

Hellen Chen's Love Seminar

The *Missing* Love Manual
That Makes Your Relationship Last

If you want to find beautiful love,
if you want to learn
how to manage a happy marriage,
this book will bring you sweetness,
freedom, happiness – and love.
How much can you love and be loved?
The most amazing discovery awaits within these pages!

From #1 Bestselling Author & Relationship Master

Hellen Chen

Hellen Chen's Love Seminar

The Missing Love Manual
That Makes Your Relationship Last

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Preface

PREFACE

I have been called the Matchmaker of the Century. My name is Hellen Chen.

As my background is a teacher and a consultant, my purpose in life is to help people and make the world around me better.

I believe in love.

Because of love, we trust.

It is because of the belief in love, I help men and women marry and encourage couples to raise the future generation.

Through marriage, couples can have a great family, and in turn, help our society – everybody can flourish and prosper!

This can improve economic conditions and change our world for the better. And all of us can live rich and happy lives.

This is my dream.

My father told me to never stop dreaming and that dreams will come true.

I have helped over 100 single men and women get married, and now many couples have children.

I see a future that will be better than ever. Men and women becoming happy and prosperous.

This will not be only a dream. This dream will come true because of what I believe in – love.

My story is a dream come true.

This is a true story. And this is my life.

Love,

Hella Chen

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Before you read this book, I would like to share my thoughts with you on the purpose of it and some information about myself.

This book is called "Hellen Chen's Love Seminar." This is also the name of a unique workshop that I have been delivering which happens to be the stage for realizing marriage dreams.

The themes of this workshop are "Love," "Hope," "Happiness," "Forming a Family," and "Taking on the lead role in your life." Its goal is to let men and women truly understand how wonderful it is to get married.

This goal is achieved not only through understanding of the purpose and meaning of marriage, but also through improving one's abilities to create a happy marriage, manage a household, and thus, becoming a part of an important foundation that underlies a prosperous and stable society.

Even though my main profession is a management and life consultant, and matchmaking has always been something I do outside my main line of work – an interest, I have the title of "the Matchmaker of the Century" bestowed upon me.

I am very honored to be the leader of the workshop. I hope I can help those people who are looking for real love, regardless if they are single, married or divorced, to unlock the unknown love codes in their life.

The style of my matchmaking is very different than what most people know about traditional matchmakers.

I am not a dating service or a dating game show or dealing with online matchmaking methods. I won't show you pictures of eligible singles or perform computer matchmaking, then ask you if you like someone and arrange a date for you. I have no interest in those ways of matchmaking.

In 10 years, I have helped 50 couples tie the knot. There was once a reporter who commented, "Oh, your numbers are not high."

Yes, they are not high. I am simply not the type of matchmaker who uses "quantity" as a winning criterion. My goal in matchmaking is not to make money.

My goal is to see lovers unite and enjoy a happy marriage. My goal is to see those who wish to get married walk down the aisle blissfully.

The typical single man or woman joins dating services for a simple reason. They would like to look at "goods." They would like to see what kind of "quality men or women" that dating service has – no different than going to a shopping mall and browsing the "goods" that are displayed. That is not my direction.

The direction I am looking for is: do you really understand yourself? Do you wish to improve yourself?

Being an independent-thinking person who can make decisions for himself or herself, is one of the basic criteria for marriage.

At my training centers, I have the technology and approaches to help you. However, you have to have the interest to get on this road of improvement.

Frankly speaking, there is no reason for me to chase after you every day, to try to get you to say yes to marriage.

The main issue is, you have to be interested in your own growth and improvement.

There are lots of people who come to me for matchmaking. And sometimes the first thing that comes out of their mouth is, "What kind of good quality prospects (goods) do you have?"

As you listen to what they say, you can see the big gap to what we are talking about here. If someone wants "quality goods," they should go to their local department stores or boutique shops.

Thus, my company is not a dating service. I am not here to arrange blind dates for you.

If you come to my workshop today, and if you have someone you like in your life or are experiencing any problems, I can indeed help you.

What I teach here is about life improvement and learning, and about what is marriage, the importance of marriage, and how to manage your relationships.

At the same time, you will discover your weak points, and thus, improve upon

them. At the end, you will gain the ability to pursue your marriage dreams, and will increase your ability to love another.

If you would like my help for matchmaking, you can definitely approach me. If you bring a prospect whom you like and would like my feedback, I will do everything I can to help you.

But keep in mind, matchmaking is not my main profession. Matchmaking is only my hobby.

What I want is for you to improve yourself, and from the deepest part of your heart, understand life and understand yourself. What I want is you being able to be independent and can take on the responsibility of marriage and learn to become a good parent.

Why did I establish the "Hellen Chen's Love Seminar?" That is because there are many people who have confusions and misconceptions and false ideas about love and marriage.

Those who attend my seminar often say to me, "How I wish I had known you 10 years earlier, my life would have been very different!"

The knowledge and information I share with you will give you a chance to explore deeper as you pursue marital bliss. You will understand what is marriage, what is life, and understand what has happened to your life.

As you attend my seminars, my wish for you is also to make new friends with the people here. These people will be your companions on this road of improvement and you will help each other. Through your interaction with them, you will also find ways to improve yourself.

For the singles who attend my Love Seminar, I will ask them to decide on a wedding date. Because the end purpose is marriage, there has to be a goal one gives to oneself.

One also has to develop the ability to manage a successful relationship. This is not the case of just because you show up, I have to "guarantee" a perfect spouse for you.

If you attend the workshop, I am very certain that you will increase your ability

to handle love matters and ultimately marriage. You will have a high chance to have a fulfilling relationship.

Of course, if I do come across a suitable prospect, I will remind you to consider that person and give him or her a chance. But I cannot guarantee you will get married to this person. Besides, even though I ask you to marry someone, you may not follow my suggestions.

To marry someone or not, it has to do with your choice and willingness.

The purpose behind selection of a wedding date is to remind you to put in more energy and effort, to make yourself better in the interim. Thus, when a good prospect appears, you can better examine the possibilities. If you could work on your improvement and have expectations of improvement for yourself, the chance to get married is very high.

Those of you who come to my seminar have done a very important task: you have seriously thought about the meaning of marriage.

Isn't that a big stride to take in overcoming life's obstacles?

Before someone has arrived at my seminar, they must have gone through deliberation and some struggle in their mind to attend or not. But once they have overcome this step and do arrive, their chances to succeed has increased tremendously. At least when they are here, they will meet more prospects as well.

When I am matchmaking, 9 out of 10 times I get rejected. In the beginning, both sides will say no to each other. Thus, it is pretty normal if I suggest a prospect to you that you say "no." Rejection is very common to me.

However, 2 to 3 years later, those men and women who initially say "no" are usually the ones who end up marrying each other.

Thus, I will tease them, "Didn't you say 'no' to this person?"

"Well, at that time, I did not understand what you were telling me about this person."

After they spend time trying to "pick" the right person, they end up picking the one that I have matched for them. It is quite embarrassing. If they would have gotten married earlier, they would already have children. But they insisted on first saying "no," then after going through a big circle, they end up at the same place and finally say "yes."

I have often received "red envelopes." (A Chinese traditional monetary gift presented at weddings or on holidays, usually as an expression of appreciation, reward, or celebration.)

During the wedding, some of these couples do not really "thank" me that much. Their red envelopes are often just a token, sometimes they would not even give me anything. However, after some years, they would give me a red envelope every year. They see this also as a gift for their wedding anniversary.

These couples usually would take quite some years to finally appreciate and understand my good intentions for them. This is also another area which I differ from traditional matchmakers.

When you go through the Love Seminar, perhaps at that moment, you will not be able to fully grasp, feel so deeply, or understand what I have helped you with. But in the future, you will often think about what I have said.

You will remember your experience at the Hellen Chen's Love Seminar.

This experience will affect your entire life.

Hellen Chen

President of Heart Bridge Consulting Company

First Chapter:

It is Not So Difficult to Have a Happy Marriage



Do You Wish to Get Married?

This book will help you understand what happens between men and women in relationships. In particular, it will help you understand what is marriage, and what will happen after marriage.

Even if you are already married, this book will give you the tools to make your married life better and thus obtain real happiness in your relationship.

Actually, most people have never learned about relationships in their life. Their awareness is only based on their own feelings and experiences.

Though friends and even acquaintances may share with you different ideas about marriage, you cannot tell if those ideas are right or wrong. You have no knowledge other than what you have experienced.

You have even thought that love or marriage is pretty straightforward and that you will naturally figure it all out when it happens. But when it is time for you to face a relationship yourself, lots of questions will suddenly arise.

How do you begin? How do you manage a relationship? Unfortunately, there is no one in your life who has explained this to you very clearly.

My Love Seminar is about promoting marriage, and encouraging people to get married. From the moment you have decided to embark on this adventure, you should ask yourself a simple question, "Why marriage?"

Here are two points to look at:

First of all, you would like to get into a relationship. If you are against marriage in the first place, you would never have picked up this book.

Second of all, one purpose of marriage is to raise and teach the future generation, to have a family.

Aside from love and companionship, marriage is about creation of the future where you can participate in the rearing of the next generation. In fact, marriage is the building stone in a society – the foundation of our civilization.

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I care for every person who arrives at my workshops. Thus, before the event, I ask everyone to fill out a questionnaire. This purpose is for me to understand the problems which the participants would like to solve or find answers to.

If you are single and attending my seminar, your purpose should not be about hooking up with a handsome guy or beautiful woman. Your purpose is really to understand yourself first.

Understanding yourself is a very, very important issue. This is, after all, your life, your choice.

I am not here to use my philosophy to "teach" you anything. What is true for you is true for you.

I have my own journey in life, as you have your own path to take. So why am I crossing paths with you today? It is very simple: it is my interest to help and accompany every one of you on this journey.

I have explored love and relationships for a long time, and have expended much effort in this area. It is from these continued studies, and my observations of thousands of singles and couples over the years, that I can answer many of your personal questions.

I am happy to share with you what I have seen and all that I have discovered. The purpose is to help you find your own happiness and find a relationship that is fitting for you, creating a home life that belongs to you.

That's why I start off with: how much do you understand yourself? How do you go about managing and maintaining the relationship you want?

In life, problems are inevitable. I am extremely interested in discovering how to help you solve your problems.

I have created a Bridal Training Class (See Footnote 1) to specifically teach women how to assume the role of a woman well and how to manage their relationships as wives. Similarly, if you are a man, you can take part in the Groom Training Class.

Some of what I teach starts with core principles. For instance, how to be appealing. You would be surprised how many women are not even familiar

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with their body. They do not know how to apply makeup and do not know how to dress up to make themselves attractive.

To be a woman is actually not easy. This is the reason why problems occur continuously between the two sexes: women frequently have a hard time to play their role well.

However, I am not here to say it is all women's fault. In my seminar, some women have asked me, "Why are you always talking about the faults of the women? Why don't you also talk about men's fault?"

It is actually just a different perspective, viewing the same situation from different points.

In fact, when I interact with men, I never try to "teach" them anything. If you do not try to "teach" them, they are more than willing to learn. If you are a woman, the biggest mistake in treating men would be to lecture men and tell them what they should do. If you argue with men about what is right and wrong, they would just hate it!

This mistake was recently committed by a newly-wedded lady. She would not stop telling her husband what was right and wrong. As a result, they fought endlessly. That's why I wish to bring up this important point to all my female readers.

The women of today are very strong, competent and have a high level of education. Their ability to fight back is often 10 times stronger than men. They speak fast, think fast, react fast, and act fast. They are also highly sensitive. However, in a relationship, these qualities will drive a man crazy. This is another reason why love suffers.

I am not here to tell women that they must suppress themselves and hold back. Understand the differences: when men and women are together, there is no reason for women to show how smart they are. Men are not doing business transactions with you or playing chess with you. You are not together because of needing to sign contracts where you want the upper hand.

When women are at work, they certainly can be strong and able, just like a superwoman. But you have to know how to change your role between work and love.

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And don't misunderstand this point. Women do not need to behave like an idiot or act stupid at home. You do not have to show off anything or try to impress someone – you can just simply be adorable and feminine.

If you do these well as a woman, the temperament you show will charm everyone around you!

Marriage is a Science

In the romance movie made by Jackie Chan called, "The Glass Bottle" (Footnote 2), the lead actress plays a woman who loves dolphins. She would make a sound "a-bu, a-bu" to the dolphins. Frankly, I though she looked kind of silly and just naive.

Yet after my husband watched this movie with me, he started calling me, "abu, a-bu."

I asked him, "Do I really look that silly?"

He said, "Yes! You do look a bit "a-bu, a-bu."

At first, I was a little mad. I thought he was making fun of me. Then my husband told me, "My God! Your silly look is what drew me to you in the first place. This silliness is attractive, beautiful, you touched me completely!!"

You have to understand, what men look at and what women look at are completely different in their perspectives. I am not here to say "you are wrong" in your views, but simply to have you grasp that there are different viewpoints.

I hope everyone who reads this book will think beforehand about what you would like to learn, your overall purpose for reading this book, and how you believe it could really help you. Create the goals that you would like to accomplish by reading this book.

At the same time, understand that I am not here to refute what you may think to be the truth. I am simply here to help you to take a look at yourself – decide what you really want – and thus, work to improve the quality and intensity of your love life.

It is actually no different than enrolling in a course in computers. You learn how to operate the software, handle the hardware, and then learn how to use the computer for your profession. It is simply a technology to learn.

Perhaps you are extremely outstanding in your career and have even become the captain of your industry. But in the area of love and marriage, you don't have that same expertise. Most of us don't. The truth is there is a lot to learn about romantic relationships, and you must find out how to resolve the problems you have.

It is exactly the same as running a business. Let's say you have a business selling jeans. You market on the Internet, get names of potential new customers, sell, etc. You do everything you can to learn how to sell more products.

In relationships, you are the "product" to be sold.

What may surprise you is that how to be successful in relationships is a science with a specialized technology. Learn it well and you will change your life.

While running a business, it is hard not to run into problems. In relationships, you will naturally encounter problems too.

After you learn how to overcome the problems, the relationship itself will simply be a piece of cake – regardless of who you are with.

Understanding this "science of relationship" is why some women get along with men better than do other women. It is why some men seem to have more success with women than other men. Yet perhaps when you look at one of these men or women, there appears nothing special about them. But in comparison, he or she simply has more ability. Simply, they understand what makes relationships click.

This is the technology that we will learn.

Don't Let Your Blind Spots Affect Your Life

The purpose of this book is simple: to help you find the marriage and happiness you want, the home you want, the life you want. I know how to achieve those

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goals, but you have to work with me. If we do this together, we will achieve those objectives.

When I tell someone, "Okay, it's time for you to get married. Let's do it!"—this thought is sufficient to scare many singles to run the other way. It is no less frightening than asking them to jump off a cliff. When they think about marriage, they do everything they can to delay. They tell themselves there is no rush.

This is the place where they get stuck.

Because they are not willing to "jump," they will never get married and can only envy those who are celebrating their diamond wedding anniversary.

Frankly speaking, I would like to see many of my single friends get married. But those who don't wish to, have their own mindset about it.

Many people feel that matchmakers simply "match men or women away" without consideration of their feelings. I am not that type of matchmaker. You have your own freedom, your choice, and can do what you wish to do.

The basic point while you work with me is this: you need to break through your own fear and find out what is trapping you. Because these obstacles of fear and worry pin you down, you cannot open your heart and cannot truly enjoy a relationship.

All of us have many blind spots. To some degree, these blind spots are "buttons." I call them "buttons" because just like doorbell buttons that you press to produce a ring, these buttons when pressed would make a person react!

These weak points will let others control you with the greatest ease. Thus, I must help you to remove them.

Or do you wish others to control you?

For example: you are extremely afraid of blood. It would be so easy for me to control you. I simply would show you blood. When you see it, you will faint. And I could then easily harm you.

What if someone close to you knows about these weak points of yours? If their intentions are vicious, they will do everything they can to push the buttons to make you react. This is human nature. Men are prone to use such ways to manipulate those around them, including wives, lovers, children, parents, coworkers, etc. Because there is a close relationship, they will likely step on each others' buttons.

Don't think this is bad or that mankind is evil. It is not like that. What you should do is work to remove those weak points of yours.

Think back to your childhood. Your playmates would step on your buttons very much the same way. When you told them you have a stomachache, they would make you laugh even harder, just to make you feel even more pain. They thought this was funny.

Sounds sad? But this is real life.

Adults treat each other the same way. People tend to use your weak points to control you. In the extreme, some women would get themselves pregnant to control men. Or less dramatically, your mom might use some of your weak points to control you to do what she wants.

Thus, your goal is not to let such occurrences trap you or get you fixated to the point that you cannot move.

This book shows you how to manage a relationship – a real relationship. It begins by using your own strength to stand up so you will have your own balance – you will not need to depend on others. You will feel comfortable and free.

This concept of being comfortable applies for both men and women. If you cannot be comfortable, you will not be able to enjoy a man-woman relationship.

To be able to indulge in love has everything to do with "ability" – not being lucky that you found "the right person." Do not think that the perfect love will simply land on your lap, just like the love stories in movies, and all will be perfect. Never think that way!

What I wish to do is direct you towards the life path you want. Of course, you will have to direct yourself as well. In a great movie, the lights must be right,

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the changing of scenes must be precise, the music must be fitting, costumes and makeup must be correct. These create the beautiful feeling.

In real life, it's up to you.

You will use your wisdom to walk your path. I am simply here to be with you. I walk in front of you, being your guide and your assistant. As to what to do, you have to decide. What kind of boss would you like to be? What kind of person would you like to be? What kind of wife, what kind of husband? You have to direct your life and possess your own views and thoughts.

I will help you remove your weak points and buttons. Those weak points are in you, not in other people. They are in your heart and immersed in your thoughts. Do not let those affect you and control your life.

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Love Adventure Q and A

Q: I am divorced and advanced in age. Is there any chance for me to get into a second marriage?

A person who is divorced commonly needs at least 3 years to heal the wounds of the separation and restore their comfort level to face marriage again – the way it was before the original marriage. The best and fastest way is to help them get married again, after their divorce.

However, if one does not treat the problems that caused the divorce in the first place, the second marriage will not last. Thus, those who remarry must work a lot harder to obtain the marital bliss they are looking for.

Unfortunately, the people who divorce are not usually very enthusiastic to seek a new marriage and doing the work required. The process is simply too painful for them.

This is like recovering from a broken leg. You have to spend a lot more time than a healthy person to practice how to restore your leg to normal function.

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You have to go through therapy. It does not mean at all you will do better than a healthy person because you expend more effort. To restore your health to what is considered the norm, your effort has to be at least 3 to 10 times that of a healthy person. However, most people will never go through such effort to recover and thus, they end up losing their leg.

It is commonly harder to remarry. Because the road is also getting narrower, with fewer available choices for mates, plus the age factor, your chances for success are less than they were the first time. Greater internal obstacles are another key factor that could stop a person from moving forward – the person may be more picky, their state of mind more negative.

But if you could improve yourself, let your heart open up again, just like when you were 17 years old and more open to accepting everything, then you will have plenty of chances!

If you have so many limitations in choosing a life partner – because you have been bitten once and now you have become overly cautious – others will have a harder time accepting you too. Even if you did get married, your success rate will not be high.

After all, the problem in you has not been resolved.

People who divorced are never stupid, they just did not know how to keep up the marriage. There is a lack of knowledge and abilities; there are a lot of weak points which they have not broken through. Thus, they made mistakes.

For example, if you have never learned English, you will of course never speak it. If you do not know how to cook a special dish, even if you try cooking it every day, you will still make lots of mistakes.

Before the time arrives when you could impress your customers, your restaurant would have no choice but to shut down. At times like this, you should indeed close your shop – and really learn how to cook.

After you have fully learned it, then you start selling – rather than do "trial and error" as before.

The same is true with relationships.

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While you learn, opportunities will come up and if you really are learning, there will be a turning point for you. Things will suddenly be improved and become smoother. You and your partner will respond to each other better.

You are the one who creates your opportunities. However, if you do not put in any effort whatsoever, real opportunities will never show up. You must improve and grow, you must understand what happened in your last marriage. And you must understand why a human being will have certain reactions and problems in relationships.

After you understand what is going on, you will no longer be mired in problems yourself. Those confusions will dissipate and you will have the knowledge on how to get out of the traps you have fallen into.

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I am Getting Married. But I am Missing a Groom.

Regarding marriage, it is not about you simply making a wish to get married and then succeeding. You have to be extremely dedicated to make it come true.

There was once a lady who ran into my office and asked, "Consultant Chen, I am in love with the teacher Mr. Lee and I want to marry him! Could you help me? I have tried everything and he simply does not want to be with me."

When she told me her wish to marry him, she had already taken the initiative to date that person, but he simply did not want to marry her.

I then said to her, "No problem. Let me try."

If you have tried different ways to pursue a relationship with someone and the other person says no, well, it is then my turn to have another go at it as a matchmaker – the chance of success can be high!

My main point here is: if this lady had not taken any action initially, nothing would have happened at all.

If you wish to get married, that is a great wish. But you have to take the

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initiative!

Unfortunately, most people do not even know if their prospective partner is the right one. This is very serious. Why don't they know? That's because they have never put sufficient energy into thinking about marriage.

If you really wish to get married, you will accomplish it. But for it to be successful, your ideas about marriage must be correct. Here are two simple directions:

First, you must choose a person who wants to be with you – who wants to marry you.

That may seem obvious, but if you really wish to get married, you must create many opportunities for it to happen. Look at the people around you: who would like to marry you?

You only need to find three people within your circle of friends and associates and pick one out of three. That's pretty good! If you have more time, you can look for more choices, dedicating your efforts to finding those who wish to marry.

Secondly, do not think so obsessively about the "criteria" you have listed in your mind for the right person.

Criteria like education level, salary... or height, looks, figure, and ultimately whether the person is pleasing to your eye. or whether he is nice to his parents, smart, etc are all not important!

It is utterly unproductive to fixate on these points.

Even if the other person fits all your criteria, he may still not wish to marry you. Then all your time and efforts toward finding and "qualifying" this person is a loss.

However, there is a "bottom-line" to some criteria. For example, how much of an age difference could you accept? Do you want to have children? If you wish to have children, then there will be an age factor regarding that. Does the other person want to improve themselves? These are important factors since they will affect your whole life.

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If you found someone who is so far away from your bottom-line, you will feel that the marriage is just a huge suffering. You will end up not liking the person, even detest them. You will stop communicating to your partner and won't act your part in the relationship.

What is this bottom-line and how do you set the line? We will talk about this subject in a later chapter: Getting Your Checklist Ready.

So, given all I've just told you, what is the first critical step to take? The singles who attend my Love Seminar come with the purpose of getting married. So I ask them to pick a date – before they find their partner, they pick a marriage date.

Then they decide who they wish to marry.

If you are single and you have chosen the date, I will help you to overcome any hurdles so that you can indeed "jump off the cliff," so to speak! No more putting it off till "someday."

This is my style as the Matchmaker of the Century – after you have picked the date, then you get married.

If you have seen my documentary, "Let's Fall in Love," which has had over a million views recently on China's Internet documentary channel, you will see the slogan: "I am getting married but I am missing a groom."

Every couple in the documentary is match-made by me. Their individual stories are absolutely fascinating.

In the documentary, one lady said, "I am getting married in September."

The man responded, "Congratulations."

The lady then added, "But I am missing a groom."

This man ended up to be her groom who was "missing." These are all real stories.

At the end of my seminar, I would actually ask the singles to choose a date. Then I would ask, "Where is your bride? Where is your groom?"

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After the seminar, you would know the meaning of marriage for the first time. You would know how to create a happy marriage, how to build and maintain it. In many ways, this is no different than managing a business.

You will have similar goals with your partner and will be honest with each other. If you could accomplish just that, you will have an 85% success rate for a happy marriage. In addition, if you continue to work on self-improvement, your marriage score will reach 90 to 95%. You can really reach that level of success!

Please also do not think that after marriage, everything will be smooth. It is not so simple. If you have a business, you have to continue to work hard and improve it. If you do not keep it up, your venture will not be successful.

Thus, marriage is like a venture. The number of people who truly succeed and are happy is simply not that great. It is approximately 1%.

You have to decide if you wish to become that 1%. The only difference in managing a business versus managing a relationship is the elements you deal with. But the courage and insight are the same.

If you do not pay taxes in your business, are not on time in delivering your goods, have bad products and never pay your bills, what will be the result? Marriage is the same situation.

Even if a couple finds that they are not suitable for each other or that they are always quarreling, they still feel sad after divorced.

Why is that so? Because they still love each other. They are still bonded in many ways. That is why I help save marriages.

What I wish to point out is this: these divorced couples still love each other. However, if they are just dating as boyfriend-girlfriend and then break up, the feeling is different. This is why there is such a value to marriage.

When a person nods his or her head and decides to get married, this is the most valuable and most precious part of love. It puts fire into your heart – it touches you completely.

Most singles that break up with their boyfriend or girlfriend do not experience

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real love. They may have a sexual relationship, but it is not love. As a husband and wife, there has been a promise, a living of life together, they are on the same boat. Thus, after divorce, they are still in love.

