

July 2025

Welcome

A cold, wet and windy hello to all Brisbane Bayside Pickleball Club players.

The cold winter night time temperatures at our sessions are absolutely being felt by all players out on the courts. But realistically, there is no better way to stay "warm" than running around a pickleball court chasing a plastic ball!!

Lots of tournaments (including the Queensland State Championships) are being held around this time of year, and once again our club members have done our club proud by playing to the best of their ability and a lot proving they have got what it takes and coming home with shiny bits of metal hanging around their necks!! More of a rundown detailed in the pages following.

Our PickleChicks Ladies only sessions kicked off with great success and are seeing sessions booked out.

Make sure you book in early so you don't miss out!

Plenty more information to share. Please enjoy reading this months newsletter!

Stay warm, rug up, and as always, see you out on the courts...

Brian Krisanski (BBPC IT/Social Media/Newsletter Editor)

Inside this Issue

01	Welcome
02	President's Report
03	Queensland State Championships
04	River City Classic Tournament
05	Yeppoon QPT
06	Australian Masters Comp Update
07	PickleChicks
80	InterClub Friendly Comp
09	Working Hard Overseas
10	Pickleball Etiquette
11	Mastering the two-handed backhand
12	Coaches Corner (Two-Handed Backhand
13	Take your Game to the Next Level!
14	Bayside Pickleball Club Merchandise
15	Weekly Sessions
16	Social Media Posts of the Month
17	New Club Merchandise?
18	BBPC Club Committee
19	Important Links
20	Sponsors
21	Buy/Sell/Swap/Trade
22	Upcoming Tournaments



July 2025

President's Report

Hi once again

July has been cold and wet with a couple of sessions cancelled due rain. However, the warming rays of August are now upon us, once the Ekka winds have passed, we can look forward to more agreeable weather in the latter half of the month.

One of the big developments in July has been the introduction of a ladies only session called "PickleChicks". An initiative originated by Wendy Tompkins and Janice Smith and is set up in a bilateral collaboration between the Brisbane Bayside Pickleball Club and Redlands Pickleball Club. Each club hosts the session on alternate Wednesdays at their respective venues.

Another change being implemented relates to how the Sunday afternoon session from 3-5pm at Wellington Point is used. Originally, it was intended to allow private social hire by financial members of the club, meaning each pickleball court on tennis court 2 could be hired at \$10 each with paddles and balls included. However, the uptake has not been what we were hoping. Now that we have the Slinger ball machine it has been suggested that the session be rebranded Skills and Drills predominantly for beginners to intermediate. Stay tuned for more information on this one.

I have been advised the tennis courts at Victoria Point State High School will be eventually marked up with pickleball courts. The current contractor's quote and scheduling has caused delays in the process. Other companies are being approached for comparative quotes and anticipated time frames for work completion. Once in place it is envisaged, we will have social play within the hall and have coaching skills and drills outside. The outside courts are under lights and will provide the opportunity to utilise them as the club grows in numbers.

Club shirts - Brian Krisanski has been heavily engaged with a company called KPI SPORTS in designing our new look club attire. The design has been well canvased for feedback and the final design is almost on the table. I might add the finish produce is looking great. Well done Brian I'm looking forward to wearing one soon.

Finally, I would like to touch on a well written article, Brian has included in the newsletter which is in response to a couple of issues we have experienced lately within the club, that need to be addressed – "experienced" players making less skilled players feel unwelcome if playing on the same court and the directly targeting of opposition players. Such behaviour is unacceptable. The article has my full support.

Look forward to the warming weather and to see you all out on court soon.

Chris Warner (Club President)



July 2025

Queensland State Championships

Throughout the week of 01 July to 06 July, over 600+ pickleball players battled it out at the Morayfield Sporting and Entertainment Complex chasing glory at the Queensland State Pickleball Championships.

As to be expected, everyone gave their all and made our club proud.

With pickleball becoming more and more popular and recent stats from Pickleball Australia stating that there are more than 20,000 financial pickleball players across the country, it is very evident that that the standard of pickleball is getting higher and higher!

There were some very close matches throughout the week with a number of our members being successful in coming home with that shiny bit of metal hanging around their neck. Others, giving it their all and some only just missing out on going through to playing in the medal rounds.

Well done to all that participated in the championships!



