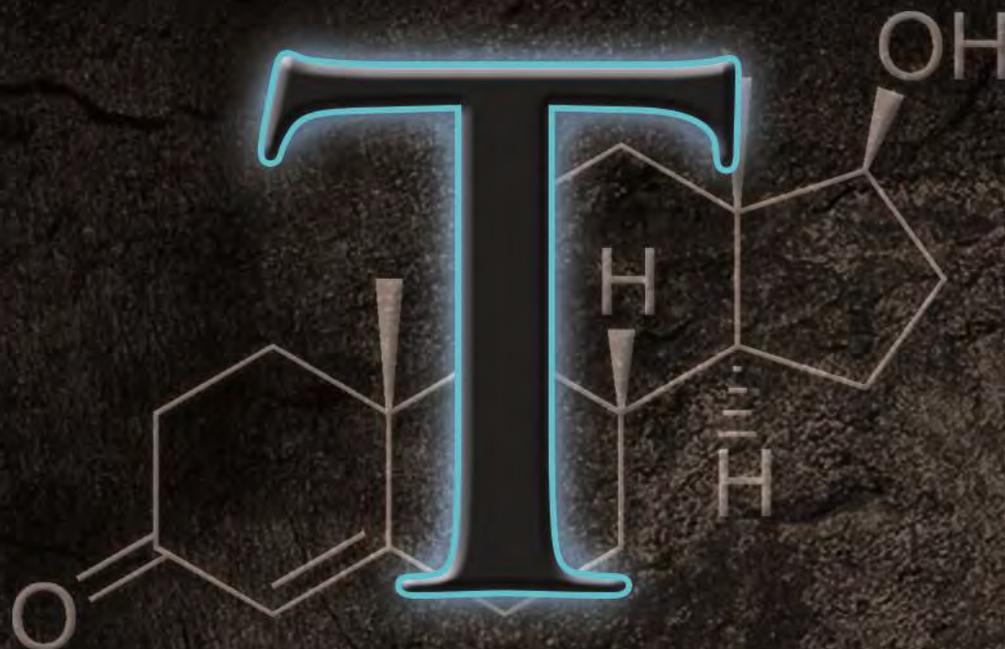


THE LOW



BOOK

A MAN'S 30 DAY GUIDE
TO IMPROVE YOUR
STRENGTH ENERGY LIBIDO & FITNESS

DR. ROB KOMINIAREK, D.O., FACOFP
ALPHA MALE MEDICAL INSTITUTE

FOREWORD BY FLORENCE COMITE, M.D.
FOUNDER, COMITE CENTER FOR PRECISION MEDICINE
& BEST-SELLER AUTHOR, *KEEP IT UP*

“What are you willing to do that others will not, so your
body can perform when theirs cannot?”

THE LOW T BOOK

A Man's 30 Day Guide to Improve Your Strength, Energy, Libido and Fitness

By: Robert A. Kominiarek D.O, FACOFP

There is no book, including this one that can ever replace the services of a qualified health care professional. Please discuss any and all subject matter in this book with your physician, so you can find your best path toward a healthy active life.

This book is written as a source of information only. The information contained in this book should by no means be considered a substitute for the advice of a qualified medical professional who should always be consulted before beginning any new exercise, diet, or health program.

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