2019 - 2020 HEALTH RESOURCE GUIDE FOR CAREGIVERS
ASSISTANCE FOR SENIORS AND THEIR FAMILIES
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TO LOCATE THE HELP YOU NEED IN TEXAS:

DIAL 2-1-1 (press option one)
Alternate Helpline: (877) 541 - 7905

FIND THE HELP YOU NEED FOR EMERGENCY MENTAL HEALTH, SUBSTANCE ABUSE DISORDER AND DISABILITY SERVICES INFORMATION:

Call or Text: (817) 335 - 3022
Toll Free: (800) 866 - 2465

TARRANT CARES
Tarrant Cares is an online information service for individuals, families, caregivers and agencies that provides countless solutions for issues that you or your family may be facing. Find the services you need 24 hours a day at www.tarrantcares.org.

*Spanish speakers are available upon request.
MEDICALERT® + ALZHEIMER’S ASSOCIATION SAFE RETURN®

MedicAlert® + Alzheimer’s Association Safe Return® is a 24-hour nationwide emergency response service for individuals with Alzheimer’s or a related dementia who wander or have a medical emergency.

To join, call (888) 572 - 8566 or visit www.medicalert.org/safereturn.

TEXAS SILVER ALERT

Wandering impacts families and caregivers statewide, affecting those who suffer with various mental conditions such as Alzheimer’s disease and other forms of dementia. In 2007, the state’s Silver Alert program was created by Texas legislation to notify the public of missing older adults with a documented mental condition.

Below represents Silver Alert criteria for the state’s network:

- Is the missing person 65 years of age or older?
- Does the senior citizen have a diagnosed impaired mental condition, and does the senior citizen's disappearance pose a credible threat to the senior citizen's health and safety? (Law enforcement shall require the family or legal guardian of the missing senior citizen to provide documentation from a medical or mental health professional of the senior citizen's condition).
- Is it confirmed that an investigation has taken place verifying that the senior citizen's disappearance is due to his/her impaired mental condition, and alternative reasons for the senior citizen's disappearance have been ruled out?
- Is the Silver Alert request within 72 hours of the senior citizen's disappearance?
- Is there sufficient information available to broadcast to the public that could assist in locating the senior citizen? (Highway signs will be activated only if accurate vehicle information is available and it is confirmed that the senior citizen was driving the vehicle at the time of the disappearance).

NOTE: A PHYSICIAN’S LETTERHEAD, INDICATING THE IMPAIRED MENTAL CONDITION, DATE OF DIAGNOSIS, PATIENT’S NAME, WITH PHYSICIAN’S SIGNATURE IS RECOMMENDED TO SATISFY THE DOCUMENTATION REQUIREMENT.
ADULT DAY SERVICES

The following Day Centers accept clients with mild Dementia or Alzheimer’s. Many centers may need to complete an assessment before providing services. The Day Centers are not locked facilities and will not accept clients who exhibit exit-seeking behaviors.

ARLINGTON ADULT DAY HEALTH CARE CENTER
2117 Roosevelt Drive, Ste. F, Pantego, TX 76013
(817) 795 – 8066
www.aadhc.org

GOLDEN CHOICE ADULT DAY CENTER
5415 E Lancaster Avenue, Fort Worth, TX 76112
(817) 451 – 4411

JAMES L. WEST ALZHEIMER’S CENTER
1111 Summit Avenue, Fort Worth, TX 76102
(817) 877 - 1199
www.jameslwest.org

NORTHSIDE ADULT DAYCARE CENTER, INC.
1401 Clinton Avenue, Fort Worth, TX 76164
(817) 740 - 1611

For a complete list of Adult Day Activity Centers in Tarrant County:
Visit apps.hhs.texas.gov/LTCSearch
COMMUNITY RESOURCES

ALZHEIMER’S ASSOCIATION
NORTH CENTRAL TEXAS CHAPTER
2630 W Freeway, Ste. 100, Fort Worth, TX 76102
24/7 Helpline: (800) 272 – 3900
www.alz.org/northcentraltexas

The Alzheimer’s Association is the world’s leading voluntary health organization in Alzheimer’s care, support and research. Our mission is to eliminate Alzheimer’s disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. Locally, we provide the following services to help clients make informed decisions:

- Support Groups
- Care Consultations
- Education
- Community Outreach
- Family Care Services
- Early Stage Programs
The Area Agency on Aging assesses the needs of adults age 60 and older and sets priorities for services. Provides funding for a variety of services and programs for older adults, including respite for caregivers, congregate meals, home delivered meals, medical transportation and more through partnerships with many community organizations.

Easterseals provides senior service programs which include non-medical, in-home services and caregiver support such as personal care assistance, light housekeeping and respite care.

HRA provides services that enable individuals to stay in their homes, attend school or go to work and remain self-sufficient. Services include Client Managed Personal Attendant Services, Consumer Directed Services, Primary Home Care, MR Services and private pay services.

HHSC provides services for seniors and people with disabilities who request assistance in maintaining their independence as well as institutional care for those who require that level...
of support. Services provided include adult foster care, adult day care and assistance with tasks such as personal care and house cleaning.

UNT HEALTH SCIENCE CENTER STEP
(SAFE TRANSITIONS FOR THE ELDERLY PATIENT)
855 Montgomery Street, Fort Worth, TX 76107
(817) 735 – 2709
www.unthsc.edu

UNT Health Science Center STEP provides high quality transition of care services for Medicaid enrolled adults 50 years of age and older, regardless of their primary or secondary admitting diagnosis. Individuals must be discharged from five area hospital partners: JPS Hospital, Harris Hospital Downtown Fort Worth, Plaza Medical Center of Fort Worth, Baylor All Saints Medical Center of Fort Worth and Methodist Mansfield Medical Center.

For more information on in-home services:
Visit Texas Association of Homecare and Hospice at www.tahch.org

For a complete list of home health agencies in Tarrant County:
Visit apps.hhs.texas.gov/LTCSearch

LEGAL AND FINANCIAL SERVICES

PLEASE NOTE: Attorney listings were obtained through the websites of Tarrant County Probate Courts. These lists were compared and attorneys appearing on both were reviewed to ascertain specialty practice areas of elder law and/or wills, trusts and probate through the State Bar of Texas attorney profiles. Individuals who indicated a practice area of wills, trusts and probate were contacted individually to ascertain the practice of guardianship law; individuals who reported practicing guardianship law were placed on the special-needs listing.

