



How many times have you been asked, “Who do you think you are?” Did you answer? If you didn't, why?

The first time I got asked this question was in grammar school. I didn't answer. The ability to transform judgment into inspiration hadn't yet formed, so I remained silent. For some people, the question can be an extraordinary motivator. For others, those words are the archenemy of confidence.

What prompts such an aggressive question? Feelings of inadequacy, jealousy and the threat of being discovered. Never underestimate the capacity of a person who feels vulnerable.

Words have the power to impact people well beyond the moment they roll off your tongue. The energy behind a declaration inspires action and accomplishment in both positive and negative directions. So what's the best defense? The best defense is preparing a rock solid offense by knowing who you are and owning it.

What would happen if you were first asked, "Who are you?" Then in a positive, uplifting tone, you were asked, "Who do you think you are?" The dynamic of the entire conversation shifts. The outcome of the dialogue transforms into one of reinforcement and possibility.

If you're up for a challenge, consider answering the questions, "Who are you and who do you think you are?"

Pick your most productive time of day for the exercise. When you're fresh, your answers will be more engaging and inspiring. The energy of your responses will be more upbeat and prophetic. Take an opportunity to blow your own horn and share your answers in the comments below! Would anything in your answers change if you got asked what you "believe" as opposed to what you think?

Don't be afraid to acknowledge your value! The intent here is to raise your level of appreciation and ability to inspire others by first recognizing your strengths. Acknowledgment is not egotistical; it's foundational to building stronger skills.



For clarity sake, confidence and arrogance are two entirely different things. Imagine confidence as coming from a heart-centered place of service. Confident people can be humble and readily give when not called to do so. They give out of appreciation because they recall the early part of their journey. Arrogance is a need to serve self before helping others and will most times manifest as ego; it's also a reflection of pain.

Usually, an arrogant person is very insecure and uses this behavior as a protection mechanism. When someone keeps people intimidated or in fear, there's less chance anyone will get close enough to see what's going on. Self-expression is challenging and practically non-existent for someone in defense mode. It took a while for me to understand then appreciate an aggressive, malicious person is in pain.

Regardless of who you think you are, there's a ROCK STAR waiting to come out. You are here to make an impact in a way only YOU can. Own what you're a genius at and don't be afraid to share those gifts. A heart to serve and uplift another will always be appealing and inspiring. So who do you think you are?!

Want to know more? Check out this week's FREE GIFT, "How To Get Clear On What Makes You Rock!" Go to [lesliekarenhammond.com/21download](http://lesliekarenhammond.com/21download)

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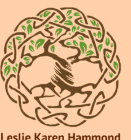
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