

Psalm 91—Questions for Family Devotions

Psalm 91:1-2 teaches us to trust God to protect us. It uses four pictures to show us why we trust God. Can you spot the four pictures and explain what they are?

"shelter": God is like a tent over us protecting us from bad things.

"shadow": God is right next to us and much bigger than us. Trusting God is like standing in a nice cool shadow of a big tree when the sun is really hot.

"refuge": A refuge is a place of safety for people who can't take care of themselves. God helps us and takes care of us when we need help.

"fortress": Just like a big castle built out of big stones keeps many people safe when others want to attack them, so God keeps us safe.

Psalm 91:3 says God protects us from two different bad things. What are they?

"snare of the fowler": a trap set to catch birds. It teaches us that even if we can't see the danger, God still protects us.

"deadly pestilence": a disease that makes many people sick so they die. It teaches us that sickness is something that God can protect us from.

What does Psalm 91:5 say will happen to us if we trust God?

"We will not fear". Isn't that wonderful?! If we trust God, then we don't need to be scared of all the bad things in the world.

Verses 11-12 tells us what God can tell angels to look after us. What can they do for us if God tells them to?

They can even keep you from bumping your toe against a stone! God doesn't always tell them to do that because we need to learn about some of the bad things in this world like pain, but God can tell them to do that if He wants to. Can you tell angels to do that? Of course not, but God can.

Verse 14 says that God will deliver and protect a certain kind of person. What two things describe the person whom God will protect?

"those who hold fast to me in love": We need to love God with everything all the time and never stop.

"those who know me": We need to learn as much about God as we can. If we know God, then we will know that we can trust him.

Match each line of verse 15 to one of the following truths about God:

God is always with us Line 2

God helps us Line 3

God hears our prayers Line 1

This world is full of bad things, but what kind of life does verse 16 say God can give you?

A long life that satisfies. It means that even though many bad things will happen to us in life, we can still always take one day at a time and be happy. When we trust God, God takes care of us.