DISABILITY RIGHTS TEXAS
1420 W Mockingbird Lane, Ste. 450, Dallas, TX 75247
(214) 630 – 0916
www.disabilityrightstx.org

Disability Rights Texas is the federally designated legal protection and advocacy agency for people with disabilities in Texas. They help people with disabilities understand and exercise their rights under the law, ensuring their full and equal participation in society.
DISPUTE RESOLUTION SERVICES OF NORTH TEXAS, INC.
4304 Airport Freeway, Ste. 100, Fort Worth, TX 76116
(817) 877 – 4554
www.drsnorthtexas.org

Dispute Resolution Services provides a neutral forum where people can reach satisfactory settlements to disagreements through mediation, in lieu of formal court or legal action. Mediation is confidential and facilitated by a neutral third party to help reach a mutually acceptable resolution.

FINANCIAL EXPLOITATION PREVENTION CENTER (FEPC)
603 W Magnolia Avenue, Ste. 205, Fort Worth, TX 76104
(817) 720 – 6556
www.financialexploitationpreventioncenter.org

The FEPC is a unified network of partners committed to the protecting of aging and disabled adults by preventing and prosecuting their financial exploitation. Families of vulnerable adults, who are aging or have one or more physical, developmental or cognitive disabilities, will be connected to community services, programs and support.

GUARDIANSHIP SERVICES, INC. (GSI)
603 W Magnolia Avenue, Ste. 205, Fort Worth, TX 76104
(817) 921 – 0499
www.guardianshipservices.org

GSI, through its Guardianship Program, serves as surrogate decision maker for individuals who lack capacity as determined by the Tarrant County Probate Court and have no one else able to assist with their care. The Money Management Program is a less-restrictive alternative to guardianship and assists low-income clients who are not capable of managing their finances in their own best interest. Money management programs include: representative payee, financial education and coaching.

LEGAL AID OF NORTHWEST TEXAS
600 E Weatherford Street, Fort Worth, TX 76102
(817) 336 – 3943
Toll Free: (800) 955 – 3959
www.lanwt.org

Legal Aid of North West Texas offers free civil legal assistance to low-income Texans. They provide services by assisting with cases on housing problems, government benefits, health and medical care, utility problems, family law, consumer law and other civil matters.
LEGAL HOTLINE FOR TEXANS
(800) 622 – 2520

The Legal Hotline for Texans gives free, legal advice, self-help publications and referrals to Texans over the age of 60 and Texans who receive Medicare.

For more information on Legal and Financial services in your area:
Visit www.211texas.org

GUARDIANSHIP AND SPECIAL NEEDS LEGAL SERVICES

AARON JAMES SHUTT, PAUP, SHUTT AND ASSOCIATES, PC
5020 Collinwood Avenue, Ste. 200, Fort Worth, TX 76107
(817) 737 - 5020
Practice Areas: Elder Law, Taxation, Wills-Trusts-Probate, Guardianship

CHAMPLIN LAW FIRM
550 Bailey Avenue, Ste. 315, Fort Worth, TX 76107
(817) 348 - 0503
Practice Areas: Business, Real Estate, Wills-Trusts, Guardianship

DUSTIN L. PAYNE, PLLC
101 Summit Avenue, Ste. 400, Fort Worth, TX 76102
(817) 877 – 1969
Practice Areas: Bankruptcy, Business, Consumer, Creditor-Debtor, Elder Law, Real Estate, Taxation, Wills-Trusts-Probate

DYANN MCCULLY AND KORY WILBURN NELSON, THE BLUM FIRM, PC
777 Main Street, Ste. 700, Fort Worth, TX 76102
(817) 334 - 0066
Practice Areas: Wills-Trusts-Probate, Guardianship

JOHN G. BENOIST ATTORNEY AT LAW
P.O. Box 121817, Fort Worth, TX 76121
(817) 696 - 9255
Practice Areas: Elder Law, Labor-Employment, Wills-Trusts-Probate, Juvenile
GUIDE FOR CAREGIVERS

KAREN HUTCHINSON GORDON, GORDON AND SYKES, LLP
1320 S University Drive, Ste. 806, Fort Worth, TX 76107
(817) 338 - 0724
Practice Areas: Business, Guardianship

KELLY ELIZABETH DEBERRY, GRIFFITH JAY MICHEL, LLP
2200 Forest Park Boulevard, Fort Worth, TX 76110
(817) 926 - 2500
Practice Areas: Family, Wills-Trusts-Probate, Guardianship

LAW OFFICE OF MARTIN A. RECHNITZER, PC
388 SW Johnson Avenue, Burleson, TX 76028
(817) 551 - 1752
Practice Areas: Business, Elder Law, Wills-Trusts-Probate, Guardianship

LAW OFFICE OF ROBERT J. GIEB
514 E Belknap Street, Ste. 200, Fort Worth, TX 76102
(817) 336 - 5681
Practice Areas: Wills-Trusts-Probate, Guardianship

MONICA ANN BENSON, KATTEN AND BENSON
4763 Barwick Drive, Ste. 100, Fort Worth, TX 76132
(817) 263 - 5190
Practice Areas: Elder Law, Other, Wills-Trusts-Probate, Guardianship

POPE, HARDWICKE, CHRISTIE, SCHELL, KELLY AND TAPLETT, LLP
500 W Seventh Street, Ste. 600, Fort Worth, TX 76102
(817) 877 – 3245
Practice Areas: Litigation: Commercial, Litigation: Personal Injury, Oil and Gas, Real Estate, Wills-Trusts-Probate, Guardianship

PATRICIA B. COLE, DECKER JONES, PC
801 Cherry Street, Ste. 46, Fort Worth, TX 76102
(817) 336 – 2400
Practice Areas: Business, Elder Law, Litigation: Commercial, Taxation, Wills-Trusts-Probate, Guardianship, Estate Planning, Mental Health

SAWYER LAW FIRM, PLLC
500 W Seventh Street, Ste. 750, Fort Worth, TX 76102
(817) 335 - 2208
Practice Areas: Wills-Trusts-Probate, Guardianship
ELDER LAW

AARON JAMES SHUTT, PAUP, SHUTT AND ASSOCIATES, PC
5020 Collinwood Avenue, Ste. 200, Fort Worth, TX 76107
(817) 737 - 5020
Practice Areas: Elder Law, Taxation, Wills-Trusts-Probate, Guardianship

