



CANDIDA / PARASITE HEALING

This healing is primarily to clear candida and yeast overgrowths in the intestinal track. Candida is naturally occurring yeast (fungus) that lives in small amounts in the mouth and digestive track. When it's in balance, it helps with the natural digestive processes.

We can throw off our natural amount of yeast and create a "bloom" of yeast, which results in a lot of painful and unhealthy symptoms in our bodies. When overproduced, candida can break down the wall of the intestine and penetrate the bloodstream, releasing toxic byproducts into your body and causing "leaky gut." The situation creates a constant allergic reaction in the body, thins intestinal walls and reduces the efficiency of digestion. Patients can have many different health problems/symptoms ranging from general tiredness or depression to rashes and itchiness, from sinus infections or digestive issues to chronic illness or pain flare-ups.

The good news is that the healthy bacteria in your gut typically keep your candida levels in check. However, a few factors can cause the candida population to grow out of control:

- Eating a diet high in refined carbohydrates and sugar
- Consuming a lot of alcohol
- Taking oral contraceptives
- Living a high-stress lifestyle
- Taking a round of antibiotics that killed too many of those friendly bacteria
- Chemotherapy
- Conditions that weaken the autoimmune system

Common symptoms of candida

1. Skin and nail fungal infections, such as athlete's foot or toenail fungus
2. Feeling tired and worn down, or suffering from chronic fatigue or fibromyalgia
3. Digestive issues such as bloating, constipation, or diarrhea
4. Autoimmune diseases such as Hashimoto's thyroiditis, rheumatoid arthritis, ulcerative colitis, lupus, psoriasis, scleroderma or multiple sclerosis
5. Difficulty concentrating, poor memory, lack of focus, ADD, ADHD and brain fog
6. Skin issues like eczema, psoriasis, hives and rashes
7. Irritability, mood swings, anxiety or depression
8. Vaginal infections, urinary tract infections, rectal itching or vaginal itching
9. Severe seasonal allergies or itchy ears
10. Strong sugar and refined carbohydrate cravings

This healing is also effective for spirochete bacteria, Borrelia removal, and disruption in the joints and soft tissue of Lyme disease patients.

Preparation For Healing

- Set up the client and table normally.
- Put on protective silver gloves. For deeper protection, wear a full-body silver suit.

Candida/Parasite Cleansing Technique

1. Perform a quick Chakra Balance up through the 7th - do not close.
2. Muscle test to see where the yeast is strongest in the system. Muscle test throughout the whole body and check the joints too. If you are working with spirochetes you will need to muscle test the client's joints and head to find locations.
3. Go to their 2nd chakra. Build up your energy in your second chakra to fill your whole body.
4. Place your hands over their 2nd chakra and build the bright orange energy in the pelvic area to support the body's natural immune function and ability to establish boundaries. Also do this for other affected areas.
5. Pull down the silver energy from the energy levels up beyond the Seventh Chakra. Send tiny needles of silver out from your fingertips through the belly and each of the affected areas to dislodge any yeast or bacteria and disrupt their function. The silver needles puncture the cells of the bacterium and kill them. Trust that you are sending many thousands of these needles per second and that they find their way to the yeast or parasite.
6. Place both hands back over their 2nd chakra and send your full energy through that zone and any others that tested for yeast, pushing them out of the body into their upper energy fields to be collected.
7. Create a fifth chakra energetic oval ball of blue light in your hands. Hold that ball palms down over each of the affected areas and belly. The blue light acts as a magnet for dislodged yeast and bacteria, collecting and pulling it out of the client's field and body so that it can finally be removed from their field and taken back to the light.
8. Scoop your hands under the blue ball once it has finished cleansing the field and collecting any remaining yeast or parasites in the body. Lift the ball up from the body and call your guides to take it past the highest field level and return it to the light to be transmuted back into healthy energy.
9. Make sure your hands are energetically clean of bacteria or yeast. Fill all of the client's affected areas with gentle Rose-colored healing light.
10. Standard Closing:
 - Hold both hands over the forehead/third eye, palms down, sending hand on bottom, receiving hand on the top. Hover over the 6th chakra, but don't touch the forehead.
 - Send indigo energy going down through the body on the exhale breath. This allows them to see themselves in a different way.
 - Bring up orange energy on the inhale breath to help them feel themselves in a new way. Do this for a few breaths. It will help them hold/integrate the changes to their energy field.
 - Close the field. Lift your hands over your head and sweep them down in a circle to help seal up their energy field after the work they received. Use the color gold for this.
 - Close the front and back of your 2nd chakra to complete the healing for you.

Note: The client might feel a little bit ill after this healing due to the die-off of yeast and parasites.

Give your client time to settle and integrate on the table, before gently bringing them back. Ask the client to share about their own experience first.