

BOYS' GYMNASTICS

Section 1. SEASON LIMITATIONS

The conference season shall correspond to the IHSA sports season.

Section 2. SCHEDULE

- A. Conference meets will be held on a double dual basis. A three year rotating schedule (H-A-A) will be drawn. One date for each school will be a dual meet only.
- B. On conference dates, no non-conference schools are to be scheduled unless by mutual agreement.

Section 3. LEVELS OF COMPETITION

- A. Gymnastic competition shall take place on the varsity, JV, and freshman levels.
- B. A gymnast may not compete against the same school on two levels during the same day.

Section 4. CONTEST MANAGEMENT

- A. All dual and triangular meets shall be governed by the IHSA regulations for gymnastics state series of competition.
- B. Conference meets shall be held on Monday nights at 6:00 p.m. with the exception of the dual meet immediately following spring break. That meet shall be held on Wednesday at 6:00pm.
- C. Three or four officials will be hired and two or three events will be run concurrently in varsity double dual. Two officials will be hired and one or two events shall be run at a time in varsity dual meet competition.
- D. For both regular season and conference meets, schools must first enter a varsity line up. A varsity line up consists of a minimum of 3 competitors at each event.

Section 5. CHAMPIONSHIP DETERMINATION

- A. Conference will recognize a team champion at the varsity level only.
- B. The conference team champion shall be determined according to the following:

Team championship will be determined at the conference meet on the basis of raw score as determined by National Federation and IHSA dual meet regulations.

Section 6. CONFERENCE TOURNAMENT

The Varsity Conference Championship will be held the Friday after the last scheduled conference meet. The Freshmen and

Junior Varsity Conference Championship will be held the next day at the same site as the Varsity. All entries must be turned in to the management one week prior to the tournament.

- A. Awards are to be given to the first five places of the Individual Event and All-Around Championships as follows: 1st, 2nd, 3rd, 4th, 5th.
- B. Ribbons will be awarded to individual winners in the Freshmen and Junior Varsity Conference meet in each event plus the AA as follows: 1st, 2nd, 3rd, 4th, 5th.
- C. Number of entries will correspond with IHSA state series terms and conditions.
- D. Six officials will be hired and three events will run concurrently.
- E. A gymnast may only compete at one level for the conference championship competition.
- F. Each school may enter a maximum of 5 gymnasts in freshman and Junior Varsity competition.

Section 7. ALL CONFERENCE SELECTIONS

- A. The varsity coaching staff representative may nominate up to three members of his/her team per event.
- B. Each school's representative shall have three votes per event. Only one vote from any school can be used for any one person on an event. Coaches may not vote for their own athletes.
- C. Up to three gymnasts may be selected as all conference in each event.
- D. The selection process should start with the all-around event. Those gymnasts selected as all conference all-around shall not be nominated as all conference in the individual events.
- E. The selection process for individual events should continue in competition order.
- F. Guidelines for consideration in voting:
 - 1. Individual event average score in conference meets.
 - 2. Place finished in conference meet.
 - 3. Places finished in conference dual meets.
 - 4. Best performances in conference dual meets.

Section 8. COACHES MEETINGS

Coaches meetings will take place twice a year, in the winter around January 15th and in May.