

WORLD BRIDE

magazine

Engagement & Anniversary Issue Inspiration:

2006-2026: 20 Years
of Love Stories



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Lexington

Virginia

A Town With Rich History and Restorative Beauty

There are places you visit—and then there are places that restore you. My fall escape to Lexington was exactly that: a breath of fresh air wrapped in history, nature, and heartfelt hospitality. Tucked into the heart of Rockbridge County in the Shenandoah Valley, this charming town offered me something I didn't realize I had been missing—stillness.

Arriving from the relentless pace of city life, I immediately felt a shift. The crisp autumn air, painted in hues of amber and gold, greeted me like an old friend. Surrounded by the majestic Appalachian Mountains and within reach of the scenic Blue Ridge Parkway and the iconic Appalachian Trail, Lexington's landscape is nothing short of breathtaking. I woke up to peaceful sunrises and had the opportunity to walk the trails near the James River and exploring the awe-inspiring Natural Bridge State Park—each moment grounding me deeper into nature's embrace.



My boutique hotel experience only elevated the journey. Staying at the elegant The Georges, I was immersed in refined comfort that blended historic charm with modern luxury. The dining? Simply unforgettable. Evenings at Haywood's delivered elevated Southern cuisine, while mornings at Lexington Coffee Shop offered the perfect local start to the day.



"Home style- comfort food"-cooked meals rich in flavor and tradition reminded me that food, when prepared with love, becomes an experience in itself.

What made this visit even more meaningful was the thoughtfully prepared outline of activities that guided our exploration—anchored in Lexington's identity as a town with rich history. Archeological evidence reveals that Native Americans inhabited the Shenandoah Valley over 11,000 years ago, with tribes such as the Monocan, Saponi, and Tutelo shaping the region long before European settlers arrived. Later, the Iroquois Confederacy and Shawnee became dominant as Scots-Irish immigrants settled here in the mid-1700s.

This deep historical foundation comes to life through Lexington's institutions. Washington and Lee University, founded in 1749, stands as the ninth oldest college in the United States—older even than the Constitution—while Virginia Military Institute, established in 1839, remains the nation's oldest state-run military college. Walking their grounds feels like stepping into a living narrative.

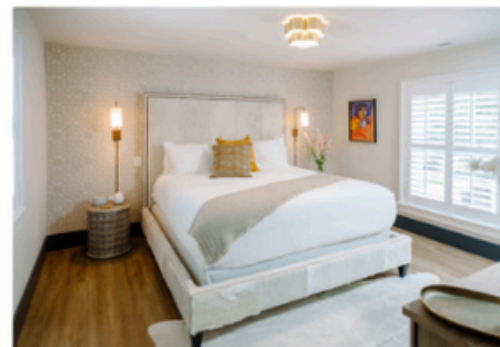
Our itinerary also included immersive experiences like the elegant, horse-drawn tours offered by the Lexington Carriage Company, guiding us past landmarks such as the Stonewall Jackson House, the University Chapel & Museum, and Oak Grove Cemetery.

There is definitely something in Lexington Virginia for everyone. Contact us to help you book your experience at WBM Travels. You deserve every bit of the experience.

All Photos Courtesy of Geiger PR

Equally impactful was the opportunity to experience "Unheard Voices of Black Lexington," a powerful story map highlighting 15 locations that honor the legacy of Black entrepreneurs and residents whose contributions have shaped the town's cultural and economic fabric. It is an essential and moving addition to Lexington's historical experience.

Lexington is more than a destination—it is a feeling. A reminder that slowing down is not a luxury, but a necessity. In its quiet streets, layered history, and natural beauty, I found a renewed sense of peace—and a deeper appreciation for the stories that make a place truly unforgettable.



- Where to stay:**
 - Hampton Inn
 - Historic District
 - House Mountain Inn
 - Inn at Brierley Hill
 - The Georges
 - The Seclusion
- Where to Eat**
 - Annie's
 - Hardens
 - Heliotrope Brewing
 - Legendary Eats
 - Pure Eats
 - Sweet Things Ice Cream Shoppe
 - The Palms
- Where to shop:**
 - Lexington Farmers Market
 - Seasons' Yield Farm
 - Virginia Gold Orchard
 - Tantivy Lavender Farm
- What To Do:**
 - Blue Ridge Parkway (Buena Vista Visitors Center)
 - Ecco Adesso Vineyards
 - Glen Maury Park
 - Great Valley Farm Brewery and Winery
 - Halcyon Days Cider Company
 - Lexington Carriage Company
 - Natural Bridge State Park
 - Virginia Military Institute