I really wish to help people not to make those mistakes that could end a relationship in divorce.

Every one of you who wishes to get marred will go through many challenges when you are really living life with someone. You have to recognize that a partner from a different age group, with a different personality, could help you explore more of your life – this is a very meaningful and valuable part of marriage.

Regardless of whether you are attending my Love Seminar or reading this book, I believe you genuinely want to get married and you desire love. But marriage is not only about loving each other. It is also definitely not "I have to get married" and then you try to get married. This is not the meaning of marriage.

When you marry, it is because you wish to improve as a person, you wish to grow, you wish to become a better man or woman. Thus, you marry.

And why do you not wish to marry? Because you have some askew concept about marriage and love.

For example, your sole purpose for marriage is to find someone to love you. Or you might marry because of wanting someone to cook for you, or for the sake of having children, or wanting to enjoy romance, sex etc.

These are all wrong reasons.

When you marry, you are doing it for the purpose of learning how to withstand "sufferings" and how to grow and mature.

When you marry, it is for the purpose of learning how to be a man or how to be a woman. You marry to also learn how to take more responsibility, to take on the burden of a family. You marry because you want to know life, to go through these "sufferings" necessary to expand and learn these meaningful lessons.

It is Not So Difficult to Have a Happy Marriage

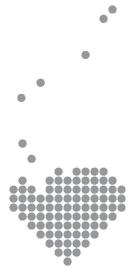
There is no free lunch in the world. Yet, after going through and experiencing all these challenges, you will truly witness how beautiful the world actually is!

Footnotes:

- 1. The Bridal Training Class is a tailor-made class specially designed to provide the training on how to assume the role of a woman well and how to become a successful wife. The Groom Training Class helps men to assume their roles and gives them the know-how to manage a successful relationship.
- 2. The Glass Bottle is a movie about a Taiwanese girl whose name is ABu." She picked up a bottled message at a beach which had the name and address of a man from Hong Kong. She traveled to Hong Kong to look for her dream lover.

Second Chapter:

Exploring the Blind Spots



You Will Never Understand Life Without Being Married!

Of the many different singles who attend my Love Seminar, most of them have passed the normal marrying age.

The best age to get married is between 22 and 24 years old, especially for creating a family. That way, before you are 30 years old, you can have 2 children. When your child is 20 years old, you are in your 40s.

If you don't get married until age 36 and have kids at 40 years old, you will end up with the situation of being in your 50s while your children are still dependent. At that age, you have to work hard to both raise and support your kids – it is exhausting and tedious.

Singles have often had the attitude of "What is the big deal about marriage?" They enjoy their freedom as a single person and do not feel there is anything wrong with having lived for 30-some years being alone. They don't feel they've been missing out on anything.

Let me tell you a truth: you will never understand life without being married!

Perhaps you think that as long as you make it alone, then it will all be fine. You believe that you could support yourself financially and thus, are independent.

Wrong – this is so far from actual independence!

What is real independence? It's after you have created your household, have your own home, become the "king or queen" of your own life, hold the power over your finances and can make all decisions yourself – then that is independence. If you have to always consult someone around you to get their consent for what you should do, that is not independence.

Some singles are very much connected to their parents. They may have already moved out, but they have to run everything by their parents. Their parents manage their life.

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This type of situation not only affects your own life, but also puts added pressure on your potential married life.

Even if you have found someone you like, who you've dated over a hundred times, you still may not be able to handle their parents.

"Are you financially fit to provide the lifestyle that we have provided for our daughter?"

"I...uh...."

If you cannot convince them that you can meet their expectations, her parents will essentially ask you to leave. They will tell their daughter not to be with you because there won't be any happiness in the marriage.

Thus I have advised many singles to mention the issue of marriage from the very beginning of a relationship. Then what you see as the reaction from the family will be the actual situation you need to solve. You will see if you are up to the challenge.

Here's another question you really need to look at: are you up to being married? Are you genuinely ready to marry?

One of the things that happens when we begin to consider marriage is we have to face many things about ourselves.

So – how well do you know yourself?

We may think we're very aware of who we are, but each of us has blind spots, as I mentioned earlier. So what exactly are these blind spots?.

A person's blind spots can arise from many areas. It could be from personality flaws, inadequate education, or various bad experiences. Those blind spots should not have existed in the first place, but yet they end up affecting one's entire life.

For example, you have a phobia about dogs. In your life, you will stay away from anything that has to do with dogs and you will not go any places that have dogs. Because of this, you have reduced your freedom to travel and to go certain places or might have overall cut down your experiences with animals.

You do not know this phobia is just an illusion – a blind spot.

You look at a person who is always quiet among his friends. He knows that he needs to open his mouth more in order to interact with people. But he tells himself, "I simply do not know how to talk."

But no one has ever asked him, "Why don't you speak up more?"

Everyone else assumes, "Oh. That is his personality. He is just quiet."

But is that really his personality?

When someone asks him, "Why are you so quiet? Is that your personality?" Even he answers, "Yes, I am an introvert. That is me."

He doesn't even consider that he could be different than he is now.

Because of your blind spots, you will not venture into many different areas during your entire life. One day you may wake up and realize, there is much more out there that you have missed!

Thus, what is life all about? You will never find out if you only live in a labyrinth of confusion.

Finding Your Blind Spots

The purpose of this book is to remove any question, doubt, fear, confusion, etc. you may have about marriage.

But before you can remove any of these negative feelings about marriage, there's something very important you need to know – you.

You need to know about yourself first. If you are like most people, there are likely areas of your life that you have never explored. Those are your blind spots.

Could you list out the areas of your life, from childhood until adulthood, which you are aware of and yet have avoided (especially in the area of man-woman relationships)? Which areas worry you or scare you? Which areas make you

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feel uncertain? Which blind spots do you recognize? Please write the				

One way to start looking at these areas is to examine what kind of "rules" you have created for yourself. You may not even be that conscious of them, but we all have some types of bottom-lines or "rules" we go by. We create these rules to "help" us get through our daily lives, but in truth, those rules will cut out your freedom. They put limits on your life.

The problem is, you won't think of these as rules you made up. You will think to yourself, "This is me. It's just who I am." Or "I will never want something to be done that way." or "If this is the situation, then I absolutely won't take part in it."

All these limitations pin you down, and also make those around you extremely uncomfortable. Yet you have no clue. You will assume, "I am an X type of person. I only like certain types of people."

But you have never considered this: why don't you get along well with others?

It might be because in your mind, you only care for "you." You just care about what "I want," what "I need." You don't even question it. You simply think, "That is me." You don't imagine there might be something to change.

You act like you are an island, isolated from the rest of the world. As far as what others might think, you don't really care so much.

You decide, "I can do whatever I like. I have my own style. I will not cooperate with you. This is my personality."

This reveals a serious problem with your personality, but you do not know where the problem is. Instead, when you confront an area in life that frightens

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you, you will not move an inch.

Or you will say, "Why should I do it?"

"Why should I be the one to give in first to someone else?

"I can only do so much. Anything more is an absolute 'no."

In clearer terms, your cooperation with others is very low. Such a personality will have a hard time in relationships.

You cannot make a connection to another person and another person cannot enter your life. The reason is you will always think only about yourself. In a two – person relationship, you only take care of the "half" that is you.

In love, you need the other half – half plus half – to make it complete. If you have a hard time getting along well with others, then there is no way to find another "half."

And what if while searching for your partner, you say things like, "I want this and that criteria. If he matches, he could be my husband."

If you have all these criteria, that means your purpose in selecting a partner is only for making yourself comfortable, for getting another person to match your needs. But those potential partners who meet those criteria will have their own criteria. And those criteria will not match all of yours. Thus, both of you will never match up, and you will never find a suitable mate.

Still, you might say, "But I do have a lot of good qualities." That's good. You should work hard to improve your qualities, create more possibilities for others to like you. And do not think that there is only one person in the whole world that could fit the bill and choose you. That makes you too narrow-minded in your search.

In love, the person who fits all the common criteria is not necessary the most popular. The winner will always be the one who can love another, and who can charm another.

Thus, let's see now what you think are your best qualities that could charm another person. Please write them down.

I encourage you to strengthen these positive traits.

On the other side, how about the negative traits? If others have a hard time getting along with you, who will want to get into marriage with you? If you cannot see which areas you need to improve in yourself, even if you manage to get married, you will not be happy.

You have to see your own flaws, and admit that you have those problems. Most importantly, you have to make up your mind to change them.

However, most people do not wish to change. Thus, they have a hard time admitting their problems.

Every word and sentence in this book is pushing you to explore the areas which you do not wish to touch. If you wish to turn things around, you have to work very hard, practice and really make the change happen.

"Improvement" is all about bearing through hardships. You hear many people saying they wish to improve. But those people who have really accomplished it are in the minority.

If I ask you, "What is your problem?" your answer is, "I have no problem. I am perfect – maybe just a tiny little problem."

If I say to you, "You must change" you immediately say, "Why don't you ask him to change first? He has this problem too!" or "I am doing fine. My life is fine. I can still breathe."

Such a person has a hard time looking at his or her own problem. They are completely in their own world – feeling good about themselves. This is very serious!

The cruel part of this is, no matter which way you explain your behaviors,

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most people won't accept such an unchanging attitude. Smart people can see through it and thus will never get into marriage with you.

You are not a bad person. Quite contrary, you are a good person and have a good personality. But your self-indulging feel-good complex will stop you from improving.

For example, some guys think that they treat girls very well. But what is "very well?" Who says so? If he is the one who says it, it does not count! We have to ask the girls who have gone out with him before how they feel. If they could vouch for that quality, then that counts.

Here is my advice to you: never be such a person who deludes himself or herself in this way.

You will be alone in your own world feeling good. But those around you will not feel comfortable and there is nothing they can do to change you. You are pigheaded. They can neither convince you nor have the energy to fight you on this.

In the end, no one bothers to say anything to you. They do not have such stamina or commitment to overcome your resistance to correct you. In your marriage, if you put your better half through such an uncomfortable existence, how much love will be left at the end of the day?

In a relationship, your self-improvement has a deep influence on the happiness level of your partner.

Here is an example how marriage pushes one to improve:

A guy who is quiet and never talks much or he talks slowly should be matched with a lady who could make him talk day and night. However, when he meets such a person, he will be extremely uncomfortable.

The lady might constantly say, "Can you talk? Why don't you say something?"

It seems hard on the guy. But this stimulates improvement. This is growth.

Improvement and growth is all about doing those things which you do not yet know how to. You have to bear through hardships.

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Most self-indulging people like saving face. If you are afraid of losing face, you will have a hard time learning. Because before really learning, you must admit to others about your weak points. You have to be honest to talk about what scares you.

And if someone else's response is:

"What? Why are you scared about that??"

Or they may say, "Wow! You are so useless!" or "You are very irritating!"

These responses are enough to stop you from continuing.

I have trained people to have the ability not to fold no matter what other people say to them. Even if others laugh at you, disparage you, scold you – you could still smile and never get offended. If you have such a level of ability to face challenges, your marriage will be happier too!

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Love Adventure Q and A

Q: The fortune teller says I should not get married until next year. What should I do?

You have to decide if you want to believe yourself or believe this fortune teller/psychic.

If you believe this person, then you will wait till next year. But what if he says you should wait another 20 years?

If you believe yourself, then you can step into marriage and direct its course.

You can sort this out: the fortune teller or psychic gives you a piece of advice and you are completed trapped by it. But we are individuals and we make our own choices in life and are never limited by what others may say.

We control and can change our destiny. All it takes is your willingness and

decision to do so.

You have to believe in yourself.

If you could be unaffected by what happens in your environment, unaffected by time and space limitations and what "destiny" may dictate, you will be able to do anything you want and will not mind any problem that arises!

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Taking 200% Responsibility

Now, please find the areas in your life for which you have some fe	ar. Then ask
yourself what kind of responsibility are you willing to take regard	ling solving
your problems?	

After jotting down the points, can you see some of your blind spots?

You wish to break through, you wish to improve a "little bit more." Your attitude is, "Okay. I will take a little bit more responsibility." But on the other hand you feel, "I have already put in so much effort. Why haven't I gotten any compliments?"

How much do you need to change for others to recognize your change? "A little bit" is never enough! It must be at least 100 times more, before another person can see and feel the difference.

Take for example how much you make. Your salary is \$4000 a month. Now your boss says, "Your performance is good. I will give you \$400 more each month." It means nothing.

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But if your salary becomes \$20,000. Then, of course, the difference is huge.

If your level of income could increase so much, the car you buy will be of a different class, how much you could afford for a nice dress will be very different. It is no longer the difference of just having one more shirt, a couple of undergarments, or eating one more meal at a restaurant.

Thus, if you are only willing to change 20%, reluctantly just do a little more, the level you could achieve will, of course, be limited as well.

What about the amount of responsibility you need to take for your relationship?

Most people think, "You take your share of responsibility. I take my share of responsibility." That is called "meeting halfway." Both persons share each half of the responsibility between two persons.

Unfortunately, those who think this way have a 100% failure in marriage!

The reason is if your partner fails to take enough share of the responsibility, and you fail to take sufficient share as well, of course the "average score" of this relationship will be low.

What compounds matters is when you have the attitude of "I will do just a little bit more." This is the biggest blind spot you could have – especially when for a long while, you have not worked hard enough in the relationship and yet you expect visible results with just "a little bit more" effort.

I have always emphasized the need to take 200% responsibility. Now you might understand the why behind: only when you pick up your partner's share as well and putting in that much more responsibility – then there is a chance for the relationship to be successful!

Some people feel as they are improving their actions, their improvement is something that should be appreciated by their partners.

Let's take this scenario: maybe you have improved 60%. But the other missing 40% still let your partner feel uncomfortable about you.

You think to yourself, "I have changed. Why haven't you acknowledged my change?"

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Yes, you have changed. But your partner is still not satisfied. Thus, the two of you will go into an argument because of this.

It is like saying, "I will slice the apple for you. But I will only do 60% of the work."

The other person will feel. "If you are not willing to do it fully, then forget about it! Why even bother to do only 60%?"

Your attitude is, "But I have done so much. Do you want me to do more? No, I am not willing."

When you apply this to conducting a business transaction, it is similar to going to a store and asking the store owner to give you extra discounts and insisting he gives free gifts as part of your purchase. The owner cannot afford to give you that much – so he will choose not to sell.

Thus if you only care about getting your benefits – and yet you give back very little and are very calculative of what you give, of course you will not succeed in your transactions.

This is even more sensitive in a relationship.

One of my staff had an argument with his wife. His wife – who had always been preparing his vitamins for him every night – decided to stop doing so after their quarrel. She "quits." Some wives will even stop cooking, stop making love etc, isn't that so?

If today you are a parent and you quarrel with your child, will you punish the child by not giving him food? Most parents will not do such inhumane actions. But such actions are unfortunately common in love and relationships.

Once upset, the husband says, "I will not come home tonight." A wife says, "Don't touch me tonight. Sleep on the couch!" Those conflicts are terrible.

If you do not take 200% responsibility, such incidents and arguments will continuously happen. There will always be a fight about who has given more and who has given not enough. After 2, 3 years later, this marriage will of course not be a happy one. And separation will ensue.

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Here is a very important advice: whatever you wish to get in the relationship, do not demand it from your partner. Demonstrate the quality yourself.

For example, you wish another person to hug you. You don't have to open your mouth to ask. You simply go and hug him or her first.

If you wish to eat something, don't demand your partner to cook for you. Cook the meal yourself if you are hungry.

This is the realm of "asking no demand" from another person. It includes as well you perform everything that you demand from a relationship.

Is it hard? Is it painful? Of course it is! But this is marriage!

Managing a marriage is by nature a difficult task.

Don't ever think that after marriage, it will be smooth sailing – the prince and princess live happily ever after. No.

You have to roll up your sleeves and work very hard at it. As long as you do not collapse or die from it, the resultant happiness will be yours. In the beginning, you have to spend lots of time to learn and work hard to improve. Don't think about what you get, but think hard about what you can give.

In marriage, improvement is not for negotiation. It is NOT the situation of "if you improve half, I improve half, then our marriage will be very good."

Wrong! You must take up 200% responsibility – alone! Other than your own responsibility, you have to learn to take up another's part as well.

You have to learn how to bear the responsibility on behalf of your partner, including those things which you demand from him.

When your efforts can touch even heaven, then you will be rewarded. At that moment, you will feel such a deep sense of satisfaction which you will never fully describe with words!

If There is Love, it is a Match. If There is No Love, it is Not a Match

Love is not about hanging around each other day and night, and being romantic and sweet.

Love is when he is in trouble, he will think about you. When he has time, he will think about you. He will excitedly tell another person, "I have a wife. I have a child." He is extremely happy just mentioning it. This is a man's love.

When I am with my husband, I always smile. I wish to have him always remember me in this way: a beautiful flower and not someone who is angry or is in a fighting mood.

An angry face will make a man remember it (and fear it) for at least 3 years. If you are a wife and whenever your husband thinks about you, he could always see in his mind your prettiness, your cuteness – that already means you are successful in marriage. Other details of the relationships are not as important.

When you are not around, what impression do you give when your partner thinks about you? What kind of impression do you wish to give to another?

Work hard to create that image you want to give. This is the most important part of your daily interaction with each other.

Unfortunately, this has not been the focus for most people. Some girls are obsessed about their wedding dress and how to look pretty at the wedding. This is impractical. How many times will you wear a wedding dress in your lifetime? The make-up, the dresses – they are not important. In the end, you have to take them down and be bare-naked to a man in bed. How extravagant a wedding should be is not the key to the happiness of a marriage.

What are the areas to take note for a woman? It is actually very simple: have beautiful skin and a decent figure. Dazzling jewelry and accessories are not that important.

In the end, you are evaluated by the basic nature of being a woman: being clean, having nice skin, well-kept hair and a decent figure. Together, that is

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called "pretty."

It is not about how much talent you have, how competent you are. Men are not really caring for these qualities.

Some men will say, "I hope my woman could be smarter." Don't be mistaken. When men talk about "smarter," they do not mean getting 3 doctorate degrees type of smartness. His comment about smartness means he wishes the woman could know how to handle social relationships better, manage the household better or improve in the area of raising children.

Thus do not place too many limitations on yourself by insisting on what you want and what others should have to be considered your match.

The truth is, there is no such thing as matching or not matching.

So what is this idea of "matching" all about?

We are not looking at a superficial form of matching like: I know how to dance and you know how to dance, then we are a match. Well, many dance couples quarrel too.

It comes down to this: if there is love, it will be a match. If there is no love, it will not be a match.

The idea of "match" means you do not need the other person to be very similar to you. If your views and your personality are flexible and you are mature, it will easily be a match.

For example, when you shop for clothes at a store, do you get along well with the sales attendant? This is a matter of personality. A good sales attendant can "match" with any type of customers because he or she knows how to handle all situations.

This is why a woman could have the ability to be any man's wife. Because there will be no problem no matter who she is with.

Having such ability is achieved through practice – no different than any professional ability. If you go through training, you can reach that ability.

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Those people who could not find a match is not due to the lack of someone suitable in their life. It is because while those people are choosing, they have too many limitations and do not possess the professional quality to easily be a match for others.

Let's take one more example. A good dancer can dance with anyone. A bad dancer can only dance with someone of a similar level or find someone who is very good at leading them. If you must have a good leader to lead you or otherwise you will dance badly, your dance ability is just not good.

But a good quality dancer will always dance elegantly, no matter the quality of his or her partner. You only need to know a little dancing, and this partner will dance beautifully with you. And if this good quality dancer meet another great dancer, he or she will perform even better!

Some dancers do not know how to dance, and when they meet someone who does not know how to lead them well, they will start disparaging the skills of their leader – they end up being hypercritical.

You must become an "excellent dancer" in life, become someone with whom others feel comfortable being around. This is the most needed criterion in love. It seems at first to be a matter of personality, but if we look at it deeper, we see it is mostly about communication.

Those who do not know how to communicate will make others uncomfortable, no matter who they are with. But it is not just being able to express oneself. It is also having the ability to listen and be open to others.

You may criticize others for speaking too fast or too slow, or being too unresponsive or too rude or even that they always miss your point...lots of criticisms! But the problem is yours! You are the one with the communication problem.

On the other side of the coin, those who can communicate well will not feel uncomfortable. They can deal with any and all types of people.

So – this brings us back to the question of searching for love, when someone

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asks, "How do I find a suitable match?"

This answer to this question is: there is no reason to explore whether another person is suitable for you or not. As long as you develop your abilities and flexibility, then no matter who your partner is, you can enjoy being with him or her for a long time to come.

So the real answer is not with the other person. It is with you!

Third Chapter:

Why Can't You Get Married?



The Attitude of an Underdog

I wrote the book "Underdog – Fight for your Life!" (Footnote 1.) In it, I mentioned how the term "underdog" describes not just ladies who could not get married, but it also applies to men and anyone who could not find happiness in a relationship.

Underdogs are simply those who cannot take hardships. An underdog is someone who cuts back their goals to choose an easier road.

Let me ask you, "Is a lesser goal what you have originally wanted?" By nature, you should be loving challenges, you should be loving how to surpass yourself. You should even love seeking how to improve yourself, working on bringing your abilities to the next higher level. You should not love shrinking back.

Why can't someone get married? Or just as importantly, why can't someone who get married – stay married? Let us take a look.

The biggest reason is these people have strange criteria for picking a partner and they have no clue what is needed in a marriage.

If you stubbornly insist on finding a particular type of partner, even if he or she marries you, your problems will be many times more with such a person after you get married!

At that moment, you want to "return the goods." You might divorce, or make your partner's life miserable or make yourself sick. Sometimes, you finally realize you can't be with such a person, but the other person does not feel it is so serious. Or sometimes you feel it is okay, but the other person is going crazy. Why do you wish to divorce?

Those who wish to divorce will say, "I cannot stand it!" But which "part" can't you stand?

And if you marry again and change partners – does that mean now you can stand it? No, because the problem in you has not changed. Unless the problem changes, the answer will always be the same – there will be some part you

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cannot stand.

Why do some people continue to marry again and divorce again? Because no matter who you are with, even if you have 10 partners, you still cannot stand it.

It is not another person's problem. The "perfect" man or woman in your dreams does not exist.

"Why is this so? There are so many happy couples!"

Those couples are happy because they have the ability to create a happy relationship. So why can't you be equally happy? Because you do not have the ability yet to manage a relationship, you are only trying to copy someone else's mold – what the relationship looks like on the outside.

Love is not like that. Managing human relationships is not copying a pattern. It is not about observing how others are happy together, and you copy them, and thus, you will be happy.

Man is a living thing. Woman is a living thing. When you are with each other for a long time, both of you will change. But you have never thought about what will happen in the future. You only think that now this person is not your type.

You have to know, even if you bake bread, the dough will go through changes. It looks small when you put it in the oven, but after fermentation it will become big. You have never thought the dough will grow in size. You only think, "I want a big loaf of bread NOW."

And thus you throw away the small dough in your hand.

This is why focusing on all these "criteria" for a partner is so unproductive. When you pick a marriage partner, it does not matter if he or she is skinny or muscular, good-looking or plain, rich or average income. After 10, 20 years, all will change.

Do you know how your partner will be after 20 years? You reject his or her state of condition right now; 20 years is too long for you to wait. And after 20 years, when you see this person again and they are charming and attractive, you can only drool, "I want him."

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Why are there so many unmarried people in a society?

Most of them like to nitpick and prefer to give up having a relationship than settling for what they perceived to be a "substandard" partner.

They end up being alone even at age 40.

Underdogs don't want to go through the hardship of working on creating a relationship. They want everything perfect right away.

That's also why the high divorce rate is another big problem. That means these married people still harbor an underdog attitude. They still want to avoid hardships, are extremely arrogant, and have no willingness to serve another person.

I have met many successful career women who fail in relationships. She is extremely competent in her work because she has a strong attitude or willpower, and can produce results. Yet when she is interacting with another person, it is often only a business relationship – there are no real feelings involved.

This type of "successful career women" underdog has one common characteristic: they do not know how their personality got developed that way. It appears almost flawless. When you look at them, they seem reasonable and know how to communicate and get along with others, and they are smart. But there are some areas of their personality where they are spoiled. And they do not wish to change those areas.

"Being spoiled" means one does not wish to change the areas in oneself that need to be changed.

Or in areas where hardships are necessary, they are not willing to bear the hardships, or face the problems.

To change their deep-seated character, it is difficult and they will refuse. Thus no one will correct them, and they cannot correct themselves, and thus have no choice but to continue their path.

If they have a chance to meet someone who could change their character around, they could become normal. But while everyone can see the flaws in them, usually no one dares to even suggest to them to change. These underdogs

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will resist and will be fiercer and more hardheaded than anyone around them.

And such behavior will cause a huge stress in their relationships.

When you ask underdogs to give in, they are only willing to give in halfway. They are extremely concerned that others will take advantage of them, they are afraid to lose out.

Actually, if one has a wide open heart, one will not feel that one is losing out. The underdog is not trying to take advantage of people, just scared of losing out. If they feel they have been taken advantage of, they will take it so personally. They will remember it for years!

