

# **WEST SUBURBAN CONFERENCE: Girls' Bowling: Sport Guidelines**

**Revised : 2/10/2020**

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## **I. Season Limitations**

- A. Practice may begin on IHSA Week 20.
- B. First contest may be held on Friday of Week 21.
- C. Season ends on Saturday of Week 33.

## **II. Contest Limitations (Exclusive of the IHSA State Series)**

- A. Varsity and Junior Varsity – twenty (25)

## **III. Levels of Competition**

- A. Varsity and Junior Varsity

## **IV. Coaches Meeting**

- A. Pre-season meeting will be held on IHSA Week 19 at West Leyden, Staff Dining Room at 4:30 PM.
- B. Post season meeting will be held on Monday of IHSA Week 31 at Stardust Bowling Lanes at 4:00 PM.

## **V. Championships and Awards**

### **A. Division Standings**

- 1. A championship plaque shall be awarded to the winner only at the Varsity level.
- 2. The Conference Champion will be determined by points awarded during the dual meet season. One (1) point will be awarded for each dual meet win during the regular season.
- 3. In case of a tie for first place, there will be co-champions.

### **B. Individual Awards**

- 1. An All Conference Team, consisting of eighteen (18) bowlers at the Varsity level, will be recognized at the post season meeting. The team will be determined by the conference average at the Varsity level during the dual meet season. A girl must bowl a minimum of eighteen (18) games at the Varsity level to earn All Conference recognition. The number of All Conference bowlers will be comprised of the highest dual meet average a bowler finishes during the season. No more than six (6) bowlers per school may be represented on the all conference team.
- 2. The WSC All-Academic Team shall be recognized composed of senior award winners from each Conference school who have received a Grade Point Average of "B" or above in grades accumulated at the conclusion of the seventh (7th) semester.

## VI. Conduct of Contests

### A. Dual Meets

1. League play will be limited to dual meets.
2. Teams will bowl three (3) games per dual meet.
3. Bowlers will be on alternating lanes and will be using foul lights.
4. Teams will consist of six (6) bowlers on each level.
5. A Varsity team must start with six (6) bowlers. At least three (3) bowlers must be present at the Junior Varsity level or that match is forfeited. If no substitutes are available for remaining openings on the Junior Varsity level, a blind score of 100 shall be used for each absentee.
6. Exhibition matches may be bowled by mutual agreement between schools.
7. A team member substituting for an injured or ill bowler must assume the score for the game in progress. **At the Varsity level, if a bowler is unable to continue and no substitute is available, the score will be to follow the IHSA Guidelines.**
8. At the end of any game, during league play, schools will be allowed open substitution provided WSC General Guideline Part 1.II.B. is not violated.
9. All bowlers on the starting line-ups must be present at the start of the meet.
10. Practice time before the start of the match shall be ten (10) minutes of alternating lane warm-ups. No practice balls may be rolled until both teams are present.
11. Winners are to be determined by total scratch pin fall.
12. Each home school is responsible for lane fees for the match.
13. To determine the dual meet winner, the team with the highest pin fall earned at that contest will be the dual meet winner. In case of a tie, a two (2) frame roll off will take place beginning with the 9th frame and concluding with the 10th frame. Scoring to be done by hand if the house cannot accommodate a 9th/10th frame game. If the score is still tied, repeat the 9th and 10th frames until a winner is determined.
14. The Resource Athletic Director will be responsible for updating West Suburban Conference Bowling Guidelines.
15. Flash photography is limited to during warm-up time only.

## VII. Officials

- A. No officials are authorized for West Suburban Conference contests. However, questions of procedures or inquiry, are legitimate reasons for mutual direction by coaches.

## VIII. Reporting Results

- A. Coaches are to e-mail or fax the whole copy of the bowling score sheets to the Conference Statistician immediately following each Conference match.
- B. The Conference Statistician will e-mail to each Bowling Coach the weekly standings of the Varsity and Junior Varsity teams. The first week, each coach is to e-mail their typed team roster.
- C. Weekly standings would include the following:
  1. Team scores and point totals for each match bowled the previous week.
  2. High game and high series for teams and individuals.
  3. Team standings for the Varsity and Junior Varsity levels.
  4. Individual averages.

## **IX. Miscellaneous Information**

### **A. Playing Sites**

1. Addison Trail - Wood Dale Bowl
2. Downers Grove North - Fox Bowl, Wheaton
3. Downers Grove South - Bowlero, Woodridge
4. Hinsdale Central - Suburbanite
5. Hinsdale South – Bowlero, Woodridge
6. Leyden – Stardust Bowl
7. Morton – Striker Lanes, Berwyn
8. Willowbrook – Stardust Bowl
9. York - Stardust Bowl