

## Monthly Study Guide

# WHERE DO I START?



If you're looking at the *Encourage*, *Equip*, & *Inspire* parenting resource manual and feeling overwhelmed or unsure about where to begin, this sample study guide will help you focus on a starting point.

#### You will learn:

What material is in the **resource manual** and where it is located.

How to receive monthly updates.

Just why **instructing your children** in God's word is so important.

How to help your children **recall scriptures** and **key concepts** from the Bible.

How to maximize the **effectiveness of the manual** as a resource for your family.

Suggested studies that optimize lessons, concepts and activities from the manual are listed for a four-week period. Options are not listed in a daily order. Simply choose the options that best fit your family and schedule.

We hope that by completing these suggested studies, you'll begin to see positive changes in your family dynamics. We also hope you'll gain familiarity with the content currently available and with how to effectively navigate the website.

To get even more from the parenting manual, please consider signing up for our monthly email. On the website (lifehopeandtruth.com/eei), simply scroll down to "Join the EEI Family," enter your name and email, and click "Submit."

Thank you for your desire to teach your children diligently!



	Locate the website at <b>lifehopeandtruth.com/eei</b> . For easy access, add it to your Favorites or Bookmarks on your mobile device.
	On the home page, scroll down and click on "Learn More About the Program." Read through what the EEI program is all about and reflect on how you might tailor it to your children's needs. Look up the scripture references, meditating on why they've been included.
	On the home page, locate the six tabs and sections of the manual and browse the titles available in each section (refer to the headers for quick reference). The rotating banner shows you the latest releases.
	Pray daily for wisdom and for God to encourage, equip and inspire you to be the most effective godly parent you can be as you teach your children to seek Him.
	Write out one or two scriptures that encourage, equip or inspire you. Review them daily.
	Sign up for the monthly email to receive free regular updates of new material. On the home page, scroll down to "Join the EEI Family," enter your name and email, and click "Submit." You can unsubscribe at any time.
	Does your child have an age-appropriate Bible? Purchase and provide one if not. Many options are available through Amazon or at your local Christian bookstore.
	On the home page, click on the <b>"Additional Resources"</b> header. Choose at least one activity you and your child can complete or review together this week.
Notes	



	Read through the Christian Family study "Teaching Our Children: When, What, Why, How."  Make it your personal Bible study focus, looking up and meditating on each scripture reference.
	Pray daily for wisdom and discernment and for help in teaching these valuable life skills to your children.
	Listen to a sermon about seeking wisdom or discernment, or find and read an article about either of these subjects on <b>LifeHopeandTruth.com</b> (using the search option).
	Discuss with your children the benefits we experience from following God's way. List special blessings God grants to those who follow Him. Get accustomed to discussing God and His way on a daily basis (if you are not already doing this).
	Choose at least one of the three following scriptures from the <b>"Which Scriptures?"</b> segment in the <b>Memorizing Scripture</b> section and do the activity with your child: Proverbs 4:20-21 (page 7), 2 Timothy 3:16 (page 9), Matthew 22:37-40 (page 13). With older children, encourage a dialogue about what the verse means and discuss the context of the scripture and how we can apply it to our lives.
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	Read through the introductory <b>Shepherding the Heart</b> study <b>"Shepherding the Heart: Moral Precepts for a Teachable Heart."</b> Make it your personal Bible study focus, looking up and meditating on each scripture reference. Discuss with your children the ways in which Jesus Christ is our Shepherd.
	Pray daily for the wisdom and guidance to be a good shepherd to your children, emulating the standard of Jesus Christ.
	Assess your child's strengths and share your observations with him or her. Assess weaknesses and take mental note but do not openly draw attention to these opportunities for improvement. Consider focusing next month on one area in need of improvement.
	Write out one or two scriptures that describe a wise leader or qualities of sound leadership, either from the content of the "Shepherding the Heart" study—including the "Further Recommended Reading" section—or choose your own. Review them daily.
	Spark a dialogue with your children about what qualities good leaders exhibit. What qualities do they admire in a leader? Ask if any Bible heroes come to mind. Point out any traits your child may share in common with these biblical heroes.
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	Read through the Memorizing Scripture resource "Methods for Learning and Remembering Scriptures." Consider ways you can incorporate these methods as you instruct your children. You'll likely notice you've already used some of them in this month's study guide.
	Write out one or two of the scriptures you've been studying this month in a memory book (as discussed in <b>Method #2</b> from the <b>"Methods for Learning and Remembering Scriptures"</b> resource) and present it to your child. Encourage your child to personalize the memory book if desired (with stickers, drawings, scrapbooking art, or other materials).
	If you have either the "Starter Manual" (available by download on the website by submitting your email) or the original hard copy binder of the manual, read through the <b>Prologue</b> content titled "A Call to Action." Make it your personal Bible study, looking up and meditating on each scripture reference.
	Pray daily for the wisdom to be a teacher, a comforter, a protector, a guide, and a gentle corrector to your children. Listen to a sermon or find and read an article about at least one of these roles and ask God to help you more fully implement it into your life as a parent.
	Discuss any observations you, your spouse or your children have about using the resource manual for the past month. Have you noticed any specific improvements? Did any of your studies spark new topics of interest? Encourage a healthy dialogue within your family.
	On the home page, click on one of the six sections of the manual and browse through the available titles and lesson descriptions. Does any one lesson stand out or does any particular topic or individual come to mind? If so, consider making that your focus of study
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