Results Summary

70+ Men's Doubles 3.49 and below GOLD - Alain Leclair & Chris Warner

50+ Men's Skinny Singles 3.49 and below GOLD – Pat Bryden

50+ Men's Singles 3.5 and above SILVER – Andy Tompkins

50+ Men's Skinny Singles 3.5 and above BRONZE – Brian Krisanski











July 2025

River City Classic Tournament

Well done to all the Brisbane Bayside Pickleball Club members that competed at the River City Classic at Shaw Park today.

Some great results for the gender doubles:

Results Summary

60+ Women's Doubles 3.49 and below GOLD - Debbie Leong and Kay Campbell

35+ Men's Doubles 3.5-3.99SILVER - John Crook (and partner)

50+ Men's Doubles 4.0+BRONZE - Andy Tompkins and Pat Bryden

50+ Women's Doubles 3.5 and above 4th - Wendy Tompkins and Janice Smith

Yeppoon QPT

The Queensland Pickleball Tour (QPT) is a series of 7 events played in some of Queensland's best locations. The QPT at Yeppoon is part of the Yeppoon Pickleball Festival 10 day event held from 18-27th July 2025.

Well done to Karen and David Rolfe who achieved some fantastic results.

Results Summary

60+ Mixed Doubles 3-3.49SILVER - Karen and David Rolfe

60+ Men's Doubles 3-3.49BRONZE – David Rolfe





AMC Update

Just a quick update on the Australian Masters Competition.

As advised last month **Wendy Tompkins** secured her spot in the State playoffs with some convincing wins at the regional playoffs.

A huge congratulation to **Chris Warner** and **Pat Bryden** who have both just found out that they have been awarded wildcard entries to attend the State Playoffs on 9 August 2025 (at Focus Pickleball – Redcliffe). Well done all. The club is extremely proud of your achievements!!



July 2025

PickleChicks

Our brand new session (in conjunction with Redlands Pickleball Club) every Wednesday evening!

This exciting new session brings together two passionate pickleball communities to create a weekly event hosted by ladies, for ladies. The session is designed for intermediate players and above who are ready to bring their A game, build connections, and most of all, lift each other up.

Each alternate week, the session rotates between two venues, offering variety, fresh matchups, and a great way to expand your network while enjoying the sport we all love. Whether you're chasing a great rally, sharpening your strategy, or simply enjoying a fun night out, you'll find a court full of encouragement, high energy, and strong female spirit.

What to do:

- Check OpenSports each week
- Take note of which venue is hosting as it switches weekly

Come for the game. Stay for the friendship. Let's play!

Ladies supporting ladies on and off the court.



Wednesday 6:30-8:30PM

PICKLE CHICKS

Intermediate+ LADIES ONLY PICKLEBALL

Wellington Point Tennis Courts





July 2025

Interclub Friendly Comp

Reserve the date!! On Saturday 13 September 2025 our club is joining the Southside Pickleball Club in a friendly Inter-Club competition.

Day will be a friendly and fun competition and an opportunity to get to know members from other clubs and to share the love of the game. More details to come. The day will be up on OpenSports.

Date: Saturday 13 September

Time: 9 am - 3 pm

Venue: Griffith University Logan Campus Tennis Courts - 68 University Drive Meadowbrook

Cost: \$15 per player

Format: To be decided - however there will be

mixed and gender doubles

Lunch will be provided.

Working Hard Overseas

Pickleball in Vietnam

Paul Harper recently visited Vietnam for the annual Foodservice Consultants Society International conference.

So what do you do when you are overseas... Play pickleball of course!!







July 2025

Pickleball Etiquette

Playing with Heart: Building an Inclusive Community on Every Court

As our pickleball club continues to grow and we welcome new members, it is the perfect time to reflect on what makes our club truly special – not just our venues or courts, or our social and competitive spirits, but the inclusive, supportive environment we create together every time we step onto the court.

We All Started Somewhere

Every accomplished player in our club has a story that begins the same way: picking up a paddle for the first time, missing easy shots, and learning the rules through trial and occasionally embarrassing error (still trying to stop this one!!). Whether you've been playing for years or just starting out, that beginner's experience is all part of our shared journey in this fantastic sport we all love.

