

GIRLS BASKETBALL - 5th GRADE RULES

Section I Rules for competition: IHSA rules will apply with the following exceptions or variations.

1. Playing time - 4/5 minute quarters
2. All players must play 1 full quarter before any substitutions can be made.
Substitutions can be made before this if:
 - a. Player has 3 fouls.
 - b. In case of an injury.
2. Overtime period will be 2 minutes. If after the 1st overtime the score is still tied - sudden death will occur. First team that scores - wins.
3. The girl shooting a free throw must start behind the free throw line and may follow thru over the line after her release.
4. No full court press until the last minute of the 4th quarter.
5. No defense until the girl first penetrates the top of the 3-point line extended across the court. Once penetrated, normal play will occur. The offense has 5 seconds to cross over the line, otherwise a turnover will occur.
6. Ball is not alive in the lane. After a defense rebound - offense must set up.
7. Time outs – One full and One 30-second per half.
8. No 3-point shot.
9. 5 seconds in the lane.
10. Teams must play a zone defense. Teams may not play a man-to-man defense.
11. Home team shall provide the following:
 - a. Leather game ball.
 - b. Enough practice balls for each team.
 - c. Clock with an official timer – 8th grade or older.
 - d. Official score book with a competent scorekeeper – 8th grade or older.
 - e. Sufficient adult help for crowd control.
12. A game will be ruled a forfeit if the delayed team fails to inform its opponents within 15 minutes of game time.
13. No one is allowed on the court except team players. No shooting before games - halftime - or in between quarters.

14. Rosters shall be sent to the League Secretary one (1) week prior to the 1st scheduled league game.

Section II Member schools agree to adhere to the highest standard of coaching ethics and agree to refute "the win at all cost" philosophy in order to keep the interscholastic programs educationally and morally sound.

Section III The Suburban Parochial League will adhere to the athletic guidelines set up by the Joliet Diocese.

Section IV Conference games will take priority over all other athletic schedules.