

BUILDING AND KEEPING TRACK OF YOUR SCHOOL CARE TEAM

An important part of learning to live with lupus and staying on top of your health is building and managing a care team at school. Your **school care team** is the group of teachers and staff members at your school that you'll want to educate about the specifics of your lupus. You'll want to build relationships with them and work together on an ongoing basis to meet your needs.

Your school care team may include:

- School nurse
- School principal
- School counselor
- Special education coordinator
- Special education teachers
- Teacher(s)

INSTRUCTIONS

- Use this worksheet to create a list with the names and contact information for the people on your school care team. If you're building a new team, start by including the people in the positions listed above.
- Once you've identified the people in these roles and recorded their information on this worksheet, add it to your care file (a file that contains your important health information). You may also want to keep these contacts in your phone.
- Also, remember to update this list when your schedule changes, and complete a new one each school year.

MY SCHOOL CARE TEAM



SCHOOL INFORMATION

Year:
Grade:
School:
Address:
Phone:
Website:
Notes:

SCHOOL TEAM

NURSE
Name:
Email:
Phone:
Room Number:
Hours Available:
Notes:
PRINCIPAL
Name:
Email:
Phone:
Room Number:
Hours Available:
Notes:

MY SCHOOL CARE TEAM



SCHOOL TEAM (CONTINUED)

SCHOOL COUNSELOR
Name:
Email:
Phone:
Room Number:
Hours Available:
Notes:
SPECIAL EDUCATION COORDINATOR
Name:
Email:
Phone:
Room Number:
Hours Available:
Notes:
TEACHER
Name:
Class:
Email:
Phone:
Room Number:
Hours Available:
Notes:

MY SCHOOL CARE TEAM



SCHOOL TEAM (CONTINUED)

TEACHER
Name:
Class:
Email:
Phone:
Room Number:
Hours Available:
Notes:
TEACHER
Name:
Class:
Email:
Phone:
Room Number:
Hours Available:
Notes:
OTHER
Name:
Email:
Phone:
Room Number:
Hours Available:
Notes: