

### News Story Summary

In November 2018, Nancy Abell gave young Katharina Gröne a ride to a nearby mountain resort. Nancy tried to convince Gröne to hold off on continuing her hike north through the Cascades because of approaching weather. Gröne wanted to complete her hike from Mexico to Canada and went forward. After leaving Gröne, Abell kept an eye on the weather and estimated where Gröne might be. Extreme weather conditions prompted Abell to call the authorities.

Abell's hiking experience and familiarity with the area saved Gröne's life. When search and rescue found Gröne, she had lost her shelter equipment and two sets of gloves, and she had already left farewell messages to her family. After the successful rescue, Abell invited Gröne to stay with her family for a few days before her flight home.

(For more on this story, search the Internet using the term "mom saves young woman's life on Pacific Crest Trail.")

### Focus Attention

To supplement list idea under Focus Attention, summarize the story above to stress the importance of having a trusted guide. Emphasize the importance of Abell's experience and familiarity with the area. Ask: *How important is having access to a trusted guide when you are in danger?* Then say: *Today's lesson focuses on one man who was in danger of getting off track spiritually. We will discover what steps he took to get back on the path he needed to be on.*

### Challenge

To supplement the Challenge idea, begin by remind adults of the story of the hiker. Ask: *What do you think might have kept her on track and safe?* Point out to class members that Gröne was hiking alone and wasn't familiar with the terrain. Say: *This story illustrates the importance of having others who will walk with you, whether on a hiking trail or in the spiritual life. When one of us starts to get off track, we can get the guidance and encouragement from others to keep us on the path God wants for us.* Provide a few moments of quiet to allow class members to reflect on the people in their lives who have been helpful in their Christian journey. Complete the step as written.