Advanced Crystal Healing Layouts

with Ashley Leavy of the Love & Light School of Energy Medicine
Laying-on-of-Stones

• The ancient art of the Laying-on-of-Stones is the most common way that crystal energy healing is performed on a client. This technique involves placing healing crystals on and around the client’s body in order to balance the flow of energy, correct imbalances, repair leaks, and remove blockages.

• By creating layouts, you are placing stones in geometric patterns in order to facilitate the flow of energy. For this reason, proper alignment of crystals is very important so that energy is directed on the path of least resistance.
Performing a Crystal Healing Session

1. Perform an Aura Scan and Clear the Aura if anything is detected (with the Laser Wand or with a Pendulum)
2. Guide the client through the circular breathing technique
3. Place a grounding stone on the client’s Root Chakra or at their feet (if needed)
4. Place stones on any areas that were detected during the initial scan (You may want to scan or use a pendulum to choose the appropriate stones)
5. Check in with the client and make adjustments as needed
6. Build connections between areas to move energy more thoroughly (use stones to transmit energy)
7. Check in with the client and make adjustments as needed
8. Use other techniques if you feel called to do so (i.e. Crystal Wand, Reiki, Pranic Healing, Essential Oils, etc.) as long as you have proper training
9. At this point, it is optional to perform one of the Quartz crystal healing or balancing techniques described in the Course #103 manual. If so, this is a good time because the client is already comfortable and it is a good opportunity to solidify any work you have done.
10. Perform a follow-up aura scan to detect any changes that have been made
11. Smooth the energy of the aura so that it is even and balanced
12. Check in with the client to see if they are ready to come back to conscious awareness
13. Bring the client back to the present moment
14. Lay out the stones next to the client so that he or she can see what was placed and how the stones were utilized during the treatment (this will help to reinforce the healing energy into their consciousness)
Intuitive Layouts

- Use the previous example ONLY as a starting point
- Follow YOUR intuition & inner guidance during a session (by changing the order of the steps above, removing steps, or adding new steps of your own)
- Develop a sense of how or when these things should or should not be done (i.e. Develop a strong sense of balance between reason and intuition)
- Over time, you will rely on logic and reason less and less and your intuitive sense will begin to guide your sessions
- Be open to any guidance you may receive and have faith and confidence in yourself as a healer
- As long as you hold the client’s highest good in mind, you can only work in love and light.
A basic understanding of human anatomy is crucial for any energy worker.

Remember that it is NOT generally advisable to use a crystal Laser Wand over the internal organs. Treating these areas with stone layouts is a safe alternative to the more invasive Laser Wand approach recommended by some energy workers and crystal therapists.
Lungs:

- The function of the lungs is to store the body’s oxygen and to make it available by pumping it throughout the body.

- **Suggested Stones:** Amethyst, Green Apophyllite, Aquamarine, Blue Chalcedony, Rainbow Fluorite (Also known as Rainbow Fluor Spar), Moss Agate, Clear Quartz, Rutilated Quartz (Also known as Angel Hair Quartz or as Venus Hair Quartz)
Large Intestine:

- The function of the large intestine is to store undigested material until it can be eliminated from the body. It also helps to absorb small amounts of water and electrolytes.

- **Suggested Stones:** Amethyst, Black Tourmaline (Also known as Schorl or as Aphrizite) Charoite, Jet, Opalite, Pink Moss Agate (Also known as Mocha Stone), Spodumene, Turitella Jasper (Also known as Turitella Agate)
The function of the stomach is to store and break down food and then slowly allow it to move to the small intestine.

**Suggested Stones:** Brown Banded Agate, Amber, Golden Calcite, Yellow Calcite, Honey Calcite, Citrine, Dravite Tourmaline (Also known as Brown Tourmaline), Imperial Topaz, Brown Jasper, Yellow Jasper, Petrified Wood
Spleen:

- The function of the spleen is to filter the blood of abnormal cells. It also stores iron which aid in the production of new blood cells.

- **Suggested Stones:** Amber, Citrine, Golden Beryl (Also known as Heliodor), Imperial Topaz, Brown Jasper, Yellow Jasper, Mookaite (Also known as Mook Jasper), Sardonyx, Yellow Tourmaline
Heart:

- The function of the heart is to pump blood throughout the body.

- **Suggested Stones:** Moonstone, Morganite (Also known as Pink Beryl), Pink Chalcedony, Pink Opal, Pink Sapphire, Pink Tourmaline (Also known as Rubellite), Rhodonite, Rose Quartz
Small Intestine:

- The function of the small intestine is to absorb nutrients from food.

- **Suggested Stones:** Carnelian, Fire Agate, Manganocalcite (Also known as Pink Calcite), Pink Agate, Red Agate, Red Chalcedony, Sardonyx, Clear Topaz
Bladder:

- The function of the bladder is to store urine until it can be released from the body.

- **Suggested Stones:**
  Blue Apatite, Blue Tourmaline, Iolite (Also known as Cordierite), Blue Kyanite, Lapis Lazuli, Pyrope Garnet, Sodalite, Sugilite
Kidneys:

- The function of the kidneys is to aid in the elimination of waste products.
- **Suggested Stones:** Epidote, Hematite, Nephrite Jade, Snowflake Obsidian, Scolecite, Tiger Iron, Brown Zircon, Ruby with Zoisite (Also known as Anyolite)
Gallbladder:

- The function of the gallbladder is to store and secrete bile (which aids in the digestion of fats).

