

Phoenix Area Mannatech Event

Saturday, June 24, 2017



SPEAKER

Dr. Steve Nugent, PsyD, PDD, MA, MACN, CNC

- New information for addressing body fat and nutritional deficiencies as a primary foundation for optimal wellness.
- Using changes in body composition instead of scale weight as an outcome measure for weight loss intervention.
- Criteria for intelligent selection of an optimal course of action to achieve potential for long-term/high value results in wellness.

SCHEDULE

9:00 - 10:20am

Introduction of Dr. Steve Nugent
TruHealth Fat Loss Presentation

10:20 - 10:35am

15 Minute Break

10:35am - 12:10pm

Foundation Nutrition Support System

12:10 - 1:00pm

Question and Answer Session

LOCATION

GRACE CHAPEL

8524 E. Thomas Rd.,
Scottsdale, AZ 85251
(101 N. Fwy, Exit West on Thomas
Road; Park in N West Parking Lot)

FREE Option for early birds (8am to
8:45am available on first-come basis;
Inner Scan Body Composition
Analyzer Weight, Body Water %,
Muscle Mass, Visceral Fat, Body Fat
%, Bone Mass, Daily Calorie Intake,
Metabolic Age, Physique Rating.

*See curriculum vitae for speaker.

*Preferred dress business casual.
Event will be video taped.

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