Basic Life Support

Adult CPR and AED Skills Testing Checklist



Student Name Date o	f Test
In-Hospital Scenario: "You see a person who has suddenly collapsed in the hallway."	You check that the scene is safe and
then approach the person. Demonstrate what you would do next." Out of Heapital Separation "You arrive on the separation arrest."	anda Only CDD is in progress
Out-of-Hospital Scenario: "You arrive on the scene for a suspected cardiac arrest. H You approach the scene and ensure that it is safe. Demonstrate what you would do	
Assessment and Activation	
☐ Checks responsiveness ☐ Shouts for help/Activates emergency respon	ise system/Sends for AED
☐ Checks breathing ☐ Checks pulse	
Once student shouts for help, instructor says, "Here's the barrier device. I am going	to get the AED."
Cycle 1 of CPR (30:2) *CPR feedback devices are required for accuracy	
Adult Compressions	
☐ Performs high-quality compressions*:	
Hand placement in the center of the chest, on the lower half of the sternum	
30 compressions, given at a rate of 100 to 120/min	
Compresses at least 2 inches (5 cm)	
Complete recoil after each compression	
Adult Breaths	
Gives 2 breaths with a barrier device:	
Each breath given over 1 second	
Visible chest rise with each breath Passumes compressions in less than 10 casends.	
Resumes compressions in less than 10 seconds	
Cycle 2 of CPR (repeats steps in Cycle 1) Only check box if step is successfu	ully portormed
☐ Compressions ☐ Breaths ☐ Resumes compressions in less than 10	
Rescuer 2 says, "Here is the AED. I'll take over compressions, and you use the AED."	
AED (follows prompts of AED)	
☐ Powers on AED ☐ Correctly attaches pads ☐ Clears for analysis	
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☐ Clears to safely deliver a shock ☐ Safely delivers a shock	k
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☐ Clears to safely deliver a shock ☐ Safely delivers a shock Resumes Compressions ☐ Ensures compressions are resumed immediately after shock delivery	k
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