

# STEP INTO PICKLEBALL

## SENIOR'S FREE INTRODUCTORY

## SESSIONS AT PCYC CAPALABA

Redlands Pickleball Club invites you to join us for a series of FREE Come & Try pickleball sessions. Come to one session or join us for all four sessions.

1/10/24; 2/10/24;  
15/10/24; 16/10/24



### The event details

- All levels social play
- Dress required: active wear and tennis shoes
- Bring a water bottle
- All equipment supplied

### Bookings essential: Email

[event@redlandspickleballclub.com](mailto:event@redlandspickleballclub.com)

### Event Sponsors

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### Come & Try PICKLEBALL

9.30am - 11.30am

PCYC Redlands

Cnr Mt Cotton Rd & Degen Rd

Capalaba

### Invitation

Redlands Pickleball Club invites you to join us for a series of Pickleball Come & Try sessions where seniors can come together and enjoy Redlands Coast Senior's Month on the pickleball court.

These fun and interactive sessions are the perfect opportunity for older adults in the community to connect with others and enjoy the exciting game of pickleball.

Designed to encourage social interaction, physical activity, and overall well-being, this event is all about celebrating health, happiness, and the vibrant spirit of our seniors.