When we welcome newer players into games, we're not just filling a fourth spot – we're investing in the future of our club and our sport. That nervous newcomer today could become tomorrow's tournament champion, dedicated volunteer, or the member who brings five new friends to try pickleball. More importantly, they're a fellow community member who deserves to feel welcomed and valued, regardless of their current skill level.

Playing Smart, Not Just Hard

Some recent observations and member feedback have highlighted the need for us, as a club, to address a couple of issues that have arisen. Pickleball is fundamentally a strategy game where placement, and finesse will typically win compared to power alone.

Simply trying to overpower your opponents or creating dangerous situations on the court by targeting players with aggressive shots, particularly newer or less skilled players, is not acceptable. This behaviour is not in the spirit of our club or sport and will ultimately drive players away and has no place in social/recreational pickleball.

When on the court and playing with less skilled or experienced partners or opponents, consider this an opportunity to:

- Work on your placement and touch shots rather than over power them
- Practice shots you don't normally attempt in competitive play
- Focus on keeping rallies alive to give everyone more playing time
- Demonstrate good sportsmanship that newer players can emulate

Reading the Room (and the Court)

Skilled players have a responsibility to gauge the level of their game and adjust accordingly. This doesn't mean playing down to opponents or letting them win – it means playing smart pickleball that keeps everyone engaged and safe.



July 2025

Ask yourself:

- Are my shot selections appropriate for this matches skill level?
- Am I creating an environment where everyone can improve and have fun?
- Would I want to play again with someone who treated me the way I'm treating others?
- Am I helping to build our club's reputation as a welcoming, fun and enjoyable place?

The Ripple Effect

Every interaction on our courts creates ripples throughout our club. When experienced players take time to offer encouragement, share tips, or simply include newer players in games, it creates a positive cycle that strengthens our entire club.

Conversely, when players feel excluded, intimidated, or targeted, the damage extends far beyond that single game. People talk, and word spreads quickly about whether our club is a place where everyone feels welcome.

Our Club Values

We pride ourselves on being a club where pickleball brings people together across all ages, backgrounds, and skill levels. This means:

- Respect: Every player deserves courtesy and consideration, regardless of their ability
- Safety: Shot selection should never put players at risk of injury

- Inclusion: We actively work to make all members feel welcome and valued
- **Growth:** We support each other's improvement and celebrate progress at every level
- Fun: We never forget that we're here to enjoy ourselves and build friendships

Moving Forward Together

If you are an experienced player, we challenge you to be a mentor and ambassador for our sport. Your actions set the tone for our club culture. Look for opportunities to include newer players, offer guidance when appropriate, and model the kind of behaviour that makes pickleball communities thrive.

BBPC Club Vision / Mission / Values

https://www.baysidepickleballclub.com/m/102392/p/1 242054

Our Clubs Values and Beliefs

- Pickleball is for everyone
- Civil, open, and honest communication is key to all enjoying our club, events, and facilities
- Members' ideas, concerns, and feedback are critical to our club
- Encourage all to participate and contribute to the club
- Display respect and tolerance towards all others
- When we all work together, we all go farther faster.
- Pickleball is fun!



July 2025

If you're newer to the game, know that you do belong here. Do not hesitate to ask questions, join games, or seek advice from more experienced players. Your fresh enthusiasm and unique perspective enrich our community and pickleball sessions.

A Personal Request

As the club committee, we are asking each member to commit to making every player's experience a positive one. Before your next shot, before your next comment, before deciding who to invite into your game, pause and consider: "How can I help make this the kind of club I'd want to be part of?"

Remember, we're not just playing pickleball – we're building a community. Every serve, every rally, and every interaction is an opportunity to reinforce the values that make our club special.

Let's make sure that every player, regardless of skill level, leaves our courts feeling better about themselves and excited to return. That's not just good sportsmanship — it's the foundation of a thriving pickleball community.

Thank you for your attention to these important matters. If you have any concerns about court behaviour or would like to discuss ways to improve our club culture, please don't hesitate to reach out to club committee.

Play with heart.

Play with integrity.

Play as one community.





July 2025

Coaches Corner

(Brian Krisanski – PA/PCI Certified Pickleball Coach)

Mastering the Two-Handed Backhand

The two-handed backhand has become the gold standard for pickleball players at all levels, and for good reason. This technique provides significantly more stability and control than its one-handed counterpart, while also generating impressive power through the coordinated effort of both arms. Additionally, the two-handed grip offers better paddle face control during those crucial moments when you're stretched or off-balance.

