

ENTRY PROCEDURES

COLLEGE/UNIVERSITIES

All collegiate teams must enter using the *Direct Athletics* website at www.directathletics.com.

PAYMENT INSTRUCTIONS FOR COLLEGE/UNIVERSITIES

ENTRY FEES MUST BE PAID ONLINE WITH www.directathletics.com PRIOR TO THE CLOSE OF ENTRIES. Schools who DO NOT PAY ONLINE by the entry deadline risk having their entries scratched from the meet. Online payment must be received before the close of ENTRIES on Thursday, April 11th at 6pm.

ENTRY PROCEDURES FOR INDIVIDUALS/CLUBS

Only marks from 2018 and 2019 will be accepted. Individual and/or Club entries must enter using the *Direct Athletics* website at www.directathletics.com. Entrants will register and must pay by credit card in advance by entering as a club or as an individual. *There will be no refunds for scratches or entries not accepted into the meet.*

Top 15-ranked U.S. and top 50 world-ranked athletes may have entry fees waived upon request. This is based on 2018, 2019 or current Track & Field News or IAAF Senior World rankings. Email latanya.sheffield@csulb.edu to enter as an elite athlete. Please indicate world ranking and sponsor or national affiliation. We cannot reimburse fees once paid. Meet management reserves the right to select what entries will be accepted and in which sections and lanes entrants will be placed. All non-collegiate athletes are required to sign a WAIVER FORM before being allowed to compete.

ENTRY FEES

Entry fees are calculated based upon the number of entries submitted as of 6:00pm (PST), Thursday, April 11th. Entry fees are calculated at \$20 per event/per athlete and \$40.00 per relay. **Entry fees are not a Competition fee. No refunds possible.**

LATE ENTRIES

Late entries will be accepted on Direct Athletics starting Thursday, April 11TH @ 6:05 p.m. PST. Late entries close on Sunday, April 14TH @ 5:00 p.m. Direct Athletics will not accept late entries without online payment.

LATE ENTRY FEES

Late entry fees are calculated at \$30 per event/per athlete and \$60.00 per relay.

ACCEPTED ENTRIES

A list of accepted entries will be available to view online at <http://www.longbeachstate.com/sports/c-track/lbst-c-track-body.html> on Tuesday, April 16 @ 12:00 p.m. (PST).

No late or day-of-the-meet entries, changes, or swops will be accepted. NO EXCEPTIONS!!!

IMPORTANT DATES TO REMEMBER

ENTRY DEADLINE:	Thursday, April 11 @ 06:00 p.m. PST	MEDIA CREDENTIAL REQUESTS:	Tuesday, April 16 @ 12:00 p.m. PST
LATE ENTRIES OPEN:	Thursday, April 11 @ 06:05 p.m. PST	TEAM INFORMATION FORM DEADLINE:	Tuesday, April 16 @ 12:00 p.m. PST
LATE ENTRIES CLOSE:	Sunday, April 14 @ 05:00 p.m. PST	FINAL BAR PROGRESSIONS POSTED:	Tuesday, April 16 @ 12:00 p.m. PST
ACCEPTED ENTRY LIST POSTED:	Tuesday, April 16 @ 12:00 p.m. PST	HEAT SHEETS POSTED:	Wednesday, April 17 @ 9:00 a.m. PST

BEACH INVITATIONAL

ENTRY GUIDELINES

ENTRY STANDARDS

NOTE: Standards will be used to determine entry into the meet, and to determine which day a competitor will compete. See the link for ENTRY STANDARDS on our Home Meet webpage.

COMPETITION RULES

GOVERNING RULES

The meet will operate under USATF rules. Wind gauges will be used for sprints and horizontal jumps. All horizontal jumpers and throwers will receive 3 attempts, and only the top 9 Individuals are eligible to compete in the finals. Finalists will be given 3 more attempts in the horizontal jumps and throws.

DIVISION 1 SCORING

The Beach Invitational will be scored 10-8-6-5-4-3-2-1 for all Division 1 teams and for all events. Non-Division I teams and individuals will not be included in team scoring. Division I team scoring will be posted with results at the websites below.

AWARDS

Gold "Champion" flags will be awarded to the individual winner and relay teams in each event. Winners of field events will be escorted to the awards tent near the finish line. Heat winners of track events report to the Awards Tent near finish line after their race. The fastest time of all heats and flights will claim the "Champion" flag.

IMPORTANT: Our awards personnel will communicate to our announcer when you are present to accept your "Champion" flag. We encourage all Champions to run the length of the main bleachers with their flag. Please begin your run at the Start/Finish area.

BEACH INVITATIONAL ELITE UNIVERSITY OPEN**ARRIVAL ON CAMPUS****DIRECTIONS**

Driving directions can be found on-line by [clicking here](#). Campus maps w/ parking locations can be found by [clicking here](#).

