



Information for Residents and Families

Dining Room

The dining room is open to residents 24 hours a day. You will find bread, cereal, cookies, juices, fruits, etc.

Residents are asked not to go in the kitchen area for security reasons.

Outings

We ask to be advised when residents leave the premises either for a short outing, for meals or extended periods. When leaving the residence, you can pick up your medications from our pharmacy if needed.

Visiting Hours

There are no specific visiting hours but we ask that the noise level be kept at a minimum after 9:00 p.m.

We are pleased to welcome visitors for meals. We ask that there be no more than 2 visitors per family. We would appreciate being notified in advance in order to prepare for the meal. The cost is \$7.00 per guest per meal.

Personal items

We suggest that you do not keep valuables or large sums of money in your room unless you have a safe. Résidence O Bons Soins is not responsible for the loss of your personal effects.

For security reasons we ask that residents do not have any baby powder or talc or body powder in their possession. Body powder is often the cause of falls for residents.

Also, it is not permitted to have carpets in the rooms (big or small) may cause residents to fall also, it is not permitted to have knives or scissors in their rooms.

The use of electrical appliances such as a kettle, toaster, toaster oven, microwave oven, slow cooker and also candles are **not permitted** in the rooms. **By Order of the Fire Marshal.**

Activities

Residents are invited to participate in the activities of the Résidence "O" Bons Soins. Example:

- Bingo, 2 times a week.
- Grouille ou Rouille, one day a week (from September to May)
- Crafts, one day a week (from September to May)
- Residents' choir

Check on the billboards located next to the elevator for other activities or announcements.



LA RESIDENCE "O" BONS SOINS INC.

330 Pascal Poirier

Shediac, N.-B. E4P 2K9

Téléphone: 506-533-8088

Télécopieur: 506-532-5459

www.obonssoins.com

Television

Television cable is supplied in each room. The digital boxes and the remotes (in the rooms) belong to the Residence. You have to leave them in the room, when you move out.

If you have your television on, please keep the volume at a reasonable level. If you must raise the volume, please use earphones or close your bedroom door. Respect your neighbours.

Telephone

The telephone is the responsibility of the resident or family.

Bell Aliant: 1-866-425-4268

Newspaper

The newspaper is the responsibility of the resident or family.

Clothes

The resident's clothes should be of fabrics that are easy to care for. They should be machine washable and dryer safe. They should also be labeled to avoid confusion and lost items. The labeling of the clothes is the responsibility of the resident or family. You can buy packages for labeling clothes at **Fabricville** in Moncton, at **Singer** at Champlain Place or at **Rossy** in Shediac. Other stores may carry similar kits.

Room

When a resident and/or family accept to move into a room, the resident will always occupy the room in question. We will not be relocating the resident to another room unless circumstances demand such a change. The final decision regarding changes in rooms will be left to the discretion of the administrator.

Pharmacy

La Résidence 'O' Bons Soins deals with **Pharmacie Jean Coutu** which is located on **Main St. in Shediac** for orders of prescribed and non-prescribed medications and other personal items. We will make the transfers of files when necessary. **Without exception**, if the new resident does not have his a file with Jean Coutu we will make the necessary steps to transfer his file from his current drug store to Pharmacie Jean Coutu in order to avoid as many errors as possible.



Appointments

For medical or other appointment, we ask that the family accompany and provide transportation for their parent. If the family is unable to do so, residents can benefit from the residence's transportation service if our driver is available.

If transportation is needed, **we ask to be notified of the appointment ahead of time** in order to schedule our driver or ask the pharmacy to make the appointment for you. We are unable to provide transportation for appointments made after 3:00 p.m. No appointment will be made for Monday afternoons during the summer months.

Note that our driver will not accompany the resident at their appointment. He is simply provides the transportation. To ensure that all pertinent medical information is well understood, it is preferable that the resident be accompanied by a family member or friend.

If you do have an appointment, **please notify our pharmacy in advance**. We need to verify if any of your prescribed medications are in need of renewal and we need time to prepare the proper documents for your appointment.

If the resident's medications are being administered by La Résidence O Bons Soins, all changes to existing prescriptions and all new prescriptions must be given to our pharmacy in order for us to implement those changes and to order the new prescriptions.

The cost for transportation to and from an appointment in Shediac will be in the amount of \$5.00. The cost for transportation to and from an appointment in Moncton or Dieppe will be \$20.00. This fee is payable either to the chauffeur, secretary or administrator.

Chapel

There is a chapel located on the 2nd floor. Check on the billboards located next to the elevator for announcements on when the mass will be on site.

Hairdresser

We have a hairdressing salon located on the 2nd floor. The hairdresser operates independently from the residence. La Résidence 'O' Bons Soins does not assume responsibility for appointment with the hairdresser. We suggest that you contact the hairdresser directly for appointments and method of payment.

Air Condition

If you choose to install Air Condition, there will be an installation fee of \$50.00 plus the plexiglass fee. Please Note: A yearly fee of \$200 will apply for electricity to all that have Air condition in their rooms.



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Ceiling Fan

If you choose to install a ceiling fan, there will be an installation fee of \$50.00. The ceiling fan must stay in the room when you move.

Rent (paid to Lisa)

Rent is to be paid on the first of the month by post-dated cheque, at least 3 months in advance. The rent is charged starting from the resident's moving date.

Ambulance

If the resident needs to use the services of an ambulance to be transported from the residence to the hospital or to be transported from the hospital to the residence, the fees, if applicable, are the entire responsibility of the resident or the family. La Résidence 'O' Bons Soins assumes no responsibility for these fees.

Drugs

No drug PRESCRIBED or NON-PRESCRIBED in the rooms of the residents. Except residents who are room and board.

Complaints

Should the resident or family member have a complaint, he or she can speak directly with the director, Lisa, or with the shift supervisor (the person responsible in our pharmacy).

Do Not Resuscitate order or DNR order

There exists a legal document that we present to the doctor on his/her visit so that there is a natural death in the event that we find your parent without life. The responsibility for preparing this document is determined by the doctor who knows if the person is a state that warrants having this document in his/her file. If it is truly your wish or the wish of your loved one to not be resuscitated, take the necessary steps to ensure that your wishes are honored.