

101 Relationship Quotes Worth a Million Dollars!



# ***101 Relationship Quotes Worth a Million Dollars!***

***By  
Susie and Otto  
Collins***



## **SAFETY AND TRUST**



The most important thing for us to do in order to create a safe harbor is to continually stand by our mate and believe in them whether they are soaring or sinking. Knowing that our beloved is *with* us, never against us, surrounds us with an invaluable aura of safety. Sue Patton Thoele

Trust—this is the foundation of any relationship. Without it you cannot achieve real or even pretend intimacy. Trust is the starting point.  
Susie and Otto Collins

Without trust, communication dies.  
Stephen R. Covey

## ***SAFETY AND TRUST***

In order to trust you have to feel safe. Safety is the foundation of trust. Only when there is nothing to lose is it safe to speak your truth. Susie and Otto Collins

The reality is that quality relationships are built on principles—especially the principle of trust. And trust grows out of trustworthiness, out of the character to make and keep commitments, to share resources, to be caring and responsible, to belong, to love unconditionally. Stephen R. Covey

To cross over from just having sex to forming a deep connection with another Soul, there has to be safety and trust within the relationship. Susie and Otto Collins

## **RELATIONSHIP TRUTHS**

Our work is to stay present, available to the universe and vulnerable to the truth.  
Steven and Ondrea Levine

Fear of being ridiculed and rejected shuts down communication.  
Otto Collins

Old resentments never die. They just get buried alive and come up later in uglier ways. Stephen R. Covey

Kill the monster while it's little.  
Tony Robbins

Tell the truth, stay present and don't run away. Dr. Belinda Gore

## **RELATIONSHIP TRUTHS**



It takes work—not only to be honest with your mate but also to be honest with yourself. Otto Collins

Know what your “rules” are for how you want to be loved in relationships. If you don’t, how can you expect your partner to know? Susie and Otto Collins

Stay awake. Keeping your relationship alive requires constant attention. Susie Collins

Loving someone isn’t enough. You have to love her as she wants to be loved. Otto Collins

## **RELATIONSHIP TRUTHS**

Expectations ruin relationships.  
Neale Donald Walsch

Never do anything in relationship out of a sense of obligation. Do whatever you do out of a sense of the glorious opportunity your relationship affords you to decide, and to be, Who You Really Are. Neale Donald Walsch

It's not healthy for your relationship, your emotions or your body when one partner has all the power and the other has all the vulnerability.  
Mona Lisa Schulz

## **RELATIONSHIP TRUTHS**

Pay attention; that's always good advice. It's amazing how much frustration can be avoided and how much joy and awareness gained by paying attention, to yourself and the people and the world around you, wherever you may be. Paul Williams

Your emotions are just that—clouds that are passing through. They are not indicative that something's wrong with your love. Otto Collins

You have to be willing to do whatever is necessary to have the relationship you've thought about and dreamed about. This means you have to be willing to give up every part of your old life and start over. This means live your truth—whatever that is. Otto and Susie Collins

## **RELATIONSHIP TRUTHS**



Know and understand that there will be challenges and difficult times. Don't try to avoid them. Welcome them. Gratefully. See them as grand gifts from God; glorious opportunities to do what you came into the relationship—and life to do. Neale Donald Walsch

The truth is relentless. It won't leave you alone. It keeps creeping up on you from every side, showing you what's really so. Neale Donald Walsch

You can't go back to sleep once you have seen what you have seen and know what you know about love. Kenny and Julia Loggins, Jonathan Butler

## **RELATIONSHIP TRUTHS**

Marriage cannot be successful without each of you wanting that success with an urgency equal to your greatest desire. Drs. Evelyn and Paul Moschetta

All relationships are a transformative experience. We transform and let go of old identities, like the snake shedding an old skin. Angeles Arrien

Try very hard not to see your partner as the enemy. Neale Donald Walsch

Clarity is power. You've got to be clear about what you want for your life and relationships. Otto Collins

## ***INSPIRATION AND HOPE***

Examining the past may help clarify many of our problems but healing doesn't occur in the past. It occurs in the present. Marianne Williamson

Don't push the river; it flows by itself. Fritz Perls

You cannot and will not encounter a circumstance or a single moment that does not serve directly and immediately the need of your soul to heal, to come into wholeness. Gary Zukav

We can learn to stop struggling by realizing we're naturally buoyant. If we relax and persevere we cannot drown. Paul Williams

## ***INSPIRATION AND HOPE***

Try leaving a friendly trail of little sparks of gratitude on your daily trips. You'll be surprised how they will set small flames of friendship that will be rose beacons on your next visit. Dale Carnegie

There must be another way to go through life besides being pulled through it kicking and screaming. Hugh Prather

The quieter you become, the more you can hear. Baba Ram Das

## ***INSPIRATION AND HOPE***

Let your Soul be your pilot. Sting

It's amazing what love can do when you open your mind and your soul. Otto Collins

