



Pendulum Reading

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Please fill each box below, both before and after, and let your client know that you will be measuring after the healing as well. These are very important for you to see how your client holds their energy and then shifts when receiving from you. Use the notations in your student notebook to describe the pendulum readings. Answer the summary by seeing if you can relate the presenting complaint, the chakra readings, and both yours and the client's experience.

Muscle Testing

Students in the 2nd and 3rd year of the program can use muscle testing to assess the chakras. The notations should be E - Excessive, D - Deficient, B - Balanced. Also make note what chakra it needs to connect with to come into balance by using the chakra number.

CHAKRA MEASUREMENTS				
CHAKRA		BEFORE	AFTER	Observations (Optional)
1	Root			
2a	Sacral			
3a	Solar Plexus			
4a	Heart			
5a	Throat			
6a	Forehead (3rd Eye)			
7a	Crown			
CHAKRA		BEFORE	AFTER	Observations (Optional)
2b	Sacral			
3b	Solar Plexus			
4b	Heart			
5b	Throat			
6b	Forehead (3rd Eye)			
SUMMARY (required): 				