



## RHYS THOMAS INSTITUTE FREE PROFILE QUICK TEST!

Read the following adjective/descriptor statements. Mark the multiple-choice circles that best describe how true the statements are for you. Answer by clicking:

- 1. No
- 2. Rarely
- 3. Often
- 4. Yes

For each statement, there are 3 adjective/descriptors that refer to traits you may have expressed throughout your lifetime. Read all 3 and feel inside if *as a group* they describe your true self on a continuum from *no-never*, to *yes-always*.

## If you are stuck on an answer, follow this guideline:

If none of the 3 have been true throughout your life, and you never have expressed them, then choose **No**. If only 1 of the 3 describes you throughout your life, or you occasionally express those traits, then choose **Rarely**. If 2 out of the 3 describe you throughout your life, or you more often express those traits, then choose **Often**. If all 3 have been true for you throughout your life, and you have always expressed them in some way, then choose **Yes**.

When responding to the statements, take time to feel deeply how true each quality is within you from early in your life until now. **Do your best to distinguish between deep, inner truth and behavior.** Some qualities you express regularly will simply be behavior patterns based on doing the right thing as a man or woman, family or cultural expectation, or a reaction to trauma in your past. Your Life Purpose Profile is a soul quality that has existed within you for your entire life. It is the *character* underlying your behaviors that you are revealing, not simply a behavior.

Once you have completed the test, follow the directions to have your Life Purpose Profile Quick Test results sent to your e-mail absolutely free.

In your Free Report, you will discover which of the 5 Life Purpose Profiles is the *primary* guiding force in your life. You will also be guided to see your life purpose frame of reference/orientation, life purpose qualities, life purpose actions, and a pathway to finding your life purpose and power in life.