PARKING

Team buses will not be charged to park. All other vehicles must pay the standard spectator parking of \$9.00. Spectator parking is available off of Atherton Avenue in lots G11, G9, G8, G7, G6 and PS1 (also known at the Pyramid Parking Structure). Parking is also available off of Palo Verde Avenue in lots G12, G13, G14 and parking structures PS2 & PS3 (also known as Palo Verde North and Palo Verde South Parking Structures). **NOTE: Parking in the residential area is prohibited.**

PACKET PICKUP

Coaches may pick up packets at the entrance to the baseball field (designated as the warm-up and team set up areas for the meet). This location is also the designated drop off area for teams arriving by bus and vans. See schedule below for packet pickup times and locations:

	Packet Pickup at Baseball	Packet Pickup at Main entrance to stadium
Thursday, April 18 th	7:00 a.m. – 12:00 p.m.	12:00 p.m. – 4:00 p.m.
Friday, April 19 th	7:00 a.m. – 12:00 p.m.	12:00 p.m. – 4:00 p.m.
Saturday, April 20 th	7:00 a.m. – 12:00 p.m.	12:00 p.m. – 5:30 p.m.

The Ticket Office will distribute the packet to the first coach from each institution that arrives at Packet Pick-up. This packet will contain access credentials for the entire team and staff. If coaches and athletes are planning to arrive at different times, please make arrangements for your team to meet at a designated location outside the facility to distribute your team credentials. We CANNOT hold the team packet at packet pick up.

Packets and wristbands will not be distributed without full payment at time of pick up, and without the "TEAM INFORMATION FORM" filled out.

ADMISSION

- Adults \$10
- Seniors (60+) & Youth (3-12) \$8. Seniors must present I.D. to receive discount.
- CSULB students are FREE with Student ID.
- Gates open at 7:30 a.m. on Friday and Saturday at the main spectator entrance (West side of the stadium).

MISC.**COACHES BOXES**

Coach's boxes will be available during the competition for all field events. Wristbands of different color will be provided to each institution per coach's box. Access to infield will be located at the South West (FIELD CLERK location) and North Turn gate. NOTE: See "Restrictions" (p.5) as these policies apply to coaches and participants.

FOOD TRUCKS

Food trucks will be onsite to cater to the needs of our participants and spectators on Saturday, April 20th. The Wall Street Café will be open outside the Southwest entrance of the track on Friday, April 20th.

NOTE: See "Restrictions" at the bottom of page 5 regarding food and beverages on the facility.

BEACH INVITATIONAL

ENTERING THE TRACK COMPLEX

JACK ROSE TRACK FACILITY

Our facility features a 9 lane (48" width) Beynon track surface and runways. Our dual jump pits are also dual-directional for the high, long, triple and pole vault. We have expanded our throws area by adding dual, side-by-side shot put, dual directional javelin, and three directional discus rings on the infield. The hammer ring is located just outside the north end of the track.

DROP OFF & TEAM AREAS

Teams arriving by bus and vans will be directed to pull through on the state vehicle access road between the south side of the Walter Pyramid and baseball. Drop off will be at the left field entrance to the baseball field designated as the warm-up and team set up areas for the meet. Teams may enter the warm-up area and set up while coaches pick up packets and parking passes. Athletes and coaches will not have access to the track stadium until they receive their access credentials in their team packets. Pole Vault poles may be dropped off by van only at the state vehicle parking next to the Barrett Athletic Administration Center and Hammer Cage.

TEAM TENTS

Team tents are restricted to specific areas on the perimeter grass of the baseball outfield. This will allow athletes to run unobstructed around the perimeter of the grass field for warm up. Tent size is limited to 20' x 20' width.

For teams interested in renting a tent, please contact Jason Fronke at Coast Party Rentals. He can be reached at jasonfronk@gmail.com, or (562) 308-0698 cell, or (562) 799-6690 wk. The LBSU Athletics discount will apply.

WARM UP

No warm-ups will be permitted on the Jack Rose Track or infield at any time. Athletes should use the baseball field located outside the North East corner of the track complex. This area will also serve as the team area during the two-day event. Team tents are allowed on the baseball field but are restricted to specific areas on the grass. Lanes and hurdles for warm-up will be provided in the warm-up area. Please stay off the baseball diamond. Access is prohibited.

ATHLETIC TRAINERS

The LBSU athletic training staff will be onsite for acute and urgent care of injuries to visiting athletes. No treatment will be provided without a written request and required supplies from the athlete's athletic trainer. No medications will be dispensed to visiting athletes. Visiting Athletic trainers can set up their tables in the team warm up area (baseball outfield) or under the LBSU Medical Tent on the north end of the track facility.

If you have questions or requests prior to the event, you may contact Chrissy Turnbull, LBSU's Track & Field Trainer. Work (562) 985-5222 or email Christine.Turnbull@csulb.edu If you have questions on the day of the event, you may reach her at her Cell.# (925) 487-0531.

