



Life Groups Discussion Guide

As the discussion leader, there are a few things to keep in mind for your Life Group:

- Pray for your group discussion time!
- Review your notes from the sermon and familiarize yourself with the discussion questions prior to the meeting.
- Choose a few questions from the guide which you feel will generate the most discussion in your group.

Text: Selected Scriptures – due to a guest speaker from the Stronger Men’s Conference, this discussion guide may not necessarily reflect the Sunday morning message.

Getting to Know Me:

- When you go to restaurants do you order the same thing or try new things? Why?
- What is your favorite homemade food? What makes it so good?
- For you, what was the most memorable moment from the Stronger Men’s Conference this weekend?
- What was the most significant thing you learned from the message today?

Discussion Questions:

1. How do you define “church”? How would you describe it to someone who has never been to church? Read Ephesians 2:19-22. According to this passage, who makes up the church and what is its purpose?
2. What role do Life Groups play in the life of the church? As a Life Group, what are some things that we could do to grow in our relationship with God and one another?
3. Read Matthew 5:8, Proverbs 3:5-6 and Romans 6:17. According to these passages, what are the characteristics of a healthy heart? What are some steps a person can take to ensure his or her heart is vibrant and healthy?
4. Read 2 Timothy 3:12-17. What is the purpose that the Bible serves in our lives? Describe what Paul means when he says the Scriptures are “breathed out by God” (v.16 ESV)? Why is understanding this important?
5. Read 1 Peter 5:6-11. In this passage Peter wrote of the importance of humility right before he warned believers to resist the enemy. What is the relationship between humility and resisting the devil? Using this passage, what are other keys to resisting the devil? How would you explain spiritual warfare to a new believer? How does God use the testing and trials brought on by the enemy for his purposes?
6. Read John 5:19. In this passage we see Jesus uses the Father as his example for how to live. Who are some people who have been an example for you in your walk in Christ? What are the main things you learned from them? Who are you an example to? What godly characteristics do you want people to see most in your life?
7. 2 Corinthians 10:12 says, “For we dare not class ourselves or compare ourselves with those who commend themselves. But they, measuring themselves by themselves, and comparing themselves among themselves, are not wise” (NKJV). Why is comparing yourself to others not wise? What are some signs you are comparing yourself to others around you rather than focusing on Jesus? If we are not to find our success by measuring ourselves to those around us, how can we know we are living a successful Christian life?
8. Throughout the Bible we are told that God speaks to his people. How does God most often speak to you? What is God currently saying to you?