	1	MA I- ' -		
Leading Our Worship				
AUGUST CHAIRMAN Stephen Pitcock	GREETERS FOR THE MONTH Russell & Dana Simpson   Lorvetta Dillard & Shirley Belcher  PREPARE COMMUNION  Wayne & Kim Moyers		Elders Kevin Eubanks Roger Johnson David Pahman Stephen Pitcock	
Serving At The Table  Smith Sexton  Bob Raby  Tim Ferguson  Kevin Gutierrez  Terrill Elkin  Stephen Candela  Michael Mouser  Cody Basham	Servers / Ushers  Barry White Todd Childress Harold Brantley Jim Fuqua Devin Garrett	For the Record  August 3rd Attendance  Bible Study– 273  AM Worship– 383  PM Worship– 228  August 3rd Contribution  \$18,987  Budget- \$17,512  August 6th Attendance	Russell Simpson  Deacons Derek Depp Andrew Gott Barrett Hammer Travis Harrison Duane Hudson Will James Derek Johnson Michael King Justin Lohden	
Sunday Morning Opening Prayer Song Leader Lord's Supper Prayer Scripture Reading Announcements/Prayer Lights Off - Lockup Bus Driver A/V Room	August 10th Mike Mcquire Phil Hartnady Harold Seaton Cooper Dillingham Stephen Pitcock Darrell Dubree Jon Paschal Kason & Randy	August 17th Andy Wright Mike Lents Jason Sowders Grant Wilson Stephen Pitcock Jon Paschal Stephen Pitcock Kyle & Jon	Jack Mabry Mike McGuire Wayne Moyers Greg Neville Jon Paschal Smith Sexton Randy Simpson Mike Thomas Jeremy Waddell Roger Watt Rick Wheat	
Sunday Evening Announcements Song Leader Scripture Reading Closing Prayer Lights Off - Lockup	August 10th Harold Nicks Kason Eubanks Greg Neville Justin Lohden Darrell Dubree	August 17th Chuck Raymer Clint Harbison Chris Young Dave Steeves Jon Paschal	Barry White Andy Wright  Ministers Hiram Kemp Neal Pollard Secretaries Kya Hendrick Ashley Waddell	
Wednesday Evening Announcements/Prayer Song Leader Devotional Lights Off - Lockup	August 13th Dylan Eubank Zach Martin David Pahman Russell Simpson	August 20th Will James Jeremy Waddell Russell Simpson Landon Bryant	If unable to serve contact: Wayne Moyers (270) 779-2410 OR Dale Wiley (270) 901-7356	

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## **Hours of Worship**

Sunday Bible Class | 9:30 AM Sunday Worship | 10:30 AM & 6 PM Wednesday Bible Study | 7 PM

 Volume 56
 Number 29
 August 10, 2025

# What the Bible Teaches About Rest Hiram Kemp

Depending on who you ask, health professionals suggest adults get between seven to nine hours of sleep each night. When we sleep well, we live better. Rest is one of the things we often take for granted, but it is part of what makes us human and what God uses to refuel us and reorient our minds to reality. As you read through your Bible, take note of all it says about sleep, rest, and relaxation. God's comments on this subject are thought-provoking and convicting. Our world emphasizes one extreme or another: work yourself to death without rest or crown laziness as a virtue. Notice what God teaches about rest and let it affect the way you go about your work and your rest.

- 1. **God Never Sleeps (Psalm 121:4).** The God of the Bible is described as one who does not slumber or sleep. He does not faint or grow weary (Isaiah 40:28). Though He was satisfied with His work of creation and rested from His creative activity, He was not exhausted (Genesis 2:1-3). The only person in the Bible who does not need rest is God. This means when we behave as if we don't need rest, we are trying to occupy a role reserved for the Divine.
- 2. **Humans Need Rest (Mark 6:31).** As busy as Jesus was during His earthly ministry, He also believed in rest. Once He became human, He needed all the things humans need to live, including sleep. He took naps (Matthew 8:23–24). He encouraged His disciples to pull away from the crowd to rest (Mark 6:31). When His sleepy disciples struggled to stay awake in Gethsemane, He told them to take their rest (Matthew 26:45). In the Old Testament, God commanded a day of rest so people would learn to trust Him (Exodus 20:7–11; Deuteronomy 5:12–15). We need rest—it reminds us that God is still in control and things won't fall apart just because we stop working. Rest shows our finite nature and dependence on a God who never needs to recharge. To be human is to need rest; to deny this ruins our ability to function as God intended.
- 3. Laziness Is Condemned (Proverbs 6:6–11). While the Bible teaches rest, it also warns that resting when we should work brings regret. Work is not a consequence of sin; there was work in the garden of Eden before sin (Genesis 2:15). God wants us to work with vigor and dignity as if working for Him—because we are (Colossians 3:23). A faithful Christian is hard-working in the kingdom and on the job (1 Corinthians 15:58).

