



Souths Little Athletics

2025-26 program

Queensland 2025-26 school holidays	20 Sept - 6 Oct 2025	13 Dec '25 - 26 Jan '26	3 - 19 Apr 2026
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Date	2025/25 Activity schedule	Organiser Souths / LAQ / MetWest Region	Special activity / Nominations close	Venue
August 2025				
Saturday, 16 August	Sign on 10.00-12.00	Souths		Yeronga
Saturday, 23 August	Sign on 10.00-12.00	Souths		Yeronga
Saturday, 30 August	FREE Introduction to Officiating Workshop - Balmoral LAC	LAQ	Register at: https://laq.sport80.com/public/wizard/e/10/home	Balmoral Little Athletics Centre, Clem Jones Centre, cnr Stanley & Creek Rd, Carina
September 2025				
Saturday, 6 September	Week 1/Orientation	Souths		Yeronga
Saturday, 13 September	Week 2	Souths		Yeronga
Saturday, 20 September	Week 3	Souths		Yeronga
	Coles Spring Carnival	LAQ	\$22.50 / athlete U7 – U17 athletes - Entries close 9:00am Monday, 8/9/25	Bundaberg Region Athletics Facility
Saturday, 27 September	Holiday break			
October 2025				
Saturday, 4 October	Holiday break			
Saturday, 11 October	Week 4	Souths		Yeronga
Saturday, 18 October	Week 5	Souths		Yeronga
Saturday, 25 October	Week 6	Souths		Yeronga
	Coles Summer Carnival	LAQ	\$22.50 / athlete U9 – U17 athletes - max 3 events Entries close: 11:59pm Monday 13/10/25	SAF, Nathan
November 2025				
Saturday, 1 November	Week 7	Souths		Yeronga
Sunday, 2 November	HART Regional Relays	Met West Region	\$6.00 / athlete / event U7 – U17 athletes - max 5 events - e-entries submitted by Centres	UQ, St Lucia
Saturday, 8 November	Week 8	Souths		Yeronga
Saturday, 15 November	Week 9	Souths		Yeronga
Saturday, 22 November	Week 10	Souths		Yeronga
Saturday, 29 November	Week 11	Souths		Yeronga
December 2025				
Saturday, 6 December	Week 12	Souths		Yeronga
Saturday, 13 December	Week 13	Souths		Yeronga
	McDonald's State Relay Championships	LAQ	\$24.00 / track team \$12.00 / field team - Entries submitted via Centres - Entries close: 11:59pm 1/12/25	SAF Nathan
CHRISTMAS BREAK				
January 2026				
Saturday, 17 January	Week 14	Souths		Yeronga
Saturday, 24 January	Week 15	Souths		Yeronga
Saturday, 31 January	Week 16	Souths		Yeronga
Sunday, 1 February	McDonald's Combined Event Championships	LAQ	\$22.50 / athlete - U9 to U17 athletes - Entries close: 11:59pm Monday 19/1/26	SAF, Nathan
February 2026				
Saturday, 7 February	Week 17	Souths		Yeronga
Saturday, 14 February	Week 18	Souths		Yeronga
Saturday, 21 February	Week 19	Souths		Yeronga
Saturday, 28 February	Week 20	Souths		Yeronga
March 2026				
Saturday, 7 March	Week 21	Souths	Break Up - Fun	Yeronga
Saturday, 14 March	HART Summer Regional Championships	Met West Region	\$22.50 / athlete - U7 to U17 LAQ-registered athletes - max 5 events	UQ, St Lucia
Saturday, 15 March				
Friday, 20 March	McDonald's State Championships	LAQ	\$7.00 / event - U9 to U17 athletes via Region qualification - Entries close: 11:59pm Monday 2/3/26	QSAC, Nathan
Saturday, 21 March				
Sunday, 22 March				
Friday, 27 March (early evening)	Souths Break Up/Presentation			TBC