On the other hand, of the students I have counseled, there are many young adults in their early 20s. They are very young and have no financial background, nor the knowledge and experience of those in their 30s and 40s.

But they have 2 criteria that make them winners in a relationship: Number one: age. They are young.

Number two: they have decided to "kneel." Meaning, they are willing to learn how they could change and improve themselves, to make their work and their relationships better.

Even if they only "kneel" on one leg, they will be successful. They will begin to go through life's hardships slowly. And after 10 years, they will achieve something. If they work hard, their finances will improve significantly and in 10 years, they are only 30 years old. If they really work hard in their relationship, they will be a good husband or wife.

These young people who are willing to kneel will succeed. Not only will they have a chance to get married, they are willing to go through hardships with their partners.

These young people are, of course, not mature. They have definitely character flaws that need to be smoothed out; their interactions with people are not as easy.

They have the challenge of not having enough experience. That is the biggest problem for them. They are a newbie in relationships – no different than

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touching a computer or learning any skills for the first time.

However, they have a definite goal in life.

If they and their partners have decided to take on the challenges in life together, the strength of two persons will make it easier for them to bear through hardships.

As long as they find a partner who has similar goals, as long as they like each other, and are willing to work with each other in their relationship, they could get married.

The main important point is that this couple is willing to improve and grow together – when they become better in their own ways, their marriage will become sweeter and better inevitably!

It's Not Easier When You're Older

Many women find they cannot get married again after divorce. What happened? They still think they are young; they imagine many suitors chasing after them. But after divorce, they find out differently, "Why don't others take notice of me?"

Maybe someone will approach you and spend time with you. But at the mere mention of marriage, they would run away far and fast.

"That's strange. What happened?"

Age is what happened. Age is the key problem. It is not that you are not good. It is because your uterus is not that pretty anymore. If you are young, there will be a lot of chances. If you are older, you have less.

If you are only 25 years old now, you can have a lot of choices. But you might also be extremely picky. And if you have reached 30 years old and still not married, you will have a hard time finding a good quality partner. You will look at another's partner with envy.

So how did this happen? You have never learned how to pick. Unfortunately, if you don't learn quickly, all the good choices will be gone by the time you

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have reached 30 years old. After this point, finding a partner becomes harder.

The rules of the game are different as well.

If a lady is 30 years old, she is looking for someone between 30-35 years old. Even older than this age group is fine. She could also find someone younger, though there might be some obstacles she needs to overcome.

I recently match-made a few couples where the women are in their 40s. They married men who were around 10 years younger. Thus, if you are a lady and past 40 and yet still not married, you have to be mentally prepared for this option as well.

If there is a 35-year-old guy who wants to marry you, please say yes. Do not think about so many of your criteria. Or one day you may end up saying, "As long as it is a man, I will marry him!"

I also have met many men in their 40s and still single. They too have areas where they are not mature. The most common occurrence is they are very focused on appearances, and that has kept them from finding their right partner.

This can be also true of women as well, of course, but the criteria are usually different. Many ladies in their 40s are still searching for "good quality men," but their criteria has to do with "material aspects" – looks, title, financial value, position, etc., and that this man ideally should have "good taste." They considered this type of man to be fitting the bill of "a good quality man."

But when she is together with these so-called "good quality men," she will find out why this person is still not a match for her. She may only find this out after she gets married.

In a couple I have match-made, the wife is older than the husband by 12 years. The wife is what most people would consider a competent producer in society. Her husband, however, looks like a dummy. In actuality, her husband is very smart, but most people don't see his good points.

Normally, good quality women will not fall in love with such a guy that looks kind of dumb. They will not like it. They will think, "My hobbies and yours are completely different. You do not speak eloquently. You have nothing. If I

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am matched with you, it is like having a bouquet of flowers stuck into a pile of cow manure!"

"Why should I marry a dummy? Why don't I marry a man that is more outstanding than me?"

The women who have high materialistic accomplishments will think that their quality is very good. They naturally expect to meet a Prince Charming. Thus, they are very picky on the people around them.

Most guys they meet have no way to match their standards. And whenever they have found someone fantastic, they are always someone else's husband. They envy how others have a perfect husband while they cannot find one!

The reason is simple: they do not understand themselves.

This kind of woman does not realize that the type of man she thinks she loves, will never love the type of woman that she is. But when she has the chance to marry a man who could become a good quality husband, she looks down on that person.

The way she selects a partner is like looking for a 4-leaf clover in a forest. The chance of finding it is literally impossible.

It is the same situation with a "high quality" guy. He is looking for a woman that fits his high criteria, but those women that he likes have no interest in marrying him as he is still not good enough for them.

And those women who love him – he has no interest whatsoever. Isn't such a life sad?

When I am doing matchmaking, I often see how someone could not get past this "criteria obstacle." I see a good guy. He is not that good-looking, but he is a good man. But girls have no interest in him.

Unfortunately, when I advise marriage to those in their 20s, almost all of them want to wait until they have reached their 30s or 40s before they get married. They would rather spend their time dating and changing boyfriends or girlfriends. So while they are at their best age to get married, they refuse.

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Why does a 20 some-year-old not wish to get married? Why do they say, "Let me wait a few more years and see?"

It is because they feel they are still pretty and young, and they have all the chances in the world. The young woman does not understand that when she reaches 29, her "value" in the marriage market has dropped.

By the time she reaches 30, most of the men whom she has rejected before have already married others.

After she is past 30, she is still looking for the "good quality men" that are better than the ones she rejected. Unfortunately, most of those "good quality men" are all taken.

Thus, she tries another round of searching or she may look for a guy that is younger. Yet, those younger guys are often arrogant, picky and extremely proud. Being with them is hard as well.

Most people do not know the rules of the game in marriage. They never uncover the mystery behind dating. Most people ignore the rules and pigheadedly only care about what they want.

And after you finally find a "right person" and want to go after this prospect, you find out that prospect has absolutely no interest in you. And those people whom you like in the end are all married. Thus you will never find your life partner.

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Love Adventure Q and A

Q: While Finding a Match, Shouldn't I First Do a "Risk Assessment?"

If you are dealing with stocks, looking for a new job, going to war, etc. – making a risk assessment will be correct. But your other half is not a stock, an employer, and you are not going to war with him or her. It is very unconstructive

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to spend time to look at another's weak points or faults.

Managing love is different from managing work and making money.

The most important point is finding two persons who are willing to grow together. You may work hard at the relationship the same way you work hard in your business. But the focus is totally different.

You need to look at another's good points and work hard to give your love – this is the right direction.

This is a greatness you could achieve. If you cannot achieve this level, your love will not be beautiful.

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Being Out of Control of Your Life

Every problem that arises from relationships comes entirely from the inability to be causative.

You like her, but you cannot say it. She ends up marrying someone else.

You wish to break up with your girlfriend, but you cannot tell her. Thus, you drag the relationship on forever.

You cannot express your wants and you cannot express your "don't-wants."

This is what I mean by the inability to be causative.

This has nothing to do with whether you are being controlled by other people or if you have a bad intention to harm another person. It is not that complicated.

This "cannot be causative" simply means you cannot express your real thoughts. You cannot "cause" your happiness – it will become your weak point, and you will have problems in your relationships.

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This often happen when parents are involved in a relationship. Let's say you like your girlfriend very much and are getting ready for marriage. But your mother suddenly mentions some criteria that must be fulfilled before you get married. You could not handle it and thus have no choice but to break up. If you cannot get past this obstacle, you will have a hard time getting married, and even the actual wedding will have problems.

When there are problems in getting married, it is usually not caused by conflicts between a couple. Parents' influence can interfere with the whole situation, especially as they have a lot of conversations among themselves of which you are not aware and not able to cut into.

Then they suddenly approach you and ask, "Why don't you do this? Why don't you do that?"

Parents will have their own discussions: most of which don't involve you. They may begin pressuring that the wedding be a certain way – you should change the flowers, the decorations, the menu, even the location. They may go and scold your spouse, or stop you from certain actions, or force you to follow their lead by telling you it is not okay to do something, or if you do it this way, you will lose money, or tell you that you are not even qualified to enter marriage, you have no ability to raise a family, etc.

Every time you cannot hold your position, you will constantly worry how they will criticize you, curse you, pick on you. You will become so uncomfortable and will feel suppressed.

It is indeed not easy to get the fruits of a happy marriage this way. In the end, most people finally say, "Forget it! I won't marry!" Sometimes parents would even say to their children, "It is okay not to get married. Mom and dad can support you."

While matchmaking, I have met quite a number of parents who did not think their children should get married.

I met a father who said to a daughter that was getting married, "You have two choices. One is get out of the house to marry and we sever our ties. Or the

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second choice is you do not marry, come back home, and I will support you financially."

One mother told her son, "If you dare get married, I will commit suicide."

It is scary and mean. But unreasonable parents will do such actions.

A smart guy or lady will know how to handle this. You can tell your mother, "Even if we sever our ties, you are forever my mom. So there is nothing to be severed!"

I have seen these problems in many families whenever the marriage issue comes up. When some parents cannot stop their child from getting married, they will say very mean things about cutting ties.

Then they also bring up how disrespectful their child is to them.

Such a parent does not really love their children. The parent's mentality is childish and selfish.

"What happened to my child? Why did he change when he grew up?"

"Why won't my child listen to me? Why is he disrespectful?"

But the million dollar question should be: WHO raised the child to be disobedient and disrespectful? WHO raised a child who has a hard time getting into marriage? WHO raised an underdog?

Most parents do not wish to admit that they have had a hand in raising a spoiled child.

Parents must ask themselves – what have they done to cause such animosity from their children? It is not an easy matter to confront.

The purpose here is not to criticize your parents. It is to let you know that if a parent threatens you with "severing of ties" or makes you feel guilty about what you want to do with your wedding and your future spouse, you have to hold your own position. You don't have to be confrontational or fight with them. You must simply just understand your family members may react in certain ways. And you do not have to feel sad, and thus give up your marriage because of what they may say.

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Of course, you should also look at why your relationship with them is not sound. Both children and parents have to take responsibility in this.

There is tremendous responsibility in raising a child. A person's relationship with his or her own parents can affect his or her decision to have a child in the future.

If one has not had a good relationship with one's parents, to a large degree, there is a mental wound. However if familial relationships are pleasant, it will definitely help the marriage for the next generation.

If you dislike your parents very much, and don't like your grandparents, you will likely not want to have a child.

If you are simply an immature man in the eyes of the older generation, and you give off the feeling of instability and childishness, there will be tremendous problems from dating to getting married.

Maybe you do get along well with your girlfriend. But when her parents meet you, they will say, "Don't marry this guy!" or "He cannot support you. You will starve with him."

"We could tell by just looking at him - he is not a responsible guy!"

Whether you are really a nice guy or a bad guy, whether you are a hardworking guy or a bum, your future in-laws may not really know. But if by society's standards, you cannot present yourself well – they won't feel you can be trusted with marriage.

If they see you acting immaturely or unsure of yourself or arrogantly, they will think, "If my daughter marries such a guy, it will be an absolute disaster."

They will do everything they can to stop the marriage. Parents will constantly come in-between the relationship to break it up.

Maybe your girlfriend will quarrel with you because of her parents' criticisms, or she may fight with her parents to defend you. But in the end, your wedding may be destroyed by both sides' parents.

You may think that you are cool and manly and can handle everything by

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saying things like, "Who cares what they think! We want to get married. Ignore them!"

But in the end, you are not so independent – you still take money from your family, you still depend heavily on their help.

So what kind of behavior is acceptable to the older generation?

It is simple. You must present yourself to be agreeable and courteous. How you dress, talk, and manage your actions will shape the impression you give to others.

You will not win the trust if you present yourself as sloppy, rude or self-indulgent.

Even after marriage, your in-laws will still criticize you.

Whether your behavior can be accepted or not is very important. When you are married, all the problems will rise to the surface. If you do not know how to handle them, your marriage will constantly encounter problems.

Even if your wife or girlfriend once admired your "coolness," what about after marriage? Is that behavior still a good point?

After marriage, when your girlfriend becomes a wife, the impression you give to others will affect your wife's feelings even more. If others say to your wife, "Why does your husband look like a bum?"

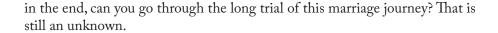
Your wife has to withstand outside pressure from others telling her this and that about you even though the problems are caused by you, not by her. This pressure will become the ignition for your fights with her.

Thus, marriage is not just about finding someone to marry. No, not at all!

If you do not correct your problems, you cannot finish the journey in a marriage. Maybe you bear through it at first, but after 3, 5 years, or maybe even 20 years, the whole thing blows up. It does not mean the marriage has been perfect for the last 20 years – you simply were just tolerating it until you could not stand it anymore and collapse.

In the beginning, you can date, you can get married and even succeed at it. But

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Footnote 1: "Underdog - Fight for Your Life!"

This is a book released by Hellen Chen as a Chinese title. The book covers what is an underdog mentality, how underdogs behave and think, and how they affect their marriage and their life with such mentality. The term "underdog" is based on a Japanese term that describes women who have passed the normal marriage age and still not married. In this book, this term is used to describe the characteristics of men and women who have a hard time getting married and even after they get married, they have a hard time getting along with their spouses.

Fourth Chapter:

Marry First, Date Later



Why Marry First and Date Later?

Most people think there must be some chemistry and deep love between a man and a woman in order to get married.

However, for the couples who I have helped matched together, almost none of them has that condition in the beginning.

The individuals I have helped are often very reluctant to get married. They have no feelings towards the prospective partner who I have suggested for them. I have to do a lot of talking and convincing to get them to change their mind to finally marry.

They do not think much of their partners before the marriage. But after three years of marriage where they work through their differences, they settle down with each other and are quite happy and will not talk about divorce so easily.

Such an approach to marriage has two points worth mentioning:

One: these couples did not marry because of having intense love for each other at first. They date each other AFTER they get married. This is the principle which I talk about by saying: marry first, date later.

Second: when they are going through the 3 years of "grinding period" where they work through their differences, each of them has lots of uncertainty and discomfort – marriage is not as wonderful as they have initially thought. Not at first.

Most people care that the other partner should be at least pleasant-looking before they would consider to get married. Regarding this consideration, it is usually not a major problem – with some dressing up, a person can go through a nice transformation in appearance.

Even if a person is picky about the other's looks, it is still actually not that important. After 10, 20 years, everyone can change. Maybe the girl looks kind of plain, but who knows if the ugly duckling will become a swan? Or who knows if the dull-looking boy can become the swank handsome guy?

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In my matchmaking, I have seen too many magical transformations.

Thus, if you belong to the "Looks is Everything" club, I advise you to change those views as they are very childish.

There are many men who may look totally crazy and barbaric. Some women look very rough and fierce. And if you put two such characters together, you will feel it is a total mismatch. In other words, even having both of them agree to be together would seem to be a doomed marriage. However, after they get married and have gone through the grinding period, they gradually become a match.

The man becomes mature. Even the woman learns how to dress up and become a lady. But if we were to turn back the clock and you happen to be a member of the "Looks is Everything" club, you would never have considered marrying this tomboy. She was aggressive, rough and looked like a witch.

Yet if I would do matchmaking again and help this man and woman after they have transformed to find another partner, it would be the easiest task. They would become "hot" and "in-demand properties."

But you have never thought about all that, and thus, you have a hard time beginning the marriage search yourself.

Those who have not stepped into marriage will always have a big riddle in their mind about marriage. They have a very hard time deciding to take the first step.

It is like wanting to learn to swim, but you do not dare to even go into the water – how could you imagine what is it like to have your head submerged in water? Those people who are willing to jump in and start learning how to swim will not have a big problem compared to those who do not even dare to wear a swimsuit or are not willing to go near the water.

Of course, you may not be comfortable the first time wearing a swimsuit or submerging your head in the water. But once you are willing to step into the water, what you need to go through in the learning process becomes different than someone who has never even tried.

Once you get married, you will no longer need to grind through concepts like

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"Looks is Everything," "Money comes first before marriage," "I do not like him," "Are we a match?"

You simply won't have these problems.

Your thought is now, "How could we live our life together for a better future?"

This is very constructive.

One of the biggest regrets of many pregnant mothers who are past 35 is they would have loved to have given birth 10 years earlier. Trying to learn something about motherhood now, which they should have learned when they were younger, is not only tedious, it also has made them realize how their unwillingness wasted the precious time of their youth.

It is the same with marriage. I have known a movie director for some time. Recently, she told me, "I have finally come to my senses. I want to get married."

Since I met her 2 years ago, she has gained 15 pounds. She has not wanted marriage before. Now she is in a worse shape and it will be harder for men to choose her, and her mind will start having negative thoughts from the rejections and it will become more and more difficult to step into marriage.

As mentioned earlier, age is a very important factor. And more importantly, you must let yourself get married at the point when you are the most beautiful.

Getting married is, of course, not a comfortable process and this discomfort will not go away even after marriage – but this is a road you must travel.

For example, how comfortable is it for you to go to school? But you have to do it. Or you can just stay at home and learn everything yourself. You should pick up your school materials, wear your school uniform, go to school and go to your classroom. But you insist on staying at home and complaining, "I do not like that school," "I do not want to wear a uniform," "Why should I study?"... isn't this childish?

Those who do not wish to get married have the same attitude in having to pick the perfect guy or girl. It is no different than being fussy about their school, their teacher, their uniform etc.

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Yes, it is uncomfortable to go to school. But after you have done it, that will change. The learning will change you.

When I pick a partner for you, the way in which I pick will be very different than how you will pick.

What I pick will be who is best for you 10, 20 years from now – this is my rule!

That's because what I see is the future happiness. What most people pick is only a current happiness. But which one is more important in the end?

If you insist on picking someone based only on how that person makes you feel good now, that is fine. But you will have to bear the price 10, 20 years from now.

When I pick a partner for you, maybe you will think it is a total mismatch. But after 10, 20 years later, it will be a match.

Let me ask you, do you choose to have all the sweetness now, but 10, 20 years later painfully divorce? Or do you choose to go through the hardships of grinding and conflicts in a marriage and yet 10, 20 years later it will be sweet, satisfying and you cannot live without each other?

Theoretically, the latter is ideal. But sadly, most people cannot wait until that time. They fix their eyes only on the current good times.

It's no different than being on a diet and you know you need to watch what you eat. But you could not resist the fried chicken, the heavy meal – you are not willing to go through "suffering" first and reap the rewards later.

My way of matchmaking is going through "suffering" first, then enjoying the rewards. Maybe those who I have match-made will not thank me in the beginning as it is indeed a "huge suffering" to these couples while they are working out their differences.

But after having children, after 10, 20 years later, these people who I have match-made will be indeed grateful, and very happy that they are married!

Where is Your Market?

I often say, "If someone wants to marry you, please say yes now!"

Most important is, do you have a "market?" It is not who you like.

If you wish to open a shop, regardless of opening a tea cafe or a coffee shop, if there are no customers – no market – then it is pointless, isn't it?

Who will want your cup of coffee? Who will care how good it is? If they could not buy your coffee, they could go to another place, couldn't they? Why would it be good for the city to have one more coffee shop?

This is the same reasoning used in the world of marriage.

You have good qualifications – fantastic! But if you are not around, this world will keep going. Will the world end without having a lady like you? Will your existence as a man be missed if you are gone?

So don't think you are that important. And don't wait senselessly and fantasize that your Prince or Princess Charming will appear one day.

The reality is: if there is no steak, you can drink soup, if there is no soup, you can eat bread! What you eat does not matter – the most important issue is you cure your hunger.

Choosing a partner is that real.

Do not think others must have you around them. Do not think you are that great. If you are not aware of the fact that you are the one who cannot find a partner – not others – you will keep having a false sense of grandiose, you will continue to insist you must find your "match."

This is the same as wanting to open a coffee shop but all you care about is the style of the decor, the material for your coffee cups and the dishes you wish to provide. But there is no market, no customers, and thus, no one who will care for those things. You will have to prepare to close shop the moment you go into operation – it is a huge financial loss!

If you are a woman, the best would be to get married before you are 26 years

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old, have children, and work hard towards your life's goals. But if you get past 30 years old and you still could not marry, it is a "red alert" situation for every day you choose to wait.

What is a "red alert" situation? That means the warning sign is telling you to move forward! While others have taken a flight and flown round trip, you are still waiting at a train station wondering which ticket to buy.

You should quickly hop onto the train – even if it is a slow train, it is nevertheless moving. If you never get on, you will forever be stuck at the same spot.

It is the same case for men. Do not be so pigheaded to insist on having a house, a car and money first before you could impress your love. If you wait until that time, your love has already run away with another guy!

The best way to impress a girl is to marry her, love her – it is not to give her an extravagant wedding or a beautiful house. Marry her first and after that, you can give her anything you want – you have a whole lifetime to provide everything for her.

When one is 26 years old, there is no sense of urgency. Then time flies and one becomes 30. Then one gets sidetracked with non-serious relationships and then one reaches 35. Now a woman is at a high risk pregnancy stage. And nearing 40, the hope of getting married is almost gone.

Your choices narrow down to a much older guy who disgusts you or a young gigolo.

If you are 26 years old, the biggest advantage is not how high your IQ is or how good your appearance is, but the fact you are only 26 years old! This is your biggest competitive edge.

But if one day, your age reaches the number 30, you'll have a tremendous loss of "marketability."

And if you are fat, ugly, won't dress up, speak badly – your chance will be zero.

Pretty is not necessarily how you originally look, but you have to know how to dress up. If you do not make up and dress up, it is fatal!

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If you do not believe me, then ask every man around you. Maybe he won't dare to admit he belongs to the "Looks is Everything" club, but in his mind, to greater or lesser degree, he would hope his better half could have pretty looks!

He might politely say, "I am not the one who is picky about looks. As long as she is pleasant-looking, I am fine."

But do you know how hard is it just to meet his criteria of "pleasant-looking?"

Pretty, healthy-looking, pleasing to the eye – these are the absolute basic bargaining chips.

Most people who consider marriage would like to have children as well. Thus, they will choose their partners based on age. The health of a newborn has a lot to do with the age of the mom.

The most ideal age for birth for a woman is in her early 20s. You can look around you. Some young mothers have already given birth to 2 children before they reached 30 years old.

But if you get past 30 and still have no marriage prospect, don't you see you are actually not as young as you think? This is the very scary part, life is always a constant race with time.

When I match-make for ladies, it is an absolute advantage when they are of a young age. If you are not too ugly, don't look like a ghost, there is no problem which cannot be solved easily.

But young ladies must move fast, and be eager to take the chance, or you will lose the opportunity. The older ladies are also standing by and they know the ways to snatch up the guys.

These older ladies have more experience and they are more open in their actions. Thus, they could win the guys over. Most amazingly, they could approach a guy and say "I want to marry you!" The rate of success for that is very high.

The young ladies in their early 20s tend to be aloof, wishy-washy, and so often lose the game. Thus, they have to work very hard to find a good prospect too.

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But the worst situation has to be the over 30 underdogs who have no willingness to work hard. They still think they have the qualities of a 20-year-old.

There was an 18-year-old young lady who came to me and said, "Ms Chen, I would like to marry that man! I can marry him!" Because of her willingness, she succeeded. She has a child now.

Please understand. Some people who are only 18 years old know how to take action. But if you are past 30 and still think you have the qualifications of an 18-year-old and you think others should appreciate your good qualities, you are not thinking right! You will lose the entire game.

This is a basic point of marriage. This may shatter your imagination of what marriage is – it is not what you think!

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Love Adventure Q and A

Q: I have just reached adulthood. Can I get married?

One time I was interviewed in the US media about how Americans are delaying marriages because of economic problems. They are scared about having no money.

In Asian countries like Taiwan, this is a very serious problem too. Everyone wants to enjoy a comfortable life. Everyone wants to have more money so as to buy the expensive handbag, a big house; their desire to find a good paying job is much higher than their desire to find a good life partner. They would like job security and a safe and worry-free life – this is wrong thinking however.

We are talking about love. Love should not include those items. If you love someone, you will not think about how much you should spend to marry her. You can ask the ladies, "Do you like a man because of his money?"

The reason is never money. If the couple is together because of money, then this has nothing to do with love.

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Do you discard a guy just because he has no money?

I have mentioned this before: marriage math is one plus one is more than two.

If you can be independent and mature enough, you can get married.

Can you pay your own rent? If you can, you can get married. The answer is that simple.

If you wish to marry that guy – he can take care of his own bills, you can take care of your expenses – then that would work.

We can work together to solve the other problems. But if you have reached adulthood, that means you are independent. The earlier you marry, the better it is.

Don't Date Before You Get Married

The first point about marriage is speed. If you drag your feet, you are simply wasting time – unless you are under 20.

If you are over 20, I do not wish to see you delay marriage. If your current partner has no intention to get married, then you must prepare to break up. Because if you do not get married, the result is always a breakup. The pain of breakup now is better than the long-term pain of entangling together with no end.

There is no reason to torture yourself and tie down the other person.

Regardless of how deep, how involved you have been in a relationship, if you do not cross the threshold of marriage, and yet you cannot let go of it, you have no choice but to be stuck at that point. You have no progress and will become worse and worse in this relationship.

