



Module 3

Mythbusting

Overview

In this panel, Matthew Wildcat, Heather Dorries and Jana-Rae Yerxa laid out some key myths and assumptions that many people have and continue to perpetuate. Here are a few questions to keep you thinking about how you can bust these and other myths.

General

- 1) What myths have you encountered? Why do you think they continue to be perpetuated? What steps can you take to bust them?
- 2) What questions can you ask yourself to avoid believing or holding onto assumptions that you hold or hear around you? How can you explore whether or not what you are hearing might be a myth?
- 3) Heather spoke about the misconceptions in her field, urban planning. Think about your own line of work. What myths might be present? How does your field understand the world? Does it include an understanding of Indigenous ways of knowing and being?
- 4) Jana-Rae spoke about the settler identity. What does this mean to you? If you are non-Indigenous, how do you understand your settler identity?
- 5) Why do Indigenous peoples view land and treaty as integral to the founding of the country?
- 6) How would Canadian public opinion have to shift in order to appreciate Indigenous peoples role in the foundation of Canada?