

COVID-19 Update

March 11, 2020

Dear Resident,

As you are aware Coronavirus (COVID-19) has been a highly discussed topic in the news. As of the time of writing this update, the Public Health Agency of Canada (PHAC) has assessed the public health risk associated with COVID-19 as “low” for Canada.

Public health risk will be continually reassessed as new information becomes available. As a precaution to ensure we reduce our risk of infection we wish to remind you of the following best practices recommended by PHAC:

Hygiene → Proper hygiene can help reduce the risk of infection or spreading of infection to others:

- Wash your hands often with soap and water for at least 20 seconds, especially after using the washroom and when preparing food
- Use alcohol-based hand sanitizer if soap and water are not available
- Cough or sneeze into a tissue or the bend of your arm, not your hand
- Dispose of any tissues you have used as soon as possible in a lined waste basket and wash your hands afterwards
- Avoid touching your eyes, nose, or mouth with unwashed hands
- Clean the following high-touch surfaces frequently with regular household cleaners or diluted bleach (1 part bleach to 9 parts water): toys, toilets, phones, electronics, door handles, bedside tables, and television remotes.

Wearing masks → If you are a healthy individual, the use of a mask is not recommended for preventing the spread of COVID-19.

Symptoms of COVID-19 → Those who are infected with COVID-19 may have little to no symptoms. You may not know you have symptoms of COVID-19 because they are similar to those of a common cold or flu. Symptoms include fever, cough, difficulty breathing, and pneumonia in both lungs. Symptoms may take up to 14 days to appear after exposure to COVID-19. This is the longest known infectious period for this disease.

Greenrock will be increasing the frequency of cleaning in common areas and providing hand sanitizers in the lobby by the elevators. Please note that this is not a substitution for following the steps listed above. We ask that you please monitor the PHAC and other Government of Canada websites for ongoing and up-to-date information.

Should we receive any new information or direction from Health Canada, we will provide an update to residents.

Warm regards,

Justin Taylor, Chief Operating Officer