ANGELA HARVEY
4758 Benbrook Boulevard, Benbrook, TX 76116
(817) 560 - 8100
Practice Areas: Elder Law, Wills-Trusts-Probate

BOB LEONARD LAW GROUP, PLLC
101 Summit Avenue, Ste. 300, Fort Worth, TX 76102
(817) 336 - 8500
Practice Areas: Appellate: Civil, Collaborative Law, Elder Law, Family, Wills-Trusts-Probate

BONNY M. LINK, THE LINK LAW FIRM, PLLC
4116 W Vickery Boulevard, Fort Worth, TX 76107
(817) 233 - 0550
Practice Areas: Elder Law, Wills-Trusts-Probate

CARY MICHAEL SCHROEDER, SCHROEDER LAW FIRM
1009 Henderson Street, Fort Worth, TX 76102
(817) 704 - 4004
Practice Areas: Elder Law, Wills-Trusts-Probate

DUSTIN L. PAYNE, PLLC
101 Summit Avenue, Ste. 400, Fort Worth, TX 76102
(817) 877 – 1969
Practice Areas: Bankruptcy, Business, Consumer, Creditor-Debtor, Elder Law, Real Estate, Taxation, Wills-Trusts-Probate

JOHN G. BENOIST ATTORNEY AT LAW
P.O. Box 121817, Fort Worth, TX 76121
(817) 696 - 9255
Practice Areas: Elder Law, Labor-Employment, Wills-Trusts-Probate
KAREN HUTCHINSON GORDON, GORDON AND SYKES, LLP
1320 S University Drive, Ste. 806, Fort Worth, TX 76107
(817) 338 - 0724
Practice Areas: Business, Guardianship, Estate Planning

LAW OFFICE OF LUCY BRANTS
3535 W Seventh Street, Ste. 4, Fort Worth, TX 76107
(817) 732 - 7838
Practice Areas: Elder Law, Wills-Trusts-Probate

LAW OFFICE OF MARTIN A. RECHNITZER, PC
388 SW Johnson Avenue, Burleson, TX 76028
(817) 551 - 1752
Practice Areas: ADR, Business, Elder Law, Wills-Trusts-Probate, Guardianship

LAW OFFICE OF TAWANA H. GRAY, PLLC
400 E Weatherford Street, Ste. 207, Fort Worth, TX 76102
(817) 778 – 9968
Practice Areas: Bankruptcy, Consumer, Creditor-Debtor, Elder Law, Wills-Trusts-Probate, Other

LISA MICHEL MCCULLOUGH, SANDERS LAW GROUP, PLLC
6245 Rufe Snow Drive, Ste. 280, Fort Worth, TX 76148
(817) 642 - 7900
Practice Areas: Administrative and Public, Business, Elder Law, Healthcare, Wills-Trusts-Probate

MONICA ANN BENSON, KATTEN AND BENSON
4763 Barwick Drive, Ste. 100, Fort Worth, TX 76132
(817) 263 - 5190
Practice Areas: Elder Law, Other, Wills-Trusts-Probate, Guardianship

NATALIE SUZANNE BRACKETT AND LISA H. JAMESON, BOURLAND, WALL AND WENZEL, PC
500 W Seventh Street, Ste. 600, Fort Worth, TX 76102
(817) 877 – 1088
Practice Areas: Litigation: Commercial, Litigation: Personal Injury, Oil and Gas, Real Estate, Wills-Trusts-Probate, Guardianship
SPECIAL NEEDS ESTATE PLANNING

LAURA COORPENDER RAMIREZ, COORPENDER AND RAMIREZ, PLLC
4305 Windsor Centre Trail, Ste. 200, Flower Mound, TX 75028
(972) 539 - 2112

LIVENS AND REED, PLLC
2516 Harwood Road, Bedford, TX 76021
(817) 545 - 3425
Toll Free: (800) 569 - 2663

RICHARD O’CONNOR, BLANKENSHIP, WILAND AND O’CONNOR
8111 Preston Road, Ste. 550, Dallas, TX 75225
(214) 691 - 3400

STEPHEN E. DUBNER, DUBNER LAW
2785 Rockbrook Drive, Ste. 205, Lewisville, TX 75067
(214) 257 - 8818

STEVENS FINANCIAL GROUP
777 Main Street, Ste. 2100, Fort Worth, TX 76102
(817) 900 - 5700

THOMAS P. KROEHLE, JR., AIF
3939 Belt Line Road, Ste. 310, Addison, TX 75001
(972) 964 - 3444
LEGAL RESOURCES FOR VETERANS

LEGAL AID OF NORTHWEST TEXAS
(800) 394 - 9734
www.lanwt.org

TARRANT COUNTY VETERAN’S COURT
(817) 884 - 3225
www.tarrantcounty.com

TEXAS A&M FAMILY AND VETERANS ADVOCACY CLINIC
(817) 212 - 4123
www.law.tamu.edu

TEXAS LAWYERS FOR TEXAS VETERANS FORT WORTH CHAPTER
(817) 546 - 4460
www.texaslawhelp.org
Tarrant County Chapter: www.txltxv.org

NUTRITION SERVICES

MEALS ON WHEELS, INC. OF TARRANT COUNTY
5740 Airport Freeway, Haltom City, TX 76117
(817) 336 – 0912
www.mealsonwheels.org

Meals On Wheels provides freshly prepared noon meals, cold breakfast meals and occasional frozen weekend meals to homebound elderly and disabled individuals. Nutritional supplements may be provided for those at nutritional risk based on the recommendations of a physician or a registered dietitian. A comprehensive case management program is also offered. Case managers review each individual’s living circumstance and make referrals as needed.

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)
1501 Circle Drive, Fort Worth, TX 76119
(817) 321 – 8000
www.fns.usda.gov/snap

The SNAP program is a federally regulated food assistance program. SNAP helps
individuals get the nutrition and healthy food necessary. In a household, SNAP benefits are awarded to a single person or family who meets the program’s requirements, which focus mainly on income and household size.

**TARRANT AREA FOOD BANK**

2600 Cullen Street, Fort Worth, TX 76107  
(817) 857 – 7100  
www.tafb.org

Tarrant Area Food Bank distributes food to a network of hunger-relief charities that provide emergency groceries, meals and snacks to Texans in need. They do not distribute food at their location but can assist seniors find a food bank location nearby where they can receive food. Their social services outreach staff can also help families and individuals apply for food assistance, financial assistance and healthcare.

