



# LOYOLA FOOTBALL

## **A Letter to Incoming Freshmen from Loyola Varsity Football Coach Drew Casani '91**

Welcome to Loyola High School! My name is Drew Casani, I am a Loyola alumnus from the Class of 1991 and current head football coach, and I would like to take this opportunity to invite you to become part of the rich tradition of Loyola Football—a program that has produced six CIF championships, ten CIF Players of the Year, one national championship, hundreds of collegiate student-athletes and multiple NFL draftees and current players. Being part of such a great tradition here at Loyola is a commitment of time and energy that is demanding and intense, but we are looking forward to meeting you and your family this season.

**All freshmen interested in playing football this year should use the following link to sign up ([CLICK HERE](#)).** We will use this contact information to update you on the important dates, practices and information. We currently have an **Administration Day scheduled for July 17th from 3 p.m. to 5 p.m. on campus.** This day is used for equipment fitting and to complete all necessary paperwork. This date may change, and we will need to schedule the times to allow for smaller groups of 10-15 students to show up at a time. We will update you as changes occur and dates and times get scheduled.

**Our current schedule has the first day of fall practice slated for Monday, August 3rd leading up to our first padded practice on Thursday, August 6th.** Practice will be every day except Sunday, until the season concludes in late October. However, due to the current restrictions of the COVID-19 pandemic, these dates are likely to change. Again, we will do our best to update you as quickly as possible with any changes.

We typically have 8 summer practices held between June and July. Unfortunately, because of the current circumstances, we do not have a firm date of when we will be allowed to return to activities on campus as a group. Our goal is to still have these practices/workouts, but when and how they will be organized is still unknown at this point. We appreciate your understanding and flexibility during these times of uncertainty. I can assure you that every decision we make will be based on the health and well-being of your son(s). If you have any questions, please email me ([dcasani@loyolahs.edu](mailto:dcasani@loyolahs.edu)) and I will do my best to answer you with an understanding that things are likely to change as we progress through the process of getting back out on the field.

During the season all games will be played on Thursdays/Fridays and Saturdays. Players who do not play a significant amount on Thursday/Friday will play in the Reserve game on Saturday. The number of Reserve games will depend on how many opponents we can schedule.

We are extremely excited about the upcoming school year and football season. Through hard work and dedication, this season will mark the beginning of a great overall experience for you here at Loyola High School. Thank you for your interest and again, welcome to Loyola Football. Go Cubs!

**Drew Casani '91**

*Head Football Coach*

dcasani@loyolahs.edu

*If you are interested in joining the football program this summer, please fill out the registration form found below.*

**WEIGHT LIFTING & CONDITIONING**

There is a strength and conditioning component to help prepare you for the upcoming season. Loyola High School currently offers an **online** freshman weightlifting and conditioning course through the [Summer School session](#), and we expect anyone who plans to play football this fall to participate.

Class begins on **June 26th** and will end on **July 24th, 2020**. Classes will be on Mondays, Wednesdays and Fridays. All freshmen football players are encouraged to enroll in either **Period 1 – 8:30 a.m. class; Period 2 – 10:10 a.m. class; or Period 3 – 12:00 p.m. class.**

**PARENT NOTES:**

1. Please register your son for Frosh Football online [HERE](#).
2. Students will need to purchase a “Spirit Pack” that contains items/gear required for football. An informational flyer will be posted on the [Incoming Frosh Athletics Page](#) on the Loyola website. Please check here often. The window for ordering will be June 1st – June 30th.
3. Insurance is mandatory. Information regarding the fee and online payment can be found on the [Incoming Frosh Athletics Page](#), or you can contact Loyola’s Head Athletic Trainer, Mr. Tim Moscicki, at [tmoscicki@loyolahs.edu](mailto:tmoscicki@loyolahs.edu) with any questions.
4. All necessary medical records and paperwork must be turned in prior to working out. An informational flyer with directions will be included on the [Incoming Frosh Athletics Page](#) on our website from the [Office of Student Health](#). Please contact Loyola’s Head Athletic Trainer, Mr. Tim Moscicki, at [tmoscicki@loyolahs.edu](mailto:tmoscicki@loyolahs.edu) with any questions.

**FIRST DAY OF PRACTICE**

We are going to continue with the assumption the first day of Fall Freshman Football practice will be on **Monday, August 3rd, 2020**. From this day forward, all practices are mandatory. Please be sure to bring the following: tennis shoes, an athletic supporter, white socks, cleats, a towel, soap, pencils, a spiral notebook (for chalk talks), a healthy lunch, sunscreen, sports drinks and/or water in large plastic

bottles (a minimum of one gallon), and the t-shirt and shorts purchased with the Spirit Pack. You will need a colored mouthpiece, and you should probably have an extra in case it is lost. You must have your hair cut in the traditional Loyola buzz cut, short enough that you cannot grab it. As previously stated, we will practice every day except Sunday. Parents: You are welcome to come and watch practice, but we ask that you remain off the field.

Please see the list of important dates below. Should you have any questions, contact me at [dcasani@loyolahs.edu](mailto:dcasani@loyolahs.edu) or Mrs. Cindy Cassutt in the Athletic Department at [ccassutt@loyolahs.edu](mailto:ccassutt@loyolahs.edu).

### **2020 Loyola Frosh Football**

#### **Summer Practice Dates**

<b>July TBD</b>	<b>Time TBD</b>
<b>Friday, July 17th</b> <i>*Administration Day</i>	<b>Times TBD</b> <i>Mandatory</i>

#### **Beginning Fall Season**

(These are current dates and subject to change)

<b>Monday, August 3rd</b> <i>Acclimation Period</i>	Practice 7:00 a.m. – 5:00 p.m.
<b>Tuesday, August 4th</b> <i>Acclimation Period</i>	Practice 7:00 a.m. – 5:00 p.m.
<b>Wednesday, August 5th</b> <i>Acclimation Period</i>	Practice 7:00 a.m. – 5:00 p.m.
<b>Thursday, August 6th</b> <i>First Day of Pads</i>	Practice 7:00 a.m. – 5:00 p.m.
<b>Friday, August 7th</b>	Practice 7:00 a.m. – 5:00 p.m.
<b>Saturday, August 8th</b>	Practice 7:00 a.m. – 5:00 p.m.
<b>Monday, August 10th - Friday, August 14th</b>	Practice 7:00 a.m. – 5:00 p.m.
<b>Saturday, August 15th</b>	Blue & White Game (Scrimmage Time TBD)

\*Week of August 17th is a special schedule. We will practice from Monday to Wednesday, with our first game on Thursday and practice again on Friday after school. Times are TBD.