Getting Started: The Foundation

Before diving into the swing mechanics, let's establish the proper setup. Position yourself with your feet slightly wider than shoulder-width apart, knees gently bent, and weight distributed evenly. Your dominant hand should grip the paddle in an Eastern backhand position (imagine shaking hands with the paddle edge), while your non-dominant hand sits just above it in a comfortable, supportive grip.

The beauty of the two-handed backhand lies in its simplicity during the learning phase. Unlike the one-handed version that requires perfect timing and exceptional wrist strength, the two-handed approach allows newer players to make solid contact even when their footwork isn't perfect.

The Preparation Phase

As soon as you recognize the ball is coming to your backhand side, begin your turn. Rotate your shoulders and hips together, bringing the paddle back in a compact, controlled motion. Keep the paddle head above your hands – this is crucial for generating the proper swing path.

Your weight should shift to your back foot during preparation, creating the foundation for the forward momentum you'll need. Think of coiling like a spring; you're storing energy that will be released through the ball.

The Contact Zone

Here's where the magic happens. As you begin your forward swing, transfer your weight from back foot to front foot while rotating your core. Both hands work together to drive the paddle through the contact point, which should be comfortably in front of your body and at about waist height.

The non-dominant hand isn't just along for the ride – it's actively participating in controlling the paddle face and adding stability to your swing. This dual control system is what makes the two-handed backhand so reliable under pressure.

The Follow-Through

Don't stop at contact! Continue your swing up and across your body, finishing with the paddle high and your chest facing the target. This complete follow-through ensures maximum power transfer and helps with shot accuracy. Your back foot should naturally come forward as you complete the motion, indicating proper weight transfer.



July 2025

Common Mistakes to Avoid

Many players fall into the trap of letting their non-dominant hand become passive. Both hands must work in harmony throughout the entire swing. Another frequent error is taking the paddle back too far – remember, compact is better than long when learning this shot.

Avoid the temptation to muscle the ball. The twohanded backhand generates power through proper mechanics, not brute force. Let the coordinated movement of your body create the pace.

Progression Drills

Start with simple wall practice, focusing on a smooth, repeatable motion. Hit gentle shots against a wall from about 2 metres away, concentrating on clean contact and consistent paddle face angle.

Progress to having a partner feed you balls from the net, allowing you to practice the complete sequence: recognition, preparation, swing, and follow-through. Gradually increase the pace as your comfort level grows.

Finally, incorporate movement by having your partner alternate feeds to different areas of your backhand side. This teaches you to adapt your footwork while maintaining the fundamental swing mechanics.

Advanced Techniques

Once you've mastered the basic two-handed backhand, you can begin experimenting with topspin by brushing up on the ball at contact, or adding slice by slightly opening the paddle face and cutting down through the ball. These variations will make you a more complete player and give you options for different tactical situations.

Mental Approach

Remember that consistency trumps power, especially when developing this shot. Focus on making solid contact and hitting your target rather than trying to blast winners. The power will come naturally as your technique improves and your confidence grows.

The two-handed backhand can transform your game by turning what many consider the weakest shot into a reliable weapon. With dedicated practice and attention to these fundamentals, you'll soon find yourself looking forward to balls hit to your backhand side rather than dreading them.

Practice these techniques during your next pickleball session, and don't hesitate to ask for personalized feedback. (See Coach Brian for more info)

Remember, every great player was once a beginner who refused to give up!





July 2025

Take your Game to the NEXT Level!!

(Brian Krisanski - BBPC Coach/Instructor)

Want to improve your pickleball skills and take your game to the next level?

Get in contact with Brian Krisanski, our club coach/instructor and discuss how he can help you improve.

Brian is officially recognised and accredited with Pickleball Australia and Pickleball Coaching International and regularly runs 1 to 2 hour coaching sessions for one-on-one or small groups.

Contact Brian at: coachbrianpickleball@gmail.com



Brisbane Bayside Pickleball Club Merchandise

Love our club and want to show it off??

Why not get some Club merchandise?