**SENIOR CENTERS**

*The following senior centers offer lunch and accept clients with mild Dementia or Alzheimer’s. Clients must be independent or attend with a caregiver and cannot exhibit exit-seeking behaviors. Senior centers may have a membership fee.*

**ARLINGTON ADULT DAY HEALTH CARE (ROOSEVELT CENTER)**

2117 Roosevelt Drive, Ste. F, Pantego, TX 76013  
(817) 795 – 8066  
www.aadhc.org

**ARLINGTON - NEW YORK**

2015 Craig Hanking Drive, Arlington, TX 76010  
(817) 460 – 5009  
www.naturallyfun.org

**AZLE SENIOR LIVING**

601 SE Parkway, Azle, TX 76020  
(817) 444 - 0070  
www.legacyoaksazle.com

**BARNABAS SENIOR CENTER**

4409 Sycamore School Road, Fort Worth, TX 76133  
(817) 370 – 6242  
www.christfortworth.com
CASA SENIOR CENTER
3201 Sondra Drive, Fort Worth, TX 76107
(817) 332 - 7276

COMO SENIOR CENTER
4900 Horne Street, Fort Worth, TX 76107
(817) 392 - 2256
(817) 392 - 5300

CROWLEY COMMUNITY CENTER
900 E Glendale Street, Crowley, TX 76036
(817) 297 - 9131

DIAMOND HILL SENIOR CENTER
1701 NE 36th Street, Fort Worth, TX 76106
(817) 392 - 2260

FELLOWSHIP CORNER
1601 New York Avenue, Fort Worth, TX 76104
(817) 332 - 7276

FOREST HILL SENIOR CENTER
7004 Forest Hill Drive, Fort Worth, TX 76140
(817) 293 - 8319

GRAPEVINE SENIOR CENTER
1175 Municipal Way, Grapevine, TX 76051
(817) 410 – 3465
www.grapevinetexas.gov

HALTOM CITY SENIOR CENTER
5000 Bernice Street, Haltom City, TX 76117
(817) 834 - 8021
www.haltomcitytx.com

HANDLEY MEADOWBROOK SENIOR CENTER
6201 Beaty Street, Fort Worth, TX 76112
(817) 496 – 3986
HOMETOWNE AT MATADOR RANCH SENIOR CENTER
8500 Crowley Road, Fort Worth, TX 76134
(817) 568 -9595
www.hometowneatmatadorranch.com

HURST SENIOR CITIZENS ACTIVITIES CENTER
700 Heritage Circle, Hurst, TX 76053
(817) 788 – 7710
www.hursttx.gov

JEWISH FAMILY SERVICES SENIOR CENTER
4900 Briarhaven Road, Fort Worth, TX 76109
(817) 296 – 3709

KENNEDALE SENIOR CENTER
420 Corry A. Edwards Drive, Kennedale, TX 76060
(817) 985 – 2131
www.cityofkennedale.com

MANSFIELD SENIOR CENTER
106 S Wisteria Street, Mansfield, TX 76063
(817) 728 – 3680
www.mansfieldtexas.gov

NORTH RICHLAND HILLS SENIOR CENTER
6000 Hawk Avenue, North Richland Hills, TX 76180
(817) 656 – 9525
www.nrhcentre.com

NORTHSIDE SENIOR CENTER
1100 NW 18th Street, Fort Worth, TX 76164
(817) 392 - 2257

NORTH TRI ETHNIC COMMUNITY CENTER
2950 Roosevelt Avenue, Fort Worth, TX 76106
(817) 392 - 2258
(817) 392 - 5200

RIVER OAKS SENIOR CENTER
5300 Blackstone Drive, Fort Worth, TX 76114
(817) 732 – 5885
www.riveroakscommunitycenter.com
THE MAGNOLIA
709 Magnolia Street, Arlington, TX 76012
(817) 261 - 0608

WATAUGA SENIOR CENTER
7901 Indian Springs Road, Watauga, TX 76148
(817) 514 – 5892
www.cowtx.org

WHITE SETTLEMENT SENIOR CENTER
8211 White Settlement Road, White Settlement, TX 76108
(817) 246 – 6619
www.wstx.us

WORTH HEIGHTS SENIOR CENTER
3551 New York Avenue, Fort Worth, TX 76110
(817) 392 - 2259
(817) 392 - 8722

For a complete list of senior centers in your area:
Call Sixty and Better at (817) 413 – 4949 or visit www.sixtyandbetter.org

For a complete list of food pantries available in your area:
Visit www.211texas.org
TRANSPORTATION

CALL A RIDE SOUTHLAKE
P.O. Box 92683, Southlake, TX 76092
(817) 798 - 4022
www.callaridesouthlake.org

Call a Ride of Southlake (CARS) provides free, non-emergency transportation to Southlake seniors and disabled adults. CARS will transport within a 25-mile radius of Southlake, including Arlington, Fort Worth and Dallas for most medical purposes. CARS will transport within a 7-mile radius of Southlake for non-medical purposes. The program is offered Monday through Friday from 8 A.M. to 5 P.M. and only serves Southlake Residents.

CATHOLIC CHARITIES TRANSPORTATION PROGRAM
249 W Thornhill Drive, Fort Worth, TX 76115
(817) 336 - 8714
www.catholiccharitiesfortworth.org

Catholic Charities Transportation Program provides transportation services for Catholic Charities Fort Worth. Catholic Charities works closely with each client to identify appropriate transportation solutions and look for available options that meet each client’s needs, whether they are elderly, disabled or looking for ways to reach their employment destinations.

GRAND CONNECTION TRANSIT
1821 W Freeway Street, Grand Prairie, TX 75051
(972) 237 - 8546
www.gptx.org

Grand Connection Transit provides transportation to seniors that are at least 60 years of age or older and have a physical or mental disability. Must be a resident of Grand Prairie to qualify. Hours of operation are Monday, Wednesday and Friday from 4 A.M. to 5 P.M. and Tuesday and Thursday from 7 A.M. to 5 P.M.

HANDITRAN - CITY OF ARLINGTON
1101 W Main Street, Arlington, TX 76013
(817) 459 - 5390
www.arlington-tx.gov

Handitran provides safe, friendly and reliable transportation for disabled citizens and adults 65 years of age and older in the Arlington area. Service hours are Monday through Friday from 7 A.M. to 10 P.M. and Saturdays from 8 A.M. to 9 P.M.
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MEDICAID TRANSPORTATION
801 S State Highway 161, Grand Prairie, TX 75051
(877) 633 – 8747
www.hhsc.state.tx.us

Medicaid Transportation provides non-emergency transportation services for eligible customers (Medicaid) to authorized medical and dental appointments.

