



Session 13: Disciplined
Suggested Week of Use: August 26, 2018
Core Passages: 2 Samuel 24:10-25

News Story Summary

British-born broadcaster Richard Bacon revealed this month that he came “incredibly close” to death this summer. Bacon became ill on a flight from Los Angeles to London. Doctors had to put him in an induced coma as they battled a mysterious illness, which was never diagnosed. After two weeks Bacon walked out of the hospital with a different perspective on life. Up to that point he drank heavily but decided to quit drinking “forever” and embrace health. “Because,” he said, “If I don’t affect some sort of really, really positive change out of this, then it’s a giant waste of everybody’s time.”

(For more on this story, search the Internet using the phrase “Richard Bacon illness.”)

Focus Attention

To supplement the Discuss idea under Focus Attention, share the news story summary about Richard Bacon before inviting the group to share consequences that have prompted them to change their behavior. Ask: *How did Richard Bacon’s experience prompt him to change?* Complete the Focus Attention step as written, inviting the group share their own stories.

Summarize and Challenge

Following the Review idea under Summarize and Challenge, remind the group of the news story. Lead the group to propose actions Richard Bacon may need to take to foster lasting changes in his life. Encourage group members to explain their answers. Highlight responses that deal with encouragement from friends and others. Call attention to the third questions set under In My Context (Apply the Text in Daily Discipleship Guide), highlighting the importance of encouragement. Lead the group to discuss responses to the third question set. Complete the step as written.