In every relationship, whether it be a friend, family member or a colleague, or a deep-loved one, what is required is: child-like innocence . . . loyalty and commitment. . . and the gift of spaciousness—the allowing of space for contemplation, introspection and the need for being alone. Angeles Arrien

## ***INSPIRATION AND HOPE***

Everything we do is either an act of love or a cry for help. Marianne Williamson

The voices in the wind will take you home again and I surrender time and time again to the will of the wind. Kenny Loggins

Love allowed to flow in a trickle brings happiness in dribs and drabs. Love allowed to flow in volumes brings a happiness and joy until now unimagined. Otto Collins

## ***SPIRITUAL PARTNERSHIP***



The holy relationship is a context where we feel safe enough to be ourselves, knowing our darkness will not be judged but forgiven. In this way we are healed and freed to move on into the light of our true being.

Marianne Williamson

If we human beings were truly aware that all creation is a unity, as two lovers are aware of unity, wouldn't we treat each other better?

Madeline L'Engle

Love does not consist in gazing at each other but in looking outward together in the same direction. Ann Morrow Lindburg

## ***SPIRITUAL PARTNERSHIP***

The secret of happiness is not found in illusion of a perfect man but within one's self. Erica Jong

The underlying premise of a spiritual partnership is a sacred commitment between the partners to assist each other's spiritual growth. Gary Zukav

Spiritual partners are able to see clearly that there is indeed a deeper reason why they are together and that that reason has a great deal to do with the evolution of their souls. Gary Zukav

It is the type of love where each of the individuals feels equal to the other and simultaneously very special to each other. Angeles Arrien

## ***SPIRITUAL PARTNERSHIP***

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The value of the personal relationship to all things is that it creates intimacy and intimacy creates understanding and understanding creates love. Anais Nin

In partnership, each partner shines the light on the road when the road is dark as well as holds the mirror for the other to see the reflection of truth. Susie and Otto Collins

Conscious relationship is the practice of letting the mind sink into the heart, of healing our frightened and separatist tendencies into the spaciousness of our true heart. Steven and Ondrea Levine

## ***SPIRITUAL PARTNERSHIP***



Both people have to be committed to making their relationship the most important thing in their lives. As the saying goes, “what you focus on usually gets done.” Otto Collins

You have to be willing to do whatever is necessary to have the relationship you’ve thought about and dreamed about. This means you have to be willing to give up every part of your old life and start over. Otto Collins

But when two people are at one in their inmost hearts, they shatter even the strength of iron or bronze; and when two people understand each other in their inmost hearts, their words are sweet and strong, like the fragrance of orchids. I Ching

## **RESOLVING PROBLEMS**

The ability to resolve problems comes from everyday experience, from seeing things as they really are and not the way someone else says they should be. Suzanne Tamaro

The heart of making a temptation that is greater than you can resist is that you do not wish to be held responsible for your choice. Gary Zukav

Ask “what do you want from me” instead of rushing in with solutions. Susie and Otto Collins

Always assume that the intent of the other person is good—then you will think there’s got to be an explanation. Susie and Otto Collins

## **RESOLVING PROBLEMS**

When your mate talks about problems, listen. Susie and Otto Collins

When disagreements arise, instead of being impatient, jumping to the wrong conclusions, and running away, stay and keep talking until you reach the core of the issue. Listen in a nonjudgmental, neutral way, with an open heart.

Susie and Otto Collins

Every time you are tempted to react in the same old way, ask if you want to be a prisoner of the past or a pioneer of the future. Deepak Chopra

## FEAR

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The walls we build around us to keep out the sadness also keep out the joy. Jim Rohn

Face your fears and don't be attached to the outcome. Susie and Otto Collins

Let your fears be your counselor not your jailer. Jim Rohn

Once we gather up the courage to stop running away and face our fears *as they arise*, they are not only manageable, but also invaluable to our spiritual growth. Sue Patton Thoele

## FEAR



Fear and love are polar opposites. You can't have the experience of love if you're mired in fear.

Otto Collins

What you fear most will hit you right in the face. Susie and Otto Collins

Find out what a person fears most and that is where he will develop next. Carl Jung

We can let go of fear when we stop judging and stop projecting the past into the future, and live only in the now. Dr. Gerald Jampolsky

## **FINDING LOVE**

What we really want, what we really need is love. Rosanne Cash

You've got to believe you deserve love. If you don't, there's just no way you'll ever have it.

Otto Collins

Gamble everything for love. . .Half-heartedness doesn't reach into majesty.