Any romance if not taken to marriage will always end up in separation. It is a waste of both persons' time.

If your heart does not bear to let go and you think there could be a chance to turn around, let me tell you now: there is no chance whatsoever.

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Why? There are many people who have dated for 10 years and after marriage, they still divorce.

If they really wish to be together, they will do so in the very beginning. They would have chosen each other and they would step into marriage, there is no need to wait that long.

If you do not separate, this relationship will have no result. By the time you find another potential partner, another 3 years would have gone by.

How many "3 years" can you waste in your life?

If you are only 17 years old, 3 years would not mean much to you. And you could still go through a breakup at 20.

But after going though breakups after breakups, time gets wasted.

As long as you have found someone who is willing to be with you, you should get married right away, have kids and become a parent, and thus, stake out a position in your life. The story is that simple!

Thus, when you have met someone who is a potential marital partner, you should treasure that chance.

I match-made a very young couple. They got married at age 20. At that time, the young lady told her husband, "I will have children with you. But it is possible that I still will not fall in love with you after that." Now, they have two kids. Recently her husband mentioned how his wife would come and hold his hands. Just that gesture was enough to touch him completely!

A person listening to this story may not feel anything special. But among married couples, such touching moments occur frequently. They start to hold hands, they start to fall in love, and talk about how to raise kids, and discuss the problems between them – their love is slowly growing.

This young couple married fast. In the beginning, it is true they did not have feelings for each other. But if they had not gotten married, they would never have the chance to discover and experience the love between them.

This is not the boring dating life of watching a movie, going to restaurants,

Marry First, Date Later

drinking coffee, etc. When a couple gets married, there is a lot more to discuss and talk about – everything could be discussed!

If you are someone who craves for another to love you, you must get married. After marriage, you can enjoy the love feeling. And because you are his wife, he will treat you special.

Your man makes a comment, "I'd like to save a piece of the cake for my wife." You feel happy because you know you are in his heart. But if your role is not a wife, you will not feel this love feeling that strongly. You might even assume he treats everyone the same way.

Here is another issue: if you have met someone you like, how do you go about understanding that person? Do you go out with him to watch a movie? Have dinner? Kiss? Observe how he dresses? Ask about his background?

The truth is: you cannot fully understand a person this way!

It is not that you are not smart enough. It is the fact that even he himself does not know himself.

How would you know him through dating? You ask him 10 questions about life. He says, "I don't know" or even if he gives an answer, it is not completely how he feels. Can you see the problem? He is not even sure why he gives those answers!

You are not even sure why your life is what it is now, then why would you ask another to understand you fully?

If you really want to know a person completely, you need to use a whole lifetime.

Your father has not understood you. Your mother raised you, but cannot fully communicate to you. Thus, to find a partner who can truly understand you is almost an impossible task!

You spend 2 years dating this person – how well do both of you know each other? It is almost impossible to know thoroughly. So why waste the 2 years? Why not just get married first and then try to understand each other? At least this is your better half, you will start to manage your marriage life, have kids,

etc.

This kind of life is real.

When you are just a boyfriend and a girlfriend, what you understand and know about each other is not real – both sides are always withholding certain things.

How she dresses for you at the date may not be how she dresses usually. After marriage, she may not dress this way or speak to you in the same manner. And the love sparks between you and her are just like acting in a play. No matter how much you have given for this relationship, it is like trying to fill up a bucket with water, but the bucket is filled with holes – your effort will be in vain!

You assume that spending more time together will help you understand each other more. I have to tell you this truth: over time, one simply has better skills to not reveal certain things and matters that get covered up between both of you will become more and more!

If spending more time will help you understand another more, then you should understand your high school friends very well. Especially the classmate who sat beside you – you should understand him the most, right? How about those who were in the same club, the same team that you belong to? Did you understand them more? Not at all.

A lady came and met me for the first time. She told me she was with her boyfriend for 8 years. And the second time she met with me again, I told her, "You can separate from your boyfriend. This year we will find someone for you and you can get married." Tears streamed down her eyes.

After one week, she separated from her boyfriend. Now she is happily married, pregnant, and happier than ever before!

Often, I don't have to see a person very long to know what is going on. I can spend just 5 minutes listening to your story about your relationship with another person and I can tell you what will be the result.

This lady later asked me, "How did you know I should separate with my boyfriend?"

MARRY FIRST, DATE LATER

I can understand what is going on. She spent 8 years with her ex-boyfriend, but there was no end to it. She could not make the decision to stop, and thus, continued to drag it on tediously.

Of course, separation is not always a must. But if the other person has no intention to get married and is not dedicating his energy to manage the relationship toward that goal, then the relationship should be ended.

I have helped a lot of people to end their unproductive relationships and helped a lot of people to get married.

If you still wish to look around, play around, and you have no intention to get married fast, that is acceptable! The premise is you have to be 17 years old!

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Comment from Love Adventurer: Amy

I have gone to single events to know guys. I tried to present myself honestly – I have not wanted to present a soft-spoken self as a false image and then show myself differently afterwards.

However, the main problem is the guys were not interested in understanding me. They were happily talking about themselves and sometimes they did not even bother to ask for my name.

They were not interested in the real me. They would rather have that cute, pretty-looking girl. Thus, I would chat with many guys quite happily, but no one would contact me again.

I agree with Ms Chen's way of matchmaking. I have attended single events for a long time and the outcome has never changed.

Hellen Chen

With the help of the Love Seminar and through my matchmaking, Amy is

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not only happily married now, but she also enjoys a close relationship with her husband, and is currently pregnant. Of course, Amy can work on more areas of improvement in her life, but that she needs to do regardless of who she marries.

She is adapting to her new marriage life very well.

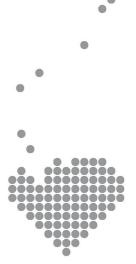
She made the decision to marry first and date for the rest of her life. After marriage, there is so much room to love, to work hard together, to raise children, and enjoy love.

I wish to compliment this couple for their courage to take this very important step of marriage and hereby wish them the very best for their vows to be together!

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Fifth Chapter:

The "Looks is Everything" Club



Do You Want a Good Husband or a Playboy?

Those people who put looks as the top criteria in their search for a marriage partner often have a serious misconception about marriage.

If marriage is the goal, then finding someone who has a similar goal to get married is, of course, the utmost importance.

But those members of the "Looks is Everything" club have not really considered this fact. In their mind, they are going, "That person is not good-looking enough. I don't like their body shape!"

What do all these criteria got to do with the goal of getting married?

That means they only like the person's looks and body, all for the purpose of pleasing their own eyes. They have not thought about marriage.

Unfortunately, they will be heartbroken each time. They will go on dating, looking for the next pretty girl or guy, but the eventual result is always the same – failure.

If you choose a partner to marry because you would like to form a family, maybe have 3 kids, and be a good parent, you will do everything you can to give birth, to make more money for the family, etc. There will be no problem with such a relationship.

But if you have no plans whatsoever for marriage, all you care for is to float around in the sea of romance, then if someone you meet did marry you, there will be tremendous problems in the end.

A man who desires marriage is looking for a family. A woman is looking for a home. So who should you marry? Of course, you must marry the man who wants a family. If you only care for looks and appearances, you will marry a guy or girl who most likely will cheat on you, and separation and divorce will be the case.

It makes a huge difference in what you place emphasis on.

THE "LOOKS IS EVERYTHING" CLUB

You obviously should be looking for someone who wishes to be married, start a family, create a home – as well as improve themselves.

Strictly speaking, those who do not wish to improve themselves are not qualified to get married. It can only create huge problems.

A man marries the pretty girl. But the girl discovers that the man has no desire whatsoever to improve, no desire to have children. She would realize then this man has entered marriage only for his own pleasure and that they are a total mismatch!

Those people who do not improve themselves are only wasting their youth and time away. And when they go into a new relationship, they can never find the "right" person. They mess around, they get into bed with lots of partners, they have lots of sexual experiences, but they can never fulfill their dreams about love.

Thus, they start to think, "Why get married?"

"What is a dream?"

"It's okay not to have kids."

"Marriage is trouble. Why suffer for it?"

After enough repeated and painful disappointments, he goes crazy – his heart has been contaminated.

But that is still okay – as long as one has a dream, that contamination could be cleaned up!

If there is no dream, one will get lost. Tears, confusion will come about and these people will spout bitter and sour words such as:

"Who says women must get married?"

"I like to remain single. What's the big deal?"

"Why does one need to have kids?"

"If I cannot open my heart to my partner, I am not happy!"

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They speak like a crazy person. Marriage is no longer important to them or even something to work towards. Where do these strange ideas come from? Their injuries.

When one is young, one could be heartbroken a couple of times, there is no big deal. But after long-term constant "injuries," this person will not behave right anymore. A smart person who sees this "injured" person will not want such a person. A not-so-smart person – with no experience and who only looks at appearances – will bring him or her home.

If you do not know how to choose a partner, you will choose someone who looks good on the outside, but unfortunately is "broken" inside. You cannot see that the person's heart has been broken. And if you have no ability to deal with such a person, you will lose the whole game.

You tell her every day, "I will treat you well. Our dream is in front of us. Come on, let's reach it together."

Who will reach it with you? She will never reach any goal with you in a marriage.

Even if that person has had a dream about marriage, he or she will still feel confused because of the past injuries. The wounds still hurt and they become sensitive.

They might say things like, "Why do you force me to talk about marriage?"

"We have no money. Why should we get married?"

"I prefer to take things slowly. I am not in a hurry."

"Don't you think you are doing something wrong?"

"Why are you thinking only of marriage in your mind? You do not care what others are feeling!"

Because of the past injuries in relationships, their speech and thoughts are this way. Could you handle them?

Yet, these inner problems may not be apparent to people who might become their partner.

THE "LOOKS IS EVERYTHING" CLUB

Aside from physical appearances, in some people's minds, the more sexual experience their potential partner has, the more attractive. More specifically, a non-virgin is more attractive than a virgin.

It is like choosing fruits. A person who knows about health will choose the organic ones – maybe the fruits do not look that great in their appearances, but they are healthy.

However the way people choose partners is the complete opposite.

The "Looks is Everything" club members act no differently than a housewife with no experience. She would go to an expensive grocery store to buy the most beautifully displayed fruits and she is proud that she is keeping her family healthy.

Thus, some people think that a person who is dressed to the nines, looking chic, and knows how to socialize with the opposite sex, equals a great partner. These are huge misconceptions!

Do you really know what is hidden behind the smart appearance?

Just like choosing fruits, most people think that the good-looking ones are the healthiest one. They do not know how much pesticide has been sprayed on these fruits.

If good-looking means healthy, then organic food will be the most unhealthy.

An honest man who lack the skills of speaking eloquently or presenting himself well is often passed by the women as "not qualified." A good woman who looks a bit like a silly goose is usually not picked up by men who care about looks above everything else.

These good men and women may not have the smooth skills in dealing with social relationships but their hearts have not been contaminated.

In my eyes, those guys and women — especially the younger ones — who are willing to improve themselves are all high quality prospects. It does not matter if they do not act or look "perfect." They actually look not-so-bright, like a fruit that has not ripened nor is displayed well in a market, and no one picks them.

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What are the good points of such a guy or woman? Especially the younger ones – if they are willing to work hard – when they reach 40 years old, their worth will be incredible.

But who will wait until a person reaches 40?

While matchmaking, I told a girl, "If you marry him, you will be happy."

She said, "He is too nice. I like bad boys."

She would like to pick a "pesticide-ridden fruit." Thus, it is best that her husband can smoke, gamble, visit prostitutes, etc. – then this is exciting for her!

There is even a theory describing this: good girls like bad boys. What this is saying is if you know how to play around with women, sweet talk to ladies, then you are qualified to be a partner.

If you don't know how to talk to women, don't know how to make cool moves, don't know how to kiss and hold a lady, you are actually worthless because you do not meet the qualifications for indulging in a romantic relationship. This is a big misconception about love.

Why do good girls "like" bad boys? Because the bad boys can mess around with women, control them – they have lots of experience.

Those inexperienced green guys are good men to me because they have never been hurt, their heart is healthy. Like a blank piece of paper – they have lots of potential. He will not mess around, will not engage in extramarital affairs – he is the one we are looking for in a partner.

However, if you crave for a "bad boy," it is not hard to imagine what will happen: after he has played you, he will play others. He will cheat easily. If you like such a personality, you will, of course, be played.

After these explanations, could you see the downfall of the "Looks is Everything" mentality?

If You Don't Marry, So What If You are Beautiful?

Some people have a large misconception in the way they choose a partner – they love to include in this feeling of "comfort."

Some women only want to be with a guy that is good in everything. They expect the guy to bring them to expensive candle-lit dinners, give flowers and jewelry. The best is the man riding in on a white horse with a sword who creates an impressive entrance and makes them feel so proud.

Those are illusions. The real husband is not like that. He is a bit boorish, straightforward, doesn't look like a smart aleck – a home guy. So, what is the image of a "good man?" It depends on how you want to define it.

What kind of partner do you want? You'd like to have a playboy who knows how to touch you, to make you comfortable, to give you a high orgasm, etc.? A straightforward guy won't know these moves. He doesn't know them now, but that does not mean he will never learn them – slowly, but surely, he will.

My matchmaking is very simple. I tell you who is the match for you. As long as you are willing and cooperate with me fully, you can get married immediately and have a wedding successfully. It is as simple as eating a cake!

I can transform every woman who comes to me – no matter how ugly, I can make her pretty. I have never failed before. It does not matter if she is a tomboy, or a homosexual or a bisexual, etc. – I can help them all. Until now, I have never met a woman who cannot improve.

If you are very picky and want to use the standard of a model to judge these women, perhaps they will not qualify as being pretty. But if you observe carefully, all these women, after some makeover, become very pretty. And most importantly, each one of them gets married and their husbands are extremely pleased with them.

This is something that cannot be denied by anyone. As long as a woman can get married, that is the biggest value for her beauty.

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You say there is a woman who is so beautiful – she looks like a goddess. But she cannot get married and in the end, she got played around. How beautiful can she remain?

After being messed around, she is no longer "healthy," thus, her beauty goes.

Women want a good husband. Men want a good wife who can support him, help raise children, and create a happy family together. Regardless of looking at a man or woman, the wants for marriage are the same.

Only if you pick the right man will the goals be the same. If you pick the wrong man, the goals will be different.

When you say, "I want marriage," you will find someone who also likes to have this as the goal. Then the marriage can happen. But if you are not really honest about marriage, even if you say you want it, that is fake and you will not succeed.

When a person has truly decided to get married, he or she will definitely succeed. However, many people "know" they should get married, but in their heart, they do not have any intention to do so.

For example, a girl said she would like to get married, but in her mind, she still would like to play around for a few years. A guy thinks marriage is what she wants and when he proposes to her, she turns him down.

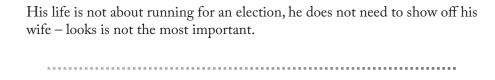
Thus why someone cannot get married? Because they do not really wish to.

For guys, there is no need to go after ladies who do not wish to get married. There is no result with such a person. It is not because there is no love, but she has no intention to go towards marriage. It is not her goal. She may be pretty, has good family background, has sex with you, goes out with you, she may even love you very much and wants to be your girlfriend. But she will absolutely not nod her head to marry you.

Why are there examples of couples who date for many years and yet the relationship still breaks up? Because there is one party in that relationship who does not want marriage.

A smart man is looking for a wife that could be with him and support him.

THE "LOOKS IS EVERYTHING" CLUB



Love Adventure Q and A

Q: If someone says to me, "I like you. But I cannot be with you." What does this mean?

This person does not really love you and he is not honest. He wants to have sex with you, but does not want to marry you.

You are his sex object, but will never become his life partner. There is no need to waste more time with him – there simply will not be a good ending.

If you feel lonely, or you like him, and have the attitude "I am still young, so it is okay," you will give in to the seduction.

This is not life.

If he will not marry you, then you should immediately end the relationship, this game need not continue.

Why do you hang around such a person? Because you have lots of time to waste? Or you are like him – you just want to play around? No matter the reason, if you jump into it, this will become your life's weak spot.

You must have the premise of marriage as your focus in the very beginning.

A lady does not need to spend time to take care of someone else's future husband. A man does not need to take care of someone else's future wife.

Be clear and honest in the beginning with what you want, and you won't waste each other's time.

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The Principie of "Staking Out Your Land"

No matter how pretty a person looks, it is still a superficial beauty. You look at a person who looks good on the outside, but within him or her, it may not be so perfect as you have imagined.

Maybe you look stunning now. But how long will that last? One day you will get old. Will your beauty hold when you get older? Is your look really that important? Not at all.

When you get older, this "advantage" of beauty will slowly disappear, but your disadvantages – your downsides – will continuously stick out like sore thumbs!

And those people who are your suitors will become of worse and worse quality as the years go by. This is the horrible part of not getting married.

If you are a guy who wants to marry now, the woman who marries you now will be of better quality than the woman who marries you next year. The woman who marries you next year will be of better quality than the woman who marries you the following year.

I emphasize "date after marriage, not before." The most important point of marriage is to find a person first, then you can create love together with that person. It is not find love first, then talk about marriage!

Before you build a house, you need a piece of land. How the land looks is not important. The most important point is to find the land first before you can build a house.

If you first fantasize on how your house should look, how the decor should be, it is not practical thinking. You don't even have land!

Once you have land, you can build it any way you want – how fancy the design is, how elegant the decor is – all up to you! If you have land, you are not worried about having an ugly house. You will build it the way you like it. If the house is ugly, then it is your own doing!

This is what I mean by the principle of "staking out your land."

As to how to fight for this land, how to win it, what kinds of ways to get it,

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how to get the contract... this is the time to flaunt your talents!

If you cannot get the contract, who would know how talented you really are?

Isn't the sequence to get the contract first, then work on the "how-to" in executing the project?

Many people have lots of good ideas about a project, but they cannot even come near to getting a client's contract.

A girl keeps thinking about what kind of wedding dress to get, where she would go for honeymoon, how she would have 3 kids... that is too far away! That is just day-dreaming!

There is an old Chinese saying: first form a family, establish your career after. The modern individuals often do it the opposite way.

They think they must have financial stability before marriage – they have been taught incorrectly on this point. Does that mean a person who has financial stability will never get divorced? Does that mean a person who doesn't have financial stability could never get married? All these are not correct.

The principle is simple. If one person can survive on their own, then two persons will not be a problem!

After marriage, one will increase one's responsibility level, especially after giving birth to kids. One has more willingness to produce. You have your own place to take care of. You may need the income of you and your spouse to make it. But that is taking responsibility in life and it is more interesting and a lot more constructive.

Marriage has nothing to do with smartness. It is a matter of willingness.

The decision to get married will make you improve. After marriage, you are forced to move forward in life, and having children will force you to move forward as well. For survival sake, you have no choice but to become competent and able.

Marriage is all about staking out a path. This path is a very long journey traveled by 2 persons.

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Don't think critically about your spouse and how he or she is not a match – even the most matched couples will fight. Do not mind how the man may be somewhat dull in some areas.

So don't criticize another person. Think about 10, 20 years later, does that person have the potential to travel on this road with you? That is the main point you should look at.

When I look at a person, I never look at his appearance or what his salary is. I look at his potential. Is his goal the same as mine: willing to improve and grow?

You have to ask yourself what kind of life you would like to live 10, 20 years from now?

Please write it down.		

This is a basic and factual "secret" of life: you must first stake out a land, and the dreams which you wish to build can then materialize.

If the land has a bad title or the land quality is inferior, even if you have built the most beautiful house, it will collapse.

And if after you have found the land and yet refuse to roll up your sleeve to work on it, to go through the dirt and sweat, and all you do is daydream about your house and have no intention to pay the dues for it, you will fail utterly as well.

Some ladies often only think about marrying into a wealthy family, and thus, have no worries in life. But they have not looked at their own qualifications.

A wealthy family will have its own strict requirements: you might have to be very obedient and listen to everything somebody else says, or you must dress

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up extremely pretty every day, or you must accompany your spouse to go for business functions day and night, etc. You will have to constantly pay the dues to fit their requirements.

If your mentality is only to have a nice house and won't work hard to build one – if you only want others to give it to you – you will never be happy. Even if you get it in the end, you will still not be happy.

Happiness comes about because you give. Not because you get. This is the fact of life which most do not understand.

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Story From Love Adventurer: Maso

I have long had it in my mind that I wanted to marry at age 32. That was my life's plan. When I met Ms Chen, she asked me, "Do you have a girlfriend?"

I said, "Yes"

"Do you love her?"

"Yes, I do."

"Do you wish to marry her?" "Yes."

"Then why won't you marry now? Why wait until 32 years old?"

I was stunned by her question. I actually did not know why I must wait until 32 to marry her. All I knew was I had planned it this way in my mind. When she told me to get married that year, my heart pumped hard – I was nervous.

I had thought that my girlfriend had the same idea – to get married around 30. When I asked her about it, I was surprised she said she did not have that idea at all! And she could marry me right then!

At that point, I felt if she already said yes, and if I refused, then it would definitely be my problem. So we decided on marriage.

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I have not regretted this decision ever since. Instead, I could not imagine why I would set such a goal of marrying at age 32. I have been married for 7 years now.

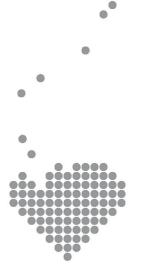
I am still very happy that Ms Chen gave me a push at that critical moment.

To me, marriage is an impulse.

When I look back, this is the most beautiful impulse of my life!

Sixth Chapter:

The Art of "Kneeling"



Things You Won't Understand if You are Not Married

The viewpoints with which one sees things are often unreal before one gets married.

You are very much in love and this love is rocking your world. But what about after marriage? You need to worry about the details of day-to-day life, any in-laws problem, how to get pregnant, how to raise a child, etc.

An unmarried person will never imagine how these problems could exist.

Yes, there is love between you and your spouse. But there are lots of problems to take care of in life. Some couples cannot go through the initial period of working out their differences, and thus, they exhaust their love. They may soon have children and their in-laws problems are not that huge. But they have lost their love to each other.

If I mention these day-to-day problems to an unmarried person, he will say, "No worries. We can work together. I will work hard to make a living, I will communicate well with my other half, we can bear through it." They could not see the potential problems at all.

I match-made a couple once where the woman was extremely arrogant. The guy was hard-headed as well. After marriage, they fought till no end.

I asked them over and told them, "Since you cannot get along with each other, then this week you should get divorced."

This is the fastest and most effective way: have them face each other and make a decision of being together or not. If the other person is so disgusting to you, then let's divorce. If you have a child, let's see how you want to "divide" the child, no different than dividing your assets.

Only after marriage, you will realize what is unconditional giving. If you cannot realize this, your marriage will have problems – it will be painful and you will be unhappy. And there will be no other solutions – but divorce.

THE ART OF "KNEELING"

So will you wake up in your next marriage? Definitely not!

Those who are not willing to give will never wake up, no matter how many times they get divorced.

So when will your marriage become good? It will be the day that you are willing to "kneel," willing to change, willing to give – then there will be a chance. Kneeling is the act of looking at how you could change yourself, asking what you could do to improve the situation to make the relationship better.

You can 100% decide whether your marriage is a happy affair or not.

The stubborn "underdog" – whether men or women – is not willing to kneel. Without kneeling, the next option is to separate. And after divorce, if still refusing to kneel, divorce it is again. If they marry 10 times, they will divorce 10 times.

Some people can get married very easily, but after marriage, they do not care to work on the relationship. Their spouse might be able to tolerate it for 1-3 years and then they divorce.

Even if their spouse does not divorce, they might end up not caring anymore. They might cheat or just be dragged along on a loveless marriage.

We have seen many couples who are physically together, but there is no love. They just keep up the structure of marriage, but they are actually strangers. They won't even attend the funeral of their spouse if one party dies.

Of course, it is still better to stay together than actual divorce – unless there are special circumstances like domestic violence, gambling addictions, drugs, or criminal acts. Under normal circumstances, as long as the divorce has not happened, there is still a chance to save the marriage.

Unfortunately, there are many people who have experienced numerous divorces and still have not learned how to "kneel," they have not learned from their lessons.

Most people, when choosing partners, tend to look at who is pretty or handsome. They will not notice who is more willing to give, and they do not think that they must give as well. Most people who are not happy in their relationships tend to blame others for not being good enough. They seldom demand themselves to be the 100% prince or princess for their partners. And when their partner gets into extramarital affairs, they are completely at a loss and think the best solution is divorce. But their problems still exist.

They will have the same problem after divorce and after changing to a new partner.

The answer to a happy marriage is to kneel all the way. You must give, don't mind so much about who is giving more. If you don't kneel, your marriage will never become good.

"Kneel" and See Happiness

"Kneel" does not mean physically bending your knees to kneel down. Other than looking at what one can improve while performing one's part in the marriage, "kneeling" also means the willingness to communicate with each other and always take into account another's viewpoints.

