

Freedom from Fear

Part 3

2 Corinthians 10:5

Fear will cause you to have a different perception of things.

When fear is present, your imagination will run wild with what could happen. It will cause you to always think the worst will happen. You cannot see how things could possibly work out for good.

Luke 1:28-30

Take note that Mary wasn't troubled by the appearance of the angel – she was troubled by what he said to her.

It said that she cast in her mind what manner of salutation this should be – what this greeting should mean.

She was considering all that could happen to her being a single woman and pregnant. These thoughts brought in fear. But the angel encouraged her to not fear and she chose to trust God in this situation.

Fear will cause you to be unable to receive God's plans for you

Romans 8:1-11

There are two laws at work:

- 1) The law of the Spirit of Life in Christ Jesus
- 2) The law of sin and death

When you walk after the Spirit there will be Life and Peace

When you walk after the flesh – you are walking in the death cycle

The death cycle exists when you are indulging in the Pride of Life, the Lust of the Flesh and the Lust of the Eyes.

When you have these 3 things operating in your life you are carnally minded. Being carnally minded is always looking out for “Me, Myself and I”. It is a result of fear in your life.

This causes: chaos, confusion, sickness, torment – everything not of God!

Satan tempts you with the things of the flesh in order to keep you from minding the things of the Spirit of Life.

On the flipside - When you choose to hear from God and listen and obey - you will live a life of peace and joy – this is the Life cycle!

What will cast fear out?

Romans 8:15

You must understand that you do not have to receive fear. Instead choose to receive that you are a child of the King and His love for you is Great!

1John 4:16

Understand and believe the precious love that God has for you.

John 16:13

The Spirit of Truth will guide you into ALL Truth and will show you things to come. He is our helper and He will show you what you need to know in order to overcome anything this world tries to throw at you. It's that truth that will make you FREE!

Take time to meditate (think on) and talk about the Word. Declare out loud what the Word is doing for you.

You need the understanding of how much God loves you and speaking that out helps you to get it from your head down into your heart.

The more you speak it out the more your faith rises and the more you will believe God. **(Romans 10:17)**

When you don't listen to God and you choose to listen to other voices – you cannot show your witness of Him in your life. You will end of denying Him before men.

Fear will cause unsoundness of mind and the Word says that God has not given you a spirit of fear, but of power, love and a sound mind. **(2 Timothy 1:7)**

God wants us to be fear free and have victory!

If there are areas in your life where fear is present – the 1st thing you need to do is Repent. Repent for allowing it in your life and for allowing other voices to dominate your words and actions that are contrary to His Word.

Repentance is simply acknowledging what you have done. When you haven't listened to God, you have allowed sin to dominate.

Choose to change and do what God has said in His Word to do. Choose not to listen to anything other than God.

Scripture References

2 Corinthians 10:5 Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;

Luke 1:28-30 And the angel came in unto her, and said, Hail, thou that art highly favoured, the Lord is with thee: blessed art thou among women.

²⁹ And when she saw him, she was troubled at his saying, and cast in her mind what manner of salutation this should be.

³⁰ And the angel said unto her, Fear not, Mary: for thou hast found favour with God.

Romans 8:1-11 There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit.

² For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death.

³ For what the law could not do, in that it was weak through the flesh, God sending his own Son in the likeness of sinful flesh, and for sin, condemned sin in the flesh:

⁴ That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit.

⁵ For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

⁶ For to be carnally minded is death; but to be spiritually minded is life and peace.

⁷ Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be.

⁸ So then they that are in the flesh cannot please God.

⁹ But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

¹⁰ And if Christ be in you, the body is dead because of sin; but the Spirit is life because of righteousness.

¹¹ But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.

Romans 8:15 For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father.

1 John 4:16 And we have known and believed the love that God hath to us. God is love; and he that dwelleth in love dwelleth in God, and God in him.

John 16:13 Howbeit when he, the Spirit of truth, is come, he will guide you into all truth: for he shall not speak of himself; but whatsoever he shall hear, that shall he speak: and he will shew you things to come.

Romans 10:17 So then faith cometh by hearing, and hearing by the word of God.

2 Timothy 1:7 For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.