# RSV Cases Surge Among Young Children in Canada

WHAT IS RSV? Respiratory Syncytial Virus (RSV) is a common highly contagious respiratory virus that usually causes mild, cold-like symptoms. Most people recover in a week or two, but RSV can be serious, especially for infants and older adults leading to bronchiolitis or pneumonia. It is the leading cause of hospitalization among infants.

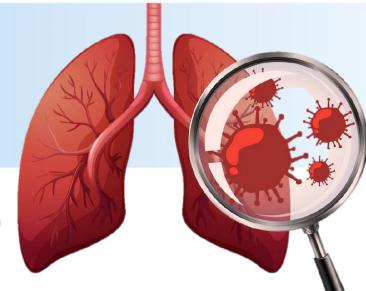
**KNOW THE** 

**WARNING** 

**SIGNS** 

- Runny nose
- Decrease in appetite
- Coughing
- Sneezing
- Fever
- Wheezing

WHO IS AT RISK? Infants, children under 2, children with asthma and patients of any age with a weakened immune system or underlying heart or lung problems are at greatest risk of RSV requiring hospitalization.



**HOW DOES IT SPREAD?** These viruses spread from infected people through touch, through the air (coughing and sneezing) or by touching contaminated surfaces and transferring the virus to the mouth, nose or eyes.

# TIPS TO CONTROL & PREVENT THE SPREAD

Use a Health Canada registered disinfectant that is proven to kill RSV such as **Vital Oxide**Vital Oxide is a non-toxic hospital grade disinfectant authorized for use on children's toys with no rinse required.



#### **DAILY DISINFECTION**

Use **Vital Oxide** to clean and disinfect all surfaces, toys and play areas. For fast and effective application use **Vital Oxide** in a ULV or Electrostatic Sprayer to spray entire rooms in minutes



#### STAY HOME IF YOU ARE SICK

Avoid close contact with people who are sick and stay home when you are sick.



## DISINFECT FREQUENTLY TOUCHED SURFACES

Multiple times a day spray & wipe doorknobs, light switches, railings, desks, toilets, faucets, sinks, and electronics with **Vital Oxide.** 



## **WASH HANDS**

Wash your hands often with soap and water for 20 seconds and avoid touching your eyes, nose, and mouth with unwashed hands.



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