



February Prayer Journal Prompts from Loving Christ Ministries

1. Dear Lord, as I strive to follow 1 Thessalonians 4:9 ("But we don't need to write to you about the importance of loving each other, for God himself has taught you to love one another."), please bring to my heart a person I need to love better today...
2. God, I am awed by all the blessings you have provided. For today, I will focus on this special blessing ...
3. Comparison can be a thief of gratitude. I am grateful for these traits that I have to offer others...
4. As commanded in Ephesians 6:7, "Serve wholeheartedly, as if you were serving the Lord, not people", here is how I plan to serve today...
5. Jesus, when I find myself dwelling on negative thoughts, please help me change that path by...
6. James 1:2-3 tells us to consider our trials with joy because the testing of our faith produces perseverance. A trial that I am currently facing where I can put that into practice is ...
7. Lord, music is an uplifting way to praise you. Show me how to experience and share that praise today by...
8. Sometimes life brings disappointments. Jesus, thank you for helping me discover ways to bring a new perspective to those disappointments by...
9. 2 Timothy 4:17 says, "But the Lord stood with me and gave me strength."; I am grateful for that strength and, because of it, am ready to face this challenge today...
10. Today I will concentrate on things that bring me joy, such as...
11. Lord, thank you for lifting me up when I am down. Remembering the depth of your love will be a blessing to me today through...
12. God, help me to be still today so I can focus on you by...
13. Ephesians 5:19 tell us to 'Sing and make music from your heart to the Lord.' A praise song that reminds me of how music can help me focus on God is...
14. Today is a day the Lord has made (Psalm 118:24). I will be glad and rejoice in it by...
15. Jesus, sometimes it's hard to know which direction to go. Please show me the path you want me to follow today...
16. This activity brings me a sense of peace.... _____ . Lord, as I think about the activity, even if I can't do it today, please help me draw strength from that peaceful feeling by...
17. Lord, if I start to get down on myself today, please fill my mind with thoughts of your immeasurable love. I can find ways to focus on your love by...
18. The tongue is a small thing, but what enormous damage it can do.' ~ James 3:5. God, help me to keep this scripture in mind today if I'm tempted to say something I might regret afterward.
19. Jesus, please help me have patience with someone who gets on my nerves. Thank you for giving me the ability to say this prayer for them...
20. Lord, help me to take steps today to reach this goal I have set for myself...
21. God, as I look in the mirror today, help me to see the beauty you see in me. Some ways I am beautiful in your eyes are...
22. Today I plan to make a difference in somebody's life by doing this for them...
23. As I read Proverbs 4:23, "Above all else, guard your heart, for everything you do flows from it.", Lord, help me to guard my heart today by...
24. God, help me to remember today that I've got the joy, joy, joy, joy down in my heart and to share that joy by...
25. Taking care of myself is important. I will do this today to nurture my spirit...
26. "But you, Lord, are a shield around me, my glory, the One who lifts my head high." ~ Psalm 3:3. Thank you, Lord, for protecting me from this negativity in my life...
27. Lord, I am thankful for my many blessings. Today, I choose this organization/community service as a place where I can 'pay it forward'...
28. As I reflect over this past month, God, please show me a specific way I can start out the next month praising you ...