



produce buy SEASON



Winter

Apples	Kumquats
Arugula	Meyer Lemon
Asian Pears	Mustard Greens
Blood Oranges	Olives
Brussels Sprouts	Parsnips
Cabbage	Persimmon
Carrots	Pomelos
Celery	Potatoes
Chayote Squash	Pumpkins
Chestnuts	Oranges
Citrons	Radicchio
Clementines	Radishes (second harvest)
Collards	Sage
Escarole	Star Fruit (Jan/Feb is peak)
Fennel	Swiss Chard
Guava	Tangerines
Jicama	Turnips
Kale	Winter Squash
	Lettuce

Autumn

Apples	Peas (early autumn)
Beets	Pecans
Bell Peppers	Pistachios
Brussels Sprouts	Plums
Cabbage	Pomegranates
Carrots	Potatoes
Celery	Pumpkins
Cranberries	Quince
Cucumbers	Rutabaga
Currants	Summer Squash
Dates	Sweet Potatoes
Eggplant	Thyme
Endive	Tomatoes
Garlic	Turnips
Gourds	Walnuts
Kiwi	Watermelon
Leeks	Zucchini
Musk Melons	Shell Beans:
Onions	Lima, Fava, Soy
Pears	Winter squash
	Acorn, Butternut, Spaghetti

Spring

Asparagus	Kale
(baby) Artichokes	Morel Mushrooms
Arugula	New Potatoes
Celery	Parsley
Cherimoya	Peas & Pea Shoots
Chives	Pineapple
Cilantro	Radishes
Dill	Radish Sprouts
Fava Beans	Rhubarb
Field Greens	Salad Turnips
Fiddlehead Ferns	Scallions
Garlic	Sprouts
Garlic Scapes	Strawberries
Green Beans	Swiss Chard
Lettuce	Watercress
Cactus (prickly pear variety)	

Summer

Apricots	Marjoram
Apples (late summer)	Musk Melons
Artichokes	Napa Cabbage
Basil	Nectarines
Beets	Okra
Bell Peppers	Peaches
Blueberries	Plums
Cabbage	Raspberries
Carrots	Rhubarb
Celery	Strawberries
Cherries	Swiss Chard
Chile Peppers	Summer Squash
Cilantro	Tomatoes
Corn	Tomatillos
Cucumbers	Thyme
Currants	Watermelon
Eggplant	Zucchini
Endive	Wild Berries:
Figs	Huckleberries
Garlic	Blackberries
Green Beans	Juneberries
Kohlrabi	Boysenberries
Soy	Shell Beans:
	Lima
	Fava



Year Round

Almonds	Bananas	Broccoli	Coconut	Limes	Onions
Avocado	Bok Choy	Cauliflower	Lemons	Mushrooms	Spinach