- **Suggested Stones:** Green Aventurine, Chrysocolla, Bloodstone (Also known as Heliotrope), Labradorite (Also known as Spectrolite), Yellow Magnesite (Also known as Lemon Chrysoprase), Peridot (Also known as Olivine), Serpentine (Also known as New Jade), Turquoise
Liver:

- The functions of the liver include purifying toxins within the body, storing vitamins and minerals, and producing cholesterol.

- Suggested Stones: Amazonite (Also known as Amazon Stone), Banded Aragonite, Chrysocolla, Chrysoprase, Emerald (Also known as Green Beryl), Green Fluorite, Malachite, Orbicular Jasper (Also known as Ocean Jasper)
Pancreas:

- The function of the pancreas is to secrete necessary hormones into the body (i.e. insulin).
- **Suggested Stones:** Amber, Citrine, Yellow Aventurine
Elemental Layouts:

- You may use these to enhance the positive attributes or to balance the negative attributes associated with particular Zodiac signs (for example you may use a Water Layout on a fire sign, such as a Sagittarius, to balance the negative aspects of the client’s personality).

- You may also use these layouts to evoke the specific energy represented by the particular element.
Earth Layout:

- This element represents stability, abundance, and growth

- **Suggested Stones:** Coal, Malachite, Carnelian, Red Jasper, Emerald, Rainforest Jasper, Chrysocolla, Serpentine, Agate, and Peridot

- Enhances the qualities of the Earth Element (when placed over the entire body or over the Root Chakra)

- Balances the Air Element (when placed over the Throat Chakra)

- Enhances the positive attributes of Taurus, Virgo, & Capricorn Zodiac signs (Earth Signs)

- Balances the negative attributes of Gemini, Libra, & Aquarius Zodiac signs (Air Signs)
Air Layout:

- This element represents change, new beginnings, and intellect.
- **Suggested Stones:** Celestite, Pumice, Azurite, Blue Apatite, Lepidolite, Turquoise, Blue Kyanite, Blue Sapphire, and Mica.
- Enhances the qualities of the Air Element (when placed over the entire body or over the Throat Chakra).
- Balances the Earth Element (when placed over the Root Chakra).
- Enhances the positive attributes of Gemini, Libra, & Aquarius Zodiac signs (Air Signs).
- Balances the negative attributes of Taurus, Virgo, & Capricorn Zodiac signs (Earth Signs).
Fire Layout:

- This element represents vitality, creativity, and personal power

- **Suggested Stones:** Red Jasper, Amber, Rhodochrosite, Lava Rock, Fire Agate, Red Spinel, Citrine, Diamond, Heliodor, Obsidian, and Clear Quartz

- Enhances the qualities of the Fire Element (when placed over the entire body or over the Sacral Chakra)

- Balances the Water Element (when placed over the Third Eye Chakra)

- Enhances the positive attributes of Aries, Leo, & Sagittarius Zodiac signs (Fire Signs)

- Balances the negative attributes of Cancer, Scorpio, & Pisces Zodiac signs (Water Signs)
Water Layout:

- This element represents the emotions, intuition, and love

- **Suggested Stones:** Amethyst, Opal, Larimar, Pearl, Blue Lace Agate, Amazonite, Aquamarine, Moonstone, Selenite, and Blue Tourmaline

- Enhances the qualities of the Water Element (when placed over the entire body or over the Third Eye Chakra)

- Balances the Fire Element (when placed over the Sacral Chakra)

- Enhances the positive attributes of Cancer, Scorpio, & Pisces Zodiac signs (Water Signs)

- Balances the negative attributes of Aries, Leo, & Sagittarius Zodiac signs (Fire Signs)
Elemental Balance Layout

- Use this layout to bring elemental energy into balance
Karmic Release Layout

*Use this as a layout or grid during meditation for karmic release and upliftment

In the form of the Buddhist Wheel of the Dharma

Should be made entirely of double-terminated Tibetan Quartz (other stones may be substituted if you intuitively feel that they would be more helpful in the given situation); you may use all one type of stone, or you may use a mixed variety of crystals

Best used during a past life ascension (regression) healing session (but this is optional)

Should be laid out upon and around the person's body (with the center of the Wheel placed at the heart), or on a picture of the person (or group of people) to be healed

Can be as large or small as you like and there is no particular number of crystals that needs to be used (although you need a minimum of 8)
Infinity Layout:

- Allows a continuous flow of healing and abundance to enter the client’s energy body

- Best used on those who have trouble receiving or who feel that they are not worthy of receiving (be it healing, wealth, love, etc.)

- Use with clear intention of what is desired by the client (client and healer should both hold this intention during the session)

- Stones used in the layout may also reflect that same intention (i.e. if the intention is love, the healer may choose to utilize stones such as Rose Quartz, Rhodonite, Rhodochrosite, Green Aventurine, etc. whereas if the intention is prosperity, the healer may choose to use stones such as Jade, Citrine, Pyrite, etc.)