

**Gold Division - Girls Varsity Swimming & Diving Records  
Updated 12/21/2010**

<b>Event</b>	<b>Record</b>	<b>Individual(s)</b>	<b>School</b>	<b>Year</b>
200 Yd Medley Relay	1:54.75	E. Wiese R. Loek A. Spivak S. Koniecko	Downers Grove South	2009
200 Yd Freestyle	1:55.7	Megan Bomicino	Downers Grove South	2007
200 Yd Individual Medley	2:13.2	Amy Forsberg	Downers Grove South	2005
50 Yd Free	24.79	Kristine Kassl	Hinsdale South	2005
Diving	411.20	Mindy Lauchle	Downers Grove South	1988
100 Yd Butterfly	58.23	Alexis Spivak	Downers Grove South	2007
100 Yd Freestyle	53.94	Beth Mars	Downers Grove South	1982
500 Yd Freestyle	5:12.67	Amy Forsberg	Downers Grove South	2002
200 Yd Free Relay	1:41.3	D. Drouin M. O'Shea M. Lange K. kassl	Hinsdale South	2006
100 Yd Backstroke	1:01.34	Kelly Dvorak	Addison Trail/Willowbrook	2003
100 Yd Breaststroke	1:07.13	Maya Rodriques	Hinsdale South	2010
400 Yd Free Relay	3:41.34	E. Hoefler A. Forsberg K. Martinek S. Broker	Downers Grove South	2003

**Silver Division - Girls Varsity Swimming & Diving Records**

<b>Event</b>	<b>Record</b>	<b>Individual(s)</b>	<b>School</b>	<b>Year</b>
200 Yd Medley Relay	1:49.61	M. Sweeney E. Worthington S. Coady S. Shaner	Hinsdale Central	2008
200 Yd Freestyle	1:52.96	Erin O'Neil	Lyons Twp.	2002
200 Yd Individual Medley	2:09.14	Haley Sims	Downers Grove North	2010
50 Yd Free	24.25	Tori Larsen	York	2010
Diving	452.55	Susie Straub	Downers Grove North	1982
100 Yd Butterfly	57.29	Haley Sims	Downers Grove North	2010
100 Yd Freestyle	52.95	Erin O'Neil	Lyons Twp.	2002
500 Yd Freestyle	4:58.58	Nicole Egan	Hinsdale Central	1988
200 Yd Free Relay	1:39.45	S. Shaner M. Sweeney J. Coady K. Worthington	Hinsdale Central	2009

100 Yd Backstroke	56.93	Susie Sample	Lyons Twp.	1997
100 Yd Breaststroke	1:06.31	Lisa Dunlap	Hinsdale Central	1979
400 Yd Free Relay	3:34.87	S. Schaefer M. Sweeney K. Worthington S. Shaner	Hinsdale Central	2008