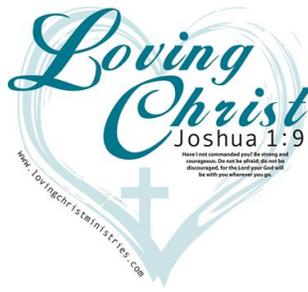


April Journal Prompts

from Loving Christ Ministries

1. Lord, thank you for showing me that you love me. I feel that love through...
2. Holding a grudge can cause such negativity in my life. Jesus, please soften my heart regarding this situation...
3. Today I will focus on Ephesians 3:16 to help me be strong through any challenges I am facing... 'I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being.'
4. Serving others brings a blessing upon my heart. Jesus, please lead me to someone I can serve today...
5. Being too comfortable can keep me from achieving things God has in mind for me. I will do this today to keep from being too comfortable...
6. God, if I am tempted to say something today that would not please you, help me remember this scripture and let it guide my words... 'The tongue is a small thing, but what enormous damage it can do.' ~ James 3:5
7. 'Come to me all who are weary, and I will give you rest.' ~Matthew 11:28. Lord, I know it's important to allow myself to rest. Today I will take a break from this stress in my life...
8. Thank you, Lord, for this joy today...
9. Life is full of ups and downs. I know God is with me during all of these times by...
10. I'm going to listen to this music today as it is uplifting to my spirit...
11. 'Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.' ~ Mark 12:30. Lord, I love you so much and I will show that love to you today by...
12. Some days bring more anxiety than others. On days I feel anxious, I will lean more on my support group and will have the courage to ask them for help. A couple of people in that group are...
13. Looking at 'life' through a child's eyes can be refreshing. God, please help me to look at this situation with a new perspective of wonder...
14. I am grateful for this challenge in my life as it has forced me to stretch outside my comfort zone...
15. Counting my many blessings makes me want to give to others. Some places I feel called to volunteer are...
16. 'Blessed are those who mourn, for they shall be comforted.' ~ Matthew 5:4. Thank you, Lord, for comforting me in my times of sadness and grief...
17. God, please help me to hear you clearly as I strive to know which path I need to take in this situation...



18. Today I will share this special part of my personality that God has created...
19. Lord, please show me someone who needs my support today and how I can be there for them...
20. Jesus, help me to listen for your voice instead of letting the voice of the devil drown you out...
21. I'm thankful today for finding a sense of peace in this experience...
22. 'As he thinks within himself, so he is.' ~ Proverbs 23:7. Lord, please help my thoughts to be positive as they end up guiding my direction each day...
23. I will have the courage today to remove this thing from my life that brings negativity...
24. Life brings distractions to focusing on God's will. It's important to remove this distraction from my schedule today so I can stay focused...
25. God, please help me relax today by...
26. Music is good for the soul. Thank you, Lord, for bringing this music to my heart today...
27. 'We have different gifts, according to the grace given us.' ~ Romans 12:6. Thank you, God, for making me unique. Help me to embrace and find a way to use the special gifts you have given to me...
28. Even if my day is full of activities today, I will make the time to draw closer to God by...
29. Lord, thank you for the blessing of friendship. A friend I will celebrate today is...
30. Today is the day the Lord has made. I will rejoice and be glad in it by...