MY RIDE TARRANT / DALLAS / NORTH TEXAS
3840 Hulen Street, North Tower, Fort Worth, TX 76107
(682) 587 – 7009
www.mhmrtarrant.org

My Ride Tarrant provides transportation for older adults and persons with disabilities, that need help navigating transportation options throughout Tarrant County.

NORTHEAST TRANSPORTATION SERVICES
249 W Thornhill Drive, Fort Worth, TX 76115
(817) 336 - 8714

Northeast Transportation Services is a door-to-door, demand responsive para-transit service that is available to any resident of a participating city who is disabled or meets the eligibility requirements.

TRINITY METRO
1600 E Lancaster Avenue, Fort Worth, TX 76102
Main: (817) 215 – 8600
(817) 336 – 7433
www.ridetrinitymetro.org

The T provides public transportation services such as fixed route bus service for the cities of Fort Worth, Richland Hills and Blue Mound. Trained drivers are available to assist passengers in boarding and alighting vehicles specially designed to accommodate the mobility impaired.
JPS HEALTH NETWORK
1500 S Main Street, Fort Worth, TX 76104
(817) 702 – 1100
www.jpshealthnet.org

JPS Health Network provides emergency services and trauma care as the only Level 1 Trauma Center in the county. JPS is equipped with inpatient care, emergency and impatient psychiatric care and a full range of outpatient services. JPS is focused on providing care across the continuum, including the emergency department, hospital, clinic and partnering with agencies across the community to provide care for patients.
MY HEALTH MY RESOURCES (MHMR) OF TARRANT COUNTY
3840 Hulen Street, North Tower, Fort Worth, TX 76107
(817) 335 – 3022
www.mhmrtarrant.org

MHMR Tarrant provides an integrated array of services and referrals for children, adolescents and adults with behavioral health, substance use, intellectual and developmental disabilities.

TEXAS HEALTH RESOURCE SENIOR HEALTH AND WELLNESS CENTER
1275 W Terrell Avenue, Fort Worth, TX 76104
(817) 250 – 5716
www.texashealth.org

Texas Health Resource Senior Health and Wellness Center provides a single venue for coordinated care with specific attention to most common problems within the senior population. Services include Direct Geriatric Assessments as well as support services and educational classes. Hours are Monday through Friday from 7 A.M. to 3:30 P.M.

UNT HEALTH SCIENCE CENTER GERIATRIC ASSESSMENT AND PLANNING PROGRAM (GAPP CLINIC)
855 Montgomery Street, Fort Worth, TX 76107
(817) 735 – 2200
www.unthsc.edu

The GAPP Clinic provides assessment which may include a review of medical history and physical health, medications, functional and nutritional status, cognitive, emotional and psychological wellness. The GAPP Clinic also provides social service needs such as care and safety in the home, social network support, access to resources and planning for long term needs. The GAPP Clinic accepts private insurance, Medicare, Medicaid, Medicare assignment and managed care contracts.

For a complete list of hospitals in Tarrant County:
Visit www.txcip.org

For a list of health and medical services in your area:
Visit www.211texas.org
Catholic Charities provides services including financial assistance, counseling, refugee services, abuse and neglect intervention and family preservation through case management services.
EASTERSEALS NORTH TEXAS
1424 Hemphill Street, Fort Worth, TX 76104
(817) 332 – 7171
Toll Free: (888) 671 – 7171
www.ntx.easterseals.com

Easterseals provides senior service programs which include non-medical in-home services and caregiver support such as personal care assistance, light housekeeping and respite care.

THE ARC OF GREATER MID-CITIES
1806 Haltom Road, Haltom City, TX 76117
(817) 834 – 7700
www.thearc.org

The Arc of Greater Mid-Cities is a nonprofit organization whose mission is to improve the quality of life for people with intellectual and related developmental disabilities. The Arc represents, supports and acts on behalf of individuals and their families regardless of level of disability or membership in The Arc.

THE ARC OF NORTH TEXAS
12700 Hillcrest Road, Ste. 200, Dallas TX 75230
(214) 634 – 9810
www.arcnorthtexas.org

The Arc of North Texas covers Collin County, Dallas County, Rockwall County and Tarrant County. All of The Arc chapters hold to a common set of core values and positions related to quality of life, inclusion and other rights. Most programs and services take place in local neighborhoods in conjunction with community partners such as schools, churches and recreation centers.

THE IDD COUNCIL OF TARRANT COUNTY
1300 Circle Drive, Ste. 106, Fort Worth, TX 76119
(817) 569 – 4852
www.iddcouncil.org

The IDD Council is a community coalition of providers, public officials, families and self-advocates who have come together to increase opportunities for people with intellectual and developmental disabilities in the community.
MY HEALTH MY RESOURCES (MHMR) OF TARRANT COUNTY
3840 Hulen Street, North Tower, Fort Worth, TX 76107
(817) 335 – 3022
www.mhmrtarrant.org

MHMR Tarrant provides an integrated array of services and referrals for children, adolescents and adults with behavioral health, substance use, intellectual and developmental disabilities.

TEXAS HEALTH AND HUMAN SERVICES COMMISSION (HHSC)
801 S Highway 161, Ste. 700, Grand Prairie, TX 75051
Administration: (972) 337 – 6100
Adult Protective Services: (800) 252 - 5400
Complaint Hotline: (800) 458 - 9858
Intake Toll Free: (888) 337 - 6377
Ombudsman Program: (800) 252 - 2412
Texas Office of the Attorney General: (800) 252 -8011
hhs.texas.gov

HHSC provides services for seniors and people with disabilities who request assistance in maintaining their independence as well as institutional care for those who require that level of support. Services provided include adult foster care, adult day care and assistance with tasks such as personal care and house cleaning.

TEXAS WORKFORCE COMMISSION
2400 Circle Drive, Fort Worth, TX 76119
Toll Free: (800) 628 – 5115
www.twc.state.tx.us

TWC provides programs to ensure that people with disabilities live independent and productive lives through job training and job coaching.

