



LOYOLA LACROSSE

A Letter to Class of 2025 Freshmen from Loyola Varsity Lacrosse Coach Jimmy Borell

Welcome to Loyola High School! I am pleased to invite you to become part of the premier boys lacrosse program in Los Angeles and one of the top programs on the West Coast. Loyola Lacrosse has won three US Lacrosse CA State Southern Section championships, five US Lacrosse Northern Division section titles and nine Mission League championships within the last 10 years. Our program has also produced 18 All-Americans and four Academic All-Americans, while sending more than 30 student-athletes to NCAA Division I, II and III Lacrosse programs across the country. This year, we will be offering three teams at the following levels: Varsity, JV, Frosh/Soph.

During the summer, Loyola Lacrosse will be conducting open practices for incoming freshmen. These workouts will be held on Smith Field located on the east end of campus on the following Tuesdays: **July 6th from 6:00 p.m. to 8:00 p.m.; July 13th from 3:00 p.m. to 5:00 p.m.; and July 20th from 6:00 p.m. to 8:00 p.m.** These workouts are for any incoming freshman who is interested in playing lacrosse at Loyola during the 2022 spring season. Keep in mind: these are not tryouts and they are not mandatory. Attendance will not impact your ability to make the spring roster. This is simply an opportunity for you to familiarize yourself with the field, locker room, coaches and your new classmates. ***Players must fill out the following [information form](#) and send an email to jborell@loyolahs.edu with the dates they plan to attend.**

Players should come prepared for a full practice with all necessary equipment and protective gear, including helmets, sticks, gloves, shoulder and elbow pads, cleats, protective cup and a mouthpiece. We will be working on fundamental lacrosse skills and team concepts, as well as scrimmaging.

Formal tryouts for the spring season will take place during the first week of December, following Thanksgiving break. Students that play winter sports will have their tryout in February, but can also attend our morning strength and conditioning program starting in October.

Thank you for your interest in the Loyola Lacrosse program. I look forward to meeting and working with you this summer. Go Cubs!

Jimmy Borell

Head Lacrosse Coach

jborell@loyolahs.edu