Check out our online store at

https://bbpc.redbubble.com





July 2025

Weekly Pickleball Sessions

Each week we run the following pickleball sessions. Reserve your spot via OpenSports – https://opensports.net/bbpc/tab/events

For more information and instructions how to reserve your playing spot, see our webpage: https://www.baysidepickleballclub.com/book-session

Wellington Point Tennis Courts (Outdoor Courts)

- Monday 7:00pm-9:00pm Social/Come 'n' Try
- Wednesday 9:00am-11:00am Social/Come 'n' Try
- Wednesday 6:30pm-8:30pm Intermediate+ (Pickleheads)
- Wednesday 6:30pm-8:30pm
 PickleChicks
- Thursday 6:30pm-8:30pm
 Competitive League (Organised game play)
- Sunday 3:00pm-5:00pm
 Self run session no host (BYO gear)

Iona Tennis Centre (Outdoor Courts)

 Wednesday 6:30pm-8:30pm Social/Come 'n' Try

Victoria Point State High School (Indoor Courts)

- Tuesday 6:30pm-8:30pm Social
- Friday 6:30pm-8:30pm Social
- Saturday 9:00am-11:00am Social/Come 'n' Try

Cleveland State School (Indoor Courts)

- Sunday 9:00am-11:00am Social/Come 'n' Try



Weekly Pickleball Sessions

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Wellington Point Tennis Courts	7-9 PM Social Come 'n' try		9-11AM Social 6:30-8:30PM Intermediate+	6:30-8:30PM Competitive League			3-5PM BBPC Members ONLY
Iona Tennis Centre			6:30-8:30PM Social Come 'n' try				
Victoria Point State High School		6:30-8:30PM Social Come 'n' try			6:30-8:30P M Social Come 'n' try	9-11 AM Social Come 'n' try	
Cleveland State School							9-11 AM Social Come 'n' try

OpenSports - https://opensports.net/bbpc

https://www.baysidepickleballclub.com play@baysidepickleballclub.com



July 2025

Social Media Posts of the Month



As a busy marriage counselor I appreciate the exercise and clients pickleball brings me.





HOW TO TELL IF YOUR PICKLEBALL GAME NEEDS SOME WORK



The ball keeps hitting your paddle... and then the ground.



Your partner starts cheering when the game ends.



You yell "I got it!" and five people duck. Someone asks if your paddle is cracked



Your dink shots are more like "donk" shots



You get more "Nice try!" comments than actual points



Other players ask if you're new...
mid-match



You keep hitting amazing winners... then you wake up



Your serve lands in the net more than the other side



People ask, "Are you playing opposite handed?

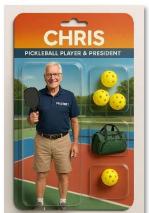
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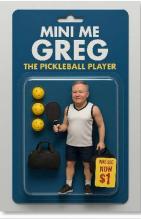


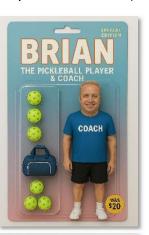
July 2025

New Club Merchandise?

What do you get when you cross ChatGPT / Al and one of our committee members having too much time on their hands?? Some new club merchandise perhaps!! (or maybe not!! Hahaha)



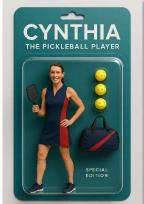










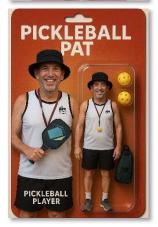














July 2025

Brisbane Bayside Pickleball Club Committee

President - Chris Warner

email: president@baysidepickleballclub.com

Secretary - Greg Ryan

email: secretary@baysidepickleballclub.com

Treasurer – Jean Warren

email: treasurer@baysidepickleballclub.com

General Committee

email: play@baysidepickleballclub.com

- Brian Krisanski
- Cynthia Krisanski
- **Andy Tompkins**
- Wendy Tompkins
- Paul Harper
- Corinne Harper
- Kerrie Ryan
- Janice Smith
- Patrick Bryden

Our Club Financial

Member Stats

Youngest	14.4		Male	137	51.7%	
Oldest	78.5		Female	128	48.3%	
Average Age	53.8		Other	0	0.0%	
			Total	265	100.0%	
	#	96	Male	96	Female	96
Under 20	3	1.3%	2	1.6%	1	0.9%
20-30	9	3.8%	5	4.0%	4	3.5%
30-40	23	9.7%	18	14.4%	5	4.4%
40-50	40	16.8%	22	17.6%	18	15.9%
50-60	85	35.7%	35	28.0%	50	44.2%
60-70	54	22.7%	31	24.8%	23	20.4%
70+	24	10.1%	12	9.6%	12	10.6%
Total	238	100.0%	125	100.0%	113	100.0%

(** some age data not available)

Sponsors

A huge thank you to our club's sponsors.



