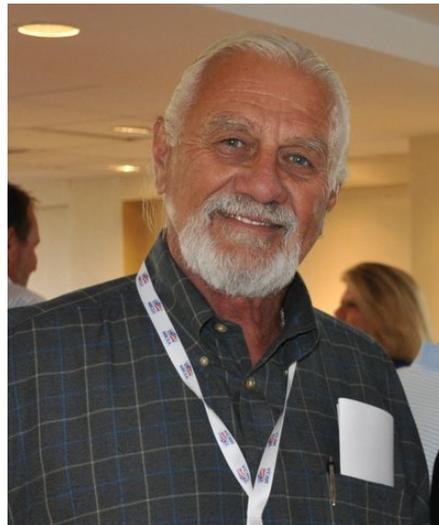
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## Gary T. Smith

Smith has been heavily involved in the Metal Building Contractors & Erectors Association (MBCEA). He started the Mid-Atlantic Chapter and recently completed two terms as national president. Through his efforts and determination, Smith has

established a national apprenticeship program for metal building construction and the AC478 accreditation program for metal building assemblers. Speaking for the MBCEA, Jacqueline Meiluta says, "It is my opinion the strength of the association will ebb and flow over the years but the apprenticeship program and the AC478 will stand the test of time and truly be a lasting legacy to Gary.

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## Thad Strickland

Strickland became involved with the MBCEA when it was still known as the SBA. He was instrumental in helping put together a chapter for the Carolinas. "We basically wanted to have representation in the Carolinas that were involved with systems building process," he says. "We started an alliance for sharing ideas, and giving references to people when someone had questions and concerns. It's been an invaluable tool over the years. You can call on friends from other parts of the state and share ideas."

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## Conference 2017

### **EXHIBITOR REGISTRATION AND SPONSORSHIP OPPORTUNITIES ARE NOW OPEN!**

**The 48th Annual MBCEA Conference will be held May 18-20, 2017, at the New Orleans Downtown Marriott at the Convention Center.**

For the first time it will be co-located with the MBMA Spring Meeting. Attendee registration will be opening soon. Make your hotel reservations early as we anticipate peak attendance.



#### **HOTEL ROOM RESERVATIONS:**

New Orleans Downtown Marriott at the Convention Center  
859 Convention Center Blvd.

Reservations: [Click Here](#)

Group room rates:

5/16 -5/20/17: \$209.00 per night (plus taxes)

\* Use the reservation link above to receive our special room rate.

\* The deadline to receive the group room rate is 5 pm ET May 2, 2017.

Please contact the MBCEA at [sgraver@mbcea.org](mailto:sgraver@mbcea.org) with any questions.

## AC478 - Prove Your Excellence: Earn the Metal Building Assembler AC478 Accreditation

If you have any questions about this program or require any additional information, please do not hesitate to contact [Jackie Meiluta](#).

Program information can also be found at [www.iasonline.org](http://www.iasonline.org).

Metal Construction News hosted a webinar on the program which can be [viewed here](#).

Watch a [short video](#) about the program here.

## The key to succession: How planning ahead can ensure a smooth leadership transition

The future is coming no matter what, and companies, just like individuals, must plan for it. Construction industry firms are no exception, and those organizations - both large and small - must develop succession and transition strategies to ensure the next generation is successful.

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## Is Your Workplace Safe?



### Quarterly Data Report: *Construction Worker Perceptions of Worker Safety*

Much of our information about workplace safety and health comes from reports filed by employers. In 2015, the annual National Health Interview Survey (NHIS) included an Occupational Health Supplement -- giving workers an opportunity to speak up about safety and health in their workplace. The CPWR Data Center recently analyzed the responses. Among the standout findings

- More than 60% of American workers consider their workplace "very safe" -- but fewer than half of construction workers think so. That's the lowest number for any U.S. industry except agriculture.
- Construction workers were far less likely to enjoy workplace access to health promotion programs, such as blood pressure screening or help quitting smoking, than the average U.S. worker (24% to 47%).

- Hispanic construction workers were much more likely to worry about losing their jobs than their white, non-Hispanic counterparts (16.5% to 9.8%).

Want to learn more? You can read the full results in CPWR's latest [Quarterly Data Report](#). Workplace Safety and Health Perceptions of Construction Workers

Visit [CPWR](#) for information on training programs, research findings, and resources for your health and safety or research initiatives.

Don't forget, MBCEA members Save 15% on over 300 Online Safety Training Courses with ClickSafety.



## Multi-tasking - It is Complete Bull S\*\*\*

Are you a self-proclaimed multitasker?

It's okay to admit it. We love to brag about all the balls we're "effectively" juggling at once. We wear the multitasking moniker as a badge of honor.

Time for a reality check...

**Multitaskers are the least productive people of all.**

Worse than procrastinators and deliberate workers (aka purposely slow). Here's why:

Our brains are not designed to multitask. In fact, the word "multitasking" wasn't even created for people. It's mainstream introduction came in 1966 to describe new capabilities in computing.

"Multi-tasking is defined as the use of a single CPU for the simultaneous processing of two or more jobs." ~ Datamation Magazine, 1966

What humans are actually doing is "task switching," rapidly changing focus from one thing to another. This comes with significant productivity costs.

According to Joshua Rubinstein, PhD, Jeffrey Evans, PhD, and David Meyer, PhD, each task switch is relatively small. Only 1/10th of a second. But, when you do a lot of switching during the day (as we all do) it can add up to a loss of 40% of your productivity.

Plus, you make more mistakes. If the tasks are complex and/or significantly different...the error penalties skyrocket and task proficiency and speed to complete plummet.

Here's the kicker...the more you multitask, the worse your brain's ability to concentrate becomes.



**We want to hear from you!**

The MBCEA is dedicated to the professional advancement of our members. We need to know what is important to you, what kinds of things you are interested in, what you need.

[Sasha Graver, Executive Director](#)  
[Mike Reynolds, President](#)  
[Jackie Meiluta, Program Manager](#)



please connect with the MBCEA.

### Quote of the Day

“ Safety is not an intellectual exercise to keep us in work. It is a matter of life and death. It is the sum of our contributions to safety management that determines whether the people we work with live or die. ”

Sir Brian Appleton

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