

SOUTHWEST SUBURBAN CONFERENCE: Girls' Bowling: Sport Guidelines

I. Season Limitations

- A. Practice may begin on Monday, November 18, 2019.
- B. First contest may be held on Friday, November 29, 2019.
- C. Season ends on Saturday, February 22, 2020.

II. Contest Limitations (Exclusive of the IHSA State Series)

25 matches

III. Levels of Competition

- A. Varsity
- B. Junior Varsity

IV. Coaches Meeting

- A. Pre-Season will be hosted by Bolingbrook by email.
- B. Post-season meeting will be held at a location and time to be announced on Wednesday, February 5.

V. Championships and Awards

- A. A championship trophy shall be awarded to the winner at the Varsity level of the Conference Tournament.
- B. The top eleven (11) varsity individuals in the Conference Championship Tournament will be awarded medals and declared all-conference.
- C. An engraved plate will be awarded to the winner at the JV level of the Conference Tournament.
- D. The top eleven (11) JV individuals in the Conference Championship Tournament will receive awards.

VI. Terms of Contests

- A. Five (5) members shall represent a team. The (5) members shall score for the school's match score. (In the event of time constraints, the 3-2, 2-3 lane usage may be used.)
- B. Bowlers will alternate lanes using foul lights.
- C. A school's match score should be a total of the two (2) game series on one pair of lanes per level of competition.
- D. Game #2 will start immediately following Game #1 with no delays.
- E. Exhibition matches may be bowled by mutual agreement between schools.
- F. Two coaches and eight (8) players shall be the only persons in the area immediately surrounding the scorer's table.
- G. All substitutions will follow the guidelines established for the IHSA state series.
- H. A player may not bowl different levels on a given day.
- I. Coaches should check their scores and opponent scores before signing the score sheet.
- J. The host school shall pay any acquired fees, and make arrangements for bowling lanes.
- K. Practice time shall be determined by the host school to be a minimum of 10 minutes alternating lanes. No practice may begin before both teams arrive.
- L. Flash photography is limited to during warm-up time only.

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- M. Coaching by parents is prohibited.
 - 1. 1st violation – warning
 - 2. 2nd violation – 10 pin deduction
 - 3. 3rd violation - 50 pin deduction
 - 4. 4th violation – disqualification
- N. Bowlers should stay in the pits while their team is competing.
- O. As per IHSA guidelines, no electronic devices are permitted in the pits.
- P. Abusive behavior and profanity and profane gestures by bowlers is prohibited.
 - 1. 1st violation – warning
 - 2. 2nd violation – 10 pin deduction
 - 3. 3rd violation - 50 pin deduction
 - 4. 4th violation – disqualification

VII. Conference Tournament

- A. Each participating school will be responsible for an entry fee plus lane fees.
- B. Specific day/date/time information for the tournament will be established as per bowling lane/facility availability.
- C. The tournament will include a six-game series; total pin fall for each team.
- D. Practice will be prohibited during the conference tournament.
- E. The divisions will be combined for each level and the scores separated out by division to determine the standings. The lane assignments for the conference tournament will be drawn at random by the host school for each level of competition.
- F. The JV teams will follow the similar format for their lane assignments in their own block of lanes.
- G. At the conclusion of each game, the teams will move one (1) pair of lanes after each game bowled. They will move within their block of lanes (varsity or sophomore). Teams that began their game on odd numbered lanes will move one pair (2 lanes) to their left. Teams that began their game on even number lanes will move one pair (2 lanes) to the right.
- H. During the tournament only the 6 current bowlers and two coaches will be permitted in the pits. Other bowlers may be on the concourse but not the pits.
- I. Substitutes and the bowlers who are substituted for are not eligible for all-conference awards.
- J. Teams will be permitted a 7 1/2-minute warm-up on each lane before match or tournament play.

VII. Officials

No officials shall be hired.

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VIII. Reporting Results

- A. Each host school will report conference championship meet results to the Resource A.D. and the Historian.
- B. Each host school is responsible to report results of the championship meet immediately after the event to all local newspapers.

IX. Miscellaneous Information

Playing Sites:

- Andrew- Orland Bowl
- Bolingbrook- Brunswick Zone, Woodridge
- Bradley-Bourbonnais - TBD
- Lincoln-Way Central- Tinley Park Bowl
- Lincoln-Way East- Orland Bowl
- Lincoln-Way West- Tinley Park Bowl
- Lockport Township- Strike and Spare II
- Sandburg- Orland Bowl
- Stagg – Palos Lanes