The symptoms of teething are not limited to inflamed and painful gums — they often include restlessness, excessive chewing and drooling, and digestive disorders such as diarrhea. These symptoms usually resolve spontaneously once the tooth has pierced the gum line.

Camilia® is a convenient and reliable homeopathic medicine for teething. The tasteless solution is absorbed sublingually without numbing the gums or affecting the gag reflex.

In one single form, Camilia combines three active ingredients to relieve teething pain, irritability, and minor digestive disorders sometimes associated with teething.

In an observational study conducted from 2008 to 2009, Camilia was compared to two teething gels. The study involved 190 French pediatricians and 597 children, age 3 months to 24 months. Most pediatricians (82 percent) reported being satisfied with Camilia, and 71.5 percent preferred Camilia over the other medications. Most of the children’s parents (77 percent) were satisfied with Camilia, and 85 percent said they would use it again.

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**Drug Facts**

**Active ingredients**
- Chamomilla 9C HPUS......................................Relieves teething pain accompanied by irritability
- Phytolacca decandra 5C HPUS........................Relieves painful gums
- Rheum 5C HPUS...............................Relieves minor digestive disorders associated with teething

The letters HPUS indicate that this ingredient is officially included in the Homeopathic Pharmacopoeia of the United States.

**Uses**
- temporarily relieves symptoms of teething, including painful gums and irritability
- helps relieve minor digestive disorders sometimes associated with teething

**Warnings**
- Stop use and ask a doctor if symptoms persist for more than 3 days or worsen, or if inflammation, fever, or rash develops. After administering, discard single-use container.
- Do not reuse. Keep out of reach of children.

**Directions**
- Children 1 month of age and older:
  - Repeat, as needed, every 15 minutes for 2 more doses.
  - If or when symptoms return, repeat these dosage instructions for a total of up to 9 doses per day.

- do not use if glued carton end flaps, inner foil pouch, and single-use container are not intact
- store at 68-77°F (20-25°C).
- contains 0.001% alcohol

**Inactive ingredient**
- alcohol, purified water

**Questions or comments?**
- CamiliaTeething.com
- BoironUSA.com
- Info@Boiron.com
- 1-800-BOIRON-1 (1-800-264-7661)

**PAINFUL GUMS • IRRITABILITY**

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### Camilia®

**Homeopathic action** on teething pain and associated irritability and minor digestive symptoms. No local numbing effect; doesn’t affect gag reflex; no interactions with other medicines. None known.

**Acetaminophen**
- Analgesic; antipyretic; slightly anti-inflammatory.
- Well-tolerated, fast-acting.
- Overdosing induces liver toxicity; interacts with other hepatotoxic drugs; may mask other symptoms and delay treatment; no direct effect on restlessness or digestive disorders.

**Benzocaine**
- Local anesthetic.
- Quickly reduces local pain; few or no systemic effects.
- No direct effect on restlessness or digestive troubles; may numb other areas of the oral cavity or interfere with nursing; unpleasant taste; rare occurrences of methemoglobinemia.

**Ibuprofen**
- Analgesic; anti-inflammatory.
- Relieves pain and inflammation; fast-acting.
- Not specifically indicated for teething; increases gastrointestinal disturbances; frequent side effects; interacts with other drugs; may mask other symptoms and delay treatment.

**Syzygium aromaticum L.**
- (Eugenia caryophyllata,
- Homeopathic preparation of German chamomile
- Flavonoids: anisylactic (apigenin and luteolin are ligands for the central benzodiazepine receptors); anti-spasmodic effects.
- Chamazulene (essential oil): anti-inflammatory action by inhibition of leukotriene B4 formation.

**Pharmacology**

Camilia® is produced by Boiron using the highest standards and quality control processes. The product’s active ingredients are manufactured according to the Homeopathic Pharmacopoeia of the United States. Indications for homeopathic medicines have been determined experimentally and verified by years of empirical use by thousands of physicians. Insight into these traditional indications is gained throughout the years as advances are made in the fields of biochemistry and pharmacology.

This table shows the relationships between the toxico-pharmacological properties of the strain (in blue) and the general indications of its homeopathic dilution (in pink). Camilia should be used only for its labeled indications.

### Advantages

As a convenient and reliable first choice to relieve teething symptoms, Camilia offers many advantages:

- Complete homeopathic formula relieves symptoms associated with teething, such as painful gums and swelling, excessive chewing, digestive troubles, and irritability or agitation
- Easy to administer by squeezing the single liquid dose into the baby’s mouth; no risk of choking on tablets or numbing nonpertinent areas of the mouth with gel
- Does not numb the gums; does not affect the gag reflex; does not interfere with nursing
- Will not mask any important symptoms that could lead to the early diagnosis of a more severe problem
- No risk of overdose: the premeasured doses can be administered as frequently as every 15 minutes if necessary, like other homeopathic medicines, the action is not body-weight dependent; sublingual absorption leads to a quicker general action
- Preservation-free, tasteless, single liquid doses allow hygienic individual application; single doses limit cross-contamination between children
- No known interference with concomitant medications; no contraindications

### References

8. U.S. Food and Drugs Administration. Compliance Policy Guide Sec. 400.400 Conditions Under Which Homeopathic Drugs May be Marked.

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**MEDICINES**

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**HERBS AND SUPPLEMENTS**

Clove (Syzygium aromaticum, Syzygium aromaticum L.)
- H1-antagonists.
- Long-lasting effect.
- Sedative action; contraindicated in patients suffering from shortness of breath; Action on rhinitis only. Not recommended for children younger than age 6.

**TEETHING RELIEF**

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<td>Phytolacca decandra SC Homeopathic preparation of pokeweed</td>
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