

THE DIRECTIONS & ELEMENTS: THE PRIESTESS CONNECTION

NORTH: Winter, Sundown, Earth, Physical Body, Elder/Dark Mother/Crone, White

- GAIA, Shadow, Inner Journey, Silence, Grounding into Earth, Balance, Rest
- Buffalo, Bear, Goose, Otter, Wolf
- Alder, Mountains, Caves, Cenote, Burial Grounds, Snow/Ice, North Pole
- Lilith, Hecate, Ishtar, Inanna, Isis, Pacha Mama, White Buffalo Calf Woman
- Positive Qualities: Grounded, confident, material, trustworthy, wise
- Negative Qualities: Brooding, moody, trapped by tradition, slow to change

EAST: Spring, Morning, Air, Youth/Maiden/Wild Woman/Priestess, Intellect, Yellow

- Birth/Beginnings, Illumination, Breath/Movement, Manifestation, Sound, Sex
- Bird Tribe/Winged Ones, Hawk, Eagle, Beaver, Deer
- Apple, Willow, Mountains, Mesa Views, Ocean Views, Tree Tops, Stars
- Diana, Isis, Aphrodite/Venus
- Positive Qualities: Vitality, Curiosity, Sensual, Loving, Open, Trusting, Creative
- Negative Qualities: Tempermental, Lustful, Needy, Undependable, Ungrounded

SOUTH: Summer, High Noon, Fire, Queen/Mother/Midwife, Spirit, Red/Orange

- Sun/Solar, Love/Passion, Transmutation, Trusting Your Power, Destruction
- Serpent, Coyote, Woodpecker, Sturgeon (fish), Bear
- Birch, Hazel, Desert, Volcano, Fire, Cooking, Jungle, South Pole
- Pele (Hawaiian Volcano), Kali Durga
- Positive Qualities: Takes Action, trusts her gut, sexual, giving, loyal, expressive
- Negative Qualities: Arrogant, vein, ungrounded, no way to express creativity

WEST: Autumn, Evening, Water/Blood, Wise Woman/Queen/Heroine, Emotions, Blue/Black

- Endings, Completion, Flow, Dreams, Visions, Mother of Us All
- Bear, Owl, Snake, Crow/Raven
- Oak Tree, Alder, Ocean, River, Lake, Stream, Drinking Water, Bathing Water
- River Spirits, Oshun, Yemaya, Lake Titicaca, Ix'Chel (Mayan)
- Positive Qualities: Emotional, expressive, flowing, listening, dreamy, visionary
- Negative Qualities: Unexpressive, ungrounded, overly-giving, ignores her intuition

WHICH ELEMENT/DIRECTION IS YOUR STRONGEST? WHY?

WHICH ELEMENT IS YOUR WEAKEST? WHY?