In the end, the Bible describes heaven as a rest to be anticipated and enjoyed (Hebrews 4:9; Revelation 14:13). Our rest now, alongside our work, prepares us for the eternal rest to come!

#### **Sermon Notes**

#### AM: GETTING OVER OURSELVES (Judges 6:11-16) Neal Pollard

<u>Introduction</u>				
A	Had A Pretty Severe			
B. What Can \	We Learn From Our Text To Equip	p Us With Confidence?		
l	YOUR	(12)		
A. " Not" (Luke)There Is No Need To!				
II	YOUR	(14)		
A. Lack Of Confidence Can Come From Lack Of In Our				
III	YOUR	(14)		
IV	HIS	(16)		
Conclusion				
A. We Should Never Question Our				
B. God Know	s About The "	" In Your Life		
PM: RHODA: A STORY OF UNBELIEVABLE FAITH (Acts 12:12-17) Hiram Kemp				
1	in the	_ (Acts 12:12)		
2	Ears (Acts 12:13-14)			
3. Too	to Stay	(Acts 12:14)		
4	but	(Acts 12:15)		
5	Right in the	(Acts 12:16-17)		

Watch Light of the World on WNKY-NBC TV or WVBS Online. Sundays at 6:30 AM & 10 AM with Hiram & Neal.

## **Announcements & Upcoming Events**



Congratulations to Caden & Taryn Hammer on their marriage, August 2nd!

- August 16-17th: White Water Rafting on the Ocoee River.
- August 20th: First Wednesday night college meal.
- August 21st: Cookout here at the building at 6 PM to welcome back college students. This event is for our entire church family! CREW, just bring yourselves. Everyone else, please bring a side or a dessert. (Meat & drinks will be provided.)
- August 22nd-24th: Cumberland Trace is hosting a free marriage seminar with John & Carla Moore. Brochures can be found on the tables in the fover. Child care will be provided. Please scan the QR code to register, OR sign up on the sheet posted on the MPR bulletin board. (This will help us know how much food to order.)
- August 26th: Ladies' & teen girls Bible study at Kathy Pollard's house at 7 PM.
- August 29th: Game Night here at the building from 6:30 PM-8:30 PM in the MPR. This is for all ages. Bring your favorite game!
- If you'd like to help prepare meals for our college students on Wednesday nights at 6 PM. please sign up on the sheet posted on the MPR bulletin board, or by following the link that was sent via email. Contact Hilary Hammer or Ashley Waddell if you have any questions. This is a great way to get to know our college students!

# Remember in Prayer

- Craig Waddell, former preacher at the Center Church of Christ and the uncle of Jeremy Waddell and Cassie Adkins, passed away on Wednesday, August 6th. Please remember the Waddell family in your prayers.
- Betty Sue Boyles, sister in-law of Diane Boyles & aunt of Dawn Pitcock, passed away on August 3rd. Please continue to keep Diane and the Boyles family in your prayers.
- **Jim Jones** is now at home after a recent stay at the Medical Center.
- Easton White is currently on a mission trip in Guyana, South America. He's helping the church with their leadership camp among other things. Pray for the church there, for growth, & for their safety.

Beverly Dunning, Charlie & Ann Wolfe, Donna Potter (Colonial Manor, Room 13-A), Doris Phelps, Ed & Mary Whieldon, Edith Riley, Georgia Hudson (Colonial Manor, Room 12), Helen Vanzant (Village Manor, Room 214), James & Barbara Jones, James Tabor, Jan Painter, Janet Brent, Jean Simmons (Colonial, Room 20-B), Lee Swetmon, Loretta Celsor, Margaret Breedlove (Signature Health, Room 115), Margo Bale, Maxie Jones, Ronnie & Patty Cosby, Pat Hodges, Raymond & Murl Raymer, Scott Williams (Cal Turner Rehab, Room B-8), Sharlene Newton, Shirley Mills, Virginia Darmondy (Arcadia, Apt. 221)

Derrick Lewis (Vivian Grise's brother) Tracy Eidson (Joan Roemer's brother) Sandy Lewis (Cousin of Vivian, Clarissa, Donna, & Maxie) Sarah Nicks (Harold Nicks' sister) Mike Whitaker (Friend of Duane Hudson) Addy Smith (Tom & Peggy Kitchens' great-granddaughter)

Gracie Pitcock (Chris & Amber's daughter) Laurie Wright (Andy Wright's sister) Steve Wheat (Rick Wheat's brother)

Becky Bruner (Betty Bruner's daughter) Bill Brumit (Brenda Word's brother)

David Cobb (Byron & Barb Henbest's son)