Website: https://www.baysidepickleballclub.com/

Facebook: https://www.facebook.com/profile.php?id=100095199866558 Instagram: https://www.instagram.com/brisbanebaysidepickleballclub/ Youtube: https://www.youtube.com/channel/UCgxBnHjA3MWNmRCwf1eXyIQ





SwissFish



snap fitness 24/7





July 2025

Buy / Sell / Swap / Trade

Have any pickleball gear, paddles etc that you are wanting to sell, swap, or trade, then let us know and we can add it here in our newsletter to let our members know what you have to offer or what you are chasing.

Need to purchase a pickleball paddle and not sure where to buy them from or if the one you are thinking about even suits your game?

Brian Krisanski now has a range of demo paddles that you can "Try before you Buy!!"

He will have them available at each session (he attends). Come speak to him to determine which paddle best suits your game.



https://niupipo.com.au/

See Brian/Cynthia Krisanski or Paul/Corinne Harper for more details



Glide (T700 Carbon Fibre) \$175



Clash (T700 1 Piece Design Carbon Fibre) \$175



Explorer Pro (Graphite) \$120



Voyager Pro (Graphite) \$120



https://thirdshotwarehouse.com/

Need a portable pickleball net, pickleball balls, non-residue court tape, or even a Ksix Chalk Line Marker – make sure you visit the Third Shot Warehouse website.



July 2025

OBELISK



Horizon III Gen3S \$249



Invictus III Gen3 \$249

https://www.obeliskpickleball.com/paddles

Use **BRIAN10** for a 10% discount on your order

Use BRIANCRBN for a 10% discount on your



Triple Crown Gen3 \$249



Red Horizon \$189

https://crbnpickleball.com/

CRBN.



CRBN⁴ TruFoam Genesis (Hybrid, Aerocurve) \$436.00



CRBN³ TruFoam Genesis (Elongated) \$436.00



CRBN² TruFoam Genesis (Square) \$436.00



CRBN¹ TruFoam Genesis (Elongated, Long Handle) \$436.00



July 2025

Upcoming Pickleball Tournaments

Check out the following URL for the latest Tournament listing: https://www.baysidepickleballclub.com/tournaments

August 2025

Northern Rivers Doubles 2025

1st - 3rd August 2025

NPL Championships (Location TBD)

8th - 10th August 2025

QPT Hervey Bay

15th - 17th August 2025

Gold Coast Grand Slam

22nd - 24th August 2025

PPA Tour Australia Open (Location TBD)

29th - 31st August 2025

September 2025

Barrington Coast Seniors Tournament 2025

3rd - 5th September 2025

Toowoomba Carnival Bash 2025

5th - 7th September 2025

MLPA/PPA Tour Australia Championships (NSW)

11th - 14th September 2025

QPT Bundaberg

12th - 14th September 2025

Sydney Social Slam

27th-28th September 2025

PPA Tour Australia Open (Location TBD)

26th - 28th September 2025

2025 Trilogy Funds Australian Pickleball Championships

29th September - 6th October 2025

October 2025

Perth Grand Slam

10th - 12th October 2025

2025 Australian Rainbow Pickleball Championships

11th - 12th October 2025

NPL Championships (Syd)

17th - 19th October 2025

Australian Masters Games (Canberra)

18th - 25th October 2025

Battle of the Asobigai (Melbourne)

19th October 2025

MLPA/PPA Tour Australia Championships (Location TBD)

23rd - 26th October 2025

Sunshine Coast Open

31st October - 2nd November 2025

November 2025

MLPA/PPA Tour Australia Championships Finals (Location

TBD)

13th - 16th November 2025

Melbourne Grand Slam

21st - 23rd November 2025

December 2025

2025 ACT Pickleball Championships

5th-7th December 2025

NPL Championships (Location TBD)

12th - 14th December 2025