For more information on Intellectual and Developmental Disability Services in your area:
Visit www.211texas.org
MEMORY CARE SERVICES AND ASSISTED LIVING

ATRIA GRAPEVINE
3975 William D. Tate Avenue, Grapevine, TX 76051
(817) 984 – 5559
www.atriaseniorliving.com
Care Types: Alzheimer’s Memory Care, Assisted Living, Independent Living

ATRIA LAKE ARLINGTON
2500 Woodside Drive, Arlington, TX 76016
(817) 382 – 5566
www.atriaseniorliving.com
Care Types: Alzheimer’s memory Care, Assisted Living, Independent Living

AUTUMN LEAVES OF ARLINGTON
514 Central Park Drive, Arlington, TX 76014
(817) 419 – 6700
www.autumnleaves.com
Care Types: Alzheimer’s Memory Care, Assisted Living

AUTUMN LEAVES OF CITYVIEW
7100 Dutch Branch Road, Fort Worth, TX 76132
(817) 769 – 3800
www.autumnleaves.com
Care Types: Alzheimer’s Memory Care, Assisted Living
AVALON MEMORY CARE ARLINGTON
7200 Highway 287, Arlington, TX 76001
(888) 445 – 2590
www.avalonmemorycare.com
Care Types: Alzheimer’s Memory Care, Assisted Living

AVALON MEMORY CARE FORT WORTH
4551 Boat Club Road, Fort Worth, TX 76135
(800) 696 – 6536
www.avalonmemorycare.com
Care Types: Alzheimer’s Memory Care, Assisted Living

BETHESDA GARDENS FORT WORTH
5417 Altamesa Boulevard, Fort Worth, TX 76123
(817) 776 – 4162
www.bethesdagardensftworth.com
Care Types: Alzheimer’s Memory Care, Assisted Living, Hospice Care, Respite Care

BROOKDALE OAK HOLLOW
2016 L. Don Dodson Parkway, Bedford, TX 76021
(817) 385 – 1629
www.brookdale.com
Care Types: Alzheimer’s Memory Care

BROOKDALE PECAN PARK
915 N Fielder Road, Arlington, TX 76012
(817) 422 – 0624
www.brookdale.com
Care Types: Alzheimer’s Memory Care, Assisted Living

BROOKDALE RICHLAND HILLS
7520 B Glenview Drive, Richland Hills, TX 76180
(817) 369 – 8558
www.brookdale.com
Care Types: Assisted Living

BROOKDALE TANGLEWOOD OAKS
2698 S Hulen Street, Fort Worth, TX 76109
(817) 381 – 2339
www.brookdale.com
Care Types: Alzheimer’s Memory Care, Assisted Living
GUIDE FOR CAREGIVERS

BROOKDALE WESTOVER HILLS
6201 Plaza Parkway, Fort Worth, TX 76116
(817) 476 – 2326
www.brookdale.com
Care Types: Assisted Living, Alzheimer’s Memory Care

COLONIAL GARDENS FORT WORTH
6931 River Park Circle, Fort Worth, TX 76116
(817) 731 – 7611
www.swltc.com
Care Types: Alzheimer’s Memory Care, End of Life Care, Respite Care, 24 Hour Care

DANCING RIVER ASSISTED LIVING
3735 Ira E. Woods Avenue, Grapevine, TX 76051
(817) 442 – 0505
www.dancingriver-al.com
Care Types: Alzheimer’s Memory Care, Assisted Living, 24/7 Care

GARDEN TERRACE ALZHEIMER’S CENTER OF EXCELLENCE
7500 Oakmont Boulevard, Fort Worth, TX 76132
(817) 346 – 8080
www.gardenterraceoffortworth.com
Care Types: Alzheimer’s Memory Care, Hospice Care, Nursing Center

GLENVIEW WELLNESS AND REHABILITATION
7625 Glenview Drive, North Richland Hills, TX 76180
(817) 284 – 1427
www.glenviewwellnessandrehab.com
Care Types: Alzheimer’s Memory Care, Nursing Center, Rehabilitation

GOOD LIFE SENIOR LIVING AND MEMORY CARE
812 W Morphy Street, Fort Worth, TX 76104
(817) 921 – 5400
www.goodlifeseniornliving.com
Care Types: Alzheimer’s Memory Care, Assisted Living

HERITAGE PLACE ASSISTED LIVING AND MEMORY CARE
621 Old Highway 1187, Burleson, TX 76028
(817) 293 – 2300
www.sagora.com/heritage-place
Care Types: Alzheimer’s Memory Care, Assisted Living, Independent Living
ISLE AT WATERCREST AT MANSFIELD
200 E Debbie Lane, Mansfield, TX 76063
(877) 385 – 4263
www.watercrestmansfield.com
Care Types: Alzheimer’s Memory Care, Assisted Living, Extended Care

ISLE AT WATERMERE
101 Watermere Drive, Southlake, TX 76092
(817) 524 – 0872
www.isleatwatermeresouthlake.com
Care Types: Alzheimer’s Memory Care, Assisted Living

JAMES L. WEST ALZHEIMER’S CENTER
1111 Summit Avenue, Fort Worth, TX 76102
(817) 877 – 1199
www.jameslwest.org
Care Types: Alzheimer’s Memory Care, Nursing Center, Residential Care, Respite Care

LEGACY AT BEAR CREEK
200 S Keller Smithfield Road, Keller, TX 76248
(817) 993 – 0757
www.thrivesl.com/bearcreek
Care Types: Alzheimer’s Memory Care, Assisted Living, Hospice Care, Independent Living, Nursing Care

LEGACY LIVING
1501 NE Green Oaks Boulevard, Arlington, TX 76006
(817) 795 – 1700
Care Types: Alzheimer’s Memory Care

LEGEND ASSISTED LIVING AND MEMORY CARE
8600 Old Denton Road, Fort Worth, TX 76244
(817) 885 – 8800
Care Types: Alzheimer’s Memory Care, Assisted Living

MEADOWBROOK MEMORY CARE
2300 Little Road, Arlington, TX 76016
(817) 900 – 3861
www.koelschseniorcommunities.com
Care Types: Alzheimer’s Memory Care, Hourly Care, Respite Care
MEADOWOOD ASSISTED LIVING AND MEMORY CARE  
4545 Merlot Avenue, Grapevine, TX 76051  
(817) 275 – 6100  
Care Types: Alzheimer’s Memory Care, Assisted Living

MUSTANG CREEK ESTATES KELLER  
675 Rapp Road, Keller, TX 76248  
(817) 337 – 6800  
www.mustangcreekestates.com  
Care Types: Alzheimer’s Memory Care, Assisted Living