Rumi

What I must learn is to love with all of me, giving all of me and yet remain whole in myself. Madeline L'Engle

## ***FINDING LOVE***

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We forget that in falling in love, we must also come to terms with what we find annoying, distasteful and intolerable in each other and also in ourselves. Yet it is this confrontation that leads to our greatest growth. Robert Johnson

Oh, what a dear ravishing thing is the beginning of an amour. Erica Jong

You actually begin to love yourself in the process of learning to love another person unconditionally and deeply. Susie and Otto Collins

Everybody's got a hungry heart.  
Bruce Springsteen

## ***FINDING LOVE***



Our love—big love—comes from our connection to each other and the universe.  
Susie and Otto Collins

Decide in advance what you are willing to trade for the love and relationships you've always wanted. Susie and Otto Collins

In the current of universal energy in which we bathe and flow, the destination is assured. The peace we deserve and the love we seek will come to us, when it will, as it will, as abundantly as we dreamed. Leigh Sanders

## ***FINDING LOVE***

How do we find a holy relationship? Not by asking God to change our partners, but by asking God to change our minds. Marianne Williamson

Love's journey would be terrifying if we didn't have passion to give us courage—the blind courage of lovers, it is often called. Deepak Chopra

You will be in love when you know that you are love. Deepak Chopra

Love is like water. If it doesn't flow, it stagnates. Deepak Chopra

**ACKNOWLEDGING PAIN AND GRIEF**

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I can't make you love me if you don't.  
Bonnie Raitt

There's no such thing as no regrets. Mary  
Chapin Carpenter

Pain is our friend. From pain can come very  
useful information. Stephen R. Covey

Leafing through the pages of your life can be  
painful. Sometimes we get stuck on a  
particular page that is hard to turn.  
Sometimes we just need help. Otto Collins

Humans cannot exist if everything that is  
unpleasant is eliminated instead of  
understood. Marlo Morgan

## LIFE LESSONS

If you go within to find the answers, they will surely come. Not always in the ways or at the time we would like. But, the answers always come as long as we are willing to hear them. Otto Collins

In order to be fully alive, we have to constantly shed attachment to ideas from the past and about the future. Brad Blanton

The present is always more interesting than the future or the past. Paul Williams

You are only as attractive as you feel you deserve to be. Deepak Chopra

## LIFE LESSONS

There's true power in vulnerability. Otto Collins

When given the choice to be right or to be kind, just choose to be kind. Dr. Wayne Dyer

No one else can empower you. You've got to do it yourself. Otto Collins

Forgiveness is “selective remembering”—a conscious decision to focus on love and let the rest go. Marianne Williamson

We are not here to fix, change or belittle another person. We are here to support, forgive and heal one another. Marianne Williamson

## LIFE LESSONS

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Your past does not equal your future.  
Tony Robbins

Make your choices; take the consequences.  
Bill Waterson

When anger comes up, it is a signal that something in your life is out of balance and incongruent with how you believe your world should be.  
Otto Collins

Don't ever think you know what's right for the other person. He might start thinking he knows what's right for you. Paul Williams

If you miss love, you miss life. Leo Buscaglia

## SELECTED TITLES

Arrien, The Tarot Handbook  
Blanton, Radical Honesty  
Buscaglia, Love  
Carnegie, How to Win Friends and Influence People  
Carpenter, Party Doll & Other Favorites  
(CD)  
Cash, Interiors (CD)  
Chopra, Path of Love  
Covey, First Things First  
Dyer, How to Manifest Your Destiny (tape set)  
Faraday, Dream Power (Jung)  
Jampolsky, Love is Letting Go of Fear  
Jong, Parachutes & Kisses  
L'Engle, Two-Part Invention  
Levine, Embracing the Beloved  
Lindburg, Gift from the Sea  
Loggins, Unimaginable Life (CD)

## SELECTED TITLES

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Morgan, Mutant Message Down Under  
Moschetta, Marriage Spirit  
Prather in Hansen's Aladdin Factor  
Raiitt-Luck of the Draw (CD)  
Robbins, Awaken the Giant From Within  
Robbins, Unleash the Power Within  
Rohn, Treasury of Quotes  
Rumi, The Essential Rumi  
Sanders, Being Enough  
Schulz, Awakening Intuition  
Springsteen, The River (CD)  
Sting, Mercury Falling (CD)  
Tamaro, Follow Your Heart  
Walsch, Conversations with God, Book 1  
Williams, Das Energi  
Williamson, A Return to Love  
Zukav, Seat of the Soul

101 Relationship Quotes Worth a Million Dollars!

## *From Susie and Otto*

We are spiritual and life partners, who help people to heal, learn and grow—personally, professionally, and spiritually.

This booklet contains 101 relationship quotes worth a million dollars—not in the material sense—but in what they have been worth to us.

These quotations came from the pages of our own lives and from the thoughts of some of our favorite authors who have greatly influenced us.

Many of these quotations formed the foundation of our own relationship, as well as our teachings about relationships.

We hope the words in this booklet impact you as greatly as they have us.

Blessings and love, Susie and Otto Collins

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