



Thursday, May 13 (All Times CT)

Men's Hammer Throw - 12:00 p.m.

Jake Norris, Jon Nerdal, Luke Witte

Women's Javelin - 3:30 p.m.

Noel Baker

Men's Javelin - 6:30 p.m.

Tzuriel Pedigo, Andre Girouard

Women's 800 Meter Run (Prelims) - 6:50 p.m.

Lorena Rangel-Batres, Katy-Ann McDonald

Men's 200 Meter Dash (Prelims) - 7:10 p.m.

Terrance Laird, Charles Lewis, Dylan Peebles, Dorian Camel, Akanni Hislop

Women's 200 Meters (Prelims) - 7:35 p.m.

Favour Ofili, Thelma Davies, Symone Mason

Men's 400 Meter Hurdles (Prelims) - 8:00 p.m.

Sean Burrell

Women's 400 Meter Hurdles (Prelims) - 8:20 p.m.

Jurnee Woodward, Milan Young, Brittley Humphrey, Leah Phillips

Women's 10,000 Meter Run - 9:20 p.m.

Shelby Spoor

Friday, May 14

Women's Hammer Throw - 2:00 p.m.

Emma Robbins, Monique Hardy

Women's Long Jump - 4:30 p.m.

Aliyah Whisby, Mercy Abire, Serena Bolden

Men's High Jump - 5:00 p.m.

JuVaughn Harrison, Ronnie Rounds

Men's 110 Meter Hurdles (Prelims) - 6:00 p.m.

Damion Thomas, Eric Edwards Jr., Arthur Price III

Women's Pole Vault - 6:05 p.m.

Lisa Gunnarsson

Women's 100 Meter Hurdles (Prelims) - 6:15 p.m.

Tonea Marshall, Alia Armstrong, Milan Young, Brittley Humphrey, Leah Phillips

Men's 1,500 Meter Run (Prelims) - 6:40 p.m.

Eric Coston, Davis Bove

Women's 1,500 Meter Run (Prelims) - 7:00 p.m.

Lorena Rangel-Batres

Men's Long Jump - 7:05 p.m.

JuVaughn Harrison, Rayvon Grey

Men's 400 Meter Dash - 7:20 p.m.

Noah Williams, Tyler Terry

Women's 400 Meter Run - 7:45 p.m.

Amber Anning

SEC Championships

Competition Guide

May 13-15

Men's 100 Meter Dash - 8:10 p.m.

Terrance Laird, Akanni Hislop, Da'Marcus Fleming, Charles Lewis

Women's 100 Meter Dash - 8:35 p.m.

Symone Mason

Men's 3,000 Meter Steeplechase - 9:00 p.m.

Will Dart

Women's 3,000 Meter Steeplechase - 9:20 p.m.

Alicia Stamey, Sara Funderburk

Saturday, May 15

Men's Triple Jump - 2:30 p.m.

Sean Dixon-Bodie, Christian Miller

Women's Discus - 5:00 p.m.

Amber Hart

Men's Pole Vault - 5:00 p.m.

Kenny Odinet

Men's 4x100 Meter Relay - 5:15 p.m.

Women's 4x100 Meter Relay - 5:15 p.m.

Women's Triple Jump - 5:15 p.m.

Kyndal McKnight, Serena Bolden

Men's 1,500 Meter Run (Finals) - 5:25 p.m.

Women's 1,500 Meter Run (Finals) - 5:35 p.m.

Men's 110 Meter Hurdles (Finals) - 5:45 p.m.

Women's High Jump - 5:45 p.m.

Abigail O'Donoghue, Nyagoa Bayak

Women's 100 Meter Hurdles (Finals) - 5:55 p.m.

Men's 400 Meter Dash (Finals) - 6:05 p.m.

Women's 400 Meter Dash (Finals) - 6:15 p.m.

Men's 100 Meter Dash (Finals) - 6:25 p.m.

Women's 100 Meter Dash (Finals) - 6:35 p.m.

Women's 800 Meter Run (Finals) - 6:55 p.m.

Men's 400 Meter Hurdles (Finals) - 7:05 p.m.

Women's 400 Meter Hurdles (Finals) - 7:15 p.m.

Men's 200 Meter Dash (Finals) - 7:25 p.m.

Women's 200 Meter Dash (Finals) - 7:35 p.m.

Men's 5,000 Meter Run - 7:45 p.m.

Davis Bove, Eric Coston, Will Dart

Women's 5,000 Meter Run - 8:05 p.m.

Shelby Spoor, Alicia Stamey,

Men's 4x400 Meter Run - 8:30 p.m.

Women's 4x400 Meter Run - 8:40 p.m.