OXFORD GLEN AT GRAND PRAIRIE  
2424 Grand Peninsula Drive, Grand Prairie, TX 75054  
(214) 504 – 2014  
www.oxfordseniorliving.com  
Care Types: Alzheimer’s Memory Care, Assisted Living

RIVERSIDE INN AT FOSSIL CREEK  
6621 N Riverside Drive, Fort Worth, TX 76137  
(817) 776 – 8074  
www.koelschseniorcommunities.com  
Care Types: Alzheimer’s Memory Care, Assisted Living, Hourly Care, Respite Care

SILVERADO FORT WORTH MEMORY CARE COMMUNITY  
7001 Bryant Irvin Road, Fort Worth, TX 76132  
(817) 292 – 2662  
www.silverado.com  
Care Types: Alzheimer’s Memory Care

SILVERADO SOUTHLAKE MEMORY CARE COMMUNITY  
2001 E Kirkwood Boulevard, Southlake, TX 76092  
(817) 756 – 8600  
www.silverado.com  
Care Types: Alzheimer’s Memory Care, 24 Hour Nurse

STONEYBROOK MEMORY CARE OF GRAPEVINE  
2501 Heritage Avenue, Grapevine, TX 76051  
(817) 329 – 8500  
www.grandbrook.com  
Care Types: Alzheimer’s Memory Care, Assisted Living
SUNRISE OF FORT WORTH
6151 Bryan Irvin Road, Fort Worth, TX 76132
(817) 292 – 2288
www.sunriseseniorliving.com
Care Types: Alzheimer’s Memory Care, Assisted Living, Hospice Care, Nursing, Short-term Stays

THE COURTYARDS AT RIVER PARK
3201 River Park Drive, Fort Worth, TX 76116
(817) 732 – 4436
www.blueharborseniorliving.com
Care Types: Alzheimer’s Memory Care, Assisted Living, Independent Living

THE STAYTON AT MUSEUM WAY
2501 Museum Way, Fort Worth, TX 76107
(817) 349 – 7140
www.thestayton.com
Care Types: Alzheimer’s Memory Care, Assisted Living, Nursing, Rehabilitation

THE VANTAGE AT CITYVIEW
6301 Overton Ridge Boulevard, Fort Worth, TX 76132
(817) 292 – 5600
www.arborcompany.com
Care Types: Alzheimer’s Memory Care, Assisted Living, Dementia Care, Independent Living

THE VILLAGE AT SILVER SAGE
4501 Silver Sage Drive, Haltom City, TX 76137
(817) 849 – 8000
www.villageatsilversage.com
Care Types: Assisted Living, Alzheimer’s Memory Care, Respite Care

THE WATERFORD ON COOPER
1860 N Cooper Street, Arlington, TX 76011
(866) 775 – 0116
www.capitalsenior.com/thewaterfordoncooper
Care Types: Alzheimer’s Memory Care, Assisted Living, Respite Care
THE WESTMORE SENIOR LIVING COMMUNITY
25 Leonard Trail, Westworth Village, TX 76114
(866) 731 – 7600
www.sagora.com/westmore
Care Types: Alzheimer’s Memory Care, Assisted Living, Occupational Therapy, Physical Therapy, Rehabilitation, Speech Therapy

WALNUT CREEK ASSISTED LIVING AND MEMORY CARE COMMUNITY
2281 County Club Drive, Mansfield, TX 76063
(866) 775 – 0116
www.capitalsenior.com/walnutcreek
Care Types: Alzheimer’s Memory Care, Assisted Living, Respite Care

WHITLEY PLACE
800 Whitley Road, Keller, TX 76248
(877) 931 – 4562
www.capitalsenior.com/whitleyplace
Care Types: Alzheimer’s Memory Care, Assisted Living, Respite Care

For a complete list of licensed assisted living facilities:
Visit apps.hhs.texas.gov/Ltcsearch
AGING AND DISABILITY RESOURCE CENTER OF TARRANT COUNTY (ADRC)
1300 Circle Drive, Fort Worth, TX 76119
(888) 730 – 2372
www.tarrantcountyadrc.org

Serves people with disabilities of all ages, caregivers and families who require multiple services. Screening and access to respite programs, caregiver support and education programs, attendant care services and in-home care. Options counselors and benefit assistance are also available.

ALZHEIMER’S ASSOCIATION NORTH CENTRAL TEXAS CHAPTER
2630 W Freeway, Ste. 100, Fort Worth, TX 76102
24/7 Helpline: (800) 272 – 3900
www.alz.org/northcentraltexas

Support groups offer a way for caregivers to meet each other, share information and talk about emotions and problems related to caregiving.
GUIDE FOR CAREGIVERS

SUPPORT GROUPS: Family members and caregivers gather monthly in a confidential environment giving and receiving emotional support. Led by trained facilitators, these groups meet at a variety of locations and times. For more information, call (800) 272 - 3900.

TELEPHONE SUPPORT GROUP: The Alzheimer’s Association offers a telephone support group for individuals providing care for persons with Alzheimer’s or related dementia. The telephone support group is designed to provide dementia caregivers the opportunity to share, educate and support.

FOR MORE INFORMATION, PLEASE CALL OUR 24/7 HELPLINE: (800) 272 – 3900. Our toll-free helpline is staffed by knowledgeable and helpful professionals. It provides families and healthcare professionals with essential information and a connection to local services.

CARE CONSULTATION: Our professional staff can provide individualized assistance with referrals, planning and problem solving throughout the duration of the disease. Caregivers may benefit from other personalized services that could include short-term caregiver support and counseling.

EARLY-STAGE PROGRAMS: Specialized programs provide support, socialization and advocacy opportunities for people with dementia to stay engaged and involved.

CONNECT WITH OTHERS ONLINE: The Alzheimer’s Association message boards and chat rooms provide a virtual online community for people with Alzheimer’s, caregivers and care providers. Message boards have thousands of members from around the country and thousands more who refer to the stories and information that is available 24 hours a day. Register at www.alzconnected.org.

AREA AGENCY ON AGING TARRANT COUNTY
1500 N Main Street, Fort Worth, TX 76164
(817) 258 – 8081
www.unitedwaytarrant.org/aaa

The Area Agency on Aging assesses the needs of adults age 60 and older and sets priorities for services. Provides funding for a variety of services and programs for older adults, including respite for caregivers, congregate meals, home delivered meals, medical transportation and more through partnerships with many community organizations.

