

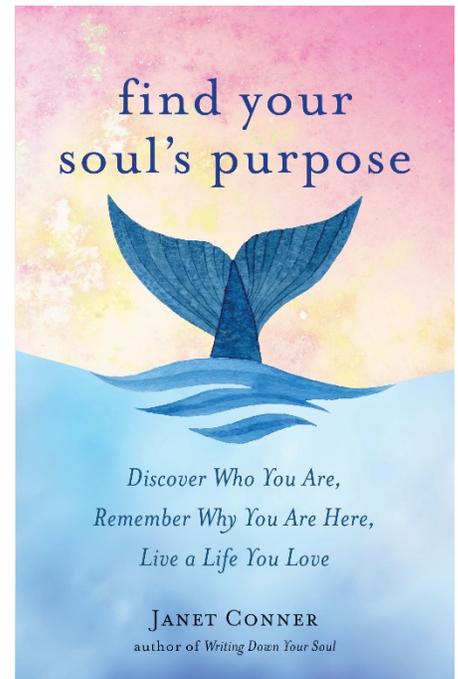
## Q&A and Bio for Radio Interviews for *Find Your Soul's Purpose*

### What is a soul purpose?

- Not a goal, career, role. Nothing to measure or accomplish.
- Not one thing—a package of purpose, gifts, talents, shadows, ancestral struggles, divine teachers, and more.
- As you remember your purpose, you are re-membered back to your original soul shape.
- Big AHA: your purpose is a Divine Purpose; you are here to reveal the Divine, as the great traditions say.

### Why is it important to remember our soul's purpose *now*?

- Not my timing! Invited to write this book in 2015, before *Soul Vows* was even out.
- Angelic explanation: “Your world is in a crisis now and each that does their purpose will shift the alignment of what is happening, and so you have been brought to this place of writing again faster than you expected but in divine timing.”
- Big AHA: when you live your purpose, you create a life you love, express divine Purpose, *and* shift our world—all three in one simple, short, expansive phrase.



### Instead of chapters, *Find Your Soul's Purpose* walks the reader through 7 spiral loops. Why the spiral?

- A spiral is the blueprint of creation from the macrocosm of galaxies to the microcosm of DNA.
- It's a *sacred* geometric form, a mystic spiral—ideal form to play with time, awaken clairs, accelerate consciousness, and explore the Imaginal.
- Big AHA: spiral is the perfect symbol of the Divine seeking the Divine in you.

### In *Writing Down Your Soul*, you teach people how to enter the theta brain wave state to connect with their divine Voice. Does that happen in *Find Your Soul's Purpose*, too?

- All my books and courses help people exit conscious mind and step across the threshold between worlds that lies a hair below conscious awareness.
- The key is to know how to slip into the all-important theta brain wave state.
- You access theta in soul writing, sketching, dreaming, meditation, as you wake, and more.
- Each loop has experiences to help you exit conscious mind and explore the fields of your soul.
- Big AHA: as you practice slipping into theta, you discover guidance and insight are everywhere.

### What big questions does the book explore?

- Who am I? Who am I really?
- Why am I here in this lifetime, at this time? What is my unique purpose?
- How can I remember what I do not consciously remember? Can I remember my birth?
- Can I alter the past? Is it possible to change something I regret?
- How can I create a life I deeply love—a life overflowing with meaning and joy?

### What happens *after* you remember your soul's purpose? How does it change your life?

- You renew it daily as a full-body mystical prayer practice. Reveals its deep nature over time.
- Receive it as a seed, nourish it into full expression throughout your life.
- Learn to live from your organ of spiritual alignment—your heart.
- Mystic's Yes and Spiritual Warrior's No get easier and clearer.
- Big AHA: the more you serve your soul's purpose, the more you receive.

### What will the reader experience?

**Loop 1:** feel divine longing, open the spiral and explore its mystical properties

**Loop 2:** listen to your soul's stories, receive insight and gifts from your younger self

**Loop 3:** explore your soul's birth choices: name, parents, astrology, numerology, birth process

**Loop 4:** step into infinite time for a divine encounter to remember your purpose and gifts, learn to see with Icon Eyes, and experience the Mystical Decree that brought you to life

**Loop 5:** practice seeing through human-divine eyes, learn the mystical paradox that alters regrets

**Loop 6:** find your taproot, send test etheric leaves, nourish your purpose and gifts to full expression

**Loop 7:** discover the joy of living a life you deeply love, experience a cosmic vision of your note and all notes in the symphony of creation, close the spiral and place it in your heart

### Radio Bio



**Janet Conner** is a writer, soul-community creator, radio show host, and spiritual field guide—but first and always, a deep soul explorer. In her deep soul explorations, she discovered how to slip into the theta brain wave state and access a divine Voice while writing. That process became the best-selling *Writing Down Your Soul*. She also wrote *Soul Vows*, *The Lotus* and *The Lily*, two journals for soul writers, and the first adult coloring book that goes way beyond coloring, *The Soul Discovery Coloring Book*. Her new book, *Find Your Soul's Purpose*, is the 4<sup>th</sup> in her trademark series, *Your Soul Wants Five Things*. Janet is the host of *The Soul-Directed Life* radio show celebrating over 150,000 downloads. She joins us from her home in Ozona, Florida. Visit her at <http://janetconner.com/>