RESTRICTIONS

- △ No food or beverages are permitted on the facility (only H2O)
- △ No headphones are allowed in the competition area
- △ Access to the baseball diamond is restricted
- △ No team tents or umbrellas in the bleachers

CLERKING CHECK-IN PROCEDURE**ATHLETE FLOW SUMMARY: RUNNING EVENTS**

Athletes in all running events will follow the protocol outlined below:

1. Athletes must report to the Track Clerks' Tent by the right field Baseball Dugout NO LATER than 60 minutes before the scheduled start of the event, or be scratched;
2. Athletes must report back to the right field Baseball Dugout 10 minutes before the start of their race to receive hip numbers;
3. Athletes will be escorted to the Holding Area near the main finish line;
4. Athletes will be escorted from the Holding Area to the starting line;
5. At the conclusion of the running event, athletes must exit the track through a designated gate adjacent to the Holding Area and return to the Warm-up area;
6. Event champions, and selected athletes will be escorted to the Media Interview Tent.

ATHLETE FLOW SUMMARY: FIELD EVENTS

Athletes in all field events will follow the protocol outlined below:

1. Athletes must report to the FIELD CLERKS' Tent located at the South end of the Long/Triple Jump runways (under the palm trees) NO LATER than 60 minutes before the scheduled start of the event, or be scratched;
2. Athletes must report back to the FIELD CLERK and remain in the Holding Area a minimum of 15 minutes prior to the start of their flight;
3. Athletes will be escorted from the Holding Area to their field event;
4. 10 minutes will be allowed for warm up between flights in both jumping and throwing events;
5. Athletes competing in the Hammer Throw will report directly to the event site;
6. At the conclusion of the field event, we ask that athletes exit the infield through the SW gate at the FIELD CLERK's Tent;
7. Champions, and selected athletes will be escorted to the Media Interview Tent.

NOTE: The FIELD CLERK location will change to the opposite (North) end of the jump runways if wind direction changes.

SPIKE LENGTH INSPECTION

A maximum length of 1/4" PYRAMID spikes will be accepted on the track facility and runways. Athletes with the incorrect spike length or type will not be allowed to compete.

Spike checks will be conducted at the entrance to the track through the Clerk areas before the athletes enter the Holding Areas. 1/4" PYRAMID spikes will be sold at each clerk's table. Any shoe that is not inspected or approved will be disqualified at the competition site and/or starting line.

LONG BEACH STATE SPIKE LENGTH RESTRICTIONS

**NO
CHRISTMAS TREE
SPIKE PINS**



**1/4"
PYRAMID
ONLY!**



**NO
NEEDLE SPIKE
PINS**

**3/8"
EXCEPTION FOR
HIGH JUMP & JAVELIN**

BEACH INVITATIONAL

ELITE UNIVERSITY OPEN

CLERKING CHECK-IN PROCEDURE

(continued)

IMPLEMENT INSPECTION

Weigh-ins for implements will be located at the Track Shed outside the top of the north turn of the track. Implement inspection times are scheduled as follows:

Friday, April 19

Men's Hammer	07:00a - 10:30a
Women's Javelin	07:00a - 10:30a
Men's Javelin	12:15p - 03:00p
Women's Hammer	12:15p - 03:00p

Saturday, April 20

Men's Shot	09:00a - 10:30a
Women's Discus	09:00a - 10:30a
Women's Shot	01:00p - 02:30p
Men's Discus	01:00p - 02:30p

25TH LONG BEACH STATE UNIVERSITY
BEACH ELITE UNIVERSITY OPEN
INVITATIONAL

SPORTS INFORMATION

All information related to the meet (i.e., final time schedule, entries, and final results) will be posted at our Long Beach State Track & Field Athletics Webpage: www.longbeachstate.com/sports/c-track/lbst-c-track-body.html

Direct all media requests, including Media Credentials, through your school's Media Relations department by Monday, April 15 to:

Roger Kirk LBSU Track & Field S.I.D. roger.kirk@csulb.edu (562) 985-7565

Results can also be found at:

Direct Athletics: www.directathletics.com

Royal Results Timing: www.royalresults.com/results/

MEET MANAGEMENT STAFF

Andy Sythe	Head Coach (Jumping Events)	andy.sythe@csulb.edu	(562) 618-1020
LaTanya Sheffield	Assoc. Head Coach (Sprints, Hurdles, Relays)	latanya.sheffield@csulb.edu	(562) 985-1700
Shawn Winget	Assistant Coach (Distance Events)	shawn.winget@csulb.edu	(562) 985-2318
Cory Loebel	Assistant Coach (Throwing Events)	cory.loeble@csulb.edu	(562) 682-5538
Brandon Hierholzer	Assistant Coach (Pole Vault, Multi Events)	brandon.hierholzer@csulb.edu	(530) 416-0070
Casey Kear	Director of Operations (Day of meet questions)	casey.kear@csulb.edu	(909) 519-9812

HOTELS

Contact Andy Sythe at andy.sythe@csulb.edu if you would like us to email you a list of hotels in the vicinity of our venue. There may be a few hotels remaining that offer discounted Pacific Coast Intercollegiate rates to our participating teams.

• *The 2020 BEACH Invitational will be held April 17-18* •