FAMILY EDUCATION: Specialized workshops and seminars are designed to support caregivers with relevant information to confront any type of dementia diagnosis. These programs are held regularly at no cost or minimal cost to families. Our online workshops are available on demand through our website.
PROFESSIONAL TRAINING: Professional development programs offer healthcare providers and medical professionals with opportunities to enhance their ability to care for people with dementia. Programs over a wide range of dementia-related topics and offer continuing education credits. Training is also available online.

FAMILY CARE SERVICES: A personalized approach to connecting families to resources and support. Our Case Management program provides education to help families obtain resources and services to meet their unique needs. Our dementia care specialists in the REACH program focus on addressing issues that seriously impact caregivers’ health, while promoting social networks and selfcare.

BENEFITS COUNSELING: Benefits counselors offer free and neutral information about Medicare, Medicaid, Social Security and other benefits for older adults and people with disabilities.

JAMES L. WEST ALZHEIMER’S CENTER
1111 Summit Avenue, Fort Worth, TX 76102
(817) 877 - 1199
www.jameslwest.org

ALZHEIMER’S AND DEMENTIA CAREGIVING TRAINING: This six-session training is designed to give families the skills and tools needed to care for someone with dementia in order to live happily, healthily and together for as long as possible. The individual sessions cover in detail: What to Expect; Communication; Managing Behaviors; Daily Care Management and Home Safety; Planning for the Future and Reducing Stress and Coping Skills.

STRESS BUSTING PROGRAM FOR CAREGIVERS: This nine-week program teaches caregivers how to deal with stress through relaxation techniques and problem solving and how to care for themselves while caring for a person with dementia.

VIRTUAL DEMENTIA TOUR: The Virtual Dementia Tour is a scientifically proven, hands-on experience that builds a greater understanding of dementia and sensitivity in individuals caring for those with dementia through the use of sensory tools and instruction.
Glossary

**Assisted Living:** Assisted living facilities provide personal care assistance in a homelike setting with an emphasis on personal dignity, autonomy, independence and privacy. Texas licenses assisted living facilities based on residents’ physical and mental ability to evacuate the facility in an emergency and whether night time attendance is necessary.

**Care Homes:** Care homes offer licensed care usually in a residential setting aiding with medication, dressing or other needs the patient may need.

**Day Care:** Licensed day activity and health service facilities provide daytime services, up to ten hours a day, Monday through Friday, nursing care or therapy.

**Developmental Disabilities:** Diverse group of severe, chronic conditions due to mental and/or physical impairments. People with developmental disabilities have problems with major life activities such as language, mobility, learning, self-help and independent living. Frequently, people with cerebral palsy, autism spectrum disorders, Fetal Alcohol Spectrum Disorder and various genetic and chromosomal disorders such as Down Syndrome and Fragile X Syndrome are described as having developmental disabilities.

**Home Health Care:** Home Health agencies provide a wide range of skilled services such as nursing, social services, therapeutic treatments and social services delivered at home to people recovering from an illness or injury or people who are elderly, disabled, and/or chronically ill.

**Intellectual Disability:** Characterized both by a significantly below-average score on a test of mental ability or intelligence and by limitations in the ability to function in areas of daily life, such as communication, self-care, socialization and school activities.

**Memory Care:** Communities offering specialized programs for residents suffering from Alzheimer’s Disease or other forms of memory loss. These programs can be offered by residential, assisted living or nursing centers.

**Nursing Centers and Rehabilitation:** Nursing home are residential facilities that provide care for people whose medical condition regularly require the skills of licensed nurses. Nursing homes assisted with the medical, social and psychological needs of each resident, including room and board, social services, over-the-counter medications, medical supplies and equipment, rehabilitative services and personal needs items.

**Respite Care:** Respite programs provide planned short-term breaks for families and other unpaid caregivers.
SITTER SERVICES AND HOME CARE: Provides non-technical, non-skilled, in-home attendant services in the home, hospital or residential center. Service may include personal care assistance, grooming, medication supervision, light housekeeping or transportation.

ONLINE RESOURCES

AARP
www.aarp.org

AGING AND DISABILITY RESOURCE CENTER
www.tarrantcountyadrc.org

AGING WITH DIGNITY
www.agingwithdignity.org

ALZHEIMER’S ASSOCIATION
www.alz.org/northcentraltexas

ALZHEIMER’S DISEASE EDUCATION AND REFERRAL CENTER
www.nia.nih.gov/alzheimers

AMERICAN ACADEMY OF DEVELOPMENTAL MEDICINE AND DENTISTRY
www.aadmd.org

AREA AGENCY ON AGING
www.unitedwaytarrant.org/aaa

CAREGIVER.COM
www.caregiver.com

CARING CONNECTIONS
www.caringinfo.org

CAREGIVER SOS
www.caregiversos.org

CENTERS FOR DISEASE CONTROL AND PREVENTION
www.cdc.gov/aging/aginginfo

CHILDREN OF AGING PARENTS (CAPS)
www.caps4caregivers.org

DEMENTIA FRIENDLY AMERICA
www.dfamerica.org

ELDERCARE LOCATOR
www.eldercare.org

HHS ADMINISTRATION FOR COMMUNITY LIVING
www.acl.gov

LEADINGAGE TEXAS
www.leadingagetexas.org

MEALS ON WHEELS, INC. OF TARRANT COUNTY
www.mealsonwheels.org

MHMR OF TARRANT COUNTY
www.mhmrtarrant.org

NATIONAL ALLIANCE FOR CAREGIVING
www.caregiving.org

NATIONAL ALZHEIMER’S AND DEMENTIA RESOURCE CENTER
www.nadrc.acl.gov
GUIDE FOR CAREGIVERS

NATIONAL RESpite LOCATOR SERVICE
www.respitelocator.org

NEW LIFESTYLES
www.newlifestyles.com

STRENGTH FOR CARING
www.strengthforcaring.com

TEXAS ASSOCIATION OF HOMECARE AND HOSPICE
www.tahch.org

TEXAS HEALTH AND HUMAN SERVICES
hhs.state.tx.us

U.S. ADMINISTRATION ON AGING (AOA)
www.aoa.gov

VISITING NURSE ASSOCIATIONS OF AMERICA (VNAA)
www.vnaa.org

WELL SPOUSE ASSOCIATION
www.wellspouse.org

211 TEXAS
www.211texas.org

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Knowledge is power. Come learn about services available for you to live a healthy and independent lifestyle.