

## BOYS/GIRLS BASKETBALL

- I. League competition will be at the Varsity and Frosh/Soph levels. League standings are maintained for the Varsity and Frosh/Soph levels.
- II. All rules and regulations of the IHSA and National Federation will apply with IHSA taking priority where they differ, and except as specified otherwise in this handbook.
- III. Game Operation
  - A. Officials:
    1. All games should be officiated by a minimum of two IHSA registered officials.
    2. The League determines the amount that should be paid to the officials.
  - B. The timer and scorer of both the sophomore and varsity game must both be adults.
  - C. Playing time:
    1. League starting times: Frosh/Soph game—5:30 pm; Varsity game—7:00 pm
    2. Sophomore game quarters will be seven minutes each. Varsity quarters will be eight minutes each.
    3. The approved warm-up time for all basketball games is 15 minutes.
- IV. All-Conference Selection Criteria
  - A. Selection Procedure

Each coach or representative votes for a 12 man All-Conference Team and a 12 man All-Opponent Team. Coaches may include members of their own team on their All-Conference list but may not do so for the All-Opponent list. Each All-Conference vote counts as one point and each All-Opponent vote counts as two points. The 12 players accumulating the highest point totals from both lists combined are recognized as the NAC BASKETBALL ALL-CONFERENCE TEAM. The total number of All-Conference players may be increased by a unanimous vote of the coaches.
  - B. Most Valuable Player

Any player who receives All-Opponent votes from every coach in the conference is designated as UNANIMOUS ALL-CONFERENCE. If only one player is chosen as unanimous All-Conference that player is then designated as the conference MOST VALUABLE PLAYER. If more than one player is designated as unanimous All-Conference the coaches will then discuss and/or vote for a most valuable player or co-most valuable players.
  - C. A 12 team (2<sup>nd</sup> Team) all conference and a 12 team (3<sup>rd</sup> Team) all conference team shall be selected by the coaches.