

Success Recipes



A Readers Guide

By LifeOnAuto

Getting the Most From Our Success Recipes

Introduction – Do you find yourself repeating the same things over and over? Are you overwhelmed with information on how-to this and 10 Ultimate that?



- Eating healthy; for the whole family – even if you're time poor or on a budget?
- Feeling more energised; all day, every day – without sugar and evil, unsustainable stimulants
- Starting your own business; getting your idea off the ground – how do you start if you have no experience and no funding?



Wouldn't it be great if some things in life were as easy as following a simple recipe?

Tutorial Format – Are you a visual learner? Prefer video to audio? Love listening over reading? Filled your reader full of interesting posts, tweets, Facebook pages on the phone while on your daily commute?



All of the above? Fantastic! Our success recipes will combine all learning styles so you can take them in which ever way suits you.



We will break down the daily tasks that produce outrageous results, help you simplify those tricky to-do's, and even automate those menial tasks so you can spend more time on the important stuff and achieving your **Work, Life, Balance.**



Getting the Most From Our Success Recipes

What You Will Need – We will show you everything you need to get to your desired outcome including alternatives to make it easier, cheaper, more accessible



Prep time - how much time you will need to invest up front

Cook time - how much time you will need to invest doing



Serves - who this is for and alternative recipes or changes where appropriate. This could be something you do already and want to change or do better. Or it could be something you're trying to achieve for yourself

Putting It All Together: The fun part!

Prep - pre reading or prerequisites. Stuff you could do before you start to try this out first or get a head start



Method - step by step, easy to follow directions and actions to put all of this together.



Conclusion - Generally the outcomes of following the steps and putting the recipe in place. We can also show you here how to measure your success against your goal

Resources - And finally, treasure trove of research and information that went into the creation of each recipe with additional references you can use to further expand what you have learnt or created.



Links, Tools, Blogs, Quotes, Images, Infographics, Software, Tricks, Hidden Truths, the list goes on!