A couple actually is one entity. If your thought process is only from the viewpoint of your universe and it is not accepted by someone else's universe, or you cannot convey what you think to another person so he or she understands, or you cannot convey anything at all – then both of you will feel an imbalance.

It is like playing on a seesaw. It is the mutual action between two persons that makes it go up and down. But if you are not willing to get up and you just let the other person hang in the air, of course there is no game.

What is meant by "not kneeling" is when it is time for you to engage in an action with someone (mutual action), you refuse to give any kind of response.

In a basketball game, when someone passes the ball to you, you should take a shot or pass the ball to a team member to take the shot. But if you refuse to take a shot or pass the ball, there is no game to play. You refuse to take the responsibility to do certain actions in that game.

A simple example in a relationship might be a conversation. I finish saying

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what I wish to say, then it is your turn. After you are done, it is my turn. It does not have to be equal in amount of who says how much, but we are both keeping up the spirit of talking and making both sides happy about it. But you say, "I don't wish to say anything. I just wish to listen." This is NOT willing to "kneel."

When you are interacting with someone, there are always matters you need to engage in that involve the act of giving and following. At your workplace, your boss will do what he needs to do. You will do what your job entails. If someone says today, "I simply don't wish to do these tasks" – it is probably time he seeks other employment.

When you are driving on the streets, there are traffic rules you must follow. This is a driver's responsibility. If you dash around and disregard all traffic regulations, accidents will become a surety.

When I mention "kneel," I do not mean to make yourself feel lowly and insignificant, or going against your wishes in order to service another person, or lower your standards to make compromises on what you do not wish to do.

"Kneel" means to take up the responsibility you should have taken in the first place. Then two persons can work together. Whether you are playing a game, or working together as a team member, you should take up your responsibility.

If one of the team members is not willing to interact with other members or the level of the assumption of responsibility is different, then there will be trouble in this team.

It is like having two policemen as a team. One is engaging in a conflict in front, the other is covering for him at the back. If he covers for you and yet you are not willing to engage, then are you still carrying out this mission? Today it is your turn to cover your partner, but you miss and you let your partner get hurt. If you cannot cover your team members in front, your team members will sink together with the mission.

Those who are not willing to kneel will only do what they like to do, accept what they wish to accept, and give what they wish to give. They are not willing to interact with you. If they are happy, they will utter a few words. If they are not happy, they will say nothing – quite rude, stubborn, and unreasonable.

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There will be a problem interacting with such people.

If it is interaction, that means there is a back and forth. If I am your spouse, I will let you know what time I will be coming home.

If I do not tell you, and I come home anytime I want, or don't come home if I don't feel like it, this type of "interaction" will be strange, won't it?

You should tell your better half, when you will come home from your work trip, what time you will be doing what actions. There are responsibilities both sides need to take, and also there is a need for helping each other.

However, a person living in his own world will not think that way. He will absolutely not help you. His whole thought process is wrapped around himself. Such a person is a typical "underdog."

Many women tell me, "My husband insists on playing computer games. What should I do? When he comes home, he says nothing to me. Whenever I speak, he responds when he likes or just keeps quiet anyway."

If a husband ignores his wife at home and just glues his eyes to the TV, what kind of interaction is this?

But an underdog will say, "Why meddle in my affairs? I will watch TV whenever I want. If I am in a good mood after I am done, I will speak to you."

"You are at home, so what?? I don't care. I am watching TV, not watching you."

Seeing a man constantly watching television or playing computer games, the woman wonders, "What on earth is going on?"

On the other side of the coin, a man would like to interact with a woman, have fun with her and do something together. A woman says, "I don't wish to talk to you. I prefer taking a nap."

Or she may say, "I want to party until midnight. That is the time when I can free my soul!"

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But the husband is tired and wants to sleep. The wife is still out there partying. This will create a serious problem.

But a person who has never been married will not think about this problem. They will say, "Is she pretty?" They will never think about if their wife will get in bed at the same time with them.

I have been married to my husband for over 20 years. Whenever we are at home, we have never gone to bed separately at different times. This is a secret for how a husband and wife can have a commonality in being together.

At one time, my parents stayed over at our place. In the evening, after all of us watched television together, my husband told me, "I would like to go to bed." I then said to him, "Okay. Let's go to bed."

My husband held my hand and told my parents, "We are both going to bed."

My parents said, "Good night." And we went to our room.

I would never run off to bed by myself. My husband will not say, "I wish to sleep. But if you wish to chat with Mom and Dad, you can stay here. I will head to bed first."

Still today, my husband will always wait for me. We always hold hands to walk into our bedroom. Unless there are special occasions where we could not be together during bedtimes – we will talk about all that beforehand and coordinate. Otherwise we move – advance and retreat – together.

Some spouses say, "If you wish to sleep, you should go to sleep yourself. I will sleep whenever I want."

Well, maybe it is best for both of you to sleep on separate beds, why do you become husband and wife in the first place?

Some couples have different job schedules and they need to take morning or night shifts, that is a different story. But when you are together, your actions should be together.

Why are there many people who reject marriage? Because they do not wish to change for another person.

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They are self-centered – sleep whenever they want, wake up whenever they want – it is best no one will bother them. Such a person will ask, "Why kneel? Why must we sleep together? You sleep at your time, and I sleep at my time, what is the difference?"

"I like to go to sleep at 1:30 am. If you have something going on tomorrow morning, you should sleep by yourself at 9 pm!"

Even if you do not divorce, the relationship will not be good. Because there is no feeling of two persons acting and merging into one.

You say, "Why act as one? If I don't kick him in bed, it is considered pretty good!"That means your standards are different than mine. Thus, it is hard for me to tell you how to make the relationship deep.

Your relationship will never get sweeter – that is the simplicity of it.

Your level of relationship will never reach what we are talking about here.

So when someone says, "Why should I kneel to have a better relationship?" they will never feel nor experience the happiness which I am describing here.

You do not have to do the exact same things as I have done. What I want to emphasize is the feeling of "together as one."

You live together. So regardless of career matters, life matters, the speed of improvement in life, etc. – you address those things together. If you are not together with your better half, of course you are not happy.

If you are not together, that means it is already a divorce. Even if you do not divorce, there is a separation – there is none of the sweetness of being together.

There are no common strides to take.

Lead and Follow

There is an old Chinese saying, "Marry the chicken, follow the chicken; marry the dog, follow the dog."

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A wife's job is to please the husband – it is to help him to become happier.

My husband never needs to buy anything from the store. Because I take care of all of it for him. His shaving supplies, toothpaste, toothbrush, the suit he needs to wear every day, his shoes, which matching socks he should wear, etc. I take care of it all.

I do what he asks me to do, whether it is washing clothes, mopping the floor, helping him to mail letters, etc. I go wherever he asks me to go, do whatever he asks me to do, and I do it all very well.

Later, he wanted me to help him in his consulting business, to also become a business consultant.

When he couldn't take care of two appointments happening at the same time, he said, "There are two clients that need some help. Why don't we do this? You take care of one client. I take care of another."

"Me? I don't know anything about consulting. I am a housewife."

"That's okay. You've watched me work for a long time and you are smart. Just go and take care of it. Fast."

"Oh..."

"Please go now!"

My husband told me to go then and I went. Thus, today I become a consultant.

Whatever would help him, I support him 100%.

If my husband is a lawyer, I would for sure become a lawyer. If he is an architect, I would become an architect. If my husband is selling vegetables, I would take up selling vegetables.

To fulfill his needs, I match him 100%. This is "marry the chicken, follow the chicken; marry the dog, follow the dog." This is called "kneeling."

When I take care of matters at home, it is not according to my wish, but according to his wish. But if he has no particular opinions of what to do, then I will do it according to my wish. I am at a second position at home, never first.

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He is the king, I am the queen. Thus, if he says not to put furniture a certain way, I will follow his wish to change its position.

If you insist on your way, and your partner insists on his way, then it is just a matter of time, someone will engage in infidelity. If someone is unhappy, they will leave. He won't smile at you, and won't love you, and won't give everything to you and, of course, won't be together with you.

Some people will say, "Why I am the one who is always kneeling? F..k kneeling!"

Looking at what I have done and given, what have I gained?

I have gained the full-hearted love of a man. My man wants to sign a billionyear love contract to be with me. I will never worry he doesn't love me, will never worry he wants a divorce, and will never worry he will commit adultery.

I always believe he will give me everything. We are very in love – our thoughts, communications are blended together – that feeling is beautiful!

If you are constantly being threatened by your spouse that he will choose another woman, or he doesn't love you, or he enters into petty quarrels with you, you have no choice but to go through some "separation." Separation can even come in the form of each side footing their share of the expenses – you take care of the electric bill, he takes care of food expense, etc.

Isn't this a different kind of feeling altogether?

Thus, why do you kneel first? Because after kneeling, you will discover that the other side will also kneel. He will treat you well. You do not need to kneel forever – just like a scale, both sides will balance out. This is called marriage, this is called love.

It is not doing what you like and forcing another to match you and quarreling daily about how you must do as you wish and you cannot fulfill another's needs.

During the grinding period of a marriage, this is the issue that will come up.

During this period, you should not think about who is right and wrong. You

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should think about how to work things out together so that your boat will not overturn, but will sail well.

You must understand if the boat overturns, there is no benefit for either side. Thus, fighting for the right and wrong of the moment is useless.

I have not quarreled with my husband for a long time. Even if we wish to pick a fight, it is hard to do so. Our relationship is solid and sound.

I often ask him, "Why do you think the same way as I am thinking?" My husband says, "Of course. We are one."

"We are one" means we are together, you are my other half, and only when we are together, we are complete.

What we think and do are alike and very much in agreement.

The couple who has gone through the grinding period is just like well-coordinated partner dancing. When one person jumps, the partner jumps. When he bends, his partner bends with him – the coordination is flawless.

While dancing, you say, "Hey, please walk that way." But your partner has no response. You push her, she does not move. Both persons get fixated in the same spot, they look like they are fighting, not dancing. This is how a couple who has not yet gone through the grinding period looks.

There are many couples whose method of getting along seems to be fighting or wrestling with each other, they are at each other's throat, and not "being one."

When you get married, do you imagine yourself in a partner dance or a fight? The difference between a fight and a dance is its character, viewpoint and thought – it is depending on if you are willing to "kneel."

"Kneel" means follow – as in lead and follow. In dancing, there is no such thing as two persons leading at the same time. Even if two women dance together, it must be decided who is the leader, then the dance can happen.

If I am the leader, when I give you a direction, you must move in order to dance.

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Think about if a man leads a woman in a dance and this woman has a lot of opinions.

He holds her, and she crazily moves in her own way. When the man walks a step, she says, "That step is not good. Walk the other way." How could you dance in this fashion? Totally impossible!

Whether it is a simple or complicated step, the decision lays 100% with the men.

The women should follow. Then the dance will be beautiful. If the partner constantly has disagreements, the two persons will look like they are sumowrestling.

Men's job is to lead. You must decide which direction to go. And the women will listen to you.

If you are a man and don't know what to do, you will say, "Where should we go? How should I dance now? Do we go forward or go back?" It is as if you do not know whether to turn left or turn right as you drive. Of course, the cars behind will start honking at you! You cannot decide!

If a man won't lead, the woman will, of course, be unhappy. Do you wish to dance? It does not matter if your steps are simple.

As long as you go, she will follow. You don't have to make the steps complicated. Your partner must be able to follow as well, then the dance will be in harmony.

This dance analogy shows you what are the duties between a wife and a husband. A woman is the follower. A man is the leader – you must lead and take care of matters such as making a living to raise your family.

If a man does not lead, the wife will not find this relationship interesting.

It is obvious when you see some guys dancing, they cannot decide what steps to take, they wait around and don't move. That feeling is extremely uncomfortable.

The role of men in marriage as the leader and women as the follower is something that will never change with time. Men are the heads of the

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household. When many women in modern times try to fight for that position, of course, there will be quarrels.

Of course, it is not always the case that a woman needs to follow the man.

If you are a woman, you have two choices: you make more money than your husband, and he will not nag and might even be happy that you are supporting him.

Some women work and the men stay at home and become a babysitter. The women are outside making money. That is all okay as long as both sides have discussed this and are in agreement. There are no fights about this.

Another choice for women is you kneel first, and support your husband all the way.

If you want him to bring money home and you want him to kneel and you don't sleep with him, this is quite strange. He will think, "What am I doing? What am I allowing myself to be used so cheaply?"

This shows you are the tyrant. Your job is a housewife – you should take care of household chores, take care of the children, and your husband. This is a wife's job responsibility.

When a wife cannot take on her responsibility, fights will start.

Though I have a job now, when I am coordinating with my husband, I will ask him for his approval before I do anything. I will not say such things as, "I just want to open a company in Taiwan! I don't care. That is what I want!" There is no such utterance from me.

For the clothes I wear, I will ask my husband too. If he does not like the clothing, I will not wear it. If he says he doesn't like my clothes today, I will give it away to someone else, and he will not see me wear that anymore.

I know very well what he likes. So when I buy clothes, I will buy what he likes. This is the virtue I keep as a woman.

So how are you doing as a woman? Do you say things like:

"You don't like my dress? There is something wrong with your judgment on

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what is pretty!"

"Well, you can do what you like! But I like it this way – that's all that counts."

"If you don't like it, you don't need to look at it! I only wear what I like!"

This is a barbaric attitude. Will the women of a younger generation be like me? I don't know. But this is my standard.

Though I may look like a super career woman, but I will never wear what my husband doesn't like me to wear, and won't do what my husband doesn't like me to do. I will get his approval before I do anything.

If I would come home late, I will get his permission. That is unlike some wives who never let their husbands know where they are, give their husbands no clue what time they will be back – their wives are totally out-of-control. This is what I call "won't kneel."

A marriage that has someone who refuses to kneel will not be a happy one.

There is an unhappy husband at home. Let me ask you, "How will you be a happy wife?"

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Love Adventure Q and A

Q: If my partner insists to rely on me to solve problems, what should I do?

You must let the other person understand that this is a matter involving two persons and you can redefine the standards you wish to have between both of you.

You are one entity living together.

If you feel your partner is relying too much on you, you can find some things for which you could rely back on him or her, or give your partner some tasks,

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and thus, restore the balance.

You can see what areas your partner is relying on you. Give him or her some chances to get it right so that he is depending less on you. This is part of the grinding time of working things out.

It does not mean he or she can never rely on you. You can set some rules.

For example, after you teach your partner how to do a certain action, you can let him do it himself, or come up with other ways where he could help you in other areas.

You must learn how to place demands on one another. That is also part of the learning of how to be together. This type of demand is not unreasonable and forceful – it is asking your partner to do things which are beneficial to both of you.

If he is not willing to do something at first, then you will hold his hand through it.

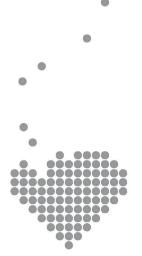
For example, he is not willing to jog – though being physically fit is definitely something that benefits the relationship (and himself). You can first accompany him to take a walk. If walking 15 min is not enough, you walk for 30 min. It helps him get started.

You should think about how to create these fun moments in your life. These are the moments that make a wife-husband relationship outstanding!

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Seventh Chapter:

Getting Your Checklist Ready



Prepare Your Checklist

Everybody assumes that in the dating process, you can get to know another person better. Thus, you should date first before you get married. But after knowing another person well, why does separation still occur?

Here is the answer: can you tell me exactly what would become of you 10 years from now?

If you do not know the answer to this question, how will you know what will happen to another person in the future?

This is a mystery and a trap. If you do not know exactly how you would be in the future, why would you spend 2 years to "know" a person? Even if you know a little, it does not mean he or she will remain the same – human beings will always change.

If you want to make your best choice, you should put together a checklist. If your partner matches the criteria in your checklist, then you take a chance and jump into the marriage.

This getting married must be done! If you wonder around and don't act, how will you know what will happen later? You won't know. And if you don't get married, simply nothing will happen.

If you bravely walk into marriage, and know how to handle the situations that might come up, in most cases you will succeed.

It is the same as running a business. Some clients will not show up for your appointments. Some clients will give you a bad check. Or there are mistakes on a contract and you might even be sued. But if you have enough knowledge, your business will continue. There is nothing to be scared about.

If you find a partner that is fitting your checklist and after seeing the person for 3 times and everything checks out, you can decide to get married. If I am your matchmaker, I will move that fast.

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If you are a bit worried, I can check into the person's background. But I must forewarn you, the result of looking into his or her background after you are seriously thinking about marriage is often not too far away from my first perception of this person.

If all you want is to take a magnifying glass to "examine" a person, you will spend more time and there is no benefit for you whatsoever.

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Checklist Sample

The way to put a checklist together is very simple. Put down the terms which you care the most about in the selection of a partner. Below is a list of the most common examples:

1. The age difference you can accept

How many years younger or older can you accept in your partner? It is not just writing down numbers or age. There might be "conditional" terms. You must clearly state the terms and quality you are looking for. For example, if the partner's quality is excellent, you may be looser in your requirements of his or her age.

2. Do you wish to have children?

You must have a common agreement before marriage, and thus, will not quarrel over this aspect after marriage, making each other uncomfortable.

3. Where would you stay after marriage?

If one party wants to move to a different city, are you willing?

If there is a person who fits all the terms on your wish list, but he stays in a different country altogether, are you willing to migrate?

This point has to do with your lifestyle and details of your work situation, etc.

4. Will you be staying with your parents?

There are a lot of variables. For example, if you stay with the husband's mom, does that mean you are expected to help his mom to cook and do the laundry? Women will consider such a point. Especially those women who have a career may not be willing to have such arrangements.

If you just agree to get married without thinking this through, it will cause problems after marriage.

You must think clearly and communicate with your own parents if they are expecting some type of contribution from your spouse after marriage. You can avoid potential conflicts if all terms are clear.

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You must know the details and the criteria which you care about the most. If the fact that another person cannot match a particular criterion bothers you tremendously, you must bring it up.

If your checklist is not clear, you will not be able to find a good match.

Don't date blindly. You should do your homework and give me the checklist. I will help you find this match.

But if your checklist has extremely high criteria, then I will have a much harder time to find you that match – the chances are less.

You should go out and make friends and let many people know you. Then bring your checklist and see which ones match the checklist and bring up the subject of marriage with each one of them.

I have to remind you. As you wish for another person to fit your criteria and yet you are not willing to fit another's criteria, the difficulties of finding a match will increase accordingly.

Especially when a woman is choosing a man, if your terms are extremely strict, you may not find a match at all.

On the other hand, there might be a man who will suddenly say to your strict

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terms, "No problem! I will do as you want. I will fit your terms."

There is an 85% chance that he would like you to support him financially. Then it is up to you to decide if you can accept such a marriage.

If you do not wish to be with such a person, then you should change your terms, and thus avoid such a possibility.

For those past 30 years old, it is best to be straightforward when talking about the marriage terms, just like talking business.

If you succeed in finding someone, then talk about love. But if it is not a match, then there is no need to continue. There is no need to "try to be nice" to the other person.

You are nice to a person but that person has no desire to marry you. In the end, your efforts are no different than "taking care" of someone's future spouse – someone who does not belong to you – a total waste of money and time. I advise everyone here: especially for guys – don't date – you cannot buy the heart of the woman.

Many guys often have a misconception: he thinks if he treats a woman well, he will buy her heart. Wrong!

Even if you have done 10,000 good things for her, maybe she will be with you for 2 years, but if she doesn't love you, she doesn't love you and won't belong to you.

You should act fast in the beginning and be aggressive and just ask her if she wants to be your wife. If she is willing, hand your heart over to her. If she is not, don't even touch her.

Can you have a real relationship with someone? You can find that out within 2 months.

If a person is willing to date you but not willing to get married with you, is it worth it? Even if you did get married, that person will not love you. So why should this marriage happen in the first place?

This matter is clear from the very beginning.

Have Your Bargaining Chips Ready, then Talk Your Terms

Most of those who attend my Love Seminar have a purpose to go towards the next milestone in their life – they have a purpose to get married.

Similarly, as you are reading this book, I would like you to make the correct decisions for your life and not just have the attitude of playing around or wait-and-see. You must take the full responsibility for your life; you must have real change.

This is not easy. But you must give yourself a chance to change.

While looking for a partner, you will have lots of thoughts that occur in your mind such as, "This is not good." "That is not good." "I like this." "I don't like that."

We call these "calculations."

These thoughts come from past unpleasant experiences and others' education to you. They are not what you really think and yet they affect your decisions and your future.

Thus, don't assume your current feeling is the way you will always feel, or assume you are a particular type of personality. Don't use hardheaded thinking to look at things, and thus, let others feel you will not change.

That hardheaded thinking seems like a steel wall that cannot be broken through.

The most frightening thing is, it is all false.

If you date someone, you must have the intention to propose to the other person.

You should bring out your checklist – just like performing a job where you have an exact purpose of what you are doing and a schedule of when you are doing what – you go through your examination.

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Having a definite purpose will help you get to where you want much faster.

It is just like shopping. If you stroll around with no purpose in mind and you just walk into a department store that has an anniversary sale going on, you will most likely buy a bunch of things which you do not really like and yet cannot return easily, and spend the money you should not have spent.

If you are only 16 or 17 years old, I agree that you can do things just for the fun of it. Between 13 and 17 years old, you can play, make friends, practice how to get along with the opposite sex, dating for fun, etc.

But after 17 years old, you should focus your energy and attention on how to set yourself up to achieve success in life and also get serious about the topic of marriage. After 20 years old, you should get into a serious relationship, get married and start to work and concentrate on building your career and raising the next generation.

If you are at a marrying age but you do not get married but just date around endlessly, there may be many things that will happen which are out of your control, such as things which cost you wasted energy, money, resources, time, stamina – they are all losses.

And if you do not get married and you are just dating, you are at best taking care of someone else's future spouse. Is this worth your while? Is that what you want to do?

Most people understand love the way high school or college students go after their first love – liking someone, courting someone, and indulging in the lovey-dovey world of two persons – just like the Chinese movie "You Are the Apple of My Eye," (see Footnote 1) where a boy and girl love each other deeply, but after many years, they could not make the decision to take the next step and in the end they could not be together.

Marriage is not that kind of game.

If you are still playing that kind of game, you should look at how much youth have you left? What should you be doing at your age?

What you should not do is to spend all your energy only to check if others will fit your criteria.

GETTING YOUR CHECKLIST READY

If you are a woman, you should go to the doctor and get a checkup and see if your body is still healthy for giving birth. When you are talking terms with others, you can say, "I have done an examination. My womb is healthy. I can bear children."

It is kind of funny to use such a bargaining chip for discussing marriage, isn't it? Yet when you are of a slightly older age and bring out this point to the marriage prospect, the man who is willing to marry you will be happy to see how thoughtful you are to mention this. At least on his checklist, he can put a "check" beside his issue of having children.

However, most women do not think this way. They will think, "I am not insane. Why would I tell a stranger that my womb is healthy?"

You have to understand, when you have reached an older age for giving birth and you are looking for a partner, the guys will look at your ability to bear children.

Some women are upset when men mention their terms of wanting children. They think the men are treating them just like a tool. But this is normal!

"Well, what about our love?"

Let me tell you a truth: as long as he is a "normal man," he would like his wife to have children.

He may not even be sure that he has the ability to raise them, but he does want children.

I have even heard men complain, "Shucks, why wouldn't my wife want to give birth? If I have a womb, I would have given birth long ago!"

Actually, as long as you do not have terrible qualities, getting married is not hard. The most important thing is, you should change your mind about how to go after it and you must have the determination to get married.

Let me remind you of two points I tell those who come to my Love Seminar. If you like someone, all you need to say is, "I want to marry you." You don't even have to say "I love you."

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You do not need to know if you love him or her. All you need is a willingness to marry this person – that is all that is required.

Additionally, you have to tell another, "I am willing to have children." This sentence is particularly effective to say towards men. In their eyes, the women who are willing to have children have value.

After 30 years old, especially for women, the health of the reproductive organs goes down drastically every year. If you do not get married this year, next year's condition for giving birth will not be as good as this year. This is definitely the case.

There was a guy who asked me to find a partner for him. Because of his religious belief, he has kept a vegetarian diet. And he would like his partner to have the same religious belief and dietary habits.

I helped him to make a calculation. A partner who fits his criteria will most likely appear only once every 3 years. If he has missed it once, he may have to wait another 3 years. If one insists a potential partner have similar beliefs or habits, one will set up a lot of limitations for oneself. This is a mental block which you should break through.

Life is a game. There is no need to be too serious in many matters.

But improving and growth is a serious thing: everyone is comparing their accomplishments to one another, looking for a job, looking for a wife or husband – all these are the same. You cannot help but have to confront these matters.

When others are improving, those who stay at the same place will lose. When the distance becomes so huge, you will have a very hard time to catch up.

Here is another idea: everyone would like their relationship to be "more valuable than it is worth." They usually want to get more out of it than what they put in.

But they do not consider what they can offer to the relationship in order to receive the value they are looking for.

If you are a seller in a retail business, you want to sell high and make a lot of

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money. But you have to know how to attract customers who can afford high-ticket items. If you are a buyer and you are very picky on what you get, you have to have the means to afford high quality items.

