



SEC Championships Competition Guide February 25-27

Thursday, February 25 (All Times CT)

Men's Weight Throw - 1:45 p.m.

Jon Nerdal, Jake Norris, Luke Witte

Men's Distance Medley Relay- 2:15 p.m.

Women's Distance Medley Relay - 2:30 p.m.

Women's Weight Throw - 4:30 p.m.

Monique Hardy, Emma Robbins

Friday, February 26

Men's High Jump - 12:00 p.m.

Ji'eem Bullock, JuVaughn Harrison,
Ronnie Rounds

Men's Long Jump - 1:45 p.m.

Ji'eem Bullock, JuVaughn Harrison

Men's Mile Run (Prelims) - 2:00 p.m.

Davis Bove

Men's 60 Meter Hurdles (Prelims) - 2:15 p.m.

Eric Edwards Jr., Damion Thomas

Men's 400 Meters (Prelims) - 2:25 p.m.

Sean Burrell, Noah Williams

Men's 60 Meter Dash (Prelims) - 2:50 p.m.

Dorian Camel, Da'Marcus Fleming

Men's 5,000 Meter Run - 3:15 p.m.

Jackson Martingayle

Men's 200 Meters (Prelims) - 3:35 p.m.

Dorian Camel, Terrance Laird, Charles Lewis

Women's High Jump - 5:30 p.m.

Nyagoa Bayak, Abigail O'Donoghue

Women's Pole Vault - 6:15 p.m.

Lisa Gunnarsson

Women's Long Jump - 6:30 p.m.

Serena Bolden, Aliyah Whisby

Women's Mile (Prelims) - 7:00 p.m.

Alicia Stamey

Women's 60 Meter Hurdles (Prelims) - 7:15 p.m.

Alia Armstrong, Leah Phillips, Milan Young

Women's 400 Meters (Prelims) - 7:25 p.m.

Amber Anning, Jurnee Woodward

Women's 60 Meter Dash (Prelims) - 7:50 p.m.

Ariyonna Augustine, Thelma Davies,
Symone Mason

Women's 800 Meters (Prelims) - 8:05 p.m.

Lorena Rangel-Batres

Women's 200 Meters (Prelims) - 8:35 p.m.

Ariyonna Augustine, Thelma Davies,
Symone Mason, Favour Ofili

Saturday, February 27

Men's Pole Vault - 12:30 p.m.

Brock Meyer, Kenny Odinet

Men's Triple Jump - 1:30 p.m.

Sean Dixon-Bodie

Men's Mile (Finals) - 2:00 p.m.

Men's 60 Meter Dash (Finals) - 2:10 p.m.

Men's 400 Meters (Finals) - 2:20 p.m.

Men's 60 Meter Hurdles (Finals) - 2:30 p.m.

Men's 200 Meters (Finals) - 2:50 p.m.

Men's 3,000 Meters - 3:00 p.m.

Davis Bove, Eric Coston

Men's 4x400 Meter Relay - 3:20 p.m.

Women's Shot Put - 4:30 p.m.

Amber Hart

Women's Triple Jump - 5:30 p.m.

Serena Bolden, Kyndal McKnight, Mahalia Mitchell

Women's Mile (Finals) - 6:00 p.m.

Women's 60 Meters (Finals) - 6:10 p.m.

Women's 400 Meters (Finals) - 6:20 p.m.

Women's 60 Meter Hurdles (Finals) - 6:30 p.m.

Women's 800 Meters (Finals) - 6:40 p.m.

Women's 200 Meters (Finals) - 6:50 p.m.

Women's 4x400 Relay - 7:20 p.m.

Friday Prelims

Eight athletes will advance to Saturday's finals in the 60 meter dash, 60 meter hurdles, 200 meter dash, 400 meter dash, and 800 meter run. The only final that will have 10 finalists is the mile run.