You like your wife to be pretty, have a great figure, smart, virtuous, elegant and take care of your household... frankly speaking, there simply aren't many people that fit this bill! Even if there are, these people are "snatched up" very fast.

Here is another scenario:

Take for example, you would like to sell a high-class designer jacket. The price tag is \$8000. There will be very few customers who want to buy it. If the price becomes \$800, the number of people who would buy will become 10 times more. If it becomes \$80, the number of people will increase 50 times.

And if the same item goes for \$8, you will never worry if the stock will ever get sold out.

Similarly, this is the condition of the "love market."

You do not have to elevate your "price" so high, like the \$8000jacket, which no one will even ask to try. You do not have to make yourself so cheap to sell at \$8. You can set an acceptable range and have the quality which your prospects can accept too.

When you buy an item, you look at its appearance. In love, you look at the "feeling" of it.

Do you look happy or sad? That feeling will decide if you can win another's liking, and what type of people will come near you.

In normal cases, a person who likes to smile and laugh will find a more cheerful partner. A person who likes the feeling of sadness will attract the same. A sad person who looks at a cheerful person may not like such a temperament. They might find that cheerful person is too bright and too "sharp" to their eyes. When they find a person who is always down on his luck, they may empathize and feel this person is a nice match.

Of course, there is no hard rule about which person will like which person.

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Here is another important question I wish to pose: "Do you actually like yourself?"

Do you like the feeling you give to another? If you were to give yourself a score, how would you score yourself?

Do not give yourself 85 points if you actually are 20 points. Or if you are 80 points, do not give yourself 60 points. All these are not right. How many points are you? You must know it.

Thus the most important issue is: you must know what type of person you are.

In the world of relationships, there can be a cruel situation: you approach someone and say, "I like you very much."

That person, however, says, "Do you think my quality is that bad? Don't insult me!"

Isn't that cruel?

But the biggest problem is, the person who asks in the first place does not think so. This is the huge disparity in the perception of love matters.

It is like a house that is priced at a million dollars in the market. And you offer \$40,000 and you think this house is worth that much. Everyone will think you are just a lunatic.

In love, you must know how much worth you have, how many bargaining chips you have, and how much you could do for the relationship.

Why do many people estimate their worth incorrectly? Because they do not observe how other people think – they are living in their own world and only think about their criteria instead of taking into account how they may fail totally when matched against another's criteria.

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Love Adventure Q and A

Q: What should I do if the person I propose to gives an indefinite answer?

This shows that the other person is not ready for marriage, and has some problems which he or she cannot face.

But if you continue to ask more people, you will meet the partner who has made the decision to get married. When he or she is willing to be with you, that decision will last a whole lifetime.

It is like going to college. You do not know what major to take up. But you are determined to have a college degree and so once you step into it, you will finish it. The decision is very important.

When you encounter an indefinite answer, you should change your prospect and approach someone else.

I have to tell you. This indefinite answer can drag on for 3 years, maybe a whole lifetime. You should not waste your own time because of someone's indecision.

You can think this through and figure out what will likely happen if you continue this relationship. This person just wants to date you, have sex, maybe go through an abortion, but will never get married. Even if both of you get married, there will be crucial moments where this person cannot make up his mind in important matters – thus always hanging onto a "maybe."

This situation will only see improvement if he or she improves and changes his or her attitude for the better. Or else there is simply no good ending.

If you are someone who wishes to get married, you want to become a parent, have a family life, are willing to take responsibility and want to be happy – do not be with such a person. If that person cannot decide, change your prospect right away.

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The Big Picture and Small Details

When you are listing your terms on your checklist, the most important issue is: understand yourself.

If you understand yourself, many problems will be easier to solve. If you do not understand yourself, it is as if you are holding a camera that cannot be focused. There is no way to take a clear picture.

However, most people think "understand yourself" in a marriage means "I understand my needs – the partner I would like to have should have this and that quality." This is a wrong direction.

"Understand self" means do you know why you would like to get married? Do you have the ability to maintain a good relationship with another? What are your terms?

But there is something else to consider: What type of person will you be 5, 10, 20 years from now? You do not even know!

Why do some people find that they cannot get along with their spouse – only after marriage?

Why do some people say they won't have kids and yet after marriage, they try all they can to have babies?

Why do many people say they won't marry, and yet when they reach 40 years old, they beg me to help them find someone? Suddenly, as long as it is a man, they are okay.

All these happen because they do not know what kind of person they will become.

With regards to "understand yourself," the main point is: you have to know who you will become 20 years from now. However, most people will find this totally impossible to know.

Even knowing themselves right now is hard.

You must know what you want – what is your goal.

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It is like traveling to a different city. Whether you now make a right or left turn is not that important, whether you take the train or plane is not important either, whether your mode of transportation is fast or slow has little importance, the most important part is you arrive at your destination.

But most people have different views on marriage. Some people will say, "I cannot stand how overweight he is!"

"He doesn't like to eat vegetables. I cannot accept a person who is so unhealthy on his diet."

This is the equivalent of being stuck at whether you should turn right or left now or whether you have encountered one-way streets. You are mad right away at the one-way streets, but do not care for the big picture of arriving at the destination.

This is what I have always mentioned: the big picture and the small details.

Most people list their criteria and terms based too much on the small details. "I prefer she is not a vegetarian." "I don't want a short-haired girl." "Some college degree is a must."

All these are simply not important!

But most people care about these criteria. Their directions for selecting a partner are all wrong. Their focus is on what they could not accept, what they hate or dislike.

Do not be fixated on your "must-haves" when you select a partner. People change. You do not know what the future holds. These details have nothing to do with a real relationship.

If you are so mindful of such and you cannot go through the conflicts that these details might create, a divorce is inevitable.

When you really love someone, you are like water. You flow and have no limitation or restriction. You will do everything you can for love.

But until you have really loved someone, you do not know how much ability you have, your mind is unfortunately all restricted by the limitations you have

imposed on yourself.

One of the reasons why dating which happens before marriage has a 99% chance in breakups is because one will pick on another's fault – one will not withstand the smallest flaw and is judging the dating partner every day.

However, if that person is your wife or husband today, you will not care about such insignificant issues.

This is interesting, isn't it? The ruler which you use to measure a dating partner versus a marital partner is different.

But if the requirements for your dating partner have nothing to do with the requirements after a marriage, isn't this a scam?

You should know what are the real terms to look for in a partner, you should learn how to uncover truths.

But if you cannot learn it, if you do not know what is marriage and don't understand yourself, the ruler you pick will always be in the realm of your imagination.

In one couple that I had match-made, the husband had lots of negative views about his bride before they married. If you asked him what he thought of his future wife, he said, "Zero points!"

But he married her. This is my prowess as a matchmaker – I convinced him.

And now?

His wife has given birth to a cute baby boy. His whole family is celebrating with fireworks. Whenever the husband holds their son, he feels overwhelmed with tears. Now he is working hard with his wife for having a second child.

You ask how many points he gives to his wife today. He says, "100 points."

From zero to 100, isn't this a miracle?

If not for my matchmaking efforts, this man would never have married his current wife. If he picked with his criteria, he would never have found such a wife. His parents are so happy and his father-in-law is extremely proud.

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Everything is perfect.

The reason for his success is simple. He listened to my suggestion. This is my area of expertise.

He had dated 3 different girls within a 10-year time frame when he was single. He chose these women. He had wanted to marry these women and he scored each one of them at 85 points and above. But each relationship ended miserably with disappointments.

He wasted 10 years.

In these 10 years, he could have 3 kids.

He wants a happy family life, he wants children and marital bliss. But he did not accomplish his goals with these "85 points" women. But the wife who had "zero" points made his dreams come true. How did this happen?

Because I know what he wants in his life, and I am clearer than him as to which woman will fit his big picture, I can find the right person for him.

Thus, if you have a great picture of how your life can be, do not set narrow limits, do not disparage your ability to achieve it. Be willing to consider all ways and work hard to achieve your goals.

When I am consulting a client in a business situation, if his or her goal is to increase only 20 to 25% of revenue, I will tell him or her that my services are not needed. If they hire me as a consultant, they must have a goal of increasing 200 to 300%. Then I will take their contract.

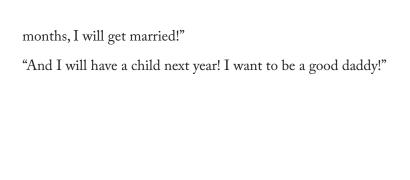
If we are serious about accomplishing a goal, we must attain real changes.

Business is done this way, so is life!

If you cannot find your partner and cannot get married, that is because in the last 20 to 30 years, you have had incorrect ways of dealing with some areas about this that made you repeat similar mistakes. You should face these issues bravely, take decisive measures, and not hide in fear.

If you come to my Love Seminar or read this book, you have the desire to get married. If you wish to change, you should have this determination: "In two

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Footnote 1: "You Are the Apple of My Eye" is a 2011 romantic movie from Taiwan based on a novel by famous Taiwanese author, Giddens Ko, who also made his directorial debut with the film. The story is about two classmates – a boy and a girl—who fell in love with each other over time. However, due to various twists of events, their love for each other never had a chance to be expressedfully.

Years later, they got in contact with each other and lamented the fact that they were not fated to become a couple. The girl got married with someone else. They were surprised that their past emotions had transformed to a deep friendship and serenity.

Eighth Chapter:

Becoming an Ideal Partner Who Fits Anyone



You Can Have Touching Love Stories, No Matter Who You Choose to Be With!

What are the important points of a marriage?

Let's go over the main points again: you wish to raise the future generation with another, you want to spend the rest of your life together, work on improvement, have similar directions in life, form a family and establish your career, and constantly learn about loving another and be loved.

If a lady's quality is good, it is so simple to get married. She finds a guy and says to him, "Marry me!" He says, "Yes." The story ends. This is the same for men.

The problem is most people do not have such courage. They hesitate and think, "Do I marry just like that?"

"If I am with this man, will I really make it?"

Actually, it is not the other person who rejects you. It is your inability to overcome the mental block in your mind.

You have excellent qualities and think well about yourself. Then you should have some self-confidence on this road of marriage. But you should not be so arrogant and miss the good opportunities around you.

After marriage, the direction of the game will change immediately. Instead of still being stuck on who you like, you will now be thinking,

"What should we do next?"

If you were in the movie industry and making a motion picture, you will start filming after you have first found the right actors for your characters. You will start thinking how to produce a good movie with these actors, how to work with others.

You will not hesitate forever at deciding who should play the male and female

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leads, whether you should sign the contracts, etc. The longer you hesitate, the easier for new problems to crop up. Others will not wait for you, the world continues.

Most actors and actresses have not met each other before. If their roles are of lovers, the first day may be a kissing scene, they have to show how much in love they are.

Well, such is life – you have to do things which you may not be comfortable with, but it is part of your job.

But if you are on the side waiting to play your role, saying, "Yikes, it is so embarrassing! I have never met him before and now I have to kiss him?"

"I have given away my first kiss just like that!"

"You have bad breath. There is no way I will kiss you!"

That means you have no qualification to be a professional actor and there will be no future contracts for you. You cannot produce well at this job.

This is a simple analogy. If you can do something, you do it. If it is time for marriage, you simply marry. If it is time for kids, you work hard to have children.

The love between you and your spouse will develop and deepen, your career will become smooth. After having a family and career, life begins. And you will start to experience the touching love stories.

What is a touching love story?

When you get married in the beginning, you have absolutely nothing.

You don't even like him and he does not like you. After 7 years of bickering, you find out he has changed. He starts to care for you. You have fallen in love with him.

And after 20 years, your relationship becomes very good. The kids have grown up and finances are in better shape than ever before. This is the story of having had nothing in the beginning and eventually making it.

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Maybe you have heard the story of a dating boy and girl who were madly-inlove but in the end they separated. This story is a big difference from that of a couple who built their family from scratch.

Which ending to these two stories do you prefer?

Do you like to be with your better half all the way till the end, or would you like a madly-in-love relationship but 3 years later divorce?

You must practice and have the ability to be "the ideal partner that can create a happy relationship with anyone" – the "excellent dancer" which we have mentioned before.

For singles, sometimes they feel they have lost out by "giving" themselves so easily away to being married with another person.

But the ending is what counts. After 10 years, your other half loves you very much. It happens because you have taken a bold step towards marriage.

So can you make that jump?

Or maybe you have had some beautiful love experience in the past and are holding onto wanting that again.

You must realize these romances have no substance and they are just a trap. People who date and don't marry will only gain negative experiences.

However most people cannot face such truth. They like to taste sweetness, but have no desire to experience the hardships of life. Sometimes, even if they have suffered in their love relationship and others advised them to cut the negative relationship, they still won't. Those sufferings are still "sweetness" for them. They indulged in the perverted "joy" of it – unable to snap out of it.

Now, if you are married, treating the "hardships" as sweetness is a worthwhile thing to do. You will face life's challenges and work hard to manage your family and raise your children. Regardless of how hard life is, you will continue on.

When you are not officially married, you are neither a wife nor husband nor have any particular title, so who are you? All you have done is to care for someone who will never be your spouse.

While dating, some guys pick up their girlfriends from work every day. Some women do the laundry for their boyfriends and cook for them. But what is the purpose? You are just a stepping stone for others to step on and move to the next step. You will be forgotten totally in the end.

However, if you choose marriage first. You have found a home for your love – you can protect, nourish and grow your love with no limits.

And you will indeed have the touching love stories which you have always dreamed about!

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Love Adventure Q and A

Q: If someone asks me, "Will you marry me?" and I cannot really agree to do so, what should I do?

You don't have to immediately agree to his proposal.

This is why I am here as a consultant. I can help you sort things out and help you solve problems which you cannot solve. Maybe this person is not the right one for you. But I can ask questions on behalf of you. And after that, you have more clarity in your mind about the possibility of marriage.

There was a guy who gave me 8 names of girls he liked. I went to all the 8 girls and talked to each of them and even tried to convince them to consider this guy as a marital prospect. He had a list, but he had no courage to confess his interest to the girls.

Even if he were to approach them himself, he will not know how to appropriately bring up the subject.

But after the Love Seminar and working on his communication, he will have a chance to succeed.

Many men and women who have come to my Love Seminar do not know how to bring up the subject of marriage with another person. I am usually

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the middle person who helps them. The man looks at his future wife, but can hardly utter a word. The woman knows this man is her future husband, but is totally embarrassed.

This is not at all strange. If they would have known how to communicate and express, they would have long been married. That is a hurdle in their life.

Why am I here? I am here to help you get past this hurdle.

I am fast. In putting a wedding together, I only need 1 month and I can get you married. But you have to work with me and work with me closely. Do what I ask you to do or the wedding cannot happen.

Why do I want you to watch the documentary, "Let's Fall in Love?" Every couple in the documentary got married because of having worked closely with me. Each of their stories of how they got married can only be described by an outsider as "dramatic."

If you are willing to work with me and give me your terms, you will be able to get married.

Even though you do not know the person's background, and you do not know how to handle the problems that may arise, don't worry, I will tell you exactly what to do.

Regardless, if someone proposes to you, it is a great thing. If you cannot find a good reason to say no, then nod your head to say yes!

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Who You Like is the Least Important

During my Love Seminar, I will ask the attendees to fill out a questionnaire with the purpose of understanding their suitability as a partner for someone.

Most people write what type of people they like to be with or what kind of criteria the partner should have. They seldom write about what they can do to satisfy another person.

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But after marriage, the real issues come out. They will ask, "What can I do? I seem unable to satisfy my partner!"

"What can I do to earn my wife's liking? How can I communicate with my wife?"

"My husband ignores me most of the time. What can I do?"

Before marriage, most people will say, "I don't like his style." These people insist on finding the partners with the style they admire and like. But when you ask the people who married, the issue of "style" is so far away from what is happening between the couple.

Thus, who you like is the least important!

Instead of thinking, "I don't like him. I like that guy better. I hate this guy." you should ask yourself, "Why am I uncomfortable. Why can't I get along well with this person?"

Yes, all of us wish to be comfortable. We wish to find someone who is handsome, caring, gentlemanly, someone who makes us so happy, someone with whom we can easily say, "I do!"

But this is funny. I am thinking the real questions should be: how can you handle all types of people? How can you let yourself be more at ease with people?

You must first understand yourself and not try to figure out what type of partner you can be a match to or who can match you. This is not how you build a happy relationship.

We are not talking about tailoring and making clothes. We are talking about human beings. You can cut an inch off a dress or lengthen it. But you cannot cut an inch off a human being.

So if you want to change another person and you want that person to become your perfect prince or princess, that is a complete wrong direction.

You have to learn how to be comfortable first.

Thus, you must learn to face every person, and take a look at in what areas they make you uncomfortable – what are you uncomfortable about? If you

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continue to work on this area, you will enjoy a lot more freedom anywhere you go.

Most people think about the popular "dream lover." But whether you can be happy in the end with this person is still an unknown.

Here is another very interesting phenomenon. Some women, even if their husbands divorce them, have still plenty of suitors lining up waiting.

Thus, being divorced does not affect their "marketability." Some divorced women even have better chances to get married than those who have never married before. There is no question they possess the ability to marry.

Theoretically, being divorced is equivalent to flunking on a test. What makes a divorced person likeable in spite of their past?

They still possess some great qualities which are attractive to another.

For those people who do not mind a divorced partner, they might also think this way, "She is divorced from him. It does mean she will divorce from me." "She divorced because she cannot get along with her ex-husband. But we are a match. I love her very much."

Everyone thinks that his or her situation will be different. But if this person has divorced before, that means there are certain issues which he or she could not overcome in his or her relationship. Marrying again does not remove the underlying problematic area which they may still have.

If they want to get married, they will show their best, their cuteness, they know how to make themselves attractive. Many suitors will actually fall for it.

Thus, in the end, as long as you know how to be attractive to another, you can find a partner.

This is an ability.

If you want to win someone's heart, you have to learn this ability well.

Now, let's use a different angle to look at the issue of what most people like.

We have described in previous chapters that good looks, making a lot of

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money, being a high-achiever etc are commonly deemed as qualities of a "good eligible partner" – though these criteria have nothing to do with the success of a marriage.

For singles who are searching for partners, they have to understand this aspect: everyone wants the "finished product" and no one wants to get into DIY (doit-yourself.)

Most people like their chosen partner to be as beautiful as an angel, gentle, kind and with perfect social manners. They can always come up with an example of such a "perfect" person – usually the spouse of someone they knew. This is the so-called "finished product."

What is a DIY? That means additional work is needed. The person may have the potential to become a superstar but he needs work, he needs training. Most people will not choose such a partner.

"This is me now. Do you want me or not?"

No, no one wants the raw product.

Everyone will be scared of being with this person who needs a lot of work.

Even though he may have a good character and his potential is huge, he looks like a nerd. No one will appreciate his potential. He is an "unripe apple."

But when he ripens, he will be outstanding. Thus if you want him to reach a high level of 99 points, you have to accompany him all the way. He has great potential and one day he will make it to a much higher level.

But let's take a look at someone whom you may consider a "finished product."

You may find there is not much potential – his "malleability" is little. He cannot improve much more than his current state. His "potential" is what you see in front of you. If you would like him to increase a mere "2 points," you have to use up half of your life's energy just to accomplish it.

Thus, don't select a partner based only on your liking for a "finished product" and miss out on the potential growth that will happen in the future.

Don't select a partner based only on the "good vibes" he gives you on your date.

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When you are choosing a partner, the feeling he gives you should be similar to the feeling he displays at home. Simply, someone who acts and says as they think.

But most of you won't know how to go about finding this out. You won't ask another person the right questions, and thus, you won't know how that person acts at home.

Here is a funny story. My friend told me about her son who has been living with his girlfriend for a few years. Recently, this son came home to stay with his mother temporarily. Here is where the trouble began.

After her son stayed with her, he found that despite also having a full-time job, his mother was able to keep the house spick and span. When he returned to his own place with his girlfriend, he started to pick on his girlfriend and criticize her for being messy at home.

His mother said, "You have stayed with her for so long. Why didn't you think the house was dirty?"

His girlfriend said, "You have never complained about how I live. And after staying with your mother, you started your criticism!"

When he stayed with his mother, his standard of how a house should be kept clean changed. He thought, "A woman should of course keep the house clean and tidy!" and thus, started criticizing his girlfriend.

This is another point: if there is no comparison, you will never find out about the problems you are having in your life.

If you live in a polluted city all your life, you will never find out how fresh the air is at the countryside – because you have never traveled that far.

Thus, don't put so much attention of who you like before you get married and be stuck at that position.

The action of moving forward in life is more important. Once you have entered marriage, your perception of what is important will change as well.

I Appreciate You, Even if You are Different

When I preach "be the ideal partner who fits anyone," I am not encouraging women to be fickle and have sex with everyone.

Women should learn how to admire and appreciate men. If you can admire and appreciate them, you can marry.

If you cannot appreciate the people around you, you cannot marry. And no matter who you are with, you will not be happy.

This ability of appreciation has nothing to do with your husband. Your direction should be on how to have that deep appreciation in your heart.

The wife of the award-winning director Ang Lee (see Footnote 1) had supported him despite his not able to find work for many years. She supported him emotionally and financially while he stayed at home and helped with household chores, working things out and seemingly not producing anything. But his wife could appreciate what he was doing. In the end, a world-class director was born.

If you love Ang Lee, you must then appreciate him and have no regrets to support him fully. Even if he would never make a movie in his lifetime, you will not have any regrets nor complaints. This is the essence of the spirit of a wife.

If you do not have such an ability to appreciate, you should not complain about how unhappy your marriage is, because you do not actually possess the qualification to enjoy a happy marriage.

Thus, why would I ask you to improve and grow? Because the ability to appreciate comes from improvement and growth.

You have to break through the unhappiness and discomforts of the past, you have to comprehend the truths in life, then you can find real happiness.

I have met people who have not placed enough importance on growing and improving, whether it is in the area of relationships or in the area of understanding themselves.

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As they get older, life throws very tough problems at them. If you add onto these problems the situation of lack of time, stamina, and financial challenges, there is no way they could make a significant change to their situations. Even if they have the willingness and heart to do so, it would be useless. Why does this happen?

Because this person has not worked hard when he was younger. He did not take care of all that was needed to be taken care of – in some areas he took the lazy and comfortable route.

When he gets older, he has no love to nourish him. His heart is empty and tired. He wants to move, but cannot move. His flesh cannot carry all his worries. In the end, there is less and less time, he is exhausted, he has little money and energy is deficient. His life is almost coming to an end.

How could he get married in such a condition? How could he have children? This is life's cruelty.

He has missed all his chances when he was younger and now at a much older age, he has a lot more odds against him.

Yet people come up with all kinds of reasons to reject someone.

Some singles insist on finding someone who has "similar values," but again, this could become a blind spot which turns away good prospects.

For example, similar values in areas such as both persons like sports, like to eat healthy, or watch the same types of movies, etc. are used to look for who is the right match.

This type of search method to find a right match is a big misconception. These values actually are not important! Two persons can be of totally different characters. As long as they could appreciate each other, all would be fine.

The difference of these values will not affect both of you being together. You do what you like. I do what I like. When we are together, we can get along – that is what is important.

We eat together, sleep together and face the day-to-day life matters together. As to what you like to eat, it is not important. You eat what you like. I eat what

I like. It is actually quite nice to have this difference.

Even though your hobbies and interests may be different, your big picture goal should be similar with your partner. The big picture goal is the desire to improve and grow.

If I use mountain climbing as an analogy, you and your partner's big picture goal would be to climb to the top of the mountain. But he likes to roll, you like to jump. In the end, it does not matter what method is used, as long as you can reach the destination.

So what is considered a suitable person for a partner? A suitable person is someone who has a similar goal – someone who is willing to improve and grow. If one partner likes to indulge in decadence, another partner likes to improve, this partnership will not work out.

Those habits, hobbies, values, etc. do not need to be the same, as long as both partners are willing to get into marriage, grind through, and go towards the destination of happiness.

If two persons have similar characters and interests, that is of course a good compatibility. But two persons with different characters can also create sparks, they can complement each other on their strong and weak points.

The most basic part of life is to take care of the basic needs of life, like clothing, food, housing and transportation. Don't make it too complex than those needs.

You should have the confidence to take care of what is needed.

Other than making yourself happy, it is important to also have the ability to make another happy.

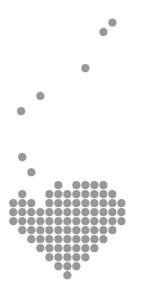
However, your own happiness, or unhappiness, will have the deepest effect on your better half.

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Footnote 1: Mr. Ang Lee is a director from Taiwan. During the time when he had not been able to find work for 6 years, his wife took up the burden of supporting the household. This is a rather embarrassing situation for most households in Asia. But because of his wife's support and understanding, Mr. Lee did not give up his directorial career and later became an award-winning director. He has also won an Oscar for directing the film "Life of Pi."

Ninth Chapter:

Love is a Battlefield



Do You Want to Marry Me?

Looking for a person to marry you does not have to be complicated. Simply, the person you should look for in the first place is the person who will talk to you.

Finally, a woman has come into your life, you kind of like her too. She has some interaction with you. After some time, you can ask her, "Do you want to marry me?" You will know fairly quickly if she is willing.

However, if you have a fair amount of interaction with different marital prospects and yet no one wishes to get into marriage with you, you can imagine there will not be much hope for you trying to go after "even better" prospects.

And if you have very few people in your life who spend time with you and want to be with you, you will have very a slim chance to find a partner.

Thus, you don't need to look that far to search for a partner. Think practical.

In your day-to-day life, you can look at who is around you – have more lunches and dinners with people, go out to a movie, or go mountain climbing, etc. You can find someone among these circles.

If you have your standards set very high, depending on where you are, you can fly to another country – America, Europe, Japan or China, etc. – to look for your partner. You can look for someone whom you have never met before and go on an arranged date. Of course, there is no real love involved with such an arrangement.

You should continuously interact with different people, especially when you are young. If you have missed the golden age of looking for a partner, and have not put in any real effort to look, you have no choice but to end up as an underdog.

Actually, underdogs often have suitors who have liked and admired them. But why have underdogs missed those chances? The main reason is "passivity." Underdogs are waiting for others to make the first move.

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In modern times, waiting for others to make a move is no longer in vogue.

Love is like a battlefield. You cannot be in a "defensive" position all the time.

If you wish to find a good partner, you must make the move first. If you have missed a chance, you may have to wait a few more years. And 10 years would soon go by in a flash.

If the person whom you love also loves you very much, there is true love, and thus, there is no need to wait for marriage. Go get married tomorrow!

If you say he loves you, but when it comes to marriage, he cannot agree. What is the problem? This answer is simple. The person you love actually does not really love you. But you as an involved party cannot see it clearly.

Some people have repeatedly been cheated on. Thus, when they look for a partner, they add one more rule: "I absolutely will not be cheated on by anyone again!" Why does a person get cheated on constantly? It is because this person is too stubborn – totally immersed in his or her own world and cannot see what is going on outside their world.

For some people who cannot find a partner, their mistake is constantly chasing after those who are totally unsuitable. How do they miss this glaring point? They have not ascertained if the other person is willing to marry them at all.

For example, you have feelings for a girl and this is your one-sided love. But only 6 months later, you write a love letter to her to ask if she is willing to consider you as a prospective partner. If the person says no, you have wasted 6 months' time.

If you have asked in the beginning, "I like you. Do you want to be with me?" and if she agrees, you can begin this relationship. If she says no, you can continue to work on this relationship and give her 6 months' time to consider. But don't ever put all your eggs in one basket. When you give her that 6 months time to consider, you must continue to date other people and give a chance to those who would like to be with you.

If you are arrogant, and after failing in getting the girl you want, you also reject the other suitors, you will become an underdog.

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Those suitors are like buses that pass you by one by one at the bus stop, but you are numb. Your attitude is, "I don't really want to take that particular bus." But if you wave your hand, will this bus stop? Yes, it will.

Please remember, in marriage and relationships, you must choose someone who wants to be with you.

Think about it: because of insisting to go after 1 person you like, you let go of 10 other suitors. But among those 10 suitors, at least 3 of them are suitable for marriage and if you are willing to give them a chance, the love will grow.

At least that person likes you, thus, when you are with him or her, the potential in this relationship is huge and you can work together to create the marriage you really want.

The Person Who You Can Attract Into Your Life Will Shape the Destiny of Your Life

When one is planning one's life, it is a must to fix the "loopholes" in all areas of life.

Thus, you won't end up trying to do patch-up work by taking from one area to patch up another. Don't try to only focus on one part of life, and let the other parts go to pieces.

For example, some people only want to make money. They ignore love matters completely. It is good to know how to make money, but if after you have made the money and yet found later that there is no love in your life, it is too late because you have passed the golden time.

You should balance your life now by taking on both your career and the task of taking care of your other half at the same time. Both your career and relationship can grow together.

If you are a woman and like a certain type of man, you should include in your planning how to become a certain type of woman to win the heart of that type of man. You should not just go for trial and error – this is not gambling. Most people treat the selection of a partner like gambling.

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For example, you met someone nice last month. Today, you meet another guy. So you start comparing who is more suitable as a partner – that is not the right attitude.

Where you should be looking first is at yourself.

What kind of qualities do you possess? Who can you find that would be interested in you based on those qualities? Even Miss Universe may not get married so easily. If you want to be someone's wife, what qualities do you have?

You like to have "good men" choose you as a wife. This is wrong thinking!

You should think, "What type of men will marry someone like me?"

You should think which age group will marry you. And if we reduce the earth's population to just 1%, who will marry you? Who will be willing to tolerate you? What will be the men's requirement of you?

Even if you are very rich and can support a gigolo, he will have lots of demands on you as well, won't he? It does not mean if you financially support him, he will listen to everything you say. If you are not gentle, he may refuse to speak to you. If you are too sloppy and if he is in a bad mood, he will not touch you.

You must understand the "basic requirements" of a woman.

It is no different than trying to win an election. Who will give you that vote in your community? Who and where are the potential voters which you can work on? Thus, you work on them. You won't have the attitude: "I don't like him, he is not my type, etc."

If you wish to get into a university, you need to have the scores required to enter that university. If you wish to buy groceries, you need to know how much money you have.

Thus, if you wish to marry a man, you must fit the man's requirements.

This is what I have mentioned before: what type of bargaining chips do you have? When you are picky on whether another person is up to your standard, others are picky on you as well.

Many younger men and women often have issues with communication. And

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they often have a hard time to bring their communication "up to standard."

To expand any interpersonal relations, one must have the ability to communicate well with people.

A person who does not communicate well often needs another to explain his words for him. Or he often causes misunderstanding and even upset.

When someone cannot communicate in a way which others can accept or understand him or her easily, that type of communication is like a store product that cannot pass quality control to be displayed on the shelf. It does not have the basic acceptable standard.

To correct the communication habits that make others uncomfortable, it can be a big undertaking that requires at least 2-3 years. You must improve mood, tone, rhythm, content, expression, etc. If you give a feeling of tiredness or numbness when you communicate, or the feeling of having taken drugs and you seem to be "in pain," others will never fully trust you when they are speaking to you.

This is again what we have mentioned: a product that is not good enough for the shelf.

And if your communication cannot be an acceptable product, you will attract like-minded people. You will attract those who don't like to communicate.

If you are not serious to improve your weak points, you will attract those who like to play around and not be serious in any area, or those who take pity on you because of your weak points.

As I have mentioned before, what type of mood you display will attract the similar mood-types of prospects too. Your destiny will shape itself according to who you hang out with.

If you can only be with someone who has a low standard, you will improve less as well. And if you cannot improve, you will never reach the higher standards of life.

Thus, why learn manners? Why learn how to dress up? Why keep your hair nice? Why do you have to improve?

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Because the person who you can attract into your life will shape the destiny of your life.

Thus, the person who has an easier time getting along with people will be able to make a larger difference in the quality of their life.

That is no different than the huge gap between the rich and the poor in a society. The rich become richer and the poor become poorer. A good restaurant can have lots of people lining up outside the door. But the few restaurants beside it have little to no customers – soon they will close their doors.

It is the same with women. Some women are so popular and have endless streams of suitors. Some women wait 10 years and no one has ever called them and asked for a date. This is the gap between the rich and the poor.

Thus, which side do you wish to be on?

Women must know how to dress up and talk. Guys must learn humor, know how to talk sweetly – let those around them feel comfortable. This is the basic requirement of survival in life.

What is so interesting about human beings is each one of us has our own life. We all have decisions to make in different matters.

If you are a man, you can look at it this way: your income level is not that high. What type of women will like someone like you? Her requirement in income would at best be similar to yours.

If a woman wants a higher standard of living, she will never consider you as a partner.

If you have married a woman who has higher requirements, you and she will quarrel. And if you marry someone who has less requirements, you will not be satisfied.

Another scenario is this: if your other half improves herself very well, to the point where her level becomes much higher than yours, she will find she has very little in common to talk to you. You cannot understand her thinking and you will start to feel frustrated. This relationship will go downhill.

Your Spouse is Like the Soft Shoes You Like the Most

Do you know what your dreams in life are?

Do you know what you will do professionally 10 years from now?

People change. You are riding a motorcycle now. Perhaps 10 years from now, you will be riding a bicycle. No one knows what will become of you. You won't know it yourself either.

Thus, you must improve and grow as a person constantly. That is the direction which you should travel towards.

But when I tell you to spend time to improve yourself, you show some disdain and say, "But I like to travel around the world."

"I like to go to Southern France and bathe in the sun on the beach."

"I am good enough - there is no need to talk about self-improvement."

"I just want to depend on myself."

All these are quite impractical talking. You simply do not know what will become of you 10 years from now.

It is the same for the partner you are choosing, you do not know either. Thus, don't discard a potential partner just because he or she may not have the qualities you like now. A salesman may one day become a business owner 10 years later.

After a man is married, he can become the head of a household, take on the responsibility of having a family, have children, and can work hard for his family. This is life.

What does a woman want? Simple. She wants a home. Your love life does not need to be earth-shaking and dramatic. If someone can truly make your life very exciting, will you like it? Not necessary. Most people like to go through life with ease – that is enough to make them satisfied.

The beautiful wedding dress will be worn only once. Even renting it is a

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practical choice.

But husbands cannot be rented. A husband is like the soft shoes you like the most or the most comfortable dress you like to wear.

This is the way you select your husband – the one who is most comfortable, makes you feel most at ease.

Going for the most exquisite clothing has a problem – you cannot really wear them – you cannot wear a wedding dress everyday!

You have to understand what type of person you are and what type of person will be comfortable with you.

You can look at what you wear, what kind of furniture you have at home, and what are the styles. Then ask yourself, what are the things you most commonly use and what makes you the most comfortable? Those items will indicate what is your level of living. Use that same level to find your partner.

You can always raise your level, but you should not force yourself to choose someone who makes you feel uncomfortable, someone you do not like, only for the purpose of wanting to "look" a higher level.

For example, if you always wear T-shirts and shorts, and he wears T-shirts and shorts as well, then this is a match. You add a floral pattern or wear a skirt, he will feel you look beautiful.

But if you say, "I like to wear the most elegant silk dress complete with a Mandarin collar" he will know you are not the type of partner he is looking for.

So you can gauge if someone has a level that is similar to you. And if both of your goals in life and the direction are the same, you can get married.

You can ask that person, "Do you like to improve yourself?" "Yes."

"Do you want to have children?" "I do want children."

Then you can be together. At least both person's directions are the same.

If you want to know more, you can ask another question, "After getting

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married, when would you like to have children?"

Some people may say, "I do not wish to have children so fast. I wish to wait minimally 3 years." If you wish to have children this year, then you should look for someone who has a similar goal. This is your term.

You have to be clear on what you want.

Life is like taking a train. You can take the fast train or the slow train. If you take the slow train, you will arrive later. If you don't get on the train, you will have no choice but to wait for the next one. If you keep missing train after train, time will just pass you by.

If you have met a good partner and yet miss that chance to be together, you and that person will forever go separate ways – you cannot reverse the course of it.

Some people think that time will diminish one's desire to have love. Even if you are 50 years old and older, you still would like to have a partner, you still would like to have children around you. These dynamics drive why we live.

Though a marriage is not easy to keep up, it will bring relatively that much more rewards. You will discover that you have such potential and ability to love someone.

You have so much admiration and compliments to give!

For those things which you have missed in your life, you can find them in your marriage. You have many strong points and abilities which no one has discovered. And you have never been loved that well.

Only when you have experienced being loved that fully, you will find that you have not lived in vain!

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Love Adventure Q and A:

Comment: In my relationship, I always try to do the "right" things for others, to satisfy others. But I feel I owe myself my own dream and the result I am looking for.

He is someone who can only do the "right" things and cannot make any wrong moves. He can always get full points at an examination. But how does this attribute help his marriage? He still has not "passed" the requirements of a happy marriage.

But he asks of himself to be always achieving a 100 point perfection.

In a marriage, if you want to score 100 points, you have to satisfy yourself first. If you only wish to satisfy another person, you may make that person happy, but you will be very unhappy.

You should ask yourself. You are such an outstanding student who can score 100 points – you are very competent. So why do problems crop up in your marriage?

All failures in marriage are 99% caused by communication problems.

There are various scenarios that different people may encounter.

For example, there was a man who came to me for a personal consultation. There were many things in his mind which he could not express. He was too polite.

But a woman will not like such men. That was why his girlfriend would constantly yell and be rude to him.

He is a good man and has a good heart. But he needs to be more proactive and energetic because women want attitudes and feelings.

One of the main reasons I married my husband is he is the fiercest man I have ever met. He is very strong, aggressive and brave. These qualities attracted me. They are what I need. But not everyone has similar wants.

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This man who came to me was too weak in his character. I asked him to call his girlfriend, he was totally scared and said, "No, no. We will quarrel because of this."

But the problem is, they have already quarreled for 3 years. What is the difference with one more quarrel?

I asked him to make the call and tell his girlfriend what his bottom line is. And as for me as a matchmaker, I would pay a visit to his girlfriend and give her two choices:

One: change, improve and learn. Then marry him.

Second: End the relationship with no further discussion.

I want him to get married. It is not about his girlfriend. He is a good man. After marriage, he will be happy. But he must overcome the hurdles in the entire process.

When there is a relationship that is not good and you don't really like that person and cannot be together, I will say, "Okay, you want divorce, then let's do it. End this relationship."

Most people are scared of matters ending up in sadness and losses. But you must be like a warrior, persistently fighting for your happiness.

You want to end a war and you want victory. You do not want to be bogged down by problems and engage in a never-ending, never losing nor winning war.

For that man I have mentioned, he was messing around in that relationship for 3 years. He quarreled for 3 years and yet he still did not know what was happening, and he couldn't stop the war. 3 years is way too long!

You have a right to get married, regardless of what other people may say. If you say you can get married, then you can.

But if you are only waiting for others to say yes, and you want others to agree with you, you will be out of control.

Those people from whom you are seeking approval are not the people who will

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enter into marriage with you.

The most important part of marriage is to find the person who is willing to be with you. And how successful your marriage will be will depend on your communication ability.

Thus, improving your communication ability is a must when you are improving your skills in life.

But first things first, get married, then work hard on your improvement and growth, and date with your spouse for the rest of your life!

There is a 19-year-old lady who has taken communication courses at my training center. Though she is young, she has already chosen her spouse and is getting ready for marriage.

Thus, don't think others are not moving. You have competition. Speed plays a huge role. If you are speedy, you will reach your goals with stronger intensity as opposed to just drifting around and never reaching them.

In any job, we never plan to fail. But the reason why failure comes about is because we fail to plan. This is the real reason.

Your purpose in coming to my Love Seminar is to learn and remove the barriers that are holding you back and change your life. I will accompany you in this journey.

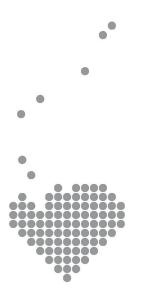
I won't insist that you must follow a certain rule, and I won't impose my values of what is right or wrong on you. But I will hold your hand tightly and bring you through the problems that might arise in this journey.

And at any moment where you are scared or worried or feel like shrinking back, I will be by your side and give you a helping hand.

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Tenth Chapter:

Basic Skills of Love



Presenting Yourself with Ease

Those people who have a hard time in marriage and relationship matters often have one common problem: they lack energy.

One needs sufficient body energy to be "adorable." Energy is also needed in holding conversations. If you wish to create love and express love, you need energy.

Lasting love is not achieved by flowers, diamonds or having a house. Love is achieved by constantly teasing and flirting with each other and creating the loving romantic feeling.

I travel frequently. But I should say, I frequently push myself to travel.

My staff would ask me, "How was Istanbul? Is it pretty? Did you like Turkey?"

I answered them, "The only reason I went on this trip is because I did not wish to go." Whenever I think about the 15 hours flight time, it gives me a headache. But I will force myself to go. Why would I do that?

Because I wish to challenge myself, make myself confront the uncomfortable feelings and make them comfortable.

Thus, this is the same way that you should approach learning how to communicate and to present yourself.

When a wife comes home, a husband should show his sweetness and be adorable when he walks up to her. Similarly, when a husband comes home, a wife should stand up and welcome her husband. This will make the husband very happy!

But if the husband comes home and the wife has a stiff face and she says in a rough voice, "So you are back! Hungry??" The husband will forget that he is hungry and when he looks at his wife's face, he will think, "This looks dangerous. I better go somewhere else!"

So in the world of love, it is very important to learn how to make another

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person comfortable and at the same time, be comfortable yourself. This is an art!

We have seen many husbands afraid of wives-typical henpecked husbands. Poor guys. They work hard, make money, they are competent and handsome. But they are very much afraid of their wives. They say, "My wife won't allow me." I can't. My wife will get mad."

Of course, there are different types of fear. If the fear creates so much pressure and so much discomfort, there will be marriage problems.

The lesson to take away is, are you aware of how comfortable you make another person feel? What kinds of feelings do you create when you are with someone?

I have often advised young people to take up sales jobs. The purpose is not to make money, but to learn how to talk with different types of people and learn how to service another and smile.

It is not an easy task to make another person feel at ease just with your expressions on your face. To achieve that ability, one must communicate a lot and practice a lot.

Some people who are divorced can get into marriage again easier than those who are younger or those who have a lot of financial assets and are yet still single. These divorcees have at least some experience in relationships, and as long as they could be adorable, even if they have married 3 times, there will be suitors for them.

However, if someone has a face like a piece of wood, there will be no prospects whatsoever regardless of how long they wait.

You have to talk to and learn how to relate with different types of people around you.

Instead of staying at home, keep yourself busy and interact with a lot of people. That is the best way to learn cooperation and interpersonal relations.

This ability will affect the happiness of your marriage, and your ability to handle in-laws and relatives.

Establishing a Relationship Within 5 Minutes

You have to train yourself to establish a relationship with someone and understand them within 5 minutes. This is a very important basic ability.

If you cannot get along with someone, your marriage will not be good. And there will be lots of problems that will crop up. When you are speaking with someone, if you cannot be focused, you are wasting your time.

No one likes to speak to a person who is not paying attention or is hesitant. Adding the time factor of 5 minutes is to train your reaction and speed, and also train your courage.

If you cannot speak boldly and are hesitant, it will show up on your face as tension lines.

Do you know it takes tremendous amounts of practice to have an expression that is comfortable-looking for others?

No matter how good you are in communicating or how good is your content, you only have 5 minutes to present yourself.

If you cannot even stand straight during these 5 minutes and you cannot utter anything even though you have already prepared, how would your love be exciting? What can you say to make another like you?

The greatest secret in creating love is: do everything you can and more, to make another enthralled by you.

If you can say only hurtful words, or you say something that irritates another or something that is insignificant, or you are almost unconscious, no one will stand it.

But if you can fascinate another person, he or she will not ask you strange questions like, "How much did you make this month?" "Why are you home so late?"

He or she will not pick on you. But if you don't know how to communicate, all the problems will surface. Your partner will feel that being with you is boring and unlucky.

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Thus, whether you can be happy or not in a relationship depends on whether you can charm another.

Why must you have good communication skills? Why must you dress up? Why must your body language be nice and smooth?

The reason is simple: these are the requirements to create love.

You may not need such skills at the workplace. However, if you do have such skills, your colleagues would not mind either.

The first 5 minutes of your conversation with someone will determine the impression you will leave for that person. If you are adorable and can chat well, and you present yourself to be more outstanding than others, there will be many people who wish to be your partner.

But to be outstanding, you have to practice. You won't find a good partner without having this ability.

Telling someone you like him or her takes practice as well. Can you express your love for someone such that they feel touched by what you say? Or will what you say make them gag or laugh?

In this next section, we will take up two exercises that will help you express love.

First, you have to practice how to tell someone whom you would like to be your potential partner that you love them. You have 1 minute to express your feelings. How do you touch another person's heart within this 1 minute?

Please write down and then practice non-stop.

One minute confession of love								

BASIC SKILLS OF LOVE Another exercise is: how do you tell another person who is in your life now you love him or her? Regardless of whether this person is your mom, dad, friend, or better half, you have to know how to express your feelings. Find 3 persons in your life and write down what you want to say. Practice nonstop in front of the mirror:

2nd Person:			
3rd Person:			

1st Person:

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When you practice this at first, it will of course not be smooth. You might feel embarrassed and unnatural.

But let me remind you: every ability comes from practice!

There is a difference between having practiced something versus never practicing it before. There is a difference between practicing 1000 times versus 100 times.

I hope you can work hard towards attaining your marriage happiness and thus, concentrate on practicing.

Life will become different wherever and whenever one puts effort and energy into it.

Speaking with Certainty

Next, let's talk specifically about how communication itself affects the relationship between a man and a woman.

Say you are on a date and you have said something your date does not like, it will be difficult for the relationship to "connect." The dinner will definitely not be pleasant.

Instead, if you chat happily with your date, he will find you attractive, and you will find him gentle and sexy. Very soon, he will say, "I love you." It is very simple.

When you are speaking with someone, you must look into their eyes. You can see how comfortable he is or not from observing his face and listening to every sentence he says.

If you do not pay attention and miss his reactions, and you do not even know what your own expression is, then the conversation will not go smoothly. Seeing another's reactions and facial expressions is a key part to understanding this person in front of you. It is the key to whether there is understanding between two persons.

Whenever a man comes home late, what if a wife reacts this way, "Why are

you doing this?"

"Why are you coming home so late?"

So what do you think would be the expression on her face?

If you do not think and care about your expression, what will become of your relationship?

You would have destroyed it. This is one reason why the divorce rate is going up: one does not know how he or she makes another feel – one has forgotten about his or her expression.

If I look pretty and elegant, one thing is certain: you will like me more. But if I show up in front of you in my pajamas, I look very fierce and angrily yell at you, "What are you doing??" You will immediately not understand what I am trying to say. You won't feel comfortable at all and you will feel negative and defensive, etc.

You must understand: making another person comfortable with how you look is incredibly important!

Even if what you have done is almost perfect at 98% and yet you have 2% not done right, that will still make another person uncomfortable. I am not joking here.

So what if your expression is always in a cloud of uncertainty and confusion, such as, "Really? I am not sure. I need to think more..."

If you present yourself this way for a long time, how would others feel around you? In the end, they will think you are an idiot. They won't be comfortable being with you.

If a man always says, "I am not sure. What should I do? Do I need to decide?" his wife will think, "My god! Why did I marry such a man?"

Thus, a word of warning to men, do not express yourself as such, "Uh... uh..." "I am not sure..."

Women hate such expressions from men.

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When men speak, they must show confidence and certainty. You do not need to show you are smarter than other people. But you can be humorous, adorable, and let other people like you.

If you look like a dummy, and are always in fear and say things like, "My mom won't like me to be this way," the woman will think, "Help me, why did I marry such a person?"

So long as you sound uncertain, and there is some fear in you, women will go nuts – their facial expression changes so fast. She will start scolding and say, "Get out of my sight and go back to your home!"

You think to yourself, "I am not a dog. Why do you treat me so badly?"

It is because your cowering and uncertainty are irritating. It will drive everyone around you nuts.

If your eyes are always wandering and floating around, if you cannot look straight, it will make women so mad. They will pick fights with you and even if they don't fight, they will show you an ugly face.

Before someone starts a fight, someone's expression must have been not ideal. This is a very simple and obvious indicator which you can see easily. When we see someone express themselves clearly and their communication is positive, we will not feel the urge to fight that person. Even if they have done something terrible, it would be okay.

For example, if you have broken something, you say to your wife,

"Honey, I broke it." Your wife says, "That is okay. Don't worry about it."

But if your attitude is such, "I... I don't know what is wrong, why is it broken? It was not intentional. I won't... I won't make this mistake anymore...sorry." Your wife will think, "God! Is my husband an idiot?"

When you are uncertain, you will make another person go crazy. Even babies will feel uncomfortable around you.

When you hold a baby, if you express yourself clearly with what you wish to do with him, he will not cry. But if your attitude is, "Uh...I am sorry. Do you

need milk, or do you want to...let me think..." The baby will cry. Try it if you do not believe me. It happens every time.

If when you pick up a baby and he cries, the reason is simple – they are uncomfortable. Somehow you let the baby feel uncomfortable and thus, they will cry out loud in front of you.

So being certain is very important. No matter what you do, you must be certain and definite.

If you do not like the way someone acts, you should express yourself with certainty, "I do not like what you are doing." As long as you can say it with a definite tone, others will not be angry and will understand your intention.

We can tolerate the problems and weak points of other people. But when one person presents "uncertainty," our tolerance will be worn down.

This is not a problem about "I love you" or "you love me." Actually, many divorced couples are in love with each other – but yet they divorce.

I have seen many real stories in my experience as a consultant, and after counseling so many people, I can tell you that most people who divorce are regretful.

They do like their spouse. It is just that they do not know how to resolve problems that arise. They are good people and yet they end up being alone for the rest of their life. This is really sad.

Staying in Focus with Another

Now let's assess your communication skills with a score. From zero to 100, how many points would you give yourself?

If you are 50 points and you marry someone with 20 points, what would become of your fate? Even if you have a house and a car, and all terms match, will you be happy after marriage?

Let's look at this from another view: what if your materialistic qualifications are not that good, you are not that rich, and your looks are so-so – but you

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and your partner's communication ability are 95 points? You can build a happy relationship. You must have at least 85 points to be considered having a passing grade.

To increase from 20 points to 40 points, even though that seems a large improvement, is actually not that hard. However, though this is a double-digit improvement, a 40 point score is still below the passing mark.

To increase from 80 points to 90 points is extremely difficult; going from 90 points to 91 points can exhaust half of your life.

The most valuable skill in this world is communication.

In the workplace, does someone become a manager and then start having the ability to communicate, or does someone know how to communicate, and thus he becomes a manager? It happens both ways.

The main point is, if you have a position and qualifications that are better than others, you must know how to communicate.

Most people lack the ability to communicate. Forget about holding a managerial position, their love relationships cannot go well.

If you think you have 80 points for your communication skills, does another person agree? If after a single date, a person finds all kinds of excuses to reject you, that means your communication have irritated that person.

If you have the communication skill, you won't need to worry about rejection.

What is the secret to a successful relationship? It is communication.

But most people do not have a passing score in communication, and thus, they don't even have a chance at any relationship. What can they do?

That is one of the purposes of the Love Seminar: if you get married first, you will have the chance to practice with another person. If you do not get married, you will never achieve this practice. There will be too few chances for you, and thus you cannot improve tremendously.

Communication is two-sided. On one hand, you must learn to express. On the other hand, you must make sure what you say is understood by another. At the

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same time, you must let another person have a chance to communicate, and you must understand what they are saying.

Communication must be smooth, pleasant to the ears, and have meaning. You have to practice.

There are some people who can talk your ears off and are very eloquent. But this does not mean their communication is perfect and doesn't have problems.

If what you have said is something the other person cannot absorb, or can only absorb half, or he does not understand what you're trying to express – such communication is still a failure.

Listening is another art.

Listening is not just hearing what the other person is saying. Your reply must be appropriate and be in focus with what is said. You must understand why another is saying what they are saying and give your reply.

If you have listened and yet cannot respond, the other person will suspect you have not listened at all and he will be upset.

Thus it is not just listening to someone talking or staring into someone's eyes. You must precisely correspond with what another is saying. That is an art.

There is a saying: beautiful women suffer unhappy fates. Why do some "beautiful women" suffer unhappy fate? The reason is simple: she often does certain things at the wrong time without assessing the situation and she often acts "out of focus." Of course, this can be true of anyone, no matter their appearance.

A husband says, "I am hungry." Without asking what he would like to eat, the wife brings out a plate of fruits with beautiful carved slices, like an art piece.

Though the husband was not hungry for fruits, he has no choice but to eat them. The wife does not understand what is wrong with her action. She feels she has given the best service and yet the her husband is complaining.

The man now says, "I am hungry. I am going to get some sandwiches from the store."

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She says, "Why buy sandwiches? Here, eat some fruits." "I cannot fill my stomach eating these fruits..." "But eating fruits is healthy."

She took a few hours to prepare the fruits and yet they are not what her husband wants.

This is a common complaint among mothers and wives, "I do the laundry and clean the house. Why doesn't my husband understand how hard I've worked?"

"The chicken soup is ready. Drink it NOW."

"I have prepared your herbal medicine. Why won't you drink it?"

What a husband wants, a wife won't give. But what she does give, he does not want. Words cannot describe the "suffering" that is going on here!

However, these women think in their mind, "But I am so good to you. I buy you the best, the most expensive; I take care of everything for you. Why aren't you grateful?" So on and on she nags.

Children are afraid of nagging. The husband is afraid of nagging. Men are especially afraid of nagging. Because he is too tired to argue with the woman, the woman continues to nag and grumble. Just listening to her is tiring!

Many women cannot think what is wrong with their actions. It is not a matter of what actions are right or wrong.

It is a matter of what you are doing at that moment is not what the other person wants – like a camera that cannot stay in focus on the scene in front of it.

This is the reason why women quarrel with men – what she thinks he wants is not what the man really wants.

If you seem to never figure out what the other person wants, the best basic way is to ask, "What do you want now? What do you need now?" When you cannot gauge on your own, you must ask.

But asking is a big art in itself.

If you ask a person, "What would you like to eat now?"

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That person might say, "Anything is fine! I am very hungry!"

He says "anything is fine" and so you take his literal meaning and you give him a plate of fruits. Your action is again "out of focus" with what he really wants.

Fruits are not what he wants. Thus, when you bring out the fruits, you see that his expression is strange.

You ask him, "I just asked you and you said anything is fine. If you don't want fruits, why don't you say so?"

He goes, "Uh...uh..." He cannot answer you.

The technique of asking is not just asking directly, "What would you like to eat now?" as he does not know himself.

You must make the other person comfortable in your questions. Thus, you can ask a few more questions, for example, "When have you last eaten?" "Are you hungry now?" Thus, you will know even better how he is feeling. Even better would be to talk sweetly, so you can help him to express at ease and it will be even easier to find out.

Whenever what you give is not what he wants, he will feel awful and you will not be comfortable as well.

He will think, "But what I want is so simple, why don't you get it?" What you think is, "I am doing all my best to satisfy you. What else do you want??"

The scariest part is the pointless thoughts that come after, "If you love me, why do you act so unhappy?" And then acting like a crazy person, you insist that he is wrong.

If you are such a person, others will have a hard time understanding your actions and won't be able to love you.

You cannot satisfy him and he is unhappy. And you continue to nag at him. His pressure builds up and in the end, he says, "You cannot understand anything I am saying. I will not come back here anymore."

What went wrong? In addition to not understanding what a partner really wants, one's communication cannot stay in focus to find out the real answer.

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Such a wife only wants to show what she has already done for her husband.

This is the behavior of an underdog – only thinking about what one wants to do, and yet never thinking about whether another person desires it.

Even if your intentions were good in the first place, when the other person cannot accept what you are doing and you continue to nag and be unwilling to change, the other person will of course find you irritating.

Have you thought about what will be his feelings?

He will feel you are doing something only to get something else in return. And when you cannot be satisfied by what you get in return, you just complain. Thus, he feels you do not have good intentions in the first place.

If you are real smart, when you discover what you have given is not what the other person wants, you should say, "Wow, you are such a nice guy for letting me know!" And you apologize, "I am so sorry. I can find a substitute for you, though it may still not be fully satisfactory."

And you do not end here. You have to continue to thank him, "Thanks for tolerating me. I am so happy you are such an easy-going partner. Even when I give you what you don't want, you can still remain so cheerful!"

If you can express it this way, your partner will be happy, and you can admit your mistake without looking too bad.

"Retreat and thus move forward" is indeed the greatest communication ability there is.

Whether you are making proposals in business or quoting prices or negotiating a contract with a client, you have to be in focus on what your client wants.

In the business world, the focus is on the product and the price. In a relationship, the focus is on whether the mood is right, whether the intention is in the right place.

If you only think about your own problem, then what you will say is: "Why don't others understand me?"

"Why can't I do it this way?"

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"Why do they have so many objections towards me?"

"If you love me, you should not complain about what I wear."

"If you love me, you should not mind that I am fat."

"If you love me, you should accept everything about me."

These are all total wrong directions in thinking!

What you should think about is, "If you love me, what should I do to make you feel that loving me is worth it?"

This direction is different, isn't it? This is a complete change in the angle to look at things.

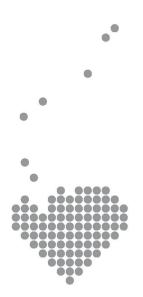
If you are looking at situations only from your own angle, you cannot take care of another's feelings. If you cannot ascertain what the other wants in a love relationship, you will make the same mistake at work as well.

The older the wine, the better it gets. The more practice you put into your relationship, the more exciting it will be!

Non-stop practicing is a must if you wish your life to be wonderful and your relationship sweet!

Eleventh Chapter:

Marriage is Life



The Real Meaning of Marriage

From the moment you have opened this book, your life has changed.

Don't ask what you can get out from your marriage. It is not Christmas everyday where you ask another person, "What present will you give me?"

This is not life. If every day is Christmas, you will be bored as well.

If you hold some "conditions" in your mind while you love another person, you have lost the intrinsic quality of love.

Only when you can love unconditionally, you can feel the real value of love.

Everyone would like another person to love them unconditionally. But very few people think about loving another person unconditionally. This is indeed not an easy subject and one must also practice to achieve it. How will you practice? When you get married, you will be "forced" to practice.

It is just like when you have a child, you will practice how to love. You don't have a choice as to the child's appearance, character, etc. But you have to love, to give, regardless of whether you like it or not, you have to do it.

So if you can love your child unconditionally, why won't you treat your other half – loving him or her unconditionally – as well?

Unconditional love – this is marriage and this is your practice. This is what makes marriage precious and sacred and this is why I am passionate about this subject.

Because of marriage, a person can rise to greater heights, and become more precious and complete.

Thus, don't ask for what you "get" in a marriage but you can "give."

You give all you can, and yet challenge yourself to give even more, and more.

As you go through the entire process, you will grow, mature and you will be

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touched by yourself.

When you wish to love another person, you have to be touched by yourself first.

Marriage is the most reliable home for love, and is also the most beautiful stage for love.

There is always an age factor to consider as to what one would do for love. If both persons are 17 years old, then strolling around endlessly, walking in the rain, etc. will make them quite happy. If you are over 30 years old, what would you do together to be happy? Snuggling under a blanket in an air-conditioned room may be the most comfortable for you!

As you grow older, what you want is family life, and you must also face life's daily necessities. If the way you treat a relationship is the way of a 17-year-old, that is not mature.

You should think about how to become a mother or a father, how to take care of your spouse, how to keep up a family.

I have a girlfriend who is in love with a divorced man who has children. If she wishes to marry him, she will have to get into the groove of the family. It is like taking a fast train. The other partner has been married before and has children. Thus, the structure of the marriage has already been set up in a certain way, there is no long dating process anymore.

If she marries him, she will have to dedicate herself to be his wife, take part in his social circles, and raise children together. She can have a great relationship as well.

The main point is, this friend is close to 40 years old. She is not 17 years old anymore. Using a "fast train" to get into the relationship is more suited for her age. If she still wants to take the slow train, by the time she reaches her destination, she would have missed the best opportunities.

Thus, it is not necessarily a bad thing to get into the groove of things very fast, especially when age is a factor. In this case, speed can substitute for time.

You can think about what you want. You are traveling to a destination quite

far way. Are you willing to take the slow train?

There may be some circumstances which you run into, such as not enough money to buy a fast train ticket, or you wish to spend more time traveling since you have lots of time and you want to enjoy the scenery, have meals, etc.

In love, if you are 17 years old, you don't have so much money and you are not in a rush to get to your destination – you have plenty of time. Thus, you might not think about taking the "fast train."

But if you like to be practical, if you care more about time and the future expansion, you will like things to move faster, won't you?

Either way, the most important point is not how much is spent and how fast you should move, but whether you can get a ticket in the first place!

This is the same problem as not able to get married.

I need to fly quite frequently. Some of the flights are so full and one has to be lucky to get a seat – even beside the restroom is okay! That anxiety of "can't find a seat" is the same as looking for a job, marriage, getting through an examination, etc.

Thus, I ask singles not to maintain such a high stance and not to treat marriage matters lightly. If you treat it as life-and-death, you will be more enthusiastic to look for a partner.

The person who is close to 40 years old must take the fast train, get married soon, and become someone's wife. If you float around in the "sea of love" and you cannot settle down even when you have reached 50 years old, you won't be able to get married even if you wish to.

If you get married now, at least you have a family and a home. No matter how bad the circumstances may be at first, as long as you can learn how to communicate and coordinate with your other half, you can succeed.

You must realize you can never be that young and beautiful forever. Your cuteness 2 years ago is different than your cuteness now. Thus, you should find someone who is willing to be with you forever, don't waste your time to date around.

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Especially engaging in a one-sided love is a complete waste of time. Don't ever do that!

Getting married is simple. The most important is to free up your thinking and limited views about marriage.

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Marriage can educate a person.

As you get married, your life will become "uncomfortable."

When you come home, someone will ask you, "Where did you go?" "Where have you spent the money?"

If you feel pressurized and stressed because of this, it is because you do not like the feeling of being restricted.

This is actually no different than running a business. Someone tells you, "Your marketing is not enough, and thus, your potential customers do not know you exist" or "Your product is not good, thus you cannot sell it."

If you are late every day for work, what will be the outcome? Yes, get fired. If you are not adorable at home, neglect your household duties, burn the dinner every day, what will your spouse say? He will think about divorce.

When you are playing a game, you must know the rules of the game.

When you are working, you must be willing to be led, be taught, and be willing to follow the company regulations. If you have no license for a particular job, then you cannot take on that job. If you have no driver's license, then you cannot drive. Those are the rules we obey.

So how does this apply to family life?

When you see your boss in the office, you won't yell at him and be rude. But when you are talking to your spouse, you go, "Who the hell do you think you are?"

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Isn't that strange?

As we are learning about interpersonal relations, we must understand what is proper, what is not proper, what must be done and what mustn't be done.

Marriage contains the same type of learning process.

I have seen girls who are dressed up to the nines while going out on dates. Yet they dress sloppily at home.

I am different. When I am together with my husband, I will dress up specially for him. When we are at social functions, I will dress the way he likes, to let him know how much I care for him and our date. At home, I will keep up and be adorable, energetic and lively.

My husband has said, "I have never seen any woman – other than my wife – who looks so beautiful right after they are awake." That is his way of describing the feeling I have given him – very clean and very pretty. When I make him happy, this in turn will transform into marital bliss for us.

I have match-made many couples and have met all types of couples. Regardless of their ages, whether they are newly married or have been divorced, when you ask them, "What is marriage?"

They say, "Marriage is life."

Yes.

But if the main focus is on life, why would someone spend so much time to select a partner? They should be picking someone they like and start living life together.

Let me share with you a story.

Brenda's husband marries her due to being charmed by her beauty.

But after marriage, that attraction went down. After all, being pretty cannot take the place of day-to-day living. Brenda had a bad temper and had no interest to take part in her husband's world. After a few years, her husband got into an affair.

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You most likely have seen such incidents where a man has a pretty wife at home and yet he gets into an affair with a woman who is not as pretty.

I ask Brenda's husband, "Why do you choose to be with someone who is not as pretty as your wife?"

"Well, she is very nice to me. I am very attracted to her."

"Why have you chosen to marry Brenda in the first place?"

"I was attracted to how she looks. She is, after all, a beautiful woman. But who would have guessed her temper is so lousy?"

Obviously, he is a member of the "Looks is Everything" club. Only when he has come to grief, then he realized how stupid he was.

Sometimes people look at the wife of a handsome man and think to themselves, "Why would he marry such an ugly wife?" Your measuring yardstick is that of a so-called "ideal couple" – handsome man and beautiful woman. But those who know how to manage their relationships have a different yardstick than you have.

It is just like you have a certain expectation when you are looking for a job. But after you have found and started a job, you begin to take on different expectations. When both expectations are very different, you will start running into problems.

For example, you walk into a company and say, "I would like a salary of \$4000 per month." After you work there for some time, the boss likes your performance and decides to raise your salary to \$4500. But you start thinking that you are worth a lot more. And you want to seek other employment because of "too low pay."

But why have you asked for \$4000 in the first place? And when the company has increased your salary to \$4500, why would you leave your job?

This is the same attitude behind wanting divorce after marriage.

"Do you still consider your wife beautiful?" "No."

"Isn't she your style?"

"So what if she is beautiful? I can't stand her!"

The lesson to learn here is: you must align your criteria in the selection of your partner with the objectives of life.

If you cannot align, you will only be stuck at the stage of "I don't like this person," "I don't like that person." What is a good and bad partner is all in your imagination.

Let's say your wife is very beautiful. Her purpose is to go on social functions with you and to expand your network connections. But when you are at home with her, there is no love.

When you wish to open your heart to someone, you find another woman. When you wish to have sex, you yet find another woman. Such a life will only create tragic stories.

All these happen because you cannot align your selection of partner with the objectives of life.

Your Refusal to Improve Will Cause Hardships for Others

When you don't improve, who will suffer for it? The first person to suffer is your other half.

Women would like men to be interesting and humorous. Men would like women to be adorable and sweet. Such is the simplicity of love.

After marriage, if you do not wish to make your other half comfortable, that will the cruelest thing you can do to another person.

Marriage is for improving ourselves and using this chance to learn how to love.

Think about it: you and your wife are quarreling. And your 5 children stand around and look at both of you. Your children are crying and they feel sad and hopeless. How could you make them go through this? Isn't this a big test to a

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parent's character?

Why do some children cry incessantly? They are protesting. They are protesting the fact that their mom and dad do not love each other.

When you were young, have you protested against your parents? Some of these protests have now extended towards your other half. The way you treat your wife is the way your dad treated your mom. Isn't that insane?

Jot down 3 characteristics of your mom and dad that you do not like. Pick the ones you absolutely hated:

1 2. 3.

Now I have to tell you a hard truth: you possess all of these 3 characteristics. And you have a super-charged version of them!

Can you see why you MUST improve and grow as a person? If you do not remove these problems, you can only inherit them and pass them on to your next generation.

I have created various professional self-improvement courses for the purpose of providing the chance for everyone to engage in learning and improving.

To remove these "thorns" in a character, it would take at least 2 to 10 years. Even after 10 years, they may not be successfully removed. Thus, you must continuously work on self-improvement, you must solve your own problems, and you will then be happy.

To be happy is an ability.

It does not matter from which level you are approaching happiness – whether through a materialistic or spiritual level – you must be able to feel happiness.

When two persons are willing to grow and improve together, the sparks that could be created are beautiful beyond words!

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A young person tends to have lots of imagination on how love should be, "How nice it would be if I have such love!" But no matter how nice it was at that time, it would not beat how it would become after the couple has improved – the love will be 100 times more marvelous, more than can be imagined!

However, if there is no improvement, there will be that much less potential to grow. After improvement, your capacity, speed, vision and aspiration will be different. Your level of appreciation of life would have risen tremendously.

The ability to live life fully is also the basic foundation for creating love.

When one has little ability to live life, he will not be happy and his love will suffer.

Actually, love takes up only 2% in a person's life. The other 98% is all about taking care of other matters.

Some guys are obsessively thinking about women all day long.

They treat the 2% as their life and they discard the rest of the 98%. They go after "love" and yet it is only 2% of their life. Life does not need to be consumed solely by love.

But by simply having these 2 points, it will add up to your life's 100 points and it will add so much color to your life.

Thus, you cannot do without these 2 points.

From a proportion viewpoint, these 2 points seem insignificant. It is just 2% of your life.

But its importance is not contained in the size of its proportion. Without these 2 points, you will feel life is dull, miserable and unhappy. Your 98 points will become a dull black and white.

Thus, this is the issue of quality. When you have love, even if it is just 2% of your life, your life is colorful.

When you cannot experience love, your life is black and white.

One Plus One is More Than Two

As long as you can be independent in your day-to-day living and you can work and solve your own problems, you can get married.

Money is never an issue. Just take a look at your grandparents or your parents. Were they that wealthy when they get married? How did they manage to raise children? Your worry on money comes from your own fear, and not being courageous enough to break through life's barriers.

Maybe your parents have taught you that having money will make life easier. But let's look at the history of men. During wartimes, did couples stop having children? Did everyone die? Not at all.

Having money will not necessarily solve more problems. Having no money will not necessarily mean there is less warmth and love.

Your reluctance comes from the unwillingness to bear through hardships.

We have seen many single parents who have raised their children single-handedly. No children starved. When you are willing to take on life's burdens for your children, you will survive even the toughest times.

Do not ask for what you will get out of your marriage, but what you can give. And if you have found someone who is on the same wavelength – someone who is willing to give, willing to work hard with you, and willing to learn – you would have found a good partner.

While running your business, if you ask a business partner, "How much can you make for me? I have no desire to do anything for this business" – do you think this partner will stay around? Who would want to hang around someone who only wants to take and do nothing?

If I wish to become your business partner, I will say, "I am extremely willing to work hard. How about you? Do you wish to work together to make this business successful?" If the answer is a yes, we can work together.

This is the same for marriage.

You tell someone, "You should work and buy clothes and jewelry for me. I also

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want a large house and a nice car. If you have all that, I will marry you." But in your mind, you have not planned to do anything for this relationship.

So are you marrying money, or are you marrying a person? Do you marry for financial security or to make your life better?

Experiencing and going through difficulties together are extremely precious in itself.

There is a saying about how sailors who have gone through storms on a ship would become the best of friends for a whole lifetime.

No matter if men or women, all of us would like a partner who is willing to take on life together.

When I had first met my husband, we had nothing. On our first date, he did not even have a decent pair of shoes. The sole of his shoe was broken. But this is not important. I liked him and he liked me.

When he said, "Marry me," I thought to myself, "You are so bold!" I replied, "I don't even know your last name."

He said, "Honey, you don't need to know my last name to marry me."

And we got married. It has been over 20 years we are together.

He dared to propose and I dared to say yes. At that time, we had nothing. We were as poor as a church mouse. But look at us now, we are doing very fine!

When my mom married my father, it was definitely not for getting a house. Your parents did not marry for those reasons either.

So why would this change for the current generation?

I want to challenge your viewpoints in this area.

If a girl likes you for your money, that means one, she does not have the ability to support herself and two, she does not love you.

She cannot get over her own hurdle of insecurity. She wants security and not love. She does not wish to put in her heart to manage a relationship with you.

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If she has the ability to produce and she can work well, she will not care if you have money or not. No matter what, if one can work, can make a living, can produce and has the confidence to survive well, one does not need to depend on anyone else.

Marrying while you have no money is a great thing. At least you know your partner is in love with you, not in love with your money.

"I am penniless, but I wish to get married. Will you marry me?"

"I do!"

Thus, both of you can take on life's sweetness and bitterness together, build your home from scratch, and carve out a future for yourself.

If you go for your dreams and talk about the future, you will find someone who shares your dreams, admires your talent, and who also looks into the future.

But if you are someone who requires your partner to have houses and cars as your terms – more important than the term of being willing to build a happy marriage with you – you will attract someone who cares only about financial securities in life more than the relationship between two persons.

In the 50 couples I have match-made, very few of the men are rich. Some of these grooms have nothing – not even a proper job. But when you asked the women if they wish to marry these men, they say yes.

These men were not trying to live off the women. They were simply young and did not have a career yet.

And do they have a chance to become successful when they reach 40, 50 years old? Of course.

Thus, the criteria in choosing a partner is not picking a person who has perfect terms, but to look at a person's aspirations, goals and ability.

I encourage both men and women to work hard together, create the phenomenon of one plus one is more than two.

I have often said, one plus one is infinity.

Marriage is Life

When a man marries a woman, there will be a family, income and future generations; there will be happiness and love.

I hope to see you get married.

When you "jump in" and be willing to go through the hardships, not only you will find that you will not "die," but your thoughts and your views will change.

The future is very much worth creating.

I hope you will drum up the courage to welcome it and at the same time, because of your creation, have a happy, free and fulfilling life!!

End of Book

How to Find Your Perfect Match? How to Have a Happy Marriage? Attend

Hellen Chen's Love Seminar www.MatchmakerOfTheCentury.com

Success Stories from Attendees of All Walks of Life

"The seminar was such a blast! I'm so amazed to have learned so much from your speech." – Joan H, Advertising Executive

"Because of certain factors which Hellen pointed out, I found that I have become not sensitive in relationships. This was great information –yes, it was what I needed!" – Kenneth G, Dentist

"I wish I have attended this class 10 years ago." -Jimmy H, Computer Analyst

"Inspiring! It is helping me to view the weak points in my relationships!" – *Pat B, CEO*

"Today's seminar totally changed my viewpoint about marriage. I have been married for 23 years, and because of what I learned today, I know I can enjoy romance with my husband for the rest of my life!" – Megan H, Housewife and Mother of 3

"I finally got married. Thank you Ms Chen!" - Simon C, Education Supervisor

"I can attest today that because of Hellen, my marriage has improved tremendously and still improving after all these years! –Shirley L, Service Professional

"I really like what Hellen said about 'be honest.' If I am honest with myself, I can change!" – Victoria K, Sales Manager

"Because of this matchmaker, my life is complete with my better –half. " – Cecilia H, Management Executive

"This seminar shocked me! Amazing! I do not need a house, money etc to get married." – John Z, Media Executive

"This workshop is BRAVO! I know now how I should improve my relationship with others. I take away a lot today –this workshop really impresses me!"—Alex W, Engineer

"In order to be married, you need to just DO and CREATE it!" - Shirley E, Aerospace Professional

...and thousands more success stories shared.

Find out about the dates and locations of future seminars at www.MatchmakerOfTheCentury.com (English) www.MyLoveMyHappiness.com (Chinese)

Creative Creation

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Author Hellen Chen

Chinese Editor Pia Liu

English Editor James Novack
Translator